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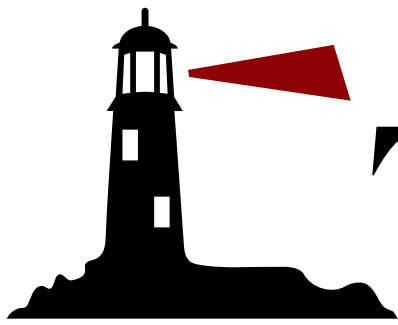
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The **Uncensored Truth**

The **LIGHT**

ISSUE **42** Monthly

A **FREE TRUTHPAPER**

www.thelightpaper.co.uk



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No more lies



Tom Lockyer collapsed at Luton v Bournemouth in December, 2023



Denmark's Cristian Erikssen collapsed at the start of a World Cup match in June, 2021

by **DARREN SMITH**

I'VE been watching football since the 1970s, and up to 2021, I can only recall two on-field player collapses: Fabrice Muamba and Marc-Vivien Foe.

We remember them because they were so few and far between – while they did occur, they were extremely rare.

But since 2021, collapses both on the field and in the stands have become a regular, distressing experience for football fans.

On average, we have been seeing about one collapse per week, but the media, government

and sports pundits are always ‘baffled’, ‘puzzled’, and ‘totally in the dark’ about what could be causing these medical problems, when there were very few before.

What could possibly be the common factor in all of these collapses, together with the 10 to 20 per cent excess deaths reported across the western world, according to official government statistics?

In early 2020, we were told there was a dangerous, contagious disease spreading across the world like wildfire, and so they locked us up in our houses and closed down all businesses

that weren't international conglomerates.

Then, they wouldn't let us out or open up again until we'd taken an experimental genetic injection (or several) for which there is still no long-term safety data.

In fact, one pharmaceutical company, Pfizer, asked to have its trial data kept secret for 75 years, but a Texas judge overruled that, and we have had a mountain of very revealing data published since, showing the dangers of the shots.

In the comments section of any video that still tries to sweep what they have done under the

carpet, 99 per cent are aware that the covid-19 vaccines are causing untold medical problems, especially among younger people.

They try to gaslight us to believe that myocarditis in young people has always been a thing. No it hasn't. They keep telling us that players collapsing all the time is nothing new, but it was an extremely rare occurrence before the so-called covid-19 vaccines were rolled out to at least half the population.

All of the current data, as well as studies by eminent doctors and scientists, point to a big problem, and investigations should be

launched, if only to rule the experimental jabs out as a major causal factor. This is what should happen, if things were normal.

We all personally know people who have been seriously affected by the shots, and every politician, media talking head, corporate executive, religious leader, sports personality, celebrity, doctor, nurse, teacher, union and any organisation that pushed this medical experiment on everyone could be guilty, and needs to face up to the harm they have caused.

If you don't see the whole picture yet, they will do it again, and

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PEOPLE FUNDED - PLEASE SUPPORT US - PASS ME ON

No more lies

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they are planning to, given the World Health Organisation's 'Pandemic Preparedness Treaty', due to be agreed this May in Geneva.

This legally-binding treaty will be presented, but not debated, and voted on at the World Health Assembly by 194 countries, giving the WHO incredible power to declare pandemics, lock us down, and inject us with experimental drugs.

Let us be very clear - there are never, under any circumstances, justified reasons for forcing, coercing, blackmailing or bribing anyone to have a medical treatment of any kind - no matter what.

Those who still believe people should be held down and injected with unknown substances against their will have completely lost the plot. Remember, some people said this during the hysteria.

Did people get ill? Of course! But the NICE (National Institute for Health and Care Excellence) protocols - which had nurses and care assistants administering midazolam and morphine to many patients who did not need it - helped spike the death figures early on and promote the fear

(as well as a multi-billion pound worldwide marketing campaign. Again, where did the money come from when we can't even pay for basic services any more?).

This is why 'covid' appeared to attack mainly the old. But there were the regular seasonal bouts of flu and colds, which were automatically re-labelled as 'covid'.

Hospitals and surgeries were paid extra to declare covid as the diagnosis, and this was often what was put on the death certificate - even for late-stage cancer deaths or motorcycle accidents - to again elevate the figures in order to scare people.

Make no mistake, this is a colossal crime against humanity, with willing actors, many of whom made fortunes, and many of whom are changing their tune now as the public begin to realise exactly what has been done to us.

They are going to try this again, and we must have the knowledge and know-how to resist when they declare their latest 'pandemic'. You can guarantee that whatever they tell us will be based on lies and deception.

This could well be a significant year, if you are prepared to stand up against the madmen.



No surprises at Davos

by **DARREN SMITH**

AS the last of the private jets leave the exclusive Swiss Alpine resort where heads of state, world leaders and billionaire businessmen met, it would seem the oligarchs are no longer hiding their plans from the general public: full control over every aspect of our lives, in order to allegedly save the Earth.

So while the hypocrisy abounds, we are expected to go along with whatever they say, simply because they're in charge and therefore, they must be right.

Just ask the media, who apparently think this state of affairs is normal, and so refuse to question the obvious end-goal of the policies being brought in by governments and councils everywhere. Maybe it's because the banks and organisations such as the WEF, the UN, the EU and the Rockefeller, Gates', Ford Foundations, et al., which own them don't want people knowing the truth?

We know this is their idea, because we didn't vote for it, and we didn't ask for it; it is being done against our will and it is definitely not for our benefit.

From Orwellian online censorship, censorship by omission on broadcast media, the imposition of cycle lanes, bollards, cameras, zomph zones, the mass economic immigration of alien cultures, leading to mass rape of young children and the consequent unforgivable cover-up; confusing very young children by telling little boys they might be little girls and vice-versa, and having bearded men read them stories dressed in women's clothing. We could

go on, but everyone knows the world has gone mad; what most don't know is that it's being driven there by those at the very top who want complete control.

They want you exasperated, demoralised, confused, divided, angry at the wrong people, and distracted by sports, gambling, beer - anything, so long as you don't realise the idea is to crash the whole of society and start over again with Klaus Schwab's infamous 'great reset'. An automated, technocratic world where we will have no possessions and there will be no individuals; a virtual *Brave New World* of peace and unity, thoroughly restricted in 15 minute ghettos.

The current war on farmers is for control of the food supply, at which point people will always do what they are told.

President of the European Commission, Ursula von der Leyen, declared that disinformation and misinformation will be the number one issue of the coming year. Not turbo cancers and excess deaths, genocide in Gaza, war in Ukraine, the accelerating debt pile of governments and corporations, which will never be paid back - just people sharing information, especially if it goes against what they are selling, proves their agenda wrong, and shows them to be deceptive, power-mad psychopaths.

Now you know why you are holding a real printed newspaper - almost none of this article could be published on social media without receiving sanctions.

● <https://thelightpaper.co.uk>

TheLIGHT

Feb 2024 The Uncensored Truth

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"A society where people are forced to lie to themselves is not sustainable over the long term."

MARTIN PALOUS, EX-CZECH AMABASSADOR TO THE U.S.

Government wanted vaccine harms covered up for 20 years

by **HENRY WIDDAS**

THERE are 650 Members of Parliament representing their UK constituents - but only one has been focusing on perhaps the greatest elephant in the room of all time.

That is the possible link between excess deaths that have arisen across the world and the rollout of the covid injections in December 2020.

Andrew Bridgen, MP for North West Leicestershire, has been like a dog with a bone trying to get the issue raised among his peers.

And he is hopeful of a full debate in the House of Commons this Easter, barring a General Election kicking the issue into the long grass.

To say he has received tremendous resistance from the political system is an understatement.

He said in an article published by *The Conservative Woman*



Andrew Bridgen MP

news platform last month: 'The government told me - before they ejected me from the party - that they want to cover up vaccine harms and excess deaths for 20 years.'

'And given their track record of covering up the Post Office scandal for 15 years, Gulf War Syndrome for 30 years, then

why wouldn't they think they could do that?'

He elaborated on this in an earlier article published by *UK Column News* in November last year: 'The [Conservative] Party basically told me through a grandee in January that they wanted to cover up excess deaths and the vaccine harms for 20 years.'

'That is not acceptable to me, and I don't think that is acceptable to the public, and I don't think they are going to get that. This is about how fast we can get to the truth; and, of course, the longer it takes to get to the truth, the more people are going to be harmed - and, sadly, die - because of these experimental vaccines, which are

not safe and are not effective.' With the evidence mounting up against covid injections, the question must surely be asked, why is the NHS still trying to push this medical intervention onto the public when the first mission of medicine is to 'do no harm'?

● <http://tinyurl.com/tm4nnttm>

Shocking admission from establishment that they know the harms that covid-19 vaccines have caused yet the NHS is still promoting them as 'safe and effective'.

This is an international scandal

Electric buses keep combusting

Green agenda like cancer destroying the economy

by **DARREN SMITH**

AN electric bus spontaneously combusted in its garage in Putney, London on January 24, not a week after two buses that were in service on Britain's roads also burst into flames in Wimbledon and Woolwich.

Nobody was on the bus in Putney, but in the other two incidents, passengers had to flee as flames ripped through the engine bay, with one man injured from smoke inhalation.

Back in May 2022, six buses were engulfed in flames at a garage in Potters Bar, and the entire fleet was recalled 'as a precaution'. No lessons seem to have been learned though, and bus operator



Another London electric bus on fire - photo via social media

Go Ahead has announced a 'precautionary check' of its 380 electric buses.

Tom Cunnington, Head of Business Development at Transport for London, denied reality when stating that London's electric bus network

is 'safe to use'.

These incidents are being called 'rare', despite three occurring in the same month, as authorities attempt to cover up the truth and reassure the public that the terrible decisions they have made with both taxpayers' money and

passengers' safety are not as bad as they actually are.

Unless there is a serious crash or sabotage, regular diesel buses simply do not spontaneously combust like their battery-powered counterparts.

Aside from the cost to the taxpayers, the wasted time caused by such short-sighted policies, and the danger to the general public, just how good for the environment is it when huge vehicles go on fire, spewing bilious smoke and toxic gases into the atmosphere?

Mayor Sadiq Khan's response has simply been to plough on, like all good zealots - even when reality bites, they will ignore the consequences of their poor decisions in order to save face.

Many councils are now signed up to the UN's sustainable development goals, which are actually causing destabilisation and impoverishment, all in the name of saving the Earth.

The green agenda has become like a cancer destroying economic life, which destroys everything else in society. Despite the real climate science showing rising carbon dioxide follows temperature changes, they have swallowed the lie that carbon, private transport and farming must be eradicated.

With elections this year, one can only hope that savvy voters realise that all major parties support Agenda 2030, and if they do vote, go for independents to at least put spanners in the machinations of those who want total control.

Why I had to quit the NHS

Nurse reveals shocking flaws in health service

by **LIZZIE BENNY**

WHEN I trained as a nurse, I received a bursary which paid my university fees, and I was entitled to a student loan.

I was guaranteed a career, and although probably only two-thirds of my cohort ended up working in the NHS, we were all trained by it as the gold standard, and for most, that is where we wanted to be.

But I soon learned that the NHS, and in particular mental health services, were not the well-oiled machine I had naively expected.

With my final placement, I struck gold with the Early Intervention in Psychosis Team. This team nurtured me for the next five years. I grew professionally and personally. I then accepted a post in a quiet rural location on the south coast. Naively, I thought that all NHS Trusts around the country were operated the same, and had the same familial and supportive culture as the team in the Trust I had left behind.

There were some major red flags from the beginning: the induction on my first day started with a very stern presentation on fraud within the NHS, telling us that the majority of fraud against the NHS is committed by staff and that they would prosecute.

While I was completing a prescribing course, covid arrived. Suddenly we were caring for people in the community that needed to be in hospital. Our community team was left caring for people who were a risk to themselves and/or others, discharged to emergency accommodation with no food, no money and no entertainment. These people are another unseen group of victims from lockdowns.

While studying all aspects of pharmaceuticals, licensing, and adverse side-effect reporting, the covid vaccines were released. Colleagues were clamouring

I believe that what was once an incredible institution that served the population from birth to death has been hijacked by pharmaceutical companies and the technocratic banking elite that run them and control the World Health Organisation



Former nurse Lizzie Benny

to get their jabs and I couldn't find anyone who was willing to talk openly about my concerns regarding the lack of human testing and the flaunting of licensing laws.

I was told to 'trust the science'. I was told to just shut up and get the jab. One colleague asked me, on our Christmas do, if I was scared of dying from covid and said they worried for people who were not vaccinated. I responded by saying that I was worried for people who are getting the shot.

I qualified as a nurse prescriber in January 2021, as the government was threatening vaccine mandates to NHS staff, giving three months to get jabbed or get sacked. I had never felt so alone.

Luckily, a friend from my previous team had heard that I was unvaccinated. I was so relieved that he got in touch. He told me about the NHS100K group, and I was no longer alone.

I also found my local Stand in the Park, we went on a march, and I found more people in the Trust who were unvaccinated. We started a Telegram group to support each other.

The official line of the Trust, in emails, sent only to those who were not vaccinated, was that we should disclose to them that we are not vaccinated, so that they could support us to take the shots – as if we were just scared of needles and needed our hands holding.

It was like getting a letter from a debt collection agency: you don't respond because, if you do, you are accepting that their information is correct. So it became an unspoken discrimination.

I was very vocal in my private life, but in work I didn't dare utter a word. I sat making purple ribbons in early January to represent support for the one hundred thousand unvaccinated NHS staff that stood to lose their jobs. I had them in a pot on my desk and they were still there when I left nearly

two years later. Of course, the government decided not to sack one hundred thousand staff, but the damage was done and the divisions were made.

Then I moved into middle management where all hope was drained from my exhausted body.

I used to joke with some of the staff who genuinely cared for people that we were only in it for the paycheck. It made us chuckle because we were grossly underpaid for the amount of risk and stress we carried everyday. This stopped being funny when I discovered that a lot of people really are only in it for the paycheck, and really don't care about people's health and wellbeing.

I believe that what was once an incredible institution, that served the population from birth to death, has been hijacked by pharmaceutical companies and the technocratic banking elite that run them and control the World Health Organisation.

