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The **Uncensored Truth**

The**LIGHT**

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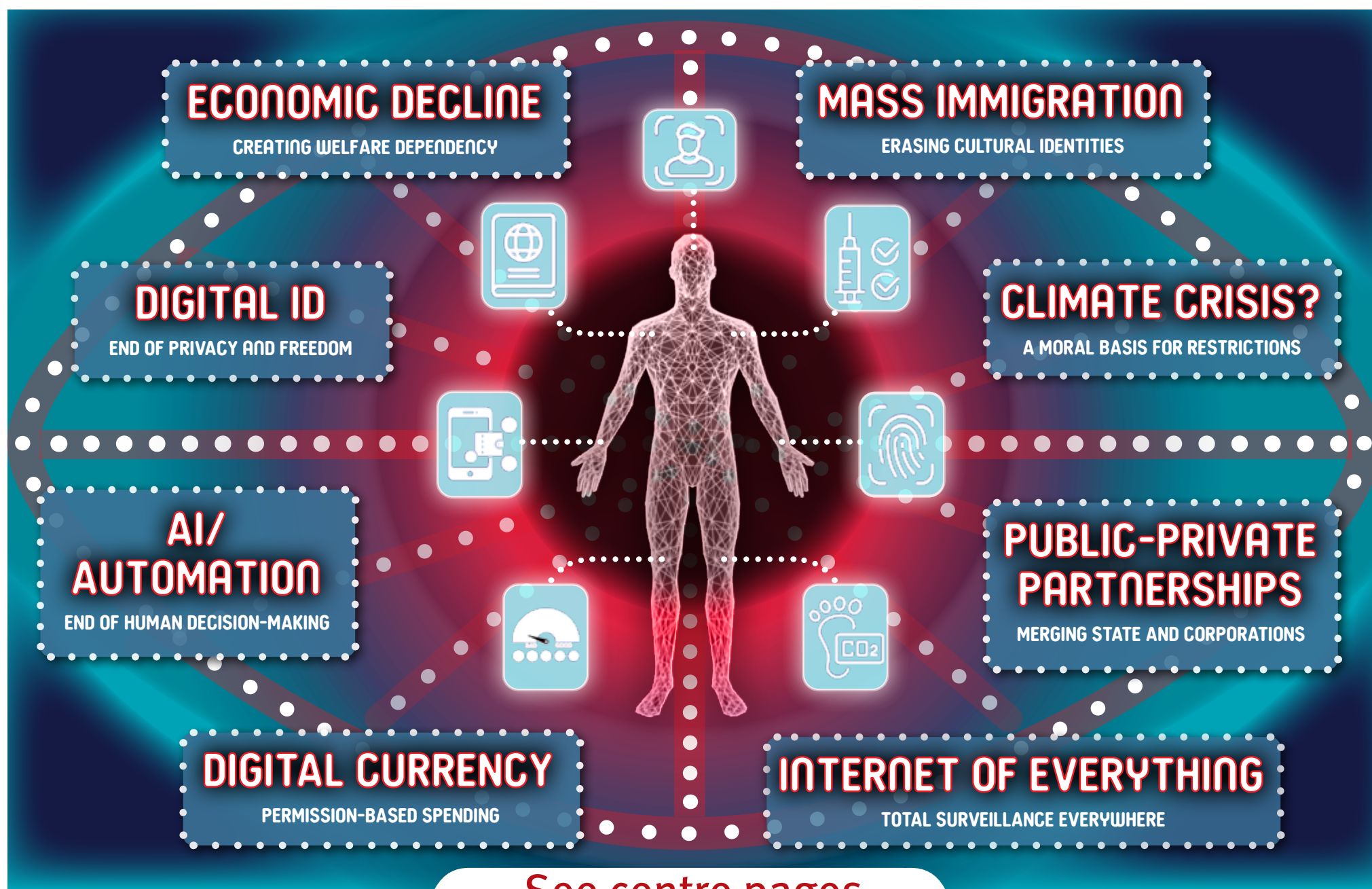
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Connecting the dots



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Banks to choose what you can buy

Report reveals structure for financial compliance

by **ESCAPE KEY**

IMAGINE that your payment for a product doesn't go through until a third party confirms that the item meets certain criteria.

That could be your carbon footprint, social credit score, medical compliance, whatever. Not a voluntary check you choose to make, but a programmed condition built into the payment itself.

The infrastructure to make this work is being built right now by the world's most powerful financial institutions, and they are surprisingly explicit about it. It's no longer just pilots and prototypes; parts of this system are already operational.

On June 20, 2023, the Bank for International Settlements (BIS) published its Annual Economic Report 2023, Chapter III (Blueprint for the future monetary system), proposing a unified ledger: a programmable financial market infrastructure combining central bank digital currencies, tokenised deposits, and tokenised real-world assets.



There will be restrictions to what we spend

What they propose is a single programmable platform where tokenised money (central bank digital currencies) and tokenised assets (carbon credits, digital product passports, securities) interact automatically.

The BIS frames this not as one option among many, but as a fundamental design principle.

It said: 'Any application of the unified ledger concept should adhere to a number of high-level guiding principles. First and foremost, any application should be fully integrated with the two-tiered structure of the monetary system. In this way, the central bank could continue to support the singleness of money by providing settlement in wholesale CBDC, and the private sector could continue to innovate to the benefit of households and firms.'

This does not describe a possibility – it mandates an architecture. Control flows downward: the wholesale layer of international banking sets the rules and the retail layer enforces them.

This architecture has precedents. The 'positive money' movement has long advocated for central bank digital currency as the monetary base, removing commercial banks' ability to create money through lending. Under positive money, the central bank becomes the sole issuer – CBDC isn't just settlement between banks, it's the actual currency.

The two-tier structure enables this; wholesale CBDC provides the monetary foundation; retail intermediaries execute transactions within that framework; commercial banks become service providers, not money creators.

The deeper parallel is to Technocracy Incorporated's 1930s proposal for energy certificates – centrally controlled units where economic access is mediated through programmable allocations. The concept was identical: replace market-driven currency with a centrally managed system that can enforce conditions at the transaction level.

This is not ultimately about making payments faster. The BIS explicitly states the goal is 'composability', meaning a carbon credential can automatically interact with a conditional payment without human intervention. The document specifically names 'green' (environment-related) financial contracts as a primary use case.

The BIS is surprisingly explicit: 'tokenisation – the process of recording claims on financial or real assets that exist on a traditional ledger on a programmable platform – introduces two important capabilities. First, by dispensing with

messaging and the reliance on account managers to update records, it provides greater scope for composability, whereby several actions are bundled into one executable package. Second, it enables the contingent performance of actions through smart contracts, i.e. logical statements such as 'if, then, or else'.

'The latter relates to establishing a programmed set of events (should transactions clear or not) involving the former. In short, it enables the flow of finance to be programmable: "if this action clears then honour this contract, otherwise the other one". At the retail level, that could be understood as "if the employer pays your monthly salary today, buy steak, otherwise buy chicken".'

But that's not all. On the unified ledger architecture, this is what the BIS had to say: 'The full benefits of tokenisation could be harnessed in a unified ledger... designed to be programmable so as to support contingent actions. A unified ledger transforms the way that intermediaries interact to serve end users. Through programmability and the platform's ability to bundle transactions (composability), a unified ledger allows sequences of financial transactions to be automated and seamlessly integrated.'

The unified ledger further relates to the tokenisation of various asset classes (digitisation of all physical assets, eventually). These transactions initially relate to wholesale (interbank, not retail) transactions, but the scaling to retail is already baked into the pie.

The BIS says: 'For example, a payment between two individuals, executed via a smart contract, would bring together the users' banks (as providers of tokenised deposits) and the central bank (as provider of CBDC). Should the payment be *conditional on some real-world contingency*, that information would also be included.'

They are, in short, building the technical rails so that when you try to buy something, the payment system can automatically check its carbon passport and other credentials, and if it doesn't pass, the transaction doesn't complete. Not as a theoretical future but as the stated design goal. The BIS explicitly describes payments that execute only when external conditions validate at the retail level.

The Annual Economic Report 2023 is highly explosive, and is well worth a read.

- www.bis.org/publ/arpdf/ar2023e.htm
- <https://escapekey.substack.com>

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'The most aggravated form of tyranny and slavery arises out of the most extreme liberty.'

Plato

Bread, circuses and Netflix subscriptions

But keeping the masses distracted only works so long

by **NEIL BRYAN**

ONCE upon a time, the Roman Empire kept the mob quiet with two things: bread and circuses. Feed the people, distract them with a bit of blood and spectacle, and you could get away with pretty much anything.

Fast-forward 2,000 years, and the recipe hasn't changed much. Only now, the bread costs £3.40 a loaf and the circus comes bundled with your monthly Netflix subscription.

We live in the most distracted age in human history. Every crisis, every injustice, every flicker of genuine outrage has to compete with the dopamine firehose of entertainment. The cost-of-living crisis? Sure, it hurts, but at least there's a new season of *The Crown*.

Energy bills? Brutal, but did you catch *Stranger Things*? Your rent's gone up by 20 per cent? Painful, yes, but at least you can order a Deliveroo burger at 11pm and pretend it's cheaper than groceries.

The bread shrinks, the circus grows.

To be clear – ordinary people are getting poorer. That's not an opinion, it's the data. Since 2020, wages have flatlined in real terms while food and housing have skyrocketed. Inflation acts like a regressive tax, hitting the bottom 50 per cent hardest. In the UK, unsecured borrowing is at record highs. In the U.S., credit card debt has ballooned past \$1.3 trillion.

Meanwhile, the asset-owning class (the one per cent, if you prefer blunt instruments) continues to soar. Stocks bounce back. Property values climb. Private equity firms buy up homes, hospitals, and water utilities, and then charge us rent to live, fees to drink, and surcharges for the privilege of existing. We're not imagining this squeeze. The loaf is shrinking. The slice we get grows thinner every year.

And yet, the circus distracts. YouTube shorts, TikTok feeds, subscription series designed to hook and string you along. Once, you bought a DVD and it sat on your shelf. Now you rent an endless firehose of 'content' that never truly belongs to you. It's entertainment as a utility – as seemingly essential to modern life as heat and water.