It is not their intention to keep

us well, but only to medicate the symptoms of sickness because that's where the money lies. I found that I couldn't justify working in a mental health system that treats people with antipsychotics that shorten people's lives by a third, and which expects people to recover on hospital wards where they don't feel safe.

It was becoming increasingly difficult to feel any reward from making a positive impact on people's lives, because as practitioners you only have time to deal with the crisis in front of you, in an institution that wants to keep its staff in a state of fear so they will do as they are told, make patients take their pills, and move on to the next crisis.

Having now left the NHS, I am really saddened by what it has become. I'm grieving its loss, but I am also trying to build a better future, because there is definitely a better way if we all calm down, discern what is for our benefit, and respond to ourselves and others with love and compassion.

Roadmap to global governance

by **KIT KNIGHTLY**

COVID marked an acceleration of the globalist agenda; a mad dash to the finish line that seems to have lost momentum short of victory – but the race is still going.

The goal has not changed, even if the years since may have seen the agenda retreat slightly back into the shadows.

We know what they want conceptually, but what does that mean practically?

What does a potential global government actually look like?

First off, let's talk about what we're NOT going to see.

- 1 They are not going to declare themselves. There will almost certainly never be an official 'world government', at least not for a long time yet. That's a lesson they learned from covid - putting a name and a face on globalism only foments collective resistance to it.
- 2 They're not going to abolish nationhood. You can be sure Klaus Schwab (or whoever) isn't ever going to appear simulcast on every television in the world announcing that we're all 'citizens of ze vurld now' and that nation-states no longer exist.

In part, because that is likely to focus resistance, but mainly because tribalism and nationalism are just too useful to all would-be manipulators of public opinion. And, of course, the continuing existence of nation-states in no way precludes the existence of a supra-national control system.

- 3 There will never be an overt declaration of a change of system. We will not be told we are united under a new model. Instead, the illusion of regionality and superficial variance will camouflage a lack of real choice across the political landscape. A thin polysystemic skin stretched tight over a monosystemic skeleton.

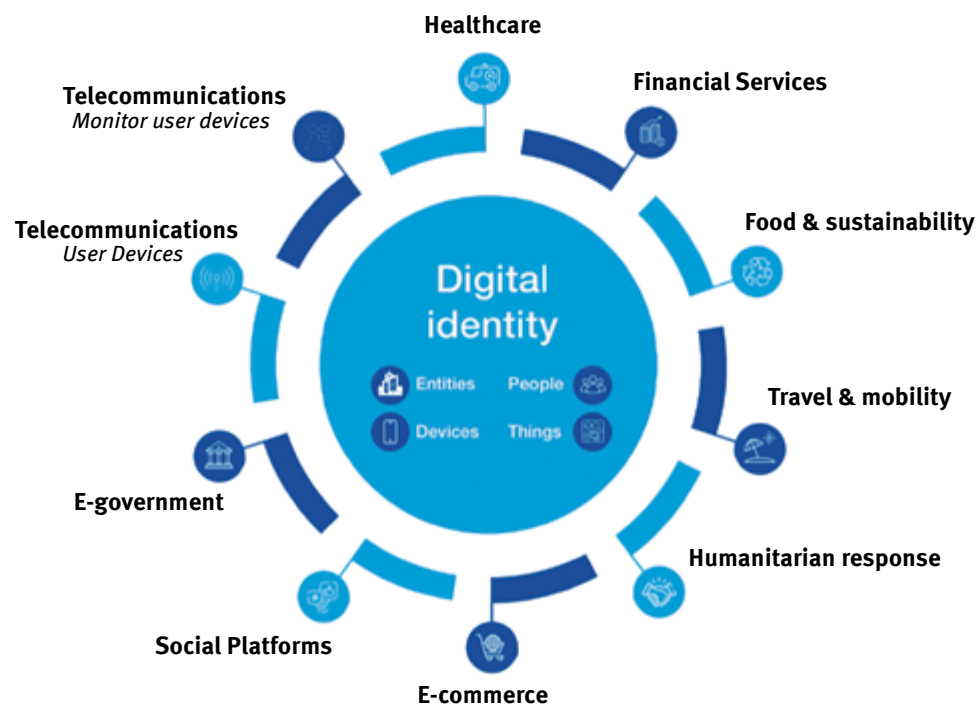
Capitalism, communism, socialism, democracy, tyranny, monarchy – these words will steadily dilute in meaning, even more than they have already, but they will not be abandoned.

What globalism will bring us, I suggest, is a collection of nation-states in name only, operating superficially different systems of government, all built on the same underpinning assumptions, and all answering to an unelected and undeclared higher authority.

And if that sounds familiar, it's because it's essentially what we have already.

The only major aspects missing are the mechanisms by which this rough model can be transformed into a flowing network,

'Climate change' - it's the Trojan horse to rule us all



Once everything goes digital, they will have complete control over you

where all corners are eroded, and all genuine sovereign powers become entirely vestigial:

1. DIGITAL MONEY

Over 90 per cent of the nations of the world are currently in the process of introducing a digital currency issued by their central bank.

Simply put, entirely digital money enables total surveillance of every transaction. If the currency is programmable, it would also allow control of every transaction.

CBDCs are a potentially dystopian nightmare which will infringe the rights of anyone forced to use them; but how are they a building block of global government?

The answer to that is 'interoperability'.

While the world's national CBDCs will notionally be separate from one another, the majority are being coded to recognise and interact with each other. They are almost all being developed along guidelines produced by the Bank of International Settlements and other globalist financial institutions.

2. DIGITAL IDENTITY

The global push for mandatory digital identities is even older than the digital currency agenda, dating back to the turn of the century and Tony Blair's national identity cards.

Terrorism? Digital identity will keep you safe.

Illegal immigration? Digital identity will secure the border.

Pandemic? Digital identity will keep track of who is vaccinated and who is not.

AI? Digital identity will prove who's human.

Poverty? Digital identity will 'promote financial inclusion', apparently.

Clearly, just as with CBDCs, a far-reaching digital identity service is a threat to freedom. And, just as with CBDCs, if you interconnect national digital identity platforms, you can build a global system.

Again, it's all about interoperability. They use the exact same language.

How does this global government hand down policy and legislation without giving away its existence?

Climate change, that's how.

3. CLIMATE ACTION

Climate change has been at the forefront of the globalist agenda for years. It is the Trojan horse of the anti-human technocrat.

As long ago as 2010, noted climate change 'experts' were suggesting that 'humans are not evolved enough' to combat climate change and that 'it may be necessary to put democracy on hold for a while'.

More recently, in 2019, Bloomberg was publishing articles with headlines like 'Climate Change Will Kill National Sovereignty As We Know It'.

For years, climate change has been sold as

the reason we might be forced to abandon democracy and sovereignty.

We're being told that international trade needs to be climate conscious.

We're being told by the World Bank that education reform will help the fight against climate change.

We're being told by the IMF that every country in the world should tax carbon, and, in a recent cross-over episode, that CBDCs can be good for the environment.

See how it works?

Agriculture and food, public health, energy and transport, trade, fiscal and taxation policy, even education; almost every area of government is now potentially covered by the climate change umbrella.

They no longer need a one-world government, they just need a single panel of impartial international climate change experts working to save the Earth.

Through the lens of climate change, these experts are empowered to dictate – sorry, recommend – government policy in almost every area of life to every nation. Local councils and city mayors are also a big part of this power structure.

Do you see it yet?

This is global government in the modern world: not centralised, but distributed. Cloud computing. A supranational corporate-technocrat hive mind. With no official existence or authority, and therefore no accountability, and funnelling all their policy decisions through one filter – climate change.

There won't be a single global currency, there will be dozens and dozens of interoperable digital currencies creating a 'harmonious payment ecosystem'.

There won't be a single global digital identity service, there will be a series of interconnected identity networks engaged in the 'free flow of data to promote security'.

There won't be a global government, there will be international panels of 'impartial experts', appointed by the UN who make 'policy recommendations' carried out by local councils.

All of the countries of the world will follow most or all of the recommendations, but anyone who calls these panels global governments will be fact-checked by Snopes or Politifact, highlighting that 'UN expert panels do NOT constitute a global government because they have no legislative power'.

This, I suggest, is how global government will take shape in 2024 and beyond.

● This article was originally published by Off-Guardian at <http://tinyurl.com/2d5nfruc>

50 reasons to be worried

by **TIM HINCHLIFFE**

Technocratic juggernaut moving in for global takeover

THE 50-in-5 campaign is an agenda concocted by a coalition of unelected globalists to accelerate technocratic control through digital ID, Central Bank Digital Currency (CBDC) and massive data sharing.

The United Nations, the Bill and Melinda Gates Foundation, and partners of the Rockefeller Foundation, are launching the campaign in 50 countries under the umbrella of digital public infrastructure (DPI) by 2028.

The 50-in-5 campaign claims: 'DPI is essential for participation in markets and society in a digital era.'

The agenda bills itself as 'a country-led advocacy campaign' and that by 2028 the campaign will have helped 50 countries design, launch, and scale components of their digital public infrastructure.

Sold as a mechanism for financial inclusion, convenience, improved healthcare, and green progress, DPI is an all-inclusive phrase applied to a looming technocratic governance system.

The system will be powered by three foundational components - digital ID, digital payments like CBDCs, and massive data sharing.

Advocates are adamant that DPI is essential for participation in markets and society - just like we saw with vaccine passports - only on a much broader scale.

If successful, DPI will give governments and corporations the power to implement systems of social credit scoring that will determine where and how you can travel, what you are allowed to consume, and how you will be able to transact with your programmable money.

Think individual carbon footprint trackers, Ultra Low Emission Zones (ULEZ), and CBDC programmed to restrict 'less desirable' purchases - all of which are being pushed by proponents of the great



Photo: Brecht Corbeel

reset.

The stated goal of the 50-in-5 campaign is that in five years: '50 countries [will] have designed, launched, and scaled at least one component of their digital public infrastructure stack in a safe, inclusive, and interoperable manner.'

Achieving this goal involves: 'Demonstrating the potential and momentum for DPI through showing various approaches to DPI, their progress, and outcomes in countries across different income levels and digital maturity statuses.'

'Shortening the DPI learning and adoption journey for countries through facilitating learnings and best practice-exchanges, use of open standards and specifications, adoption - and sharing of - technologies as digital public goods, and evolution of local engineering capacity and vendor ecosystems.'

While the 50-in-5 campaign has not yet disclosed which countries will be participating, the website reveals that they will be 'both advanced and emerging digital leaders'.

The website says: 'The initial countries to join 50-in-5 are known as first movers. First mover countries are both advanced and emerging digital leaders, and are beacons of progress and inspiration for others to learn from in building their own digital foundations.'

The 50-in-5 campaign is a collaboration between the Bill and Melinda Gates Foundation, the United Nations Development Program, the Digital Public Goods Alliance, and Co-Develop.

Co-Develop was founded by The Rockefeller Foundation, the Bill and Melinda Gates Foundation, Nilekani Philanthropies, and the Omidyar Network.

The Digital Public Goods Alliance lists both the Gates and Rockefeller foundations in its roadmap, showcasing 'activities that advance digital public goods' along with other organisations and several governments.

The UN 'Building & Securing Digital Public Infrastructure' booklet, June 2022, states: 'People-centred smart cities need accessible, secure, and fair digital public infrastructure that powers digital services, and ensures everyone has equal opportunity to fully participate in civic life.'

The United Nations playbook on digital public infrastructure says that digital ID is foundational to DPI, stating: 'Broadly, there are three major types of protocols that facilitate digital public infrastructure: digital identity, digital payments, and data exchange.'

'These three protocols are typically required for most digital service transactions such as permitting, issuing licences, or providing records that often require validating a user's identity, enabling exchange of data across agencies

and users, and finally authorising payments online.'

'By prioritising these three protocols,' the UN says, 'local governments can set the stage for the successful development of an entire ecosystem of digital services in alignment with their community's unique needs.'

The World Economic Forum (WEF) said in 2018: 'This digital identity determines what products, services and information we can access - or, conversely, what is closed off to us.'

The WEF envisions digital identity being linked to everything from financial services and healthcare records to travel, mobility, and digital governance - all of which are components of DPI.

India is a shining example of what a successful rollout looks like, as evidenced by last year's G20 and B20 Summits.

Speaking at the B20 India Summit in August, India's digital identity architect, Nandan Nilekani, boasted how India had adopted DPI at scale, and how other nations could follow suit and use DPI for everything from vaccine passports, tax collection, and toll payments to climate adaptation and the move towards a circular economy.

In April last year, Nilekani said at the International Monetary Fund spring meetings: 'If you think, 'What are the tools of the new world?' - everybody should have a digital ID; everybody should have a bank account; everybody should have a smartphone. Then, anything can be done. Everything else is built on that.'

With G20 nations committing to net-zero carbon emissions policies by around 2050, many DPI initiatives are geared towards reaching that goal, meaning restrictions will be placed on what we can consume, what we can purchase, and where we can go, thanks to the widespread implementation of digital ID and CBDC to track, trace, and control our every move in our people-centred, 15-minute smart cities.

The 50-in-5 campaign to accelerate DPI rollouts did not emerge from the will of the people.

Instead, the 50-in-5 campaign is an agenda concocted by a coalition of unelected globalists from the Gates Foundation, the United Nations, and the Rockefeller Foundation, all working in lockstep to accelerate a technocratic system of control through digital ID, digital payments, and massive data sharing.

● <https://50in5.net/>

● **This article originally published on sociable.co at <http://tinyurl.com/3w9artrc>**

Outrage over approval of 5G

Ofcom turns Britain into ‘giant airport scanner’

by **MATT HODGKINSON**

THE rollout of 5G high-intensity millimetre wave (MMW) network technology has recently been authorised by UK communications’ regulator, Ofcom.

This is despite an abundance of high-level studies and scientists warning of eye-watering potential for harm to our health from MMW exposure.

Millimetre waves are what airport body scanners use. Britain is about to become a giant body scanner.

So, what exactly is 5G? According to senior representatives from Qualcomm Israel, the pioneers of 5G mobile comms chips, from 2017: ‘5G is an umbrella of various technologies that covers many spheres. The first and most common is the Internet of Things (IoT) – connecting a great many devices to the internet, such as refrigerators, lighting, garbage cans, and cameras... and the ability to achieve very high bandwidth speeds with very low latency.