The brilliance of this new circus is how personalised it is. The Romans had one arena, one show, one Caesar's thumb. Today, your arena lives in your pocket, feeding you tailored outrage, your favourite celebrity's new scandal, and



Keep the masses distracted and they will never revolt – The Colosseum in Rome, as sports stadia today

just enough football to keep you pacified. Everyone gets their own private circus, curated by algorithms that know you better than you know yourself.

And we're paying for it. Not just with money, but with the one resource that even billionaires can't hoard: attention.

The more distracted we are, the less we notice what's happening to us. We don't ask why wages never catch up with costs. We don't ask why rail fares go up while trains fall apart. We don't ask why every new government promises to fix the NHS while quietly selling off pieces of it to private equity.

Instead, we scroll. We binge. We refresh. We complain about how tired we are, how drained we feel, and then turn back to the endless feed that drains us. The Romans never dreamed of such efficiency. They had to lure citizens into a physical arena. We carry the arena in our palms, cheer for the lions, and then wonder why we feel eaten alive.

So who benefits?

It's not you. Not me. The beneficiaries are the same few players: mega asset managers, billionaire tech barons, rent-seeking corporations. BlackRock,

Vanguard and State Street now 'own' a quarter of the U.S. stock market. Musk didn't buy Twitter to host your memes; he bought a data-harvesting stovepipe to capture attention and steer it. Meta sells your outrage back to advertisers. Netflix, for all its glossy entertainment, is just another middleman between your boredom and your wallet.

The circus is profitable. The bread is not. I think people know. You know. I know. We talk about it in supermarkets when we see the prices. We mutter it under our breath when the energy bill lands. We feel it in our bones when payday comes and goes, and the numbers don't add up.

And here's the hopeful twist, in that cynicism only works when we stop noticing.

The Roman Empire did fall. Not because the bread got cheaper or the circuses got better, but because eventually, the system hollowed itself out. The spectacle no longer distracted from the rot and the mob (you and I of ancient times), we noticed.

I'm not suggesting we cancel our Netflix accounts and live in caves (though, at £14.99 a month, caves are beginning to look affordable). I am suggesting we

pause long enough to notice the trade we're making. Every hour spent distracted is an hour not spent asking questions. Every pound that goes to subscriptions is a pound not spent locally, with people who aren't trying to algorithmically rewire your brain.

If bread keeps shrinking and circuses keep growing, eventually the imbalance breaks. And when it does, those who noticed early, those who kept their eyes open, are the ones who'll be ready to rebuild something better.

So next time you're scrolling late at night, remember: you are not the audience, you are in fact the product. Your attention is the bread, your distraction the circus.

The real rebellion isn't smashing your phone to bits; it's using it deliberately. It's paying attention when they'd rather you didn't. It's laughing at the absurdity, sharing a joke about the circus, and then quietly getting on with the serious business of living.

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Horror of health policy killings

by **BIOLOGYPHENOM**

Scottish/UK covid-19 inquiries highlighting lockdown policy harms and more

THE BBC reported the covid inquiries as dull procedural exercises while ignoring the horror of what happened.

It was summed up by the tremble in the voice of a daughter describing her mother's final video call, and the resigned tone of care home managers admitting they were forbidden to call ambulances.

Long before hearings began, red lights were flashing in the data. Care home mortality in both Scotland and England spiked, not in correlation with viral spread, but in parallel with policy directives:

- 22 March 2020: national lockdown and suspension of routine GP and ambulance visits.
- Early April 2020: 22,000 additional packs of midazolam ordered by Health Secretary Matt Hancock.
- April–May 2020: discharge of untested hospital patients into care homes 'to protect hospital capacity'.

Within eight weeks, 2,500 excess deaths occurred in Scottish care homes and many multiples of that in England. Testimonies later confirmed these individuals were not dying of respiratory failure but of starvation, dehydration, sedation, and neglect.

The tragedy was reframed as 'the virus's toll'. The paperwork ensured it. Doctors were instructed to record 'covid-19, suspected' without testing, and hospitals were paid handsomely for every death mis-recorded as 'covid-19'.

When the Scottish Covid-19 Inquiry opened hearings in 2023 under Lord Brailsford, witnesses began naming what families had known all along:

- Blanket 'do not resuscitate' (DNR) orders imposed without consent.
- End-of-life medication prescribed nine times out of ten for residents classified as 'at risk'.
- Ambulance and GP blackouts leaving staff to watch residents deteriorate alone.

Dr Donald Macaskill, chief executive of

Scottish Care, confessed under oath that "human rights law was broken".

He admitted that, by April 2020, providers already knew the restrictions were "increasingly disproportionate" to the alleged threat.

Independent coverage by BiologyPhenom on Substack video clips, cross-referenced statements, and compiled unseen footage proving a disturbing thesis: what killed so many was not the virus at all, but the administration's logistical protocols masquerading as care.

Parallel testimony across the border mirrored the same trajectory. The UK Covid-19 Inquiry, chaired by Baroness Hallett, received hundreds of submissions. Few were televised, and fewer still were quoted by the July 2025 instalment (new UK Covid-19 Inquiry, 16 July 2025) centred on the witness statement of Caroline Abrahams, Director of Age UK, whose paragraphs numbered into the hundreds.

Her evidence, brutal in simplicity, documented:

- Suspension of safeguarding law under emergency Care Act easements.
- Collapse in antibiotic use during 2020 concurrent with an explosion in sedative prescriptions.
- Non attendance by clinicians, often remedied only when a senior doctor intervened to override abandonment.
- Phone calls from anonymous officials delivering news of loved ones' deaths.
- Legal downgrading of elders' rights under the rhetoric of risk management.

She described how elderly citizens were "plugging care gaps left by disappearing GPs" – left tended by untrained volunteers and temporary staff administering morphine instead of medicine.

What looked like a public health operation was, in structural terms, a mass triage program redirecting resources away from the elderly to preserve Intensive care units optics. The death certificate became a political instrument.

In testimony after testimony, relatives discovered forms bearing falsified signatures: consent for drug trials, inclusion in 'randomised treatment research', or even forged DNR acknowledgements.

Pamela Cameron Thomas's brother James – admitted for dehydration – was placed on a pneumonia drug trial although he never had pneumonia. The patient



Sign of times during covid

signature, she testified, did not match his handwriting.

This replication of forged consent across both the Scottish and UK inquiries, suggests systematic document tampering, not isolated clerical error.

Here is some of the raw emotional weight that state broadcasters edited out:

"She was deprived of everything that's natural," said Micheleine Kane.

"Your mum had a small funeral – you couldn't touch her coffin," recalled another.

Nurses described residents dying after months without touch, conversation or daylight. One resident told staff during a video call: "If I can't see my family, I'd rather be dead."

These statements match every criterion of Article 3 violations under the Human Rights Act – 'inhuman or degrading treatment'. Yet not one official has faced sanction for it.

By 2023–2025, phrase management replaced accountability. Legal briefs and inquiry summaries began using euphemisms like:

- Tragedy of unprecedented challenges.
- Safeguarding shortfalls.
- Lessons learned.

What once had the contours of a national crime was linguistically converted into an administrative oopsie. As BiologyPhenom notes with bitter irony, the final report's conclusion – 'rebuilding trust will be difficult in the context of legalised assisted dying' – quietly signals the next boundary the establishment intends to move.

Independent analysts such as Dr Peter Halligan and UK Column have drawn direct parallels between the UK policy structure and those of Canada, Australia, and several EU nations. The operational signature is identical:

1. Transfer untested hospital patients to care homes.
2. Impose visitation bans and communication blackouts.
3. Replace life-saving medication with palliative regimens.
4. Label every death as covid-related to inflate perceived mortality and justify lockdown extension.

This is not conspiracy theory – it's pattern recognition. The same crisis response manuals, drafted under WHO and WEF influence, were copy-pasted across jurisdictions.

By 2025, over 40,000 British families had joined independent networks seeking legal redress. What they want is not money – it's recognition.

Their collective evidence dismantles the 'public health success story' and replaces it with a story of engineered abandonment where bureaucrats, not biologists, determined who would live or die.

In documenting every session and correlating testimony across national boundaries, BiologyPhenom's coverage became a living record of one of the gravest peacetime atrocities in Britain's history – clothed in the satin language of bureaucratic compassion.

The inquiries proved beyond reasonable doubt that:

- Health policy can be weaponised with administrative pen strokes.
- Data manipulation and pharmaceutical substitution can erase the line between treatment and euthanasia.
- Media silence perpetuates harm, long after the acts cease.

If ignored, such systems will not dissolve; they will evolve. Pandemic law becomes climate law, becomes digital ID law – the same mechanism for depersoning human beings under the pretext of 'protection'.

Those who recorded nothing have the luxury of amnesia. Those who recorded everything now carry the truth as their burden.

● **biologyphenom.substack.com:**
Neil Oliver: The UK covid-19 inquiry is a whitewash:
<https://tinyurl.com/4hpsk8nu>

Truth behind the ‘flu season’

History shows vaccines causing winter sickness

by JACQUI DEEVOY

EVERY autumn, as the leaves turn and the air chills, we’re bombarded with dire warnings: ‘flu season is here!’

Pharmacists stockpile jabs, schools roll out the nasal sprays, and the BBC and mainstream newspapers whip up fear of a winter plague.

But what if this so-called season isn’t nature’s doing? What if it’s a man-made mirage, engineered by the very vaccines said to ‘protect’ those who believe in them? Perhaps it’s time to dismantle the flu season myth with a few cold, hard facts.

The concept of a distinct flu season – that predictable autumn/winter peak of sniffles, fevers and misery – didn’t exist until the early 20th century. And it emerged specifically after the widespread rollout of influenza vaccines in the 1940s.

Pre-jabs, influenza-like illnesses (ILIs) have been noted for millennia – Hippocrates described ‘catarrhal fevers’ way back in 412 BCE. But these were sporadic, year-round events, scattered like autumn leaves, with no seasonal pattern.

Take the infamous 1918 Spanish Flu: billed as a global pandemic, it raged non-seasonally from spring to autumn across the world (*Journal of Infectious Diseases*, 2006; UK National Archives). Old terms like ‘grippe’ or ‘la influenza’ meant random outbreaks, not a clockwork season.

Fast-forward to the vaccine era. The first inactivated flu jab was trialled on the U.S. Army in 1935, but mass rollout hit UK military between 1943–1945 during World War Two (*Vaccine*, 2013).

By 1948, the NHS launched civilian programmes, with annual campaigns locked in by the 1950s. Simultaneously, ‘flu season’ popped into British medical literature. Here’s the smoking gun timeline:

- 1943: First UK flu vaccine trials – zero mention of flu season in the *Lancet* (pre-1945).
- 1948: NHS jab rollout – *The Times* runs the first winter flu season scare stories.
- 1957: Asian Flu ‘pandemic’ and vaccine mandates – UK MoH coins the term flu season in official reports.
- 1960: Annual jab campaigns – the *Lancet* formalises seasonal influenza.

This isn’t coincidence. Flu season



Dont believe the hype

correlates perfectly with 90 per cent vaccination coverage in the UK by the 1970s (World Health Organisation data). Before 1940? UK statistics show ILIs causing less than five per cent excess winter mortality compared to summer (*British Medical Journal (BMJ)*, 2004). No season. No spike. Just life.

And the bombshell: flu vaccines – injected or in nasal spray form – are loaded with live, weakened viruses, toxic adjuvants (aluminium, mercury) and chemicals. They shed toxically from the jabbed, sparking widespread ILIs right on cue with autumn vaccination drives. It’s not Mother Nature – it’s a toxic tidal wave creating the illusion of a natural season.

Shedding happens when toxic heavy metals – thimerosal (mercury) and aluminium – zip across the blood-brain barrier, igniting neuroinflammation. Toxins shed via skin, breath or faeces for up to 14 days (*Journal of Toxicology*, 2018).

The nasal spray (Fluenz) sheds live ‘virus’ from 83 per cent of users (MHRA label, 2012). Jabbed children exhale it for seven to ten days, infecting 20–50 per cent of contacts (*Vaccine*, 2012).

The scale of the scam is huge: over 25

million UK doses annually (UKHSA, 2024) are administered from September to October each year. Shedding explodes from November to February, which ties in exactly with the so-called flu season.

Ironclad evidence includes the fact that timing matches 95 per cent of ILI cases from November to March (UKHSA). Shedding rates (50–80 per cent) link to 70 per cent of ‘flu’ in vaccinated clusters (*BMJ*, 2014).

Then there are the unjabbed baselines: just 0.5 per cent ILI rate – ten times lower than jabbed zones (*Archives of Disease in Childhood*, 2017). There’s the historical proof too: pre-1940, no season; post-1945, 500 per cent winter ILI explosion.

A 2014 *BMJ* bombshell traced 80 per cent of school flu to shedding from jabbed children.

In low-vax havens like the UK Amish communities or rural Wales (99 per cent unjabbed), flu season vanishes – less than one per cent ILIs (*International Journal of Environmental Research & Public Health*, 2021).

Humans have detoxed naturally for eons via their liver, kidneys, lungs and skin, mimicking mild colds or flu. But vaccine

toxins unleash systemic, aggressive ILIs – worlds apart in severity, duration and damage. Nasal sprays pile on with viral shedding for spot-on flu mimicry.

Autumn/winter means more cooked foods, and less sun – cue mild mucus clearance, like a cold. And 18th century parish records called it a ‘winter cleansing’, not an epidemic. No metals equals no brain fog or fatigue.

Aluminium and mercury bind nerves, sparking Guillain-Barré Syndrome. Nasal sprays intentionally mimic wild flu (*Clinical Infectious Diseases*, 2018). Detox restores while vax illness poisons.

Autopsies reveal metal deposits in the bodies of people who were victims of ‘jab flu’ deaths (*Archives of Pathology*, 2022).

Detox without jabs is nature’s gentle reset. Vax assault, on the other hand, has a 30 per cent hospitalisation rate as compared with less than one per cent for detox (*BMJ*, 2023).

We as humans have detoxed for millennia – Celtic tribes got ‘winter sniffles’ from berry shortages (*Antiquity Journal*, 1950). Yet no flu season ever existed. Why?

Pre-1940 data UK records (1850–1940) show flat, year-round ILIs (*BMJ*, 1939). The reason? Natural detox was solo and asynchronous – no mass toxin blitz, no big November-February waves.

In 2020–21, when jab focus shifted to covid, UK flu plunged 99 per cent (UKHSA) as natural detoxing rolled on, wave-free. And how did the rural unjabbed pockets fare with regards to flu season? There were zero seasons (*Journal of Rural Health*, 2022).

Natural detox is benign and eternal – a bit like hay fever. But vaccine metals and chemicals plus shedding equals toxic overload, jabbed into over 50 per cent of the population yearly. Pre-1943, detox happened invisibly. Now? Big Pharma’s £5.5bn racket rebrands it as flu (Statista, 2024). Timelines prove flu season is vaccine-made, not nature’s gift.

However you look at it, the evidence is clear: no mass jabs equals no synchronised shedding tsunami. Flu season is a vaccine artefact – nothing to do with nature. So, this winter, embrace the sniffles, rejoice that your body is functioning as it should and celebrate the clear-out.

- **For a deeper dive, grab a copy of *Dissolving Illusions* by Suzanne Humphries (2013) or scour the government’s *Yellow Card* raw data.**

Our invisible operating system

by **NEIL BRYAN**

One world government is already controlling us

FOR years, people have whispered about a one world government. It's usually painted as a Bond villain cliché – shadowy men in a smoky boardroom, plotting currency collapses, pandemics, wars, and censorship.

It's the sort of cartoonish image that makes it easy to dismiss the whole idea as conspiracy theory.

But what if the reality is stranger, and, in its own way, more unnerving? What if there is no cabal, no singular mastermind, but the system itself behaves as if there were?

Look around. On the surface, democracy hums along. Ballots are cast, slogans change, the faces in office rotate. But beneath the theatre, the outcomes remain the same. Debt climbs.

Surveillance expands. Corporations swell. Wars drag on. The line between government and private power blurs to the point of meaninglessness. Different costumes, same play. From a distance, it looks less like self-determination and more like an operating system, the same code running underneath every new skin. This is how an emergent order behaves. The political class is temporary, but the bureaucracies, central banks, intelligence networks, asset managers, think tanks, and NGOs are not. They are the deep code, and their continuity outlives every election cycle.

The people who cycle through Harvard, Oxford, Davos, Silicon Valley or the IMF don't need a secret handshake – they share the same worldview. Stability through management. Crisis as opportunity. Metrics as morality. Whether the subject is climate, finance, health, or free speech, the instinct is always the same: to quantify, to surveil, to control.

That's why we keep seeing the same measures rolled out in country after country. Digital IDs. Programmable digital currencies. Mass data harvesting. 'Disinformation' frameworks. They're not isolated policies. They're updates. Test balloons. Each one measuring tolerance, each one normalising the next.

It's tempting to believe this requires a villain at the top, but that's the disturbing

part – it doesn't. The system acts like a living organism, protecting itself, replicating itself, tightening its grip not out of malice, but out of inertia. Crisis after crisis – 9/11, the crash of 2008, covid, Ukraine – all lead to the same conclusion: more centralisation, more surveillance, more money and power transferred upward. These are not glitches in the system; they are features. And that's why the illusion of self-rule remains so important. Parliaments, press conferences, ministerial photo ops – these are the front office.

They provide the sense that citizens are steering the ship. But the boardroom, the networks of finance and management that stretch beyond borders, is where the playbook is written. Our governments may look bumbling, but what they are really doing is slow-walking us through a process of normalisation.

Seen this way, the one world government isn't a future threat; it's already here – not as a capital city with a flag, but as an invisible operating system, running quietly beneath everything we think of as politics. That makes it more frightening than any secret cabal because there is no lair to storm, no leader to overthrow. The power isn't centralised in a person. It's embedded in the habits of a class and the structure of its institutions.

But this also points to a way forward.

If the system's strength is inertia, the counter-force is awareness. Not paranoia. Not doom-scrolling. Awareness. Understanding that policies are not isolated acts but patterned updates.

Recognising how division is the cheapest form of control, how outrage is used as a pressure valve, how consent is manufactured by fatigue as much as persuasion. And most of all, realising that the tools of control – IDs, currencies, data – are not inherently evil. They are inherently powerful. What matters is who holds them, and whether they answer to anyone but themselves.

We can't vote out an operating system. But we can stop running its default apps. That means building parallel institutions. It means demanding transparency instead of slogans. It means refusing to let belonging be rationed to us like a privilege. And it means, perhaps hardest of all, refusing to play the game of division that keeps us distracted from the common ground we all still share.

If there is a world order, it isn't coming. It's already here, in plain sight. The question is not whether we can dismantle it – but whether we can outgrow it.

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Silence from journal over grooming gangs

by **JOHN HENDEN**

THE British Association of Counselling and Psychotherapy (BACP) has remained silent – via its journal *Therapy Today* – over the issue of grooming gangs’ widespread sexual abuse, rape and torture of young girls.

BACP represents over 58,000 counsellors and psychotherapists across the UK. *Therapy Today* carries invaluable articles each month to enable its members to maximise their effectiveness with the wide range of clients they serve. For the past eighteen months, *Therapy Today* has not devoted a single article to the topic, even though it has been widely featured in the media at large.

Baroness Casey’s audit on group-based child sexual exploitation and abuse (‘grooming gangs’) called for the need for

a national inquiry into the scandal. It is now widely accepted that young girls were abused on an industrial scale over at least a 30-year period. It ranks as the worst sexual abuse scandal the UK has ever experienced, where, to date, an estimated 250,000 victims have been abused.

For years, police forces, social work teams and politicians have covered it up, for fear of being called racist or Islamophobic.

From June to October 2025, both the BACP and *Therapy Today* were contacted about BACP’s non-reporting. They were requested to devote a whole issue of the journal to the topic, which is of utmost importance and interest to the association’s members, many of whom will be seeing survivors of the abuse as clients.

The topic has been in the media throughout much of 2025, mainly due to the tenacious investigative journalism of GB News reporter, Charlie Peters, who

got a mention in Parliament when Prime Minister Sir Keir Starmer announced his U-turn on a public inquiry.