‘Processing, which currently takes place on the device, will take place on the cloud servers.

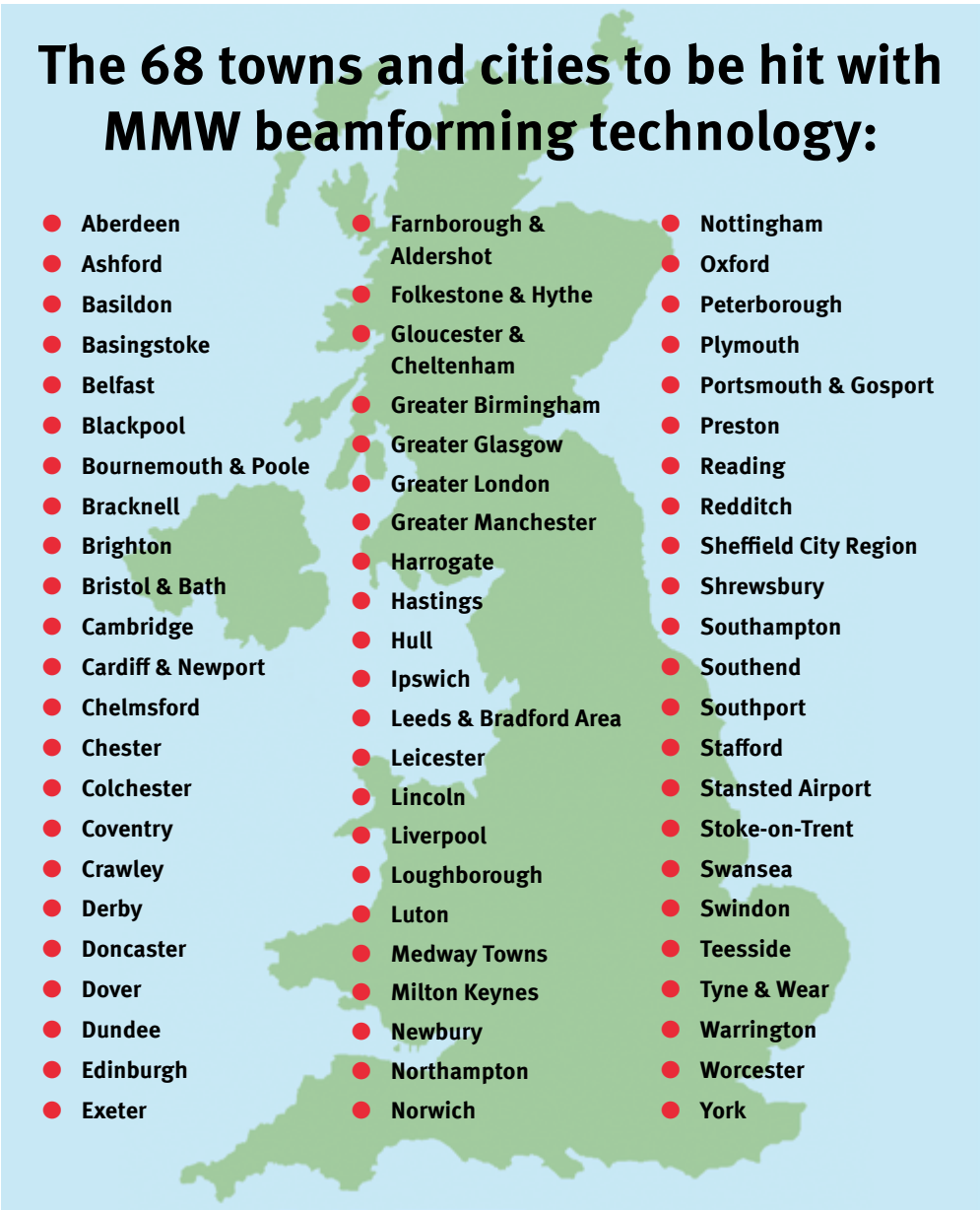
‘Because the frequency is higher, the technology changes and takes the form of a beam between the device and the site. This enables the operator to provide services efficiently in crowded spaces, such as stadiums and airports, for example, where there’s a severe problem of interference. The high-frequency operates like a laser beam between the cellular towers and the device.’

Make no mistake, what 5G can do is other-worldly. But as history indicates, industries tend to cover up uncomfortable truths about their products, especially when massive amounts of money are involved. Think asbestos, DDT, tobacco, mRNA...

5G MMW will ensure we are still irradiated by the same harmful microwaves that are already proven to cause increases in cancers, neurological problems and fertility issues, with harms increasing the closer you live and work to the cell towers. MMW does not travel far and is blocked by just about everything, so they need clear space for millions of tightly packed network points to make it work.

Scientists such as the late Martin Blank PhD (former head of emfscientist.org) have gone on record to say they expect 5G proper to induce illness at a faster and more severe rate than previous networks.

High-intensity millimetre wave 5G data networks given the go-ahead by Ofcom with zero regard for human or environmental health



The technology will help the World Economic Forum achieve its nightmarish goals of connecting and tracking and tracing everything you do, consume and touch in real time.

We already know about severe biological harm from exposure to MMW radiation, because of declassified Soviet research from the 1970s. You can find the full original document at Joe Imbriano’s 5Gdangers.com

The Soviet researchers concluded: ‘Morphological, functional and

biochemical studies conducted in humans and animals revealed that millimetre waves caused changes in the body, manifested in structural alterations in the skin and internal organs, qualitative and quantitative changes of the blood and bone marrow composition, and changes of the conditioned reflex activity, tissue respiration, activity of enzymes participating in the process of tissue respiration, and nucleic metabolism.

‘The degree of unfavourable effects of millimetre waves depended on the

duration of the radiation and individual characteristics of the organism.’

More recent research proves that the sweat ducts in our skin act as an antenna for MMW. This is why militaries use MMW for crowd dispersal via the Active Denial System (ADS). ADS utilises MMW at high power to make the skin feel like it is burning, forcing riotous crowds to disperse. You can find videos on Youtube demonstrating this.

The proposed 5G will not operate at such high power levels as burning ADS, but it might be wise to apply the precautionary principle here, and actually carry out safety checks first, given what the scientific evidence indicates.

Paul Ben Ishai, head of dielectric and THz science laboratory at Ariel University, Israel, may be the most qualified and outspoken expert on Earth in the field of interactions between MMW and the human body.

He has been shouting from the rooftops about this phenomenon for several years. He uses the word ‘criminal’ to describe what is occurring.

In one paper, *The human skin as a sub-THz receiver – Does 5G pose a danger to it or not?*, he writes: ‘One must consider the implications of human immersion in the electromagnetic noise, caused by devices working at the very same frequencies as those to which the sweat duct (as a helical antenna) is most attuned. We are raising a warning flag against the unrestricted use of sub-THz technologies for communication, before the possible consequences for public health are explored.’

But never mind all those serious warnings from eminent scientists, because the people responsible for setting safety standards at Ofcom, without presenting a shred of evidence that this technology can in any way be considered safe, have announced the rollout of MMW in most major UK towns and cities. Ofcom is to blame for this hellish situation. It really is time to start pulling the proverbial pitchforks out of the shed. We deserve better than this. Our overlords are using us like pieces of meat in a laboratory, and that must change.

- <http://tinyurl.com/mfy5pbrj>
- <http://tinyurl.com/39naur3d>
- <http://tinyurl.com/m9m2cwz5>

Take inspiration from Pilger

by **AVRIL MEYLER**

Tribute to a journalist who always spoke truth to power

SOME of you may have encountered John Pilger long before you were discovered the great deceptions of the world.

The term ‘conspiracy theorist’ was unknown to me when I began to look towards Pilger, a lone voice of truth in the days before the internet became a source of news.

Pilger, who died last December, spent years reporting from across the world in some of the most dangerous locations.

He showed the suffering of victims in far-flung places, away from the UK, governments, UN and various aid agencies, who stood by from the comfort of their offices, making judgements of whether to give or withhold aid – basing their decisions on the politics and power behind the scenes.

Or as ever – in the case of the U.S. and the UK – when and how many bombs should be dropped/funded. I watch the current horror unfold in Gaza, and then watched *The War You Don’t See*.

Despairingly, nothing changes. This was filmed in 1979, shortly after the Khmer Rouge were ousted by the Vietnamese.

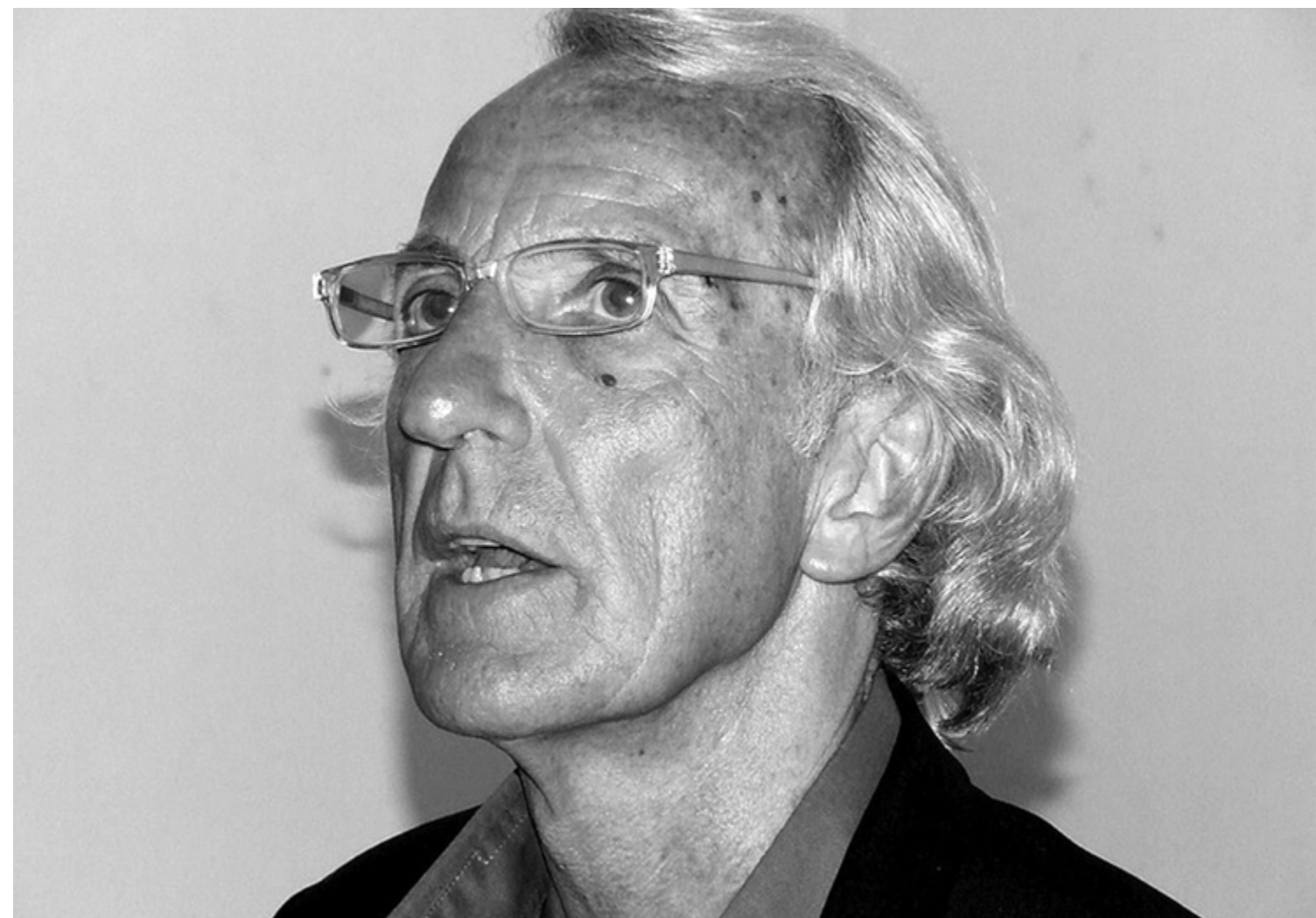
In 2011, my eyes were opened in Phnom Penh, as I visited the very same sites referred to by Pilger in this groundbreaking documentary, and again later, as I visited the War Remnants Museum in Ho Chi Minh City, Vietnam.

The U.S. created Pol Pot, and they bombed Vietnam back to the stone age. I have met third-generation Vietnamese children and adults who are disabled and disfigured, as a direct result of their parents and grandparents inhaling Agent Orange.

We must learn from history, see how it is repeating itself, and consider how and if there is anything we can each do to prevent it from continuing.

While we may mourn the death of John Pilger, it is perfect timing to further open those eyes that were opened at the onset of covid.

Those who claim to have seen through all the subterfuge, lies, propaganda, corruption and mass hysteria of the covid plandemic



John Pilger

may not have seen all this throughout many decades previously, assuming they are more than a few decades old. The language may have changed, but the strategies have not.

The evidence that Pilger demonstrates in his video shows that what is happening in Israel and to the Palestinians is a time-worn strategy of the killing machine in full operation.

The media’s assumption that governments are legitimate has allowed this and previous wars to occur. In other words, the media is guilty by omission of news of depopulation and worse. Those who regard themselves as critical thinkers see the truth about covid and the shots, yet avoid the truth that depopulation is the casus belli of those who rule; they are continually at war.

Because you do not feel the threat of bombs and bullets, you do not feel motivated to learn the truth about history and how you have been living in a dream, which is someone else’s nightmare.

Covid motivated us to learn about vaccines, germs, health and so on, because we felt personally threatened. Your government had mesmerised you to the point of confusion and inability to see the truth of the lies through fear. Some saw it sooner than others, and yet many still do not see.

Someone has recently challenged me on

the issue of free will. The issue was over my claim that those who took the vaccine did so of their own free will. My opponent’s claim was that: ‘they don’t have free will because their free will was taken away due to being programmed’.

It begs the question: why did so many of you reading this not take the ‘vaccine’? Which begs another question: what is the difference between the ones who willingly held their arm out to receive the shot, and those of us who refused and would never take it? I maintain it is free will.