The BACP has been accused of complacency by their lack of reporting and failure to highlight all the issues. Not only do these vulnerable young girls deserve justice, they need effective psychotherapeutic help from qualified counsellors and psychotherapists. In turn, associations representing those professionals should be providing as much support and guidance as possible to their members. The British Association of Counsellors and Psychotherapists is the largest of these.

BACP’s continuing silence over requests to devote a whole issue to this blight on our country’s history could be seen as both a disservice to its members and a betrayal to the quarter of a million victims.

Other readers who are also

members of BACP may like to make their views known to the chair at bacp@bacp.co.uk; or the editor at therapytoday@thinkpublishing.co.uk

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- **National Statutory Inquiry into Rape Gangs:** <https://tinyurl.com/y7rhjzbn>
- **Lord Pearson’s estimated 250,000 victims of rape gangs:** <https://tinyurl.com/yxf8febw>
- **www.bacp.co.uk**

Solar plantations killing off soil

by **DR FABIO CARVALHO**

Researchers making recommendations to mitigate panels harm

GROUND-MOUNTED solar installations are becoming a familiar sight across the UK’s agricultural landscape.

While they are claimed to be important in reducing carbon emissions, their overall impact on the land they are built on remains uncertain.

A new study from Lancaster University Environment Centre examined some of these effects and how they could be addressed.

Dr. Fabio Carvalho, Prof. Alona Armstrong and Dr. Stuart Sharp, working in partnership with ecological consultants and others, examined 32 installations during the summer of 2021 to assess plant cover, soil health, and overall ecosystem functionality.

Their analyses focused on three key areas within and around solar installations: directly beneath the panels, the gaps between panel rows, and adjacent pastureland, which served as a control. Plant growth and biomass were significantly lower beneath the panels than the gaps between them or open pastureland, a reduction attributed to



Towards net zero, but at what cost?

decreased sunlight and changes in the microclimate under the panels.

Soil health was also affected. The ground directly underneath was more compacted, with implications for water infiltration and root growth. It contained lower levels of organic carbon and particulate organic matter (likely due to reduced plant productivity), essential for soil-related ecosystem services (e.g. soil carbon storage). The legacy of past agricultural activity was also evident, with relatively high concentrations of plant-available nitrogen and phosphorus in the soil.

The researchers proposed several strategies to reduce the ecological impact of installations. Raising the height of the panels or widening the gaps between rows would allow more sunlight to reach the ground, promoting plant growth, though overall implications for land use must be considered if changes to design result in an increased requirement for land.

Additionally, planting shade-tolerant vegetation beneath and around the panels could enhance ecosystem health. Regardless of the approach, the researchers stressed the importance of routinely monitoring soil conditions to detect and address issues like compaction or nutrient imbalances at an early stage.

Dr. Carvalho said: “Studies at this scale are still scarce in the scientific literature and much uncertainty remains as to the long-term impact of solar on plants and soils.

“We must continue to monitor progress, including plant and soil responses to different land management practices, and find solutions to promote plant growth beneath solar panels. Academia, industry and policy must work together to implement best practices and ensure solar installations can provide climate solutions and benefit nature together.”

By continuing environmental research into solar design, construction and management, researchers, policymakers and developers can implement solutions to generate energy without damaging the health of local ecosystems.

In Dr. Carvalho’s research paper, published online at IOPscience earlier this year, it

outlined how plant cover and above ground biomass were significantly lower under solar panels than in the gaps between solar arrays and in pastures.

Soil compaction was 14.4 per cent and 15.5 per cent higher underneath solar panels than in gaps and pastures, respectively.

Soil organic carbon was nine per cent lower under solar panels than in gaps, while particulate organic matter was 29.1 per cent and 23.6 per cent lower under solar panels than in gaps and pastures, respectively.

Soil mineral nitrogen was 30.5 per cent higher under solar panels than in gaps, while soil (plant-available) phosphorus was approximately 60 per cent higher in solar soils than in pasture soils.

Reductions in solar radiation and changes to microclimate caused by solar panels may be driving lower plant productivity and growth, with consequences for nutrient cycling and soil properties. However, impacts must be considered in light of the previous land use and the total land area under solar panels, in the gaps between solar arrays, and around the margins of the solar installation.

The report concluded that its findings could inform solar design and management options (e.g. increase the proportion of land unaffected by solar panels, and enhance plant cover under solar panels) to ensure the long-term provision of ecosystem services (e.g. soil carbon storage) within this fast-growing land use.

- <https://tinyurl.com/y3sxs7mn>

The architecture of control

How the system manipulates without people knowing

by **ESCAPE KEY**

A PHILOSOPHICAL idea from the 1600s has become the operating system for world coordination, operating simultaneously through your wallet, your conscience, and your sense of who you are.

The story begins with Baruch Spinoza, who collapsed the distinction between God and nature. His radical idea was that ethics don't come from divine commandments handed down from above, but emerge from within reality itself: if we properly understand how the world actually works, we'll know how we ought to live.

This vision of 'immanent ethics' – morality built into nature rather than imposed from outside – spent three centuries evolving. In the 1890s, philosopher Paul Carus anchored it to scientific method. If science reveals universal truths about reality, and ethics flows from reality, then ethics becomes universal too. One reality, one method of knowing it, one overarching framework for how to live.

In revolutionary Russia, Alexander Bogdanov added organisational theory; study how complex systems actually function, and you'll discover principles for how human societies should be organised.

By the mid-20th century, this philosophical vision developed into tools. The culmination came in 2000 with the Earth Charter – a planetary constitution grounding ethics in scientific understanding of how the world works. Its four pillars perhaps sound reasonable: respect for nature, ecological integrity, social and economic justice, democracy and peace. But the charter ultimately represents the belief that universal ethics can be derived from models.

The contemporary system doesn't just operate through international treaties or scientific conferences; it runs simultaneously through material infrastructure, spiritual authority, and psychological development – three domains that reinforce each other seamlessly, as can be seen by the universal acceptance of climate science.

Developmental frameworks like Ken Wilber's 'integral theory' and Graves & Beck's 'spiral dynamics' map moral maturity as a hierarchy of stages, from egocentric (me), to ethnocentric (us), to worldcentric (all of us), to integral (holding all perspectives). But if planetary citizenship represents the highest stage of moral development, then disagreement isn't principled dissent – it's arrested development. You're not wrong;



Orwell's Big Brother – people are taught to love their servitude

you're immature. You're encouraged to 'think systemically' and 'hold multiple perspectives' – but what counts as 'mature' thinking has already been set.

You're not rewriting the constitution – you're efficiently administering bylaws within preset parameters. You're an operator captured within someone else's system.

What unifies all three domains is a single source: computational models that claim to define objective reality. Climate models, integrated assessment models, planetary boundary calculations – these aren't just scientific tools; they've become the mechanism that defines what counts as truth.

When your banking app shows your environmental impact, and your grocery shopping loyalty card nudges you toward 'better' choices, it's executing the same model outputs that inform UN emergency platforms and papal encyclicals. The genius is that you experience this as three separate confirmations – science, morality, and personal growth – when it's actually one framework operating through three channels.

Traditional propaganda tells you what to think. This architecture shapes how you develop the capacity to think, ensuring your mature, autonomous judgment arrives at the 'correct' conclusions naturally. You police yourself not through fear, but through pride in your development.

Here's the most troubling part: when these models are wrong – as they frequently are – nobody faces consequences.

Climate models simulate a minuscule fraction of atmospheric processes and repeatedly fail to predict regional weather

patterns. There's a perverse inverse relationship at work: the worse the weather becomes, the less accurate the predictions.

Yet these models drive trillion-dollar policies with the force of revealed truth.

When predictions fail to materialise, modellers claim they need more data and use failures to justify expanded surveillance infrastructure. When models fail to predict actual extreme events, the response is identical: more sensors, more computational power, more surveillance. Every outcome – success or failure – justifies expansion of the system, never contraction.

This brings us to the core question: what happens to human freedom in this system?

You remain legally free to choose, but the architecture makes certain choices prohibitively difficult – socially, economically, psychologically. When banking apps track your footprint, religious authorities call compliance sacred duty, developmental frameworks diagnose dissent as immaturity, and social pressure makes deviation costly, freedom becomes theoretical.

Sweden's 'flight shame' (flygskam) demonstrates this vividly. By 2018-2019, air travel had become something to feel guilty about due to carbon footprint awareness. People stopped flying not because of legislation, but because of internalised moral obligation and social pressure.

The remarkable part: many who quit flying did not describe themselves as shamed, but rather as having been supported to live up to their own moral standards. The globalists' ethic had become their personal ethic. They were policing themselves, experiencing relief from aligning behaviour

with values that had been systematically cultivated – often without their realising it.

The system doesn't eliminate free will through philosophical argument – it redefines it operationally. Free will becomes successful alignment between your neural patterns and system requirements. You want what the system needs you to want. And you experience this as authentic self-expression, personal growth, moral maturity.

Whether you find this vision inspiring or terrifying depends on a simple question: who controls the models that define reality for everyone else? And what happens when those models are wrong?

The remarkable achievement is creating coordination where external enforcement becomes unnecessary because the architecture lives inside you – across your transactions, your beliefs, and your identity simultaneously. The risk is building a system so comprehensive that questioning it feels like questioning your own moral development, so integrated that there's no institutional layer outside it for appeal; so automated that human judgment becomes obsolete.

When material infrastructure, spiritual authority, and psychological development all point in the same direction, justified by opaque models with no accountability when wrong, we should at least ask who is steering, and whether we consciously chose this path – or whether we were carefully guided to experience systematic direction as free choice.

The answer matters. Because the architecture is already operational.

● <https://escapekey.substack.com/p/an-integral-theory>

Do you talk with or at someone?

Understanding and respect come from sharing emotions

by **NICK HAYNES**

THE key characteristic that defines ‘talking with each other’ is when both of us are willing to communicate any vulnerable emotional and relational feelings that lie underneath what we think and believe.

When we look more closely at conversation and its effect on our social interactions, i.e., sociolinguistics, we see that it is not something our society encourages us to pay much attention to; either as a primary subject in the syllabus of mainstream education for our children, or as modelled by society at large.

I would suggest that this is a pretty extraordinary state of affairs for a species for which so much rides on how we talk to and understand each other. For the words we use and the meaning we make primes much of our behaviour. Verbal communication can be described as having two levels or sides to it. One is the sharing of information through words and the meaning that creates, the other is the emotional and relational feelings that words can trigger inside us.

Currently we prioritise rational and intellectual understanding over our inner world of feeling, while at the same time not recognising the immediate impact of our need for connection with each other through our behaviour.

The lack of awareness of this vital part of our nature is having a severe consequence for which we are all paying a very heavy and painful price.

For if we did fully recognise and understand the impact of our attachment needs we would undoubtedly have a very different feeling and looking world. One that was far more benign and in which conflict and violence were considerably reduced.

Be that as it may, the principal mechanisms we use to verbally communicate include: explaining, making points, stating opinions, offering interpretations and using labels.

Labels in themselves are objectively useful linguistic devices that attempt to characterise and capture quite a lot of information in one word or phrase.

However, these individual labels are one of the most common ways that we talk at each other rather than with each other, and we have seen an intensification and escalation of this in the last few years.

Currently the most common labels applied include racist, antisemitic, islamophobic, far-right and transphobic; while in the scamdemic we had anti-vaxxer, anti-



Photo: Liza Summer

Some tips for talking with each other

- **Focusing on creating a relationship with the other person first and foremost.**
- **Avoid starting with your opinions and trying to convince them of the rightness of your view.**
- **Be curious and invite them to tell you what feels emotionally meaningful for them.**
- **Be willing to acknowledge and validate its importance to them. You do not have to agree with it.**
- **Let them know that you would like them also to ask you about what is meaningful for you. This is a two-way conversation and you need to feel equally heard and acknowledged.**
- **Replace the word ‘but’ with ‘and’.**

scientific, covidiot, conspiracy theorist and misinformation spreader, to name a few.

Unfortunately this kind of rhetoric directly contributes to increasing polarisation and conflict, as we are presently witnessing.

While labels attempt to capture the

essence of an individual or group, in a single stride, they also necessarily disregard any reference to the feeling aspect that underlies the position of someone with whom we disagree.

This contributes to the likelihood of a sense

of criticism, dismissal and invalidation in the other person or group and inevitably leads to defensiveness and counterattack.

It is a spiral in which no-one wins and everybody loses.

So what do we all need to do to alter course?

Well the simple answer is a collective need to wake up pretty quickly to the importance of learning to start communicating our vulnerable emotional and relational needs with each other when helpful.

This needs to apply at all levels of our society, including government and our mainstream institutions.

When we reveal our own emotional vulnerability it invites a similar response in others, and compromise and practical solutions become easier to make.

Of course this is easier said than done, because the style and way we talk to each other is automatic and second nature and we have been doing it for a very long time. However, we have to start somewhere and we have to start now.

One of the ways that it makes sense to do this in the short-term is for the gatekeepers who have expertise and knowledge in verbal communication and dispute resolution to proactively step forward into the public arena and offer widespread information and modelling.

This can be done through podcasts, social media, writing on platforms and interviews in the mainstream and alternative media.

Another important means of seeding this understanding throughout society is to make mainstream education more holistic.

In other words we need to include the teaching of sociolinguistics, attachment theory, mediation and dispute resolution and the importance of emotion in age-appropriate ways from an early age.

In summary, how else do we expect the members of our tribe to know what to do if we do not give them all the tools they need to thrive as a loving and caring human being?

It is about time we did!

- **YouTube: Nick Haynes: *The Best Kept Secret***
- **Nonviolent Communication: *A Language of Life: by Marshall B. Rosenberg, Ph.D.***
- **That’s Not What I Meant: *by Deborah Tannen Ph.D.***
- **You Just Don’t Understand *by Deborah Tannen Ph.D.***

Rally cry to unite with nature

by SERENA WYLDE

Pioneering organic farmer reveals assault on the land

AS the second son of the Baronet of Hardwick House, Sir Julian Rose never expected to inherit the estate, and focused on his dream of becoming an actor.

But in 1964, when he was just 17, his elder brother died, and two years later in 1966, his 54-year-old father also died prematurely, making him the 4th Baronet Rose of Hardwick.

Sir Julian's valiant mother had thus to take on the running of the 900-acre South Oxfordshire estate, and, amid the 60s drive for everything synthetic and chemical, was advised by 'experts' that, without chemicals, herbicides, pesticides and fungicides, nothing would grow on the land apart from some hardy weeds.

Meanwhile, Sir Julian was studying at the Royal Academy of Dramatic Art and working as an actor and assistant director. But in 1975, he returned to Hardwick which, although he said had not yet become a lifeless landmass, had started down the road towards it. He therefore told his mother that he intended to farm without chemicals, and had her full backing.

The years that followed were to transform him into a hands-on organic farmer, author, broadcaster and campaigner of commitment and standing. He established the 'proximity principle' – fresh, local and seasonal food, and distributed locally, himself, his own raw milk and free-range eggs. When Sir Julian spoke at UK Column's conference in October, Hardwick had just celebrated its 50 year anniversary of organic farming.

Sir Julian is a passionate advocate for nature's infinite wisdom, and the earth's capacity to supply man's nutritional and medicinal needs when properly nurtured, free from artificial interference. The relationship between soil health, plant health, animal and human health is, he says, a symbiotic wheel.

On traditional mixed farms, as opposed to large-scale monoculture farming, nutrient-rich plants are eaten by the animals, their manure fertilises the soil, which in turn gives rise to healthy plants.



Genuine organic champion Julian Rose

Insects and worms are all essential elements in the process.

The humble earthworm fertilises the local soil and creates little tunnels along which moisture and rainwater pass. It stirs nutrients in the soil to keep them moving. That is until its habitat is bombed with nitrogen. Nitrogen is an inorganic substance that was used during World War Two to make explosives, and large quantities were left over after the war, so the government decided to shift from farmyard manure to nitrogen as fertiliser.

Nitrogen, he explains, makes grass grow fast, but it is not a fertiliser – in the same way that Coca-Cola gives a rapid sugar hit, but is not a hydrating drink. He elaborated that nitrogen fertiliser was made up of sea salts that suck oxygen out of the atmosphere and are acidic, and when nitrogen gets into the soil it turns to nitrate, which is a carcinogen.

Thus, treating the soil with a toxic substance that is destructive to it makes the earthworm recoil and look for some local unpolluted soil. And when there isn't any, the earthworm dies, and with it, a once living soil.

He said that up until WWII, most family farms were organic. It was the war that led to death by chemicals and, by extension, farming became a war against nature. It followed the directive of agro-chemical corporations, pharmaceutical companies, and bought-out governments.

Farm animals became just numbers in a factory farming regime where animals are subjected to the same treatment as the earthworm.

Genetically engineered crops are a further attack on the natural processes of life.



Nature at work

When Monsanto's glyphosate-based, non-selective, systemic weed-killer was originally sprayed on crops, the crops themselves died with the weeds, so companies set about altering the DNA of the crops to make them resistant to the herbicide. This is achieved by transferring new DNA into the plant cells.

Obviously, the soil in which the crops grow is contaminated with poisonous weed-killer and, as the weeds themselves grow resistant to the herbicides, ever increasing volumes of these toxic substances are deployed.

The risks to health from genetically modified (GM) crops are new allergens, antibiotic resistance, and unknown long-term effects.

When I sat down with Julian to discuss what was required to reverse this sorry state, his reply was instant: "We must resettlement the land and reconnect with it. We must live more simply, in unity with nature, and everything that is living in it."

He talked about how people have been lured into a trap of convenience by governments acting for corporations, because it promotes consumerism and supermarket profits.

We have moved as far away from living in harmony with nature as we have ever done, and the result is compromised health and little satisfaction.

He suggested that pro-ecological farmers could mentor people in how to grow food, make medicine, and access clean water via rainwater catchment systems. Energy generation through intermediate-sized advanced technology, neither small nor large, which is currently not allowed onto the market, could be developed quite

quickly. The amount of manufactured energy each individual currently consumes is off the scale, as is the waste generated by superfluous products.

Indeed, across many rural areas, there are initiatives being set up by small entrepreneurs collaborating closely with one another to create food-webs within a local radius.

Food suppliers work together in these places to forge strong local supply chains between growers, independent shops and restaurants, as well as between farmers, butchers and restaurants. This is the case in Suffolk, where restaurant chefs work with local, seasonal produce, rather than imported fruit and vegetables, and even when the selection is limited, they stretch their creative skills to use what is fresh and abundant in novel and tasty ways.

This not only restores local food traditions, but creates a strong rural economy, because money spent remains in the area rather than leaving it. Fishing families in Lowestoft are also working together, which enables them to take on young people, and they work directly with fishmongers and restaurants. The key is collaboration.

We are returning to an understanding that access to unpolluted, naturally nutritious food is the source of life, without which nothing else can be achieved or enjoyed. Every initiative helps create a network of alternatives to industrially-produced, centrally distributed products.

● <https://hardwickestate.co.uk/>

I fought the law and I won

Whistleblower claims legal system corrupt to the core

by **LANCE WARBURTON**

IN a bold challenge to institutional power, author Wayne Leighton has released a scathing exposé detailing over a decade of claims of epidemic corruption within the UK police and judiciary.

His book, detailed on his website findyourpassion.pro, chronicles a personal battle against North Yorkshire Police and the Investigatory Powers Tribunal (IPT), backed by court transcripts, official documents, and evidence of systemic cover-ups.

As Leighton prepares to publish, he claims authorities have launched a brand new covert operation against him – echoing tactics from their past covert operation in 2015 – and points to their silence on his public accusations as proof of guilt.

Leighton's journey began in 2012, when he advocated for his friend, proving through documentation that North Yorkshire Police had unlawfully entered premises by force, and seized property without warrants on 11 occasions. When the Independent Office for Police Conduct (IOPC, formerly IPCC) dismissed the complaints, Leighton successfully challenged them in the High Court via judicial review.