It is the same free will that we use to try and discover the truth of a situation that warrants it because we deem the issue important enough to spend the effort and energy to investigate; because it affects us.

Here is the reason why wars have been allowed to continue in perpetuity, unchallenged. Because for the majority of people, it does not directly affect them.

There is another reason why wars are in perpetuity. People’s priorities differ, depending on their age, status and disposition. Many are still undergoing Maslow’s hierarchy of needs development, and have not reached the point of caring about what is and what is not truth, because it requires tremendous effort, energy and dedication, and because the word ‘truth’

triggers a gut reaction – ‘what is truth?’

Truth, like love, is something you feel deep in your gut, deep in your heart, deep in the soul and spirit. I know many of you reading this know and feel deep in your hearts, souls and spirit that what is happening here and now on our watch is not someone else’s business, but very much our business.

Simply being human demands we exercise our free will and then ask the question: if I have free will and I am not afraid to speak truth to power, then why don’t I?

Or one day we may be asked: “Daddy/ Mummy, what did you do when they were killing all the children?”

Let us not be like the reporters in the documentary, *The War You Don’t See*, who were close to tears when they faced up to their inability to ask the right questions and overcome their fear of speaking truth to power – they admitted feeling guilty because they did nothing but simply watch from the sidelines.

May you all find your voices during 2024 and beyond.

● <https://johnpilger.com/videos/the-war-you-dont-see>

Parallels with Nazi ideology are neither fanciful nor sensationalist

by **RICHARD HOUSE**

I WAS struck by the parallel with Nazism that Niall McCrae drew in his review of Ken McCarthy's book: *What the Nurses Saw – The True Story of covid-19 in Hospitals*.

Just to help head off any faux woke outrage about Niall's courageous parallel, in 2020, I interviewed academic researcher into vaccination, Dr Mateja Černič, about her brilliant book, *Ideological Constructs of Vaccination* (Vega Press, 2018) for New View magazine (issue 99, Spring 2021, pp. 59–65).

In her interview, Dr Černič also drew this very same parallel between covid restrictions and Nazism.

She said: 'Regarding Nazism – I would like to emphasise this as strongly as possible: Nazism did not start with concentration camps and deaths. It ENDED with them!'

It started a decade earlier – with an extremely and increasingly intense, insane, incessant, all-pervasive state propaganda.

Eroding and removing right after right, liberty after liberty, until there was nothing left. With 'resetting' and 'restructuring' society, with consolidating the 'new normal', the norms, the laws, the functioning of society and people, the behaviour, etc. etc. etc., until it didn't resemble the old Germany any more. Erasing humanity, normality, justice, one step at a time.

Suppressing, threatening, silencing and ultimately destroying all those who dared to criticise or even oppose the new ideology. Always, of course, claiming that all these atrocities were done for the greater good, for the benefit of all, for preserving public health and safety.'

Just look around at what is happening in today's world. How people are treated, threatened,



Photo: Claude Nai

restricted, locked up, fined, forcibly tested, segregated into vaccinated and unvaccinated (it is – how should I call it... ironic? – that the most severe segregation and discrimination is currently being rolled out in Israel), told to wear face masks, forbidden from working, from gathering – in some cases even from walking on the beach!

Under the guise of preserving

public health, states feel that they can treat people in any manner they like, regardless of all laws and constitutions, regardless of basic rights.

Anyone who has at least some knowledge of history and the functioning of society should be enraged and terrified at what is going on across the world. And yes, these manners, these strategies, these treatments,

this propaganda and discourse – they are all exactly the same as they were in Nazi Germany. The content itself differs, of course, but the core is the same.

Let me conclude with the quotation from the documentary *Caring Corrupted – the Killing Nurses of the Third Reich* (see tinyurl.com/t74bf235): 'Without the full support of physicians, scientists and nurses, the holocaust, as it unfolded, could never have happened.'

In this age of insufferable political correctness, and with cancel-fascists looking for any excuse to smear and 'other' like the Nazis did, it's essential that truth and freedom lovers hold our nerve and embrace the principle of 'fearless speech' in our truth-telling.

Huge thanks are due to Drs McCrae and Černič for doing so!

● <https://independentviewpoints.net>

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Rugby legend speaks out on covid

by **NICOLA LUND**

NL: For those of us unacquainted with Welsh rugby, please can you tell us a little about yourself and your sporting achievements?

IAN GOUGH: I was born in Pontypool in the mid 1970s and my middle name is Mervyn (after Mervyn Davies who played for Swansea and Wales). My father was a huge rugby fan.

I started to play at secondary school, then from about the age of 14, I played at regional level, receiving my first Welsh Youth cap at the age of 18. I had my first Wales ‘A’ cap at 20, then represented Wales internationally from the age of 21 in 1998.

I have played professionally in approximately 450 senior games, plus I played for London Irish for one year around 2013, and have received 64 Welsh caps.

Since retiring from playing in 2015, I have been doing TV rugby commentary for Scrum V and Premier Sport, and also radio commentary since covid.

NL: Would you like to share your thoughts on the so-called pandemic and the effect it had upon you, your family and friends?

IG: Before 2020, I wasn’t interested in politics and geopolitics. I was completely taken in by the initial panic, after becoming a dad again in late 2019. However, after around 6-8 weeks, I started to feel that something was not quite right. People were not asking questions and it felt that we were being manipulated by the government and media.

I learned about the Behavioural Insights Team [attached to the Cabinet Office and forming government policy] and then seeing the whole Partygate nonsense – among many other things – compounded my distrust in what we were being told. I had some heated disagreements with friends over what I perceived to be government and mainstream media dishonesty.

I had a property portfolio and had to sell some properties due to the knock-on effects from the lockdowns.

I was even stopped by the police – with a group of friends – when surfing during the lockdown (we live on the coast). Only once, when travelling to Jersey, did we find ourselves having to take a PCR test – it was horrific, very invasive.

I don’t go on X (Twitter) too much, but I have been called an ‘anti-vaxxer’ and ‘far right’ for some of my views.

NL: Were you, in the course of your employment, put under any pressure to take the covid injections?

IG: Neither my wife nor I have taken any injections and fortunately I was self-employed at the time, so thankfully there was no pressure. We have no regrets about this decision.

We are hugely concerned about current excess deaths. My mother died suddenly last year. It happened at home, and while she had had a medical procedure three months earlier, that had been successful. I can only speculate as to whether her injections played a part, but I wish that I had pushed for an autopsy now, if only to rule out the jabs.

My trust in the whole system has gone, now. My wife lost a former boss to a sudden death, and we know people in our circle of friends who have developed aggressive cancers. There seem to be red flags everywhere, but nobody is addressing them.



Ian Gough

NL: Who are your go-to podcasters or sources of information, since you no longer trust legacy news media? Also, whose bravery have you really admired during the last four years?

IG: I have come to realise that the media is scripted, parroting phrases like, ‘build back better’. I feel it manipulates information and coerces people. I enjoy listening to Tucker Carlson who is not afraid to question the mainstream narrative. *UK Column News* to me is a very credible source of information, with Alex Thompson (ex-GCHQ) and Debi Evans (a former NHS nurse), among other very good presenters. They always invite corrections

to anything they broadcast or publish – what other news outlet does that?

I cannot believe that the media discredits experts in their field such as Dr Mike Yeadon and the late Luc Montagnier (French virologist and Nobel Prize winner). Science is about debate. Jamie Jenkins, ‘Stats Jamie’ (ex-ONS), has been doing some great work to scrutinise so-called government statistics.

NL: How do you and your family look after your general health in terms of lifestyle?

IG: I’m always active – we are always doing lots of outdoor activities and going on nature trails with the children. There are times, like anyone else, when I might have a few drinks or not be so healthy, but on the whole, I take supplements like Vitamin D and look after myself.

I enjoy surfing, cycling, and I took part in Swansea Iron Man in 2023. I also swam the English Channel in October 2023 as part of a relay team.

A former strength and conditioning coach of mine got me into meditation and breathwork at a retreat that he was running, and it’s very powerful. I listen to a lot of health podcasts such as Dr Joe Dispenza.

NL: What’s your opinion of First Minister, Mark Drakeford, and his government in Wales with their 20mph default speed limit?

IG: One word – inept. I feel they let us down during covid, with decisions not based on science. They need to be held to account. The Christmas lockdown in particular was cruel and thoughtless.

I don’t believe that we are living in a true democracy and it feels like Wales is a test bed for certain policies such as the 20mph speed limit.

NL: Do you have any advice or positive thoughts that you’d like to share regarding what you perceive our future to look like?

IG: So long as people are willing to stand up, have an open mind and make informed opinions of their own, and keep asking questions, the future can be bright. I feel I’m seeing more and more who are becoming aware that things are not quite right in the world.

Anything that concerns our mental and physical health should be allowed to be questioned and we must have freedom of speech.



Climate alarm's anti-human DNA

by KEVIN P CORBETT

Book Review

Green in Tooth and Claw

Dr Niall McCrae

DR Niall McCrae's new book on climate alarmism aims to 'preach to the already-converted' and to 'awaken others' to the coming dystopia.

It is entitled, *Green In Tooth And Claw: The Misanthropic Mission of Climate Alarm* and its publisher is the UK's Independent all-party think-tank, The Bruges Group, which challenges 'false and damaging orthodoxies that suppress debate and incite enmity'.

Climate alarm emerges as no cosy ecological creation of a loving God, but a policy purgatory created by a dangerous ideology from the green movement.

McCrae's book is a cultural analysis, not a scientific treatise. It explores the political utility of climate alarm for forcing human existence into a permanent state of control (technocracy). This views humans solely in terms of their resource consumption.

The book's opening thesis is that a cartel of corporations, bankers and foundations, aided by so-called progressives, like the 'Davos elite', run the world. They have contrived a climate crisis which, like other control mechanisms, holds citizens in an ever-tightening policy ratchet. This time (unlike 2020) the panic alarm button is ecological and not a contagious virus.

This cartel's inner workings are never fully elaborated on. Anonymous forces orchestrating the technocratic climate controls are supposedly identifiable by following their money trails. Although there is little clear outline of such trails, McCrae names the usual suspects: Gates, Soros and Schwab etc.

These elusive trails could have been illustrated by citing, for example, Mollie Hemingway's 2021 forensic analysis of the 2020 U.S. presidential election, where

Zuckerberg's megabucks funded real-world actions that clearly influenced the election against Donald Trump.

McCrae draws on his own activist experiences. These personally revealing anecdotes are interspersed with various theories to focus the book's analysis onto the political utility of climate

how the 'science' of climate alarm lacks rigour, by being artificially protected from proper scientific scrutiny.

McCrae derails the pseudoscience of climate alarm, showing how it increases technocratic control such that, if not stopped, destitution will emerge due to a new type of feudalism.

McCrae's particular conservative-eye view. He conflates their demographic reality with various politicised agendas such as societal asexualisation (gender fluidity). The fact is that public challenges to gender fluidity increasingly come from gender-critical lesbians and/or feminists e.g. Julie Bindel, Jo Phoenix

globalist-oriented youth generation (e.g. Greta Thunberg); the agencies of the global technocracy (UN, WEF, WHO); the 'first climate war' (Ukraine); the failure of alarmist scares; the nihilism of political leadership; and lastly, the ubiquity of resistance, dissidence and disbelief.

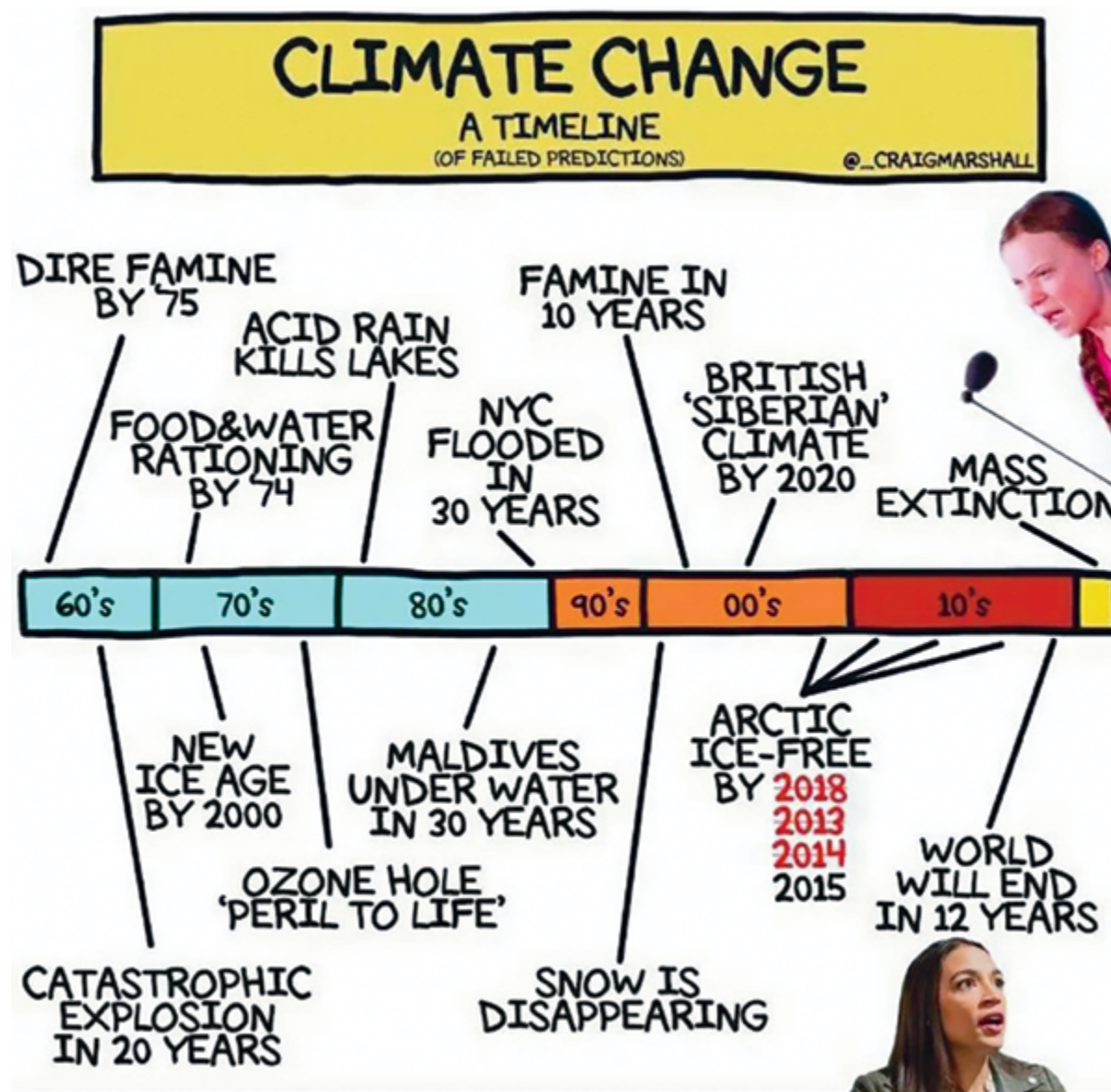
Difficulties are noted in building a parallel society like the Amish, which McCrae notes is one means of evading the expanding control grid. It recalls *Social Anarchism Or Lifestyle Anarchism: an Unhelpful Dichotomy*, Murray Bookchin's analysis of the pitfalls of U.S. anarchists (e.g. John Zerzan). No wonder the unpaid use of utilities (like gas and electric) and the council tax non-payment rebellion are hot topics in anti-lockdown circles.