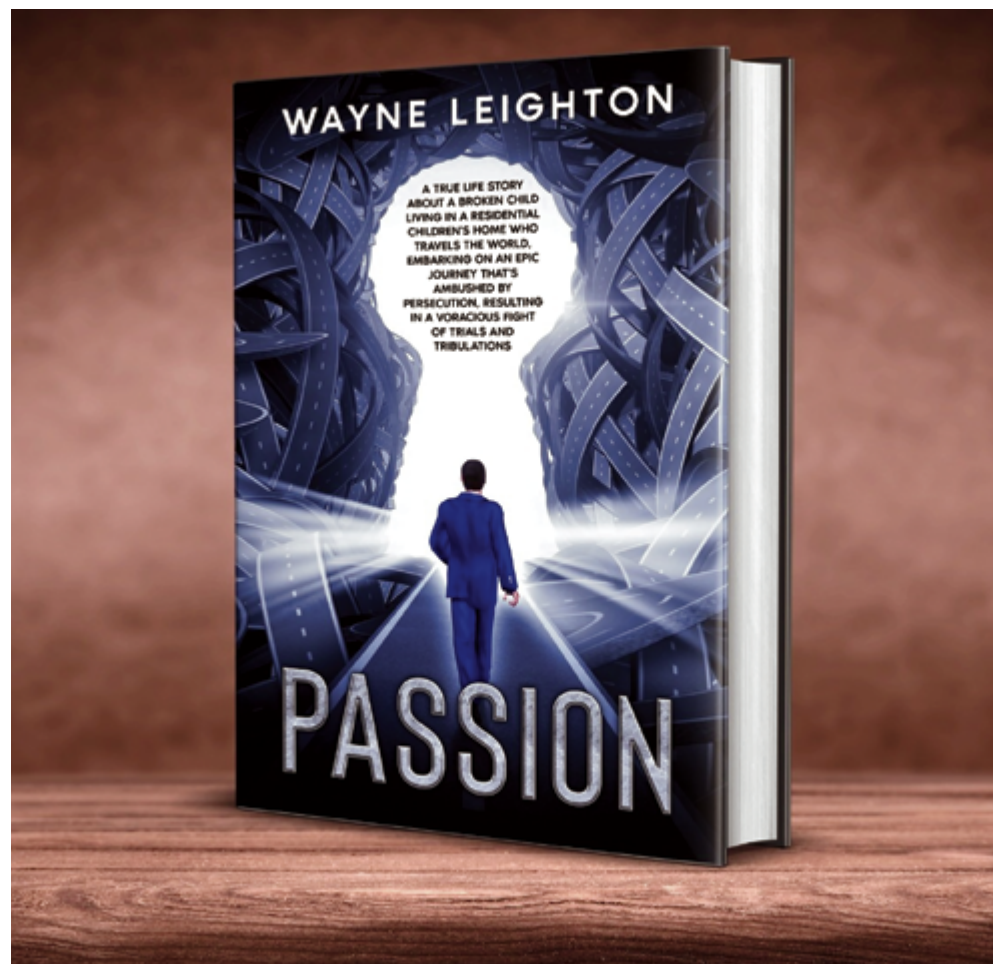
The IOPC admitted that its decision was 'irrational and unreasonable', quashing it and ordering the disclosure of warrants – which Leighton alleges never existed, exposing the entries as burglaries and branding North Yorkshire Police as 'organised criminals'.

Following the successful judicial review in 2013, and the order for disclosure of the warrants by the IOPC, rather than comply with the law, Leighton claims North Yorkshire Police opted for retaliation: a malicious covert operation involving undercover spies, fraud, 24-hour surveillance, and abuse of public funds.

He states: "This turned into a vicious fight lasting over a decade, involving the most senior ranking officers and wasted taxpayer money,"

Leighton writes in his book that the judiciary ultimately covered up the crimes committed by the police by dismissing his claims on procedural technicalities, rather than addressing the substance, with the IPT and the High Court playing a key role in the cover-up.

Leighton began his own proceedings in 2018, due to the attacks he endured by litigating for his friend, which included claims for two counts of false imprisonment, misfeasance in a public



Wayne Leighton's book, *Passion*

office, trespass to goods, two counts of malicious process, harassment and multiple claims under the European Convention to Human Rights.

This legal battle lasted six years, only recently coming to a conclusion, whereby he claims in his book that High Court judges lied to bury the case.

He claims that during his persecution by the police, he was unable to maintain his property rental business, which ultimately led to the properties being rendered vacant, leading York City Council to demand money for an empty property while he had his hands tied protecting himself from the police. This led the council to send in the bailiffs, but as he was not disclosing his whereabouts due to the police covert operation, the bailiffs took it upon themselves to harass his parents' premises instead.

Undeterred, Leighton continued his fight for accountability, and took on the bailiffs while still fighting for justice against the police.

In 2023 he won a landmark High Court case, *Leighton v. Bristow and Sutor*, exposing the corrupt council tax enforcement system. The case demonstrated that the bailiffs, who were private companies, lack authority

under Paragraph 26 of Schedule 12 to the Tribunals, Courts and Enforcement Act 2007 to enter private premises for the collection of council tax.

Despite this ruling, Leighton says the government ignored it, allowing unlawful practices to persist nationwide – affecting thousands of households with bully boy threats, aggression against the vulnerable, and fraudulent enforcement fees being added on top of council tax.

He claims the fees were fraudulent because they charged £75 for a letter and £235 for costs to enter premises and remove property, when they have no authority to enter. He claims the enforcement of council tax was a scam based on top of a scam, because the private bailiffs lie to people, claiming they have authority to enter premises, and then charging them £310 for trying to enforce an authority that does not exist.

Leighton returned to the High Court by initiating proceedings in July 2024, this time taking on central government directly for allowing the scandal of council tax enforcement to continue. He alleges judicial interference has resurfaced. Documents show he applied to set aside an order by HHJ Grimshaw, citing errors of law, excess jurisdiction, and bias. The

application also seeks the recusal of HHJ Grimshaw and HHJ Brown, arguing that the order disregarded CPR rules, natural justice, and Article 6 of the ECHR. Leighton claims the judiciary is now stonewalling the case, ignoring filings and even a formal complaint about the delays. He asserts his complaint about the case being ignored is also being ignored.

Adding to the drama, Leighton recently filed a fresh complaint with the IPT, alleging a brand new covert operation that has been mounted against him, timed suspiciously with his book's impending release about police and judicial corruption. Correspondence reveals the IPT's refusal to disclose staff names, citing a 'long-standing policy' for security reasons – prompting Leighton to challenge it as a violation of the Nolan Principles of Public Life and accusing them of a second forthcoming coverup. The IPT has not responded substantively, as of yet.

In a public Facebook post dated October 18, 2025, tagging North Yorkshire Police, Leighton detailed the allegations, directly accusing them of operating a criminal enterprise, and expressly stating that the police had set up a second malicious covert operation against him.

He finishes by saying: 'If what I'm saying is true, it's not only freedom of expression, but it's in the public interest to know we have criminals running the police.'

The police have not yet responded. He continues: 'People are going to jail for Facebook posts, so if my claims were false, they'd arrest me for hate crimes. Their silence speaks volumes.'

Leighton's book, available in a Transcripts Edition with verbatim court audio and evidence, aims to empower victims of institutional abuse.

He said: 'This isn't just my story – it's about holding power to account. From Hillsborough, to Jimmy Saville, to Rotherham grooming gangs, cover-ups only end when people fight relentlessly. My claims are evidenced.'

Thousands follow the case, and tensions are rising to a tipping point. It is currently in a roundabout Big Brother situation, as, while Leighton claims the police are monitoring and surveilling his daily activities with their new covert operation, the country is watching and awaiting the progress of the High Court case which is being stalled by the judiciary.

● **For more information, visit findyourpassion.pro or join *Stop the Abuse* group on Facebook.**

Big benefit to drinking raw milk

Rothschild and the campaign against healthy drink

by **NIALL McCRAE**

IN April 1946, Nathaniel Mayer Victor Rothschild rose in the House of Lords on a matter of great import.

There may have been many other priorities after the Second World War, but for Victor Rothschild, prevention of disease by pasteurisation of milk was paramount. His only other address in the chamber was on enabling Jewish settlers in the British mandate of Palestine.

A member of the banking dynasty, Victor Rothschild had little interest in international finance. He was a valued asset of the British intelligence services in the war, but his passion was zoology.

To urge prohibition of raw milk, Rothschild explained the difference between cleanliness and safety: “Though milk is one of nature’s best foodstuffs, it is by no means a perfect one, and no one can live exclusively on milk without additional minerals and vitamins.

“Consequently, the fact that a certain amount of these substances is removed by heat treatment is of much less significance than the opponents of heat treatment would have us believe. The opponents of pasteurisation—and many people who have fallen victims to their propaganda—sometimes say that pasteurisation will remove the incentive to clean milk.

“Such criticisms display a lack of understanding of the difference between clean and safe milk, and also impute a somewhat alarming degree of ignorance to the government in imagining that if compulsory pasteurisation were introduced, the government would remove the existing regulations about the cleanliness of milk. The regulations about the cleanliness of milk are directed towards preventing milk being contaminated with dust, blood, water, cow dung, and milk-souring bacteria, all of which at one time were an almost natural constituent of milk in this country.

“Heat treatment, on the other hand, is intended to destroy disease-producing germs. Though it may render milk safe for human consumption, heat treatment cannot render dirty milk clean. Both clean milk and heat treated milk are desirable for different reasons.”

To impress peers, Rothschild told them that a number of persons, double to the occupancy of the red benches, died every year from tuberculosis from dairy milk. The enforced pasteurisation was to apply gradually across the country, beginning with urban areas (there would be more resistance in the shires).



Even the Egyptians knew the value of raw milk

Pasteurisation is preferred by supermarkets, just as keg beer was better for the profits of big brewers, to the detriment of real ale. Increasingly agriculture is coming under major corporate ownership

Immediately following Rothschild was Lord De la Warr, from Bexhill in Sussex, who offered his full support. Unlike his predecessors, the ninth earl was a socialist. However, the proposed law was not passed by the government, and several of my friends take deliveries of raw milk, from Hook’s Farm near Hailsham.

Prohibition of raw milk had begun in the U.S. earlier in the 20th century, with Chicago enforcing pasteurisation in 1908. John D. Rockefeller was a keen exponent.

The only part of the UK to ban raw milk is Scotland, since 1983.

Is raw milk really a hazard? Diseases associated with milk arose with the industrial revolution, but the problems were caused by unsanitary conditions rather than the product itself. Poorly kept milk, like the water supply, was prone to contamination. Most of the epidemic killers of Victorian times, such as cholera, were attributable to human shortcomings rather than natural sources.

Tuberculosis was a deadly disease in the 19th to early 20th centuries, leading to provision of sanatoria in the countryside for isolation and the healthful effect of fresh air, but hundreds of thousands died of the lingering, progressive lesions.

By the 1930s, tuberculosis was treatable, but it was already of sharply declining incidence. As with many other illnesses, the claimed cure came after the preventive impact of social and environmental improvements (for example, poliomyelitis was becoming rare before the vaccine was introduced).

The Food Standards Agency (FSA), however, considers raw milk as an unregulated and potentially dangerous product. It is now, according to farmer David Benyon in mid-Wales, persecuting those who produce and sell it.

Pasteurisation is preferred by supermarkets, just as keg beer was better for the profits of big brewers, to the detriment of real ale. Increasingly, agriculture is coming under major corporate ownership, pursuing the agenda of global technocrats. The British government is forcing small family farms out of business.

The appetite for raw milk, however, is growing. As Benyon argued, small farms can only survive by operating outside the mainstream, selling food directly to consumers.

Hook’s Farm demonstrates this trend, but for how long can such independence last?

The powers-that-be do not want the masses eating fresh, healthy food – they want to replace organic produce with synthetic foodstuffs while the rulers continue to enjoy beef, natural corn and wheat.

Benyon was arrested recently for his trenchant criticisms of the FSA. He asserts that raw milk, far from pathogenic, is really a force for immunity: bovine colostrum is a highly beneficial bacterial ingredient of milk (destroyed by pasteurisation), and much better than antibiotics. You can see why the authorities want the likes of him silenced.

But what better a role model for drinking raw milk could there be than Erling Haaland, the athletic Norwegian giant whose goals brought the Premier League and Champions League trophies to Manchester City? Reporting on this fastidious anomaly, the BBC ensured that the message from ‘what the experts say’ was safety first. Haaland obviously knows something that the ‘experts’ don’t: we are what we eat and drink.

● **Subscribe to Niall McCrae at:**
<https://speculatives.substack.com>

Pulling no punches on analysis of life

Truth-telling comedian turns author to put world to rights

by **DARREN SMITH**

Meet comedian and political commentator Abi Roberts who was inspired by lockdown to write her memoirs that pack a punch. It's a real Hot Banana!

I LOST my husband at the end of 2018, Terry. He was my gorgeous husband and manager of ten years. He died of cancer, and then my mum also had a long-term lung disease, and she died at the start of 2020.

She was very savvy; conservative verging on libertarian; she said in 2008, with the financial crash, that all the banks should have gone to the wall. She went on the Iraq war march, despite all her friends having fallen for the propaganda. She was a journalist; a very curious woman. She used to say to me, “always ask yourself, what’s wrong with this picture?”

So two close deaths, and then 2020 happened. I had what I call ‘Jenga grief’. I think the procedures actually killed my husband – both the diagnosis and the chemotherapy. It was a really hard time, realising he could still be with us, but he was killed by the medical profession. Then my mum died, and then the ‘virus’ happened, and I was scared, watching things unfolding and being isolated.

But it didn’t take me long to realise. When they started clapping, I shut my windows and curtains and thought ‘this smacks of propaganda – isn’t this what they used to do with Stalin and Mao? Cheering on the health service.’ So in the middle of all that grief, it started to dawn on me gradually. They’re using the kind of things that only dictators from history used – things we thought would never happen in the West.

I was on my own little journey. I came from a mainstream stand-up background and I also had a stint at GB News and Talk Radio in 2021.

When I started my Abi Daily podcast in 2022, and people wrote to me about the lockdowns – I started a book: *We the People* – letters from dystopia, with illustrations by Bob Moran. Emails from people reporting their experiences of lockdowns and the madness. I felt



Abi's top tips for staying sane

1. If you're passing a church, go inside, sit near Christ on the cross and empty your head as much as you can. Just for that time. Sit, close your eyes and be thankful – I promise that when you walk out, you'll look around and everything will seem like a strange dream.
2. Listen to all kinds of music – whatever lifts and elevates you – Pink Floyd, Bach – I love the great gospel singers, Mahalia Jackson, Aretha Franklin – put it on and thank God for the voices like that.
3. Walking is really good. Sit in a quiet garden, look at a bee, a squirrel or a bird and marvel at it, or even have a conversation! Take it all in – nature, creation.
4. If you're struggling and down, get on the phone to a friend. Even if it's just to have a good moan!
5. Read, especially the great Russian writers like Dostoyevsky – the literature is an embarrassment of riches.
6. Fasting.
7. Switch off at a certain time. Digital detox. Have your boundaries – it's your time!
8. Laugh your head off – be around people who make you bend over laughing.

physically sick reading those emails – I felt I needed to protect myself from the evil which was seeping in. Martin Baker really helped me with the tech setup for the podcast which has allowed me to air my views.

I was thrown off GB News after eight months. In February 2022, John Gaunt was advocating mandatory injections

for the health service and children, and I lost it, so he said to Neil Oliver: “Control her, she’s a big foul-mouthed yob” – live on air. I mean, he’s not wrong, but it was really humiliating, and I hadn’t done years of broadcasting to be able to handle it in the moment.

I also agreed with JK Rowling on there only being two sexes, but once I tweeted

out, my agency ghosted me. Never heard from them again.

Then there was Black Lives Matter – I got a lot of flak for that! I said, “This is mad that you’re elevating someone on the basis of the colour of their skin. Does that include Idi Amin? Was Robert Mugabe a really great guy because he was black??” We have to check ourselves before we wreck ourselves. Critical thinking becomes more and more difficult.

My faith has been a huge help to me over the last five years. Of course, I’ve had plenty of long, dark nights of the soul, wondering if things could get any weirder; but then that small voice of calm comes and says, ‘it’s fine, stay on your path’.

I feel that the people I’ve met on this journey have taught me an awful lot. I know nothing really, about any of the awake topics, but I know I’m on the right path – I feel it instinctively.

I think I’ve always been a glass half-full person. Even amidst all the really dark despair – my husband and mum dying, the vaccine injuries and so on – something pings me out of it. I don’t know if it’s in my make-up or sometimes I can hear Terry; if I was moaning he’d say “stop moaning, press play”.

As for my stand-up: obviously after Terry and my mum, I wasn’t gigging, and then when I was ready, they closed the clubs for the scamdemic, so I’ve taken a bit of a detour, but it’s still fulfilling.

I’ve been writing my book, *Hot Banana*, which I’m quite proud of – it’s a kind of memoir in essay form, not in chronological order, but rather highlights of my life. I’ve called the chapters ‘tracks’ because I was in the music world many years ago as a songwriter – the back of the book looks like a CD cover. It starts in 2008 and then goes back to the 80s, then to the present day.

Creativity, whether music, comedy, writing, whatever, is a way to defeat these bastards – because they can’t take that from us!

● **Where you can buy my book HOT BANANA (ooh!)**

Buy paperback at Lulu:
<https://tinyurl.com/4fjb66jt>

Buy eBook on Kindle:
<https://www.amazon.co.uk/dp/BoFZ6GTTMQ>

Buy eBook on Apple Books:
<https://tinyurl.com/p3m6797a>

● **Find all Abi's stuff:**
<https://linktr.ee/abiroberts>

ECONOMIC DECLINE

Nations can be raised in prosperity or dashed to poverty by the international money system that ultimately controls all economies.

People are led by the media and academia to blame everything but the real culprits – the central and commercial banks, and those who ultimately own and control them.

Across the world, government policies are in near-lockstep on so many things, and this has continued well after the scandemic because they all have the same people directing things above them.

Whether AI taking human jobs, climate policies

leading to high energy prices, digitisation and the internet leading to surveillance, and the destruction of high streets and independent businesses – none of it is natural progress, but rather, managed change and decline through the allocation of financial capital and favoured policies to wherever and whomever they choose.

We get more into debt, both personally and nationally, just to be able to keep afloat. Interest payments now cost more than military spending, and it is all going to the banks that set the policies which decimate the economy in the first place.

DIGITAL ID

It will begin as optional, with a few main services requiring it, but will then expand to all services, products and benefits, meaning even supermarkets and public transport will refuse entry without you having one.

They will be able to track, trace, monitor and restrict your every move, with a 'carbon consumption' allowance, social credit score, or when they create another scandemic like covid, you will likely be under house arrest unless you get the vaccines.

No matter what reasons they are pretending a digital ID is for (such as to combat illegal mass immigration), in reality it will be a dystopian digital totalitarian system giving those running it ultimate control over everyone's life.

They are putting all of the infrastructure in place to run it (the internet of everything), and in the end, there will be no opt-out if you want to continue using government services, a bank account and the corporations that now dominate most sectors.

AI/AUTOMATION

They told industrial workers to learn to code, and now algorithmic learning software will take those jobs too. Along eventually with teachers, lawyers, underwriters, doctors – you name it, jobs will disappear and the millions who held them will soon be begging for a solution from the system that made them redundant in the first place.

As for robots, while still in the early stages – what they have publicly released at least – new

automated technology is being developed for one reason: to help with surveillance, control and enforcement. Those young men in hotels may find themselves quickly superseded by AI-controlled drone swarms and autonomous robot dog packs (see TV series *Black Mirror*).

These 'advances' are supposed to give us more leisure time, but that has not been our experience with digital technology so far, has it?

DIGITAL CURRENCY

A system is being quietly implemented by the central banks that will 'tokenise' every asset, turning ownership into a token of ownership which will be controlled by the system, and not you.

These tokens will be part of a permanent blockchain ledger, with every transaction fully controllable automatically by computers.

Your digital blockchain wallet will be part of your digital ID, so the system will have complete

surveillance and control over your entire life.

A permission-based currency system where your transactions could be blocked for any reason and with no way to appeal.

They froze the bank accounts of Canadians who donated to the truckers' protest opposing mandatory covid-19 vaccines to keep their jobs.

The possibilities for restricting our freedom are endless, and this is all documented.

MEET DIGI TW



THE FU WE NE NEED WA

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UTURE ITHER NOR ANT

MASS IMMIGRATION

Nobody should be deceived that the state couldn't stop it immediately and deport those here illegally if it wanted to, without any need for a digital ID for everyone. The fact that the majority are young men leads many to suspect they are an alternative standing army or police in waiting for when things get so bad that even the police refuse to work.