Some passages bolster official pseudoscientific contagion narratives (p94, p98). Conspiratorial accounts of 'gain-of-function' are also cited bolstering mainstream virology (p96). These contrast with his analytic tone on the opposite page citing Borger et al's (2020) retraction paper for the SARS-CoV-2 PCR (p97).

In his 2023 article and interview with Patrick Henningsen (21st Century Wire, March 2023), McCrae went much further, saying that: 1) the world was 'conned' by a gene sequence being passed off as 'viral'; 2) did any 'novel [corona] virus' ever exist? (implying it didn't); and 3) the 'gain-of-function' narrative was an 'invented fiction'.

No historical scholarship is cited on the dearth of scientific proof for virus isolation and the artefactual production of deceptive viral-like particles in oxidatively stressed cell cultures. This is somewhat surprising, because these issues featured in Mike Wallach's film *The Viral Delusion* which McCrae reviewed (*The Light*, April 2022). While I disagree with aspects of McCrae's conservative views, he does offer a broad cultural analysis of climate alarm, one which will undoubtedly help awaken people to the risk of a future dystopia.

McCrae has confronted the orthodoxy of climate alarm which suppresses debate and incites hostility. This alone means the book deserves a readership.



alarm. Other seemingly peripheral issues are skilfully woven in, for example, the Ukraine War, which McCrae suggests may be the first 'climate war'.

The ideology driving climate alarm is exposed as a hybrid of Marxist (Critical Theory), fascist (modern-day environmentalism) and cult-like (Net Zero) thinking. McCrae uses a range of ideas in each chapter to expose the conceptual paradoxes and reveal the whole concept of catastrophic climate change as absurd and unscientific.

The work of Karl Popper and Thomas Kuhn are used to show

This is the cruel dislike for humanity now being perpetrated by climate alarm.

The first chapter is an explanation of ecofascism, with subsequent chapters on Critical Theory (Frankfurt School), technocracy (David Rockefeller/Trilateral Commission), the new world order style of ecofascism as a form of 'secular Vatican' (green church), and eugenics, societal asexualisation and immigration as forms of population control/replacement.

Same-sex attraction and feminism are seen as socially subversive in

and Kathleen Stock. This is a conundrum for McCrae.

McCrae appears to be unaware that most children developing gender dysphoria mature into same-sex attracted adults, and continue to live as their biological sex, if they successfully avoid being 'affirmed' as trans and placed on a medical pathway ending in toxic hormones and irrevocable surgeries.

Given this reality, McCrae should reconsider his categorisations of those who are same-sex attracted. Later chapters analyse the

Telling the truth an explosive act

The Light talks to TNT Radio boss Mike Ryan

by **DARREN SMITH**

What's your background?

MR: I've been in media all my life – as a journalist, for newspapers and radio stations. For a long time I was playing music on rock stations in the U.S. and Australia; had my own production company – making radio programmes; moved in to shows for cable, then we kicked off a video programme.

One day, someone called us and said, we like what you do and let's have a chat about doing a little more.

If you do talk radio, you do talkback – but they're top-heavy because you have a lot of people doing all of the things that need doing.

We had a goal; it took about a year and a quarter and we have some fantastic people now. The time was right to move into video – that's our next stage for year two. For year three, make it bigger and better and make sure the business can stay afloat. We have to do good – there's not a whole lot out there; we are totally independent. We have no outside influence.

People say we're cutting edge and new, but what we're doing is what you and I grew up with years ago – the station telling the story as it is, and telling the truth.

And sure, we have opinion shows, but the truth is the truth. Sometimes we might get it wrong, but we just want to tell it as it is.

We focused on the UK because we're convicts, and we haven't thanked you enough for sending us to these places with big white beaches. So this is our way of thanking you guys – we haven't forgotten our roots, which is why the UK is so important. Probably the epicentre of freedom and rights. The take-up of the vaccine was low – 44 per cent did not get the jab. In Australia, we were terrified – but it shows you there is a great number of Brits that are good thinking people, that don't stand for BS.

We've got Sonia Poulton, Abi Roberts, Rick Munn (the Irish one), James Freeman, Patrick Henningsen and David Kurten on board with their own shows now.

What woke you up?

MR: Well about three years ago, when covid kicked in, there were things that just didn't make sense. Glenn Beck says, ask the question all the time: why? Nothing made sense. With our TV show, we had people like Dr Pierre Kory on, and it was clear that the vaccines were a horrible lie, and just a part of the lie factory. The lie of people collapsing in China – putting their hand out just before they hit the ground. It's propaganda 101. The question is, why did they do that?

Socialism isn't part of it – it's fascism. All for me and none for you. Look at Jacinda Ardern – 'don't trust anybody else except the government for your source of news'. The recent whistleblower data from Barry Young showed that the last entity we should ever trust is the government. It's the same right across the world.

So that's what got us going. I had friends who had the jab and were still getting covid – too many questions remaining unanswered. 'Trust us, trust the science!'



Mike Ryan, CEO of TNT Radio

Propaganda negates the truth, and that's what's happened.

Distraction, war, Russia and Nato. The cold hard fact is that Ukraine was about to go under – 20 days left and it would have had no bread, no nothing. If you need money, you create a war. And then look at the ties from the crooked

Ukraine government to the U.S. government (through the Bidens).

They always bring in changes to our freedom and basic rights – Digital Services Act, OFCOM, ACMA in Australia, - all doing it together in lockstep.

I think our role, and my role as CEO of the organisation, is to make sure we continue to be vigilant in the search for truth and tell the truth. There is just the truth, and then your opinion, or lie, and that's what we have to try and discern and disseminate. We get it wrong at times, but we do our best and try to be honest.

Do you know how many listeners you have?

MR: We're always shadow-banned, but if you go to our socials, there are thousands of people interacting with Sonia and Abi, for example.

We think we have about 40 to 50,000 listeners per day. We'd like to really know, but there's no way of knowing. We have a paid staff of 75 people; I think they do a really good job but we have to get better. I would like to think we've been a success so far. I think this year will be important – we look good, we're level-headed and honourable, and I'm really proud of everybody.

You've got to tell the truth; you're not going to mess us around. And we'll take the hits.

We know there are a lot more people awake than we are led to believe, so having things like *The Light* and TNT Radio is important, not just to get the truth out, but also to give people confidence that they're not on their own – there are good organisations that are on their side.

I think Dolores Cahill is a magnificent scientist – everything that she said would happen is coming true. Until she went against them, she was a well-respected academic figure – then they did terrible things to her. Her great 'crime' was telling the truth. She knew what was going to happen because she understands and thinks like an epidemiologist and immunologist. The scary thing for those that were coerced into having the jab is the potential deterioration in quality of life – turbo cancers have increased massively, as has myocarditis among young people. How can you, as a doctor, give something to someone that you know is going to cause damage? How can you give it if you're not sure what it will do? There's a duty of care and they need to be accountable.

If I punch you in the head or gave you poison, it would be a crime. Where are the police investigating these crimes? They know it's a crime. People are dying and being maimed. Why aren't the police investigating the medical profession when a crime has been committed?

What TNT have to do is become stronger, so we can go nose to nose with the media and the government and can tell the truth and destroy their lies. We have to do our bit – we're big enough and we're getting bigger.

I'm so honoured to be working with the people we are – I trust them with my life. We have to get stronger and louder and make sure we keep telling the truth.

Having the best people around me makes my job so much easier.

● <https://tntradio.live>

Little book of peace

By **STUART FARR**

IN an angry, confused world, simplicity becomes the avant-garde.

Given the opportunity, most of us would choose to live in peace. But far worse than failing to live the life we want, is allowing someone to take it away from us.

The means to challenge unwanted interference from members of our community can also prevent the inappropriate intrusion of government and corporate interest in private matters. It can extend so far as to curtail oppression, tyranny and war.

This is an excerpt from the short book *AUTOMATIC PEACE*.

Some of these ideas will seem familiar, other parts may be difficult to accept. It requires equal effort to learn new ideas, and also destroy assumptions we have comfortably relied upon.

PEACE

Any serious conversation about world peace is usually concerned with complex infrastructure, binding economic regulation and international law agreed upon by people we trust to represent us.

Peace is not expensive or convoluted.

Peace, by its very nature, is effortless. It is both simple and extensive.

It should never be the responsibility of anyone other than ourselves.

As well as international war, world peace should be equally concerned with tyrannical states at war with their own citizens. Or demographics within a population in conflict with each other.

Even families at loggerheads, arguing neighbours and disputes with colleagues impact upon world peace.

In fact, everything from war down to the

endemic parking dispute constitute the same problem, but on a different scale.

If you can undermine a totalitarian state, you can negotiate petty disputes with dignity and grace.

CONFIDENCE

It is challenging enough to meet our own needs and provide for our families in a world of endless tribulations, vague promises and wild speculation.

As the fabric of society is undermined by the over-stimulation of modernity, we insist upon involving ourselves in circumstances way beyond our control.

The incessant chatter of 24-hour media has little in common with timeless wisdom.

Confidence comes from certainty and, like peace, certainty is having less variables to consider: simplicity.

We do not want more things to worry about.

We need fewer.

It does not matter what arguments you enjoy, your job of work, or how complex your home life is.

It does not matter which political ideals you defend, your artistic merits or how clever you are.

You could be a private individual, public figure or head of a governing body. One thing we can promise ourselves with certainty is our personal commitment to do what is right, regardless of circumstances.

If we consistently do what we know to be right, we cannot wish things were any different; we can be confident that things cannot be any other way, no matter how confusing the world is — unless we accept what we know to be wrong.

As life grows more intolerable, I see no sense in battling every expression of authoritarianism, conflict and uncertainty. Instead, I reject it — all-inclusive and without discrimination — in favour of living how I choose: with honesty, integrity and dignity.

FEAR

Although many of us cannot bear to admit it, one thing we all sustain is fear.

Not myriad, arbitrary fears: one singular fear.

Whoever we are, whatever we think, every last one of us wants to live true to our creed — and we all fear that someone is going to stop us.

The religious fear the non-believer will corrupt God's work, while the atheist fears the devout will hinder progress.

The conspiracy denier fears the conspiracy fanatic who fears the



conspiracy denier. Each is afraid that the other is a threat to society for not seeing the truth of the matter.

Those who vote for left-wing politicians fear those who vote right-wing may take away their rights. And vice versa.

Everyone fears the dictator who seeks to abolish freedom. Just as powerful rulers who wish to dominate the world fear that the commoner will prevent them achieving their goals.

We are all afraid that someone else's actions are going to prevent us living the way we wish.

Pride and insecurity lead us to overcompensate, and we express this fear as anger. Our knee-jerk reaction is to 'do it to them, before they do it to us!'

These arguments are not really fought between 'left' and 'right', or good against evil — but compassion versus belligerence, by people struggling to accept the choices of others.

Realistically, we will never secure the life we deserve unless we confront our inconsistencies: the glaring hypocrisy that we hate other people for being afraid, whilst being equally afraid for ourselves.

We cannot expect to achieve personal freedom if we are not prepared to secure it for everyone else. And if we can all be free, then peace becomes automatic.

The ideas presented in *AUTOMATIC PEACE* are designed to help each of us create a little certainty. If we can be honest about some core ideas, we can let go of fear.

AUTOMATIC PEACE will teach you how to embrace a calm attitude towards social, cultural and political expectations. Allowing you to defend your choices, and create the opportunity to safely:

- Discipline warlike governments
- Prosecute criminal industrialists
- Displace totalitarian regimes

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“They want it all, and they’ll ge

ALL warfare is by deception, so it is vital, if you are going to try and achieve world domination, to keep yourself and your plans hidden.

This might have been why James Bond always defeats the evil billionaire villains bent on total control - they always told him their plans.

This is not fiction, however; it is the real world, and a very imminent dark future if many more of us don’t realise what is really going on.

Our children will ask how we let this happen and our only answer will be ‘we didn’t know.’