Because if you really want to preserve cultures, you don't do everything in your power to try and mix them up and dissolve their separate identities.

The government isn't incompetent – societal breakdown is part of the plan, and so they are doing nothing in their considerable power to stop the boats or the planes or the lorries that are bringing thousands more every month, while those who have lived here all of their lives and have paid into the system are ignored and made to feel like second-class citizens.

They seem to want to engineer a civil war – but our anger would be at the wrong targets.

CLIMATE CRISIS?

They are going to ramp up the hysteria of the non-existent threat of 'global boiling' in order to put us on a warlike footing against it, which will mean wartime restrictions – from rationing meat, dairy and fuel to restricting your travel, leisure and energy usage.

Everything will be measured by its carbon consumption, and everyone will be restricted on what they can buy and where they can go.

Small and independent businesses will suffer, while the largest will buy carbon credits so that their consumption can be limitless, and those working for the state will of course be exempt from

any of the unnecessary restrictions.

Carbon dioxide is the gas of life, and there is no danger from the gentle 1 to 2 degree rise in temperature we have had since the end of the mini-ice age in 1850. Warmer temperatures means more food can be grown in more regions, and fewer people die from the cold. Energy usage would also be lowered.

But constant propaganda is used to instil the idea of a climate and nature crisis, and it is not based on scientific fact. Only the scientists that receive massive funding proclaim a problem we need to tackle – those with no vested interests do not.

PUBLIC-PRIVATE PARTNERSHIPS

With politicians and regulators completely captured by the corporations, there is no genuine oversight into the trillions which the state taxes and spends – hence the endless wars, squandering of billions, embezzling, payoffs, tax rises, inflation and so on.

The classic definition of fascism is the merging of the state with big business, and this enables them to funnel public tax money into private hands through the outsourcing of government services

and human needs, while avoiding accountability and liability for their fraud, corruption and decimation of public services.

Serco, G4S and others are such examples of public-private partnerships that rake in billions every year from poorly-run, expensive government services.

The pseudo-privatisation of the utilities is another huge money-spinner for those involved, bloated further by science-denying climate alarmism.

INTERNET OF EVERYTHING

There is 'smart' tech in almost everything now; it tracks and records your every action and, and can monitor and restrict your every need.

The wireless, connected world is, in reality, a giant tracking, surveillance and behavioural modification system that will frame and control how you operate in the digital world.

It is in your pocket/hand, in your home and outside on every main road, in every city, every village and

every internet-enabled door camera. 'Smart' meters are for monitoring and limiting your energy use.

If you have a smart speaker, it is listening to your every conversation at home. If you have an electric car and are looking forward to fully automated driving, now you know why they are pushing it so hard: 'I'm sorry, I can't take you to that destination.'

The possibilities for limiting our personal freedom are endless, all in the name of 'saving the Earth'.

German cities' financial meltdown

by REMIX NEWS

Mayor warns democracy under threat if state cannot function

GERMANY'S cities are on the verge of a massive financial crisis, with the mayor of Essen warning that the data shows that almost every single city in the country is nearly bankrupt.

Currently, the total deficit for all German cities in 2025 is €30 billion, which jumped from last year's deficit of €24 billion.

Essen's Mayor Thomas Kufen (CDU), who is also a member of the CDU federal executive board, is sounding the alarm: "Almost every German city is now on the verge of bankruptcy."

In North Rhine-Westphalia alone, only 10 out of 396 cities and municipalities can present a balanced budget, and these alarming figures from Germany's largest federal state can be applied to the entire country, he said.

Mayor Kufen stressed that the crisis is universal, affecting municipalities regardless of their location: "What's new is that all cities have their backs against the wall," he told Bild newspaper.

He warned that "budget freezes would now have to be imposed everywhere," including in many cities previously considered wealthy.

Kufen emphasised the need for a national discussion on affordability: "We have to talk about what we can do so that our welfare state itself does not become a social case. This means: what do we want to afford and what else can we afford?"

However, he noted that cities cannot make these crucial decisions themselves; only the federal government can.

Kufen illustrated the crisis with figures from his own city, Essen, which has a population of nearly 600,000. The city had planned a balanced budget for 2025. "But instead of a slight increase of €1.7m, we currently have a deficit of €123m," he calculated.

Refugee accommodation and integration are near the top of the list for reasons why the city is seeing a budget shortfall. Far from being a solution to Germany's budget and pension crisis, they have become a massive financial burden for the country, costing at least €50bn a year in social integration, housing, and benefits.

However, there are also many more hidden costs to mass immigration, including rising housing prices, healthcare costs, education costs for an increasingly foreign student population, and housing a huge



Essen, Germany. On the verge of bankruptcy

number of foreigners in German prisons and psychiatric institutions. Just like Essen, even major cities like Berlin are seeing 'spiralling costs' due to mass immigration, leading to the large-scale debt required to keep the cities running.

Some research studies have indicated that the overall cost of immigration has already cost Germany trillions and could reach €20 trillion if migration numbers do not fall.

Kufen points to education and social spending as burdens on his city as well, and in many ways, foreigners here also account for huge costs.

For example, official statistics from Essen indicate there are approximately 22,730 primary school students enrolled in Essen, and out of these, about 5,565 are classified as 'not German', making up roughly 24.5 percent of primary school students in the city. If this definition is expanded to those with an 'immigration background', then the figure increases to 35 percent.

As with states and cities across the country, the non-German student population has, in general, been a massive budget burden, as these students need extra integration courses and more money per student to compensate for educational deficits.

When it comes to social spending, approximately 63 per cent of all welfare recipients in Germany are foreigners or have a foreign background, despite being a

much smaller share of the population.

In regard to Essen, there are also increased personnel costs due to a public sector tariff increase.

As a consequence, Kufen had to impose 'restrictive household management' in Essen. This means the city is essentially only paying what is legally required, such as social assistance and wages. For all other expenses over €5,000, "you need an extra permit from the treasurer."

Addressing the federal government's gigantic debt package intended to help cities, Kufen explained that Essen will receive €335m over the next 12 years, equating to 'just 28 million per year'.

He argued this is insufficient because the funding is primarily intended to finance construction projects. In Essen, that would "with luck be enough for two and a half schools," Kufen said, noting that "costs have exploded, especially when it comes to construction."

Kufen made it clear that he doesn't want to sound ungrateful.

"We're happy to take the money. But if someone thinks that Berlin or Dusseldorf will solve all my problems, all I can say is: it will help alleviate them, but we still have a lot to struggle with."

The mayor stressed that what cities truly need is "not just the money for

investments, but simply less bureaucracy, easier awards, fewer requirements so that I can end up doing more with the little money."

He also warned that if the state cannot function, then democracy is under threat, saying: "Because that's where citizens find out whether the state works. Whether I can get a daycare place or whether the street lamps come on at night. If you can no longer do all of this, the people who pay taxes get the impression that politicians are not dealing with it properly. And that's dangerous."

It is not just the government either, with data showing that residents in Essen are taking on more and more personal debt due to rising rents, electricity, and even food prices, which have risen further in recent months.

The number of people who have taken on so much debt that they cannot pay it back has risen for the first time in six years as well, reaching 5.7 million people who are defined as 'over-indebted'.

The report also warns that this trend is expected to worsen due to rising unemployment.

● **remix.com: Almost every German city is now on the verge of bankruptcy:**
<https://tinyurl.com/5n8yfzmm>

Two peace plans for Ukraine

Accusations that Putin dictated terms of Trump's proposal

by TYLER DURDEN

OFFICIALS from the United States, Europe, and Ukraine met in Geneva on November 23 to discuss Washington's draft plan to end Russia's war in Ukraine.

President Donald Trump said on November 21 that Ukrainian President, Volodymyr Zelenskyy, had until Thursday to approve the 28-point plan, which would compel Ukraine to renounce ambitions to join NATO, accept limits on its military, and cede territory.

European allies said they were not consulted while Washington was drafting the plan, leading to some confusion as to which parties were involved in formulating it.

Republican Eugene Vindman (D-Va.) told news channel MSNBC that he believed the plan was 'basically drafted by Putin.'

As Ryan Morgan reports for *The Epoch Times*, Secretary of State Marco Rubio, on November 22, disputed claims that Trump's latest plan to end the fighting in Ukraine amounted to a wish list for Russia.

'The peace proposal was authored by the U.S.,' Rubio wrote in a post on X.

Rubio added that the proposal incorporated input from both the Russian and Ukrainian sides in the conflict, but his choice of words was careful: "It is based on input from the Russian side. But it is also based on previous and ongoing input from Ukraine."

Earlier on Saturday, PBS NewsHour correspondent, Nick Schiffrin, reported that Rubio had made indications to Senators Mike Rounds and Angus King that a leaked version of the 28-point proposal was not produced by the Trump administration.

Schiffrin wrote in a post on X: "More from King: 'The leaked 28-point plan, which, according to Rubio, is not of the administration's position – is essentially the wish list of the Russians.'"

Even before Rubio responded, State Department deputy spokesman, Tommy Pigott, said the allegations Schiffrin was raising were 'blatantly false'.

"As Secretary Rubio and the entire administration have consistently maintained, this plan was authored by the United States, with input from both the Russians and Ukrainians," Pigott wrote in an X post.

While the White House was yet to formally release the proposal, The Associated Press and other publications have published draft versions of the 28-point plan.

@DD_Geopolitics has posted the full text of Europe's 24-point counter-proposal for a peace plan

- 1. End** the war and create arrangements meant to prevent any repeat, establishing a permanent framework for 'lasting peace and security.'
- 2. Both** sides commit to a full, unconditional ceasefire — in the air, on land and at sea.
- 3. Immediate** talks begin on the technical setup for monitoring the ceasefire, with U.S. and European participation.
- 4. A U.S.-led** international monitoring mission is introduced, relying mainly on satellites, drones, and remote tools, with an on-the-ground component to investigate alleged violations.
- 5. A** mechanism is created for filing and investigating ceasefire violations and discussing 'corrective measures'.
- 6. Russia** must unconditionally return all deported or illegally displaced Ukrainian children, under international supervision.
- 7. Full** prisoner exchange under the all-for-all principle. Russia must also release all civilian