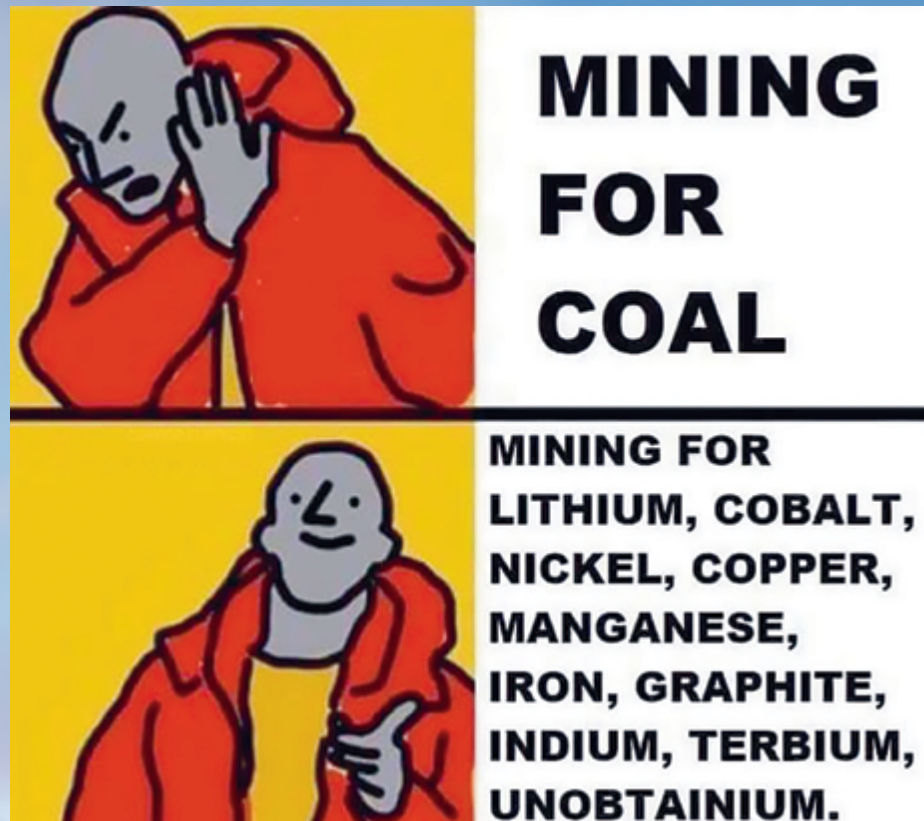
We didn’t see the surveillance cameras going up in every town across the nation - they said it was to protect us. Though the terrorism that pervaded the early 2000s and 2010s seemed to wane once all the cameras and security procedures (including armed British police for the first time on the streets and at travel hubs) were in place.

We didn’t see the smart motorways being built, with ever-more-sophisticated cameras in them — we were told it was for safety and to help traffic flow better — though we’re still losing 20-50 per cent of our time due to these measures to control traffic.

We didn’t see the laws being passed against free speech and enabling corporations and the state to spy on and censor the public for their views, even when reporting the truth. This happened during covid, when people were banned from social media for talking about the harms the covid-19 ‘vaccines’ had caused them or their family members personally.

The truth was not allowed to be told, and this will continue to get much worse, so that there will be no means to dissent online at all in the near future.

We are all paying much more for our



Get it from you sooner or later...”

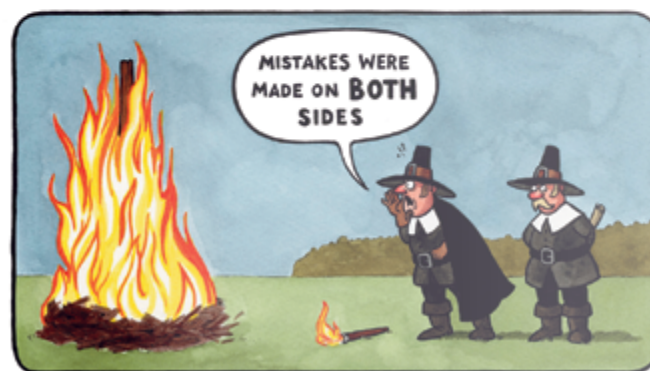
A Tribute to the dead comedian, George Carlin



Scientists mixing 27 carcinogenic ingredients to make a soybean burger that tastes like a hamburger



'Amnesty'



energy bills now, because of the lies about man-made climate change. CO2 has zero effect on temperatures, but carbon taxes and green subsidies are still imposed on us.

They want us back in the Stone Age (though natural wood-burning stoves are discouraged, along with farming) — and dependent on the state for all our needs. Let's be blunt: those who run the world do not have our best interests at heart. George Carlin said: "People of modest means — blue collar, white collar, doesn't matter what colour shirt you have on — continue to vote for these rich cocksuckers who don't give a fuck about them. They don't give a fuck about you. They don't care about you — at all, at all, at all!"

So please remember later this year, when we are encouraged to vote red, or blue or green or yellow, that all major parties are signed up to this plan, all believing in it, or knowing full well it is warfare on the people, based on deception.

None are worthy of your time, let alone your approval.



The west’s values on trial

by **SERENA WYLDE**

Israel accused of genocide at international court in The Hague

SOUTH Africa brought a case of genocide against Israel at the International Court of Justice to prevent more mass killing of the Palestinian people.

This was under the 1948 UN Convention on the Prevention and Punishment of the Crime of Genocide.

A charge of genocide is the highest indictable international crime. In gravity, it sits above all other international crimes. It is defined by the Genocide Convention as: ‘Acts committed with intent to destroy, in whole or in part, a national, ethnical, racial or religious group.’

The following human activities are all punishable under the Convention: genocide; conspiracy to commit genocide; direct and public incitement to commit genocide; attempt to commit genocide; complicity in genocide.

As well as applying to the ICJ for a judgement on the crime of genocide, South Africa’s immediate aim was for the court to issue provisional measures for an immediate ceasefire and the proper supplying of basic means for survival to the Gaza Strip.

South Africa has succeeded in having a number of orders issued to Israel by the court on January 26, but these orders are prefaced by the words: ‘Israel must do all within its power to...’, and the court has fallen short of ordering a ceasefire.

However, what South Africa has resoundingly achieved is to draw of public attention worldwide to the desperate plight of the Palestinians. The president of the ICJ, Joan Donoghue, read out, in open court, evidence from reports by UN rapporteurs and relief agencies, which

will be recorded for history as examples of the barbarism and cruelty that the U.S., the UK and the EU encouraged in the 21st century.

The court requires Israel to submit a report of compliance

The final judgement is likely to take a long time, given the political implications. However, if Israel does not comply with the interim orders issued by the court, the court may be obliged to adopt a different approach.

be able to defend itself in a rational-legal way... after all, brute facts are hard to dispute.”

As regards intent, Prof Segal said: “Law for Palestine (human rights organisation) has compiled a new and

State or 75 years of occupation, allegedly pretending instead that history only began on October 7, 2023.

It will follow that the U.S. and the UK, as backers of Israel’s actions, are complicit with this crime of genocide.

Prof Anthony Hall of Lethbridge University, Alberta, Canada, wrote: ‘What the Israelis do have going for them is the backing of a formidable worldwide network of Zionist authority.

‘This Zionist network has access to unimaginable wealth, with tentacles in strategic nerve centres of high-level corporate governance intertwined with organised crime. Hence the choice put before the seventeen judges in this case is a stark one. They can embrace the rule of law or they can protect their own self-interest, as well as the interest of the lobbies, countries and individuals to whom they are beholden.’

Murray has said that the outcome of the Israeli Genocide Case will decide the guilt or innocence of more than a country. The whole system of international criminal law is also on trial.

It is not to overstate the present situation to say that the fate of ‘western civilisation’ lies in the hands of seventeen judges. One might ask why they chose to become judges if they were not prepared to place ethical decisions above self-interest and the interest of those who appointed them. If they betray their judicial function, it will also raise questions of legitimacy around any high judicial forum in western countries.

In reality, Israel has already lost. As Prof Mearsheimer wrote: ‘Regardless of how this case plays out in the ICJ... in the future Israel will be widely regarded as principally responsible for one of the canonical cases of genocide.’

- <http://tinyurl.com/59z2s7md>
- <http://tinyurl.com/bdcvdz68>
- <http://tinyurl.com/4pxxs7r>
- <http://tinyurl.com/5n87tv3h>



António Guterres, Secretary-General of the United Nations, discusses the Palestine genocide

with the orders within a month, which will be sent to South Africa for comment. It is understood that Italy has already suspended arms exports to Israel to avoid being cast as aiding and abetting genocide.

The ICJ’s judgements are binding and final. There are fifteen permanent judges, and only one judge from each country can serve at any one time. They are elected by the UN General Assembly and Security Council, are not representatives of their governments, and have each made a solemn declaration in open court to exercise their powers impartially and conscientiously.

As neither Israel nor South Africa has judges on the panel, for the purposes of this case, each appointed an ad hoc judge, bringing the total panel of judges to seventeen.

As Israeli historian and associate professor of Holocaust and Genocide Studies, Raz Segal, explains: ‘Those prosecuting an allegation of genocide must prove two elements – intention and execution.’

It could be argued that the evidence of execution in Gaza is undeniable. In all areas of law, however, intent is always the most difficult element to prove. Notwithstanding, Prof Segal describes it as ‘textbook genocide’; Professor of Globalization Studies Anthony Hall describes the case as ‘airtight’; Prof John Mearsheimer, one of the most famous international relations scholars in the world, describes South Africa’s submission as ‘comprehensive, well-written, well-argued, and thoroughly documented’. He stated: “It is hard to see how Israel will

comprehensive database which meticulously documents and collates 500 statements that embody the Israeli state’s intention to commit genocide, and incitement to genocide, since October 7, 2023.

“The statements by people with command authority - state leaders, war-cabinet ministers and senior army officers - and by other politicians, journalists and public figures reveal the widespread commitment in Israel to genocidal destruction of Gaza.”

Former British diplomat Craig Murray attended the initial hearings of January 11-12 at The Peace Palace in The Hague and related that, in sharp contrast to South Africa’s cogent and legally-compelling presentation, Israel’s submission consisted of emotive indignation, dismissing any references to the Apartheid

Biggest ever German farmers' protest

Protestors in Europe blockading cities over Net Zero



Ordinary Germans supporting the farmers and truckers

by **ELIZABETH AND RICHARD COPELAND**

“THE light will rise over the darkness!” a woman from Berlin shouted under the Brandenburg Gate on January 8, 2024 and we were friends immediately. **“They do not know what things cost. I do. I grow 300 hectares of food!”** said a farmer from the truck that made up a stage parked under the Gate.

Thousands were gathered with their placards, as around 3000 trucks and tractors were parked between the Gate and all the way to the other end of the avenue at the statue of König Friedrich II von Preußen.

The atmosphere was a mix of tense and exhilarating and ‘we are so in control’, as the farmers and truckers, workers and specialists of life essential trades had

brought their giant wood burners and plenty of wood, caravans, hi-fi’s pumping loud blues, portable toilet vans and kitchen vans. They dropped some of these on the ground with their wheels up, in addition to some wet wrapped hay – that lot was not going anywhere any time soon.

There was a calm but conscious vibration, ‘we are angry but calm’, ‘we have time on our side’ and ‘we have only contempt for

the ‘ample’ government!’ ‘Ample’ means traffic lights: red, yellow, green; no matter which colour the party rosette, they all support the same globalist policies that are damaging to Germans.

The speakers addressed the crowd with parliament in view only a few hundred metres away. Not one politician came out. Der Bundestag seemed frozen, grey and silent; the people, more alive than ever.



Out in force: farmers show their strength

by **DARREN SMITH**

DESPITE suggestions from politicians and the media that the thousands of German farmers who have descended on roads and capitals over the past few weeks are somehow ‘far right’ protestors, the farmers here are clearly determined to make their point.

In fact, in spite of an early concession from the government over farming

tax breaks, the protests have been growing steadily, and have been very well supported by the ordinary men and women of Germany. This is about the right to continue farming, and providing food for their countrymen, in opposition to Net Zero policies.

In France, farmers blocked roads around Paris, spraying manure on government buildings and dumping topsoil on motorways. Dutch farmers, as well as Polish, Hungarian and Italian, are also joining in, as the war against

natural farming and food seems to be coming from the EU.

In the UK, farmers are being bribed to not farm food, and instead turn over their fields to solar arrays, advertising, or for ‘re-wilding’. This is all part of the UN’s sustainable development goals; an oxymoron/misleading marketing term if ever there was one; it’s about more control and a lot less freedom.

Under the guise of saving the Earth, we are expected to drastically reduce our lifestyles and be dependent on their

factory-made replacement food, instead of good old beef, lamb, chicken and everything else we have enjoyed for thousands of years. John Kerry told us unironically at Davos that we need to reduce farming by 30 per cent in order to prevent starvation.

As long as they keep telling people ‘it’s for their own good and for the protection of the environment’, many may continue to passively accept all of this nonsense, but the farmers are certainly not standing for it.

Cuba sanctions an act of war

by HENRY WIDDAS

Our man in Havana's lowdown on latest crisis

THERE are times when we are all in despair - over money, relationships, work, or grief.

These are common woes we have all experienced, but how many of us despair over a genuine lack of food that leaves us at the point of starvation?

How many of us are left without a roof over our heads, or are having to risk living in crumbling buildings deemed unsafe for habitation, or are forced to live cheek by jowl with strangers in makeshift camps, some of whom are criminals and addicts?

In the UK, we may be the 99 per cent battling against the 1 per cent, but compared to the rest of the world we are the one per cent.

On a recent visit to Cuba, a country ravaged by decades of U.S. sanctions and embargoes, I came face to face with poverty that I never knew existed and it left me crushed.

My fears over the globalist-controlled censorship and propaganda that we all face, seemed irrelevant when I saw a group of men rummaging through a huge pile of roadside rubbish.

Seeing people fighting to avoid starvation puts the plight of life in the Western world into perspective.

Never before had I come across beggars with such desperate pleas and haunted eyes — in the capital, Havana, they were not asking for money but for food.

The situation is exacerbated by a complete absence of medical supplies; a communist government crippled by a withdrawal of international trade; and a mass exodus of mainly young Cubans, who would rather risk drowning in makeshift boats over staying in their homeland.

Families have been fractured as young men and women flee Cuba in the knowledge they may never see their parents again.

What was once a thriving country, buoyed by a fast-growing economy and an energised population, has become a broken shell that illustrates perfectly how international sanctions are nothing more than acts of war.



A derelict beer factory in Havana forced to close in the 1990s because of U.S. sanctions

Embargoes kill innocent civilians indiscriminately, just like bombs. Unlike bombs, this slow strangulation of wealth by stealth is all but ignored by the Western media

They kill innocent civilians indiscriminately, just like bombs. But unlike bombs, this slow strangulation of wealth by stealth is all but ignored by the Western media.

Human rights campaigner WOLA (Washington Office on Latin America) has highlighted how the Trump administration's move to redesignate Cuba as a state sponsor of terrorism in 2021 has blocked overseas trade and international humanitarian aid coming in.

Despite the undercurrent of desperation hanging over much of Cuba - like tropical storm clouds ready to explode in thunder and lightning - its people have an undeniable life force.

From adversity comes solutions, and this is reflected perfectly by the motorcars in this largest of the Caribbean islands.

In the UK we might be scoffed at for driving cars approaching their 20th year, but the taxis in Cuba were often three times that age and more. Health and safety isn't a thing in Cuba, with mend and make do being the ethos for those with the spending power to run a car, which isn't many.

Even metropolis Havana would struggle to summon up the semblance of rush-hour traffic, purely down to the lack of vehicles on the road and chronic shortages of fuel.

The Cubans' struggle for survival has gone on for decades, but the Trump administration twisted the knife with its sanctions, overturning a roll-back of many of the embargoes that Obama's government had engineered.

Trump ensured one of Cuba's main national incomes, tourism, was crippled and other major revenue streams were also targeted

— an example being an information war to stop Cuban health workers being employed abroad.

Many Cubans also blame their own government; for the first time without a Castro family member at the helm since 1959. Money is found for new hotels - that are bereft of tourists - but the chronic



Cuba is a little behind with the latest technology, but far cooler for it

food shortages and the plague of frequent power outages go unaddressed.

The lack of housing has also left poor families having to endure Victorian-era poverty levels. Large families are crammed into derelict rooms in once luxurious central Havana homes. Hot water might be available twice a week in some city homes, one UK woman who had married a Cuban

man told me. They had met dancing salsa (known as 'casino' in Cuba) after he had escaped from his homeland.

Dance and music are the remaining glue holding this once great nation together. The people are proud of their musical roots and the town of Trinidad typifies the feel-good vibe that once made the country a hugely popular tourist destination. Many restaurants have resident musicians and it is said by some that Cubans learn to dance before they can walk.

But with the current sanctions and lack of aid — international and from their own government — the Cuban people are in danger of being walked off a cliff.

The only way out is for a lifting of the sanctions and for more of us in the West to visit as tourists and spend our international currency with the locals so they can afford to live. The Cuban pesos are all but worthless thanks to inflation, and they also have to endure a digital currency for buying essential items priced high at government-run, no-cash stores.

An average wage in Cuba for those working for the government is around £40 a month which amounts to 12,000 Cuban pesos. And to put that into perspective, a carton of 30 eggs or a plastic shopping bag half-filled with rice costs 3,000 pesos - a quarter of that monthly wage.

Life can be hard for us in the UK, but for some elsewhere it is a lot, lot harder.

Visit Cuba if you get the chance. Its people will welcome you with open arms.

● <http://tinyurl.com/3wmb9vax>

U-turn on ‘woke’ education

New Zealand Government to reverse Ardern policies

by **PAUL BENNETT**

THE Prime Minister of New Zealand, Chris Luxon, has said he wants a well-defined sex education curriculum, agreed by experts to be ‘age appropriate’.

Luxon wants parents to be informed about sexual content being taught in schools, and for parents to have the right to withdraw their children from the curriculum if concerns arise.

The coalition government, consisting of the National party, ACT party, and the NZ First party is planning to ‘refocus the curriculum on academic achievement and not on ideology’; including the removal and replacement of the gender, sexuality, and relationship-based education guidelines.

New Zealand First Leader, Winston Peters,

believes parents have a right to know what their children are being taught regarding sexuality and gender. New changes and guidelines to the curriculum should be based on transparency, said Peters.

Prime Minister Luxon has been critical of the previous Labour government under the reign of Jacinda Ardern, calling their record on education ‘absolutely shameful’ and ‘startling’.

Truancy levels rose during Ardern’s leadership, with 40 per cent of children not attending school for five days or more each term in 2022.

National Party spokeswoman for Education, MP Erica Stanford, believes that: ‘Labour has failed a generation of children with its misguided approach to education that has seen achievement in the basics plummet, in addition to abysmally low attendance.’

Only half of 15-year-olds in New Zealand passed a standard test on numeracy and literacy recently, according to results from the Progress in International Reading Literacy Study (PIRLS). Stanford expressed concern about the results, adding that it ‘means they are not able to go on and live the life that they want with those basic standards that they need.’

Family First, a family-focused New Zealand charity, described the educational curriculum under Ardern’s leadership as a dangerous ideology that put ‘schools at risk of becoming ideological and indoctrinatory spaces’.

The centre-right coalition is planning to change the failed education policies under Ardern with a strong focus instead on ‘regular assessment’, and a curriculum that is knowledge-based, with a specific emphasis on reading, writing and mathematics. The tri-party government is

aiming to get children back to mastering the basics under an education plan called ‘Teaching the Basics Brilliantly’.

They hope to ensure that ‘every child has the skills they need in reading, writing, mathematics, and sciences to set them up for further success.’

Since Ardern walked away from politics, because she didn’t have the ‘tank’ to carry on and possibly due to her growing unpopularity, she has been appointed a trustee of Prince William’s environmental Earthshot Prize, a multi-million World Economic Forum (WEF) approved trust that aims to ‘save the planet’ through new ideas.

In 2022, the ‘Queen of Woke’ was given an honorary doctorate by Harvard University for globalist contributions that ‘shape the world’.

● <http://tinyurl.com/3u5h6nk9>

Court rules Canadian government violated charter

by **LIONEL EDDY**

IN February 2022, amid the cross-country freedom convoy trucker protests in Ottawa against covid-19 vaccine mandates, Prime Minister Justin Trudeau made an overreaching decision.

He invoked the Emergencies Act, and froze people’s bank accounts as a response to this challenge to his policies, in a widespread attempt to silence and crush his critics. However, the Emergencies Act was declared unreasonable, unjustified, and violated the Charter in a verdict just published.

Presiding over the case, Federal Court Justice, Richard Mosley, found that whereas the Freedom Convoy protests generated harm, they did not elevate to a threat against national security, as per the legal definition.

Invoking the Emergencies Act in such a scenario, according to Mosley, lacked the attributes of sound decision-making.

Tracing the legal and factual constraints that must inform such a resolve illuminated this verdict: ‘I have concluded that the decision to issue the Proclamation [of the Emergencies Act] does not bear the hallmarks of reasonableness – justification, transparency and intelligibility, and was not justified,’ Mosley wrote.



Canadian Truckers’ Freedom Convoy protest in 2022

Civil liberty groups, including the Canadian Civil Liberties Association, had challenged this historic precedent. They contended that the Canadian Government stretched its power too far while dealing with the Freedom Convoy blockades in Ontario and Alberta in February 2022, and the court’s verdict aligned with their argument.

Expressing a degree of self-reflection, Mosley confessed to initially leaning towards the counter-argument. He

perceived the convoy’s actions as crossing the line of legitimate protest, constituting the erosion of public order. Were he present at the government’s decision-making table, he might have supported invoking the act.

Noa Mendelsohn Aviv, Executive Director of the Canadian Civil Liberties Association, praised the decision: ‘Emergency is not in the eye of the beholder. Emergency powers are necessary in extreme circumstances, but

they are also dangerous to democracy. They should be used sparingly and carefully. They cannot be used even to address a massive and disruptive demonstration if that could have been dealt with through regular policing and laws.’

Nonetheless, the Canadian government remains convinced that invoking the Emergencies Act was necessary and will appeal the verdict. Deputy Prime Minister and Finance Minister, Chrystia Freeland, commented on Mosley’s decision that using the emergency powers to end the protests in Ottawa was ‘right’ and ‘necessary’: “We respect very much Canada’s independent judiciary. However, we do not agree with this decision, and respectfully, we will be appealing it,” said Freeland. “I was convinced at the time. It was the right thing to do; it was the necessary thing to do.”

● <http://tinyurl.com/4aekj6w4>

● <http://tinyurl.com/mtrmvwz4>

● <http://tinyurl.com/mrxs5jh7>

● <http://tinyurl.com/bdzj3h8f>

● <http://tinyurl.com/2fspfd8s>

● <http://tinyurl.com/2t8cv6tp>

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ChatGPT replacing doctors

Modern medicine and AI misdiagnosing diseases

by **DAWN LESTER & DAVID PARKER**

WHEN we have concerns about our health, AI should be the last place that we turn for advice, yet it seems that people are using ChatGPT to help them self-diagnose and, even more surprisingly, some doctors are not totally against the idea.

An article posted on January 1 on the CNET website is entitled *The AI Doctor Is In. Here's How ChatGPT May Pave a New Era of Self-Diagnosis*. The subtitle claims: 'The chatbot is more than fun to use: It may be the new health assistant for those who need it most in 2024 and beyond.'

Later in the article, it is acknowledged that chatbots should not be used as a total replacement for doctors.

But the headline, subtitle, and the beginning of the article – probably all that most people will read – suggest that using AI to 'self-diagnose' is useful for people to be able to know what is wrong with them.

Referring to comments by Sheila Wall, who is cited as the admin for an online group called 'Years of Misdiagnosed or Undiagnosed Medical Conditions', the article states: 'Being undiagnosed is a miserable situation, and people need somewhere to talk about it and get information. Living with a health condition that hasn't been properly treated or diagnosed forces people to be more medically savvy.'

The article adds: 'According to one estimate, 30 million people in the U.S. are living with an undiagnosed disease. People who've lived for years with a health problem and no real answers may benefit most from new tools that allow doctors more access to information on complicated patient cases.'

We are certainly not denying that not knowing what is wrong with you when you experience a variety of symptoms is a miserable situation to be in. Nevertheless, it is grossly misleading to accept the notion

that having symptoms, no matter how severe, means that there is something wrong with you and that you have a 'disease'.

Furthermore, it is admitted that AI does not have the ability to

works from the same basic assumptions – has a flawed understanding of the human body and how it functions.

It's important to remember that medical research studies

Diseases are classified as either 'infectious' or non-communicable (NCDs), but there is no evidence that any disease is infectious.

According to the September 2023 World Health Organisation fact

The symptoms that are claimed to demonstrate the presence within the body of a disease are more correctly understood to be indicators of the body's natural processes of restoring homeostasis (internal stability). Symptoms such as fevers, coughs, sore throats, fatigue, and rashes that are commonly associated with 'infectious diseases' are more easily recognised as efforts of the body to protect, cleanse and self-heal.

The symptoms associated with chronic conditions that are labelled NCDs, on the other hand, are less easy to recognise as being the body's own self-healing processes. This does not mean that it's an incorrect idea.

The different sets of symptoms associated with chronic conditions are indicative of problems at a deeper level within the body – a situation that is likely to be due to an accumulation of toxins over a prolonged period of time. Although known to often play a significant role in causing damage within the body, toxins are not solely chemical and electromagnetic – the label 'toxin' can also be applied to emotional stressors.

It is clear that the past four years have been extremely stressful for everyone, so it is hardly surprising that there has been, and will continue to be, an upsurge in the number of people who experience symptoms of a more chronic nature.

If they use ChatGPT, or any other AI, to investigate their health problems, then they are likely to believe they actually do have the condition that AI suggests, which will not actually help them restore their health.

Only by understanding how to support our body's self-healing processes are we able to have a good state of health, which includes our emotions. By contrast, AI has absolutely no understanding of human emotions – nor can it ever gain this understanding. No machine can ever be programmed to appreciate the beauty of nature or the feeling of love.



Image: Boliviainteligente

always correctly identify health problems. This is demonstrated in the article that discusses how AI was shown in a study published in the *Journal of Medical Internet Research* to have only been effective in correctly identifying the disease in certain cases, and that it was almost completely ineffective at identifying more rare conditions.

Interestingly, one doctor is cited in the article as stating that 'making the diagnosis is usually the easy part.'

Despite the idea that diagnosing is easy, the medical system is little better at correctly identifying health problems. Nor are they able to provide people with genuine, long-term solutions – they only offer treatments that manage people's symptoms, often for life.

The reason for their poor results is because the medical system, and consequently AI – which

investigate disease mainly in a laboratory setting, but have no understanding of how disease occurs within the living human body.

The model of human health problems promoted by the 'allopathic' medical system – known as 'modern medicine' – is based on the notion that diseases are distinct and identifiable conditions that just randomly happen to people and can be treated if correctly diagnosed.

This has never actually been proven to be the case.

Although taking a slightly different approach, many 'alternative' health systems are also based on the same concept; the main difference occurs with respect to the treatments offered. However, the human body does not experience symptoms totally randomly, as we discuss at length in our book, *What Really Makes You Ill?*

sheet entitled *Noncommunicable diseases*: 'Noncommunicable diseases (NCDs), also known as chronic diseases, tend to be of long duration and are the result of a combination of genetic, physiological, environmental and behavioural factors.

'Tobacco use, physical inactivity, the harmful use of alcohol, unhealthy diets and air pollution all increase the risk of dying from an NCD.'

Despite this claim, the medical establishment frequently admits in their documents and fact sheets to not knowing the causes of NCDs, including the main killer diseases such as heart disease and cancer.

This also applies to conditions referred to as autoimmune diseases, which, as we discussed in our December article for *The Light*, is a mistaken label, because the body does not make mistakes and attack itself.

Nothing essential about essential oils

by **SAPPHIRE MACDONALD**

Plant ‘cures’ stronger and more poisonous than you think

THROUGHOUT mankind’s history, we have had a tendency to seek out a magical miracle potion in the hope of an instant cure.

Whether it be from allopathic medicines or ‘alternative’ methods, humans are drawn to convenience and look for easy fixes that they can understand and which suit their busy lifestyles.

‘Convenience kills’ some people say, and later, when we find out these ‘miraculous’ potions can be dangerous, this makes a lot of sense.

Like some tragic story played out again and again, our grandchildren usually suffer the effects of our own willful ignorance and have no doubt that essential oils are effective.

Many ‘awake’ people and even some *Light* readers cannot bear to criticise essential oils. Haven’t we learned anything? Just because a product is not prescribed by the NHS and is made by a small family organisation does not make it unquestionable.

Let’s be open to learning more information before we consider it:

1 Plants defence mechanism

Plants naturally produce hundreds of volatile compounds, many of which act as a natural defence mechanism against insects, like nature’s natural pesticide. These compounds are poisonous to insects.

As a plant grows, it stores its own ‘waste’ within itself — unlike humans, plants cannot eliminate toxins or detoxify.

These volatile compounds, what the industry calls ‘essential oils’, are often the waste products produced by the plants.

2 One drop of essential oil equals 142 cups of tea!

When bottled for human use, essential oils are highly concentrated. For this reason, it is vital to be aware that using essential oils is very different from using whole plant material, and only a tiny amount is necessary to induce an extremely powerful effect.



The following is an excerpt from April Graham’s book, *Essentially Deadly: The Unspoken Dangers Of Essential Oils*: ‘Would you sit down and willfully consume 63lbs of peppermint leaf? It takes that amount to make only one 5ml bottle of essential oils.’

There are 20 drops in a millilitre, so $20 \times 5\text{ml} = 100$ drops.

So, let’s see how much peppermint you would have to consume in one individual sitting to match up to one singular drop of peppermint ‘essential oil’.

$63\text{lbs divided by } 100 = 0.63\text{lbs.}$

How does settling down and eating over half a pound of fresh peppermint sound? That’s how much you would have to consume in a single sitting to ever naturally encounter one drop worth of peppermint ‘essential oil’.

How many cups of tea would you have to drink to match that amount?

An average peppermint tea bag has two grams of dried plant matter. You use one tea bag per cup of water.

Are you ready for this?

There are 285.76 grams in 0.63lbs.

$285.76 \text{ divided by } 2 \text{ grams} = 142.88$

So, one drop of peppermint ‘essential oil’ is equivalent to 142 cups of peppermint tea drunk in a single sitting.

3 Salicylates and fragrances

Perfume-fragranced products can cause symptoms of food intolerance due to inhaled or absorbed artificial salicylates. Salicylates are also present in their natural form in plants.

Salicylic acid protects plants from pests. They act as a pesticide, it is their natural defence.

Salicylates can be readily absorbed through the skin and inhaled through strong scents like essential oils. Many essential oils happen to be very high in salicylates. Some people are more sensitive to salicylates than others, and salicylate intolerance is becoming more widespread. Sensitive people include those with autism, asthma and those with gut issues.

4 Killing hands-on herbalism and ancestral knowledge

The following is an excerpt from April Graham’s book: ‘In the current ‘herbalism’ trend, yes trend, there are thousands of people putting a drop of this, a drop of that, into some oil and beeswax or what have you, and ta-da, a cure-all for XYZ has been made. But at what cost does this convenience come?’

‘I suspect the price is a rampant loss of connection to the land, respect for the plants, respect for our environment, and the further loss of ancestral knowledge of plant-based healing. The death of knowledge and health go hand in hand, and both die under the heel of one thing and one thing alone: convenience.’

5 ‘But the Egyptians used them’ is what many people will claim

Yes, Egyptians did use essential oils, but for the dead, not the living! Egyptians used essential oils for mummifying royalty in dry conditions. Essential oils helped to prevent

the flesh from rotting (again, like a natural pesticide). It was definitely not intended for daily use.

6 Essential oils are no better than someone wearing a fragrance

Essential oils emit many of the same toxic gases as synthetic fragrances, because most synthetic fragrances are simply individual compounds further refined from natural sources. These chemical emissions are toxic to everyone in different ways. No immediate reaction doesn’t mean they are safe, as they add to your toxic load, advancing your progression. It’s not a matter of if you react, but when.

7 Second-hand ‘essential oils’

Essential oil’s ‘scent’ alone is strong enough to kill your gut flora.

People think essential oils are only dangerous when taken internally and safe when inhaled or used on the skin. However, we already know that tobacco is harmful when inhaled.

When you breathe in essential oils, smoke, or whatever, it is absorbed into your blood via your lungs. Second-hand smoke and second-hand essential oils are the same principle.

Ingesting them in any manner is not much different than ingesting antibiotics that kill off all of your gut flora.

8 Regulations

Since essential oils are classified as cosmetics in most countries, there are very minimal requirements for testing or labelling, since the industry does not sell them with the intention of internal use; the marketers and sales reps do.

9 Health problems linked to essential oils

Many essential oils are hormone disruptors, linked to breast cancer, injured babies in mothers’ wombs, and can even cause seizures.

Analysing 350 seizure cases, researchers found that 15.7 per cent of seizures may have been induced by inhalation of essential oils.

After stopping the use of essential oils, the vast majority did not experience another seizure.

● **April Graham’s book, *Essentially Deadly: The Unspoken Dangers of Essential Oils* is available in print as well as E-book at <http://tinyurl.com/3ehbs26t>**

Are they right about us?

Rulers' plan revealed in manual of manipulation

by **BEN HUNT**

IN 1986, a document was found stuffed inside an IBM photocopier that had been bought at a surplus sale. Its implications, if true, are mind-blowing and the text, which is available to read publicly online, should be required reading for everyone.

Silent Weapons for Quiet Wars appears to be a manual detailing how, back in the mid-1950s, the self-proclaimed 'elite' class planned to secure final and complete dominion over a much-reduced human population. Instead of overt military control, the plan centres on social automation using 'silent weapons', including banking, fiat currency, and ownership of the media to keep the sub-class locked into slavery. Not my words, the authors':

'The quality of education given to the lower class must be of the poorest sort, so that the moat of ignorance isolating the inferior class from the superior class is and remains incomprehensible to the inferior class. With such an initial handicap, even bright lower-class individuals have little if any hope of extricating themselves from their assigned lot in life. This form of slavery is essential to maintain some measure of social order, peace, and tranquillity for the ruling upper class.'

The document is unequivocal when describing the proper, natural relationship between us and them, and the sinister reason why:

'It was agreed that a nation or world of people who will not use their intelligence are no better than animals who do not have intelligence. Such people are beasts of burden and steaks on the table by choice and consent.'

Their objective is to impose a new order on humanity, in accordance with the fact that we, the people, are simply not deserving of freedom — the freedom to own property, to make our own choices, or even to think our own thoughts. That is why they believe they are justified in their goal, which is 'permanently shifting the natural and social energy (wealth) of the undisciplined and irresponsible many into the hands of the self-disciplined, responsible, and worthy few.'

My problem, which I hate to admit, is the gut-wrenching suspicion that they're probably right.

The majority of pedestrians out there are clearly blundering their way through life, swerving from dopamine hit to dopamine

hit like a video game character collecting worthless virtual coins, chasing the anaesthetising allure of comfort; all the time unaware that they are being factory-farmed, in a very literal sense, for their essential life force.

As the author(s) of *Silent Weapons* wrote: 'The primary reason why the individual

Now, it is quite hard for a rational thinker to find the flaw in their reasoning. Yet it is all-too easy for us to mimic their stance, to say to ourselves: 'Those sheep, who believe the TV and the politicians unthinkingly, just deserve what's coming to them!'

But let he who is without fault throw the first stone. We have all slumbered, we have

the foul minds and shrivelled-up souls of those who think they have the right to rule over us.

It means letting go of the infectious 'us and them' illusion.

Does that acceptance extend to the 'powers that shouldn't be'? Can we forgive, extend the hand of friendship? Honestly, I can't see a way. That would take compassion beyond my understanding, and I wonder whether it would be an affront to Natural or Divine Law.

So let's work on what's within the reach of our arm, and meditate on showing the slumbering masses, the snoozers, that it's okay to think and to act freely, to speak your truth with conviction and power and humility. To accept being wrong without shame, to love without counting the cost.

Surely we should stand against the devils who blame our brothers and sisters for the yoke of slavery that has been cast over them, and show how much stronger we are than the slaves they believe us to be. We can model a different way of being, one that believes with utter conviction in the awesome, beautiful potential of every human spirit.

Let's see the warrior in every dozing sleepwalker! Let's speak truth to their innate power, and be a living testimony that it is possible for any of us — all of us — to step forward and become the heroes we were born to be.

That is the only way to be sure of avoiding their endgame, which is, again in their own words, to: 'Take control of the world by the use of economic "silent weapons" in a form of "quiet warfare" and reduce the economic inductance of the world to a safe level by a process of benevolent slavery and genocide.'

Here's why their dystopian agenda won't happen: because we have souls, which connect us to divine truth. That's why we are manifesting the greatest awakening ever known, and we are doing it with love, with faith, and with trust in all of humanity. So next time they come for us, they will get a surprise, because instead of hunched slaves, they will find themselves facing an army, standing tall and proud in our humanity.

● Visit www.waronhealth.uk for more details, come and join us, and make up your own mind. Enter **THELIGHT** at checkout for a discount.



We need to show there is a better way, and to walk that way ourselves, or else how are we any better than them?

citizens of a country create a political structure is a subconscious wish or desire to perpetuate their own dependency relationship of childhood.

'This public behaviour is surrender born of fear, laziness, and expediency. It is the basis of the welfare state as a strategic weapon, useful against a disgusting public.'

They suggest that it is our own fault, that we walked eyes-open right into the trap, that we allowed ourselves to be fooled. As the proverb goes: 'Fool me once, shame on you; fool me twice, shame on me.'

all woken up in our different ways, followed all kinds of weird, winding paths to get to this point.

I know that at times I have shied away from the difficult truths; I have numbed myself for a full decade with excessive drinking and doping; I have hidden my light when the opportunity came to shine.

So let us not be like the self-professed 'elite'. We need to show there is a better way, and to walk that way ourselves, or else how are we any better than them?

It is our job, our solemn divine calling, to resist that division that has infected



Letters to TheLIGHT

Got something to say? Outraged that this paper exists? Want to praise us for being the only widely circulated newspaper giving a voice to the alternative, the censored, the cancelled and the forgotten? Love the paper, but have to disagree with an article? Please email: letters@thelightpaper.co.uk

Dear The Light,

AN elderly friend has received a letter from his energy company informing him that his analogue meter has expired, and although it may not just stop working, it may not be working properly and give inaccurate readings.

They also sent him a text with the same message. They propose that he makes an appointment to have a smart meter fitted.

He is somewhat vulnerable and his understanding of the letter was that his electricity charges would increase if he did not have a smart meter fitted. This has caused him great anxiety. He has already informed the energy company that he does not want a smart meter, and that his analogue meter is working fine.

We know that many people across the country are receiving similar avalanches of these coercive letters, texts and phone calls which can be causing them great distress, especially the elderly and vulnerable.

I believe that there are at least guidelines from the government prohibiting such action by the energy companies, and if this is the case, why are they still using these coercive hard-sell tactics through their contracted agencies?

I have written to my MP to seek clarification regarding the legitimacy of these practices by energy companies regarding the fitting of smart meters. Information found on the internet can be contradictory and confusing.

It is well known that smart meters emit EMF radiation which is proven to be harmful to health and that they destroy our privacy. Further, they can also be remotely controlled — and switched off!

Thank you to *The Light* paper team for all your good work!

Ferne



Dear The Light

BEING a former subpostmaster for over ten years from 2003, and following on from my article in Issue 40 of *The Light* regarding the importance of trial by jury to ensure a fair trial, the false convictions imposed upon subpostmasters and counter clerks – with prison sentences, financially ruining fines and legal fees – brought recently into sharp focus by the ITV drama 'Mr Bates v the Post Office', is further evidence that trial by jury is vital to regain confidence in our legal system.

It is so important to have twelve members of the community, randomly selected from the electoral roll, to preside over a trial so that they can examine the facts, the law and the evidence and, in so doing, reach an impartial, fair and just verdict

according to their convictions. Without this impartial examination, the accused, as particularly evidenced by the Post Office trials, is so often invited to plead guilty to a lesser charge by their legal counsel — 'so as to benefit from a more lenient sentence': for a subpostmaster, this being false accounting rather than theft but, nevertheless, a criminal conviction — largely driven by fear — mitigating against a higher probability of financial ruin and avoiding imprisonment.

Those who get in front of a judge are faced with a legal establishment which wants a quick verdict and sticks to the letter of current legislation, rather than examining their consciences to determine whether the accused has indeed committed theft or

false accounting.

It was the system, rolled out to all post offices from 1999, which was used as evidential proof by the Post Office that subpostmasters had committed financial offences.

This was given further credence under English and Welsh legislation as computers are deemed 'reliable' and so a non-technical accused person is supposed to prove otherwise. In a jury trial, there would be no such legal assumption that a computer system is reliable: members of the jury would examine their consciences and look beyond the legislation in reaching a verdict; also, more particularly, disregard the statute completely — called jury nullification — if it was a bad law and prevented a just verdict.

Edward Ottley

Dear The Light,

THANK you for a very interesting paper.

Article — *Keep your landline*

telephones by Tanja— I AGREE! but... HOW?? I have spoken to BT (and other providers) and they say I have no choice. I am trying to do this for me and others — and I've been told (on several occasions)

that if we need to change the contract (we do, in order to reduce the package and cost), they (BT) say any change means a new contract and we will automatically go on their new system.

Would it be possible to ask Tanja to do a follow-up with more tips and hints, please?

Thank you

Dear The Light,

TELL it to the marines.

For 100 years, the shipping forecast has been a much respected warning of storms at sea. Indeed, the name of the sea area north-west of Portugal has been changed from Finisterre to Fitzroy to honour First-Admiral Robert FitzRoy, who founded the forecasts.

To be sure, before satellites and internet forecast, the radio long-wave forecast was very important to not only small craft and inshore fishing boats, but ships out at sea that would head for port and safe havens.

This raises the question of where will the proposed floating wind farms in the Celtic Sea head for when threatened by the same storm force winds and waves.

It is utterly unbelievable that such people as Dr Jonathan Dean, director of the charity, Campaign for Rural Wales (CPRW), should champion the madness of the UK being fully dependent on offshore wind generation.

He obviously has little understanding of the marine environment and the forces that tall towers and large blades will have to withstand in the face of Atlantic storms. This is not to overlook, and most importantly, that during high winds, or when the sea is becalmed, these monstrosities, or any other offshore installations, will NOT be generating any electricity.

Dr Jonathan Dean should acquaint himself with Sir Walter Scott's (1824) phrase: 'Tell it to the Marines — the sailors won't believe it!'

Dave Haskell

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HOPE Sussex Community is now widely regarded as one of the great success stories to have grown out of the chaos and instability of the last few years. The Home-Ed community grew from a tiny seed into a dynamic and inspirational organisation. Fundraising is a constant focus. The 100K they hope to raise will elevate their dreams beyond words. Ticket sales will also support local charities; The Matthew 25 Mission and Warming up the Homeless.

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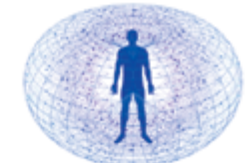
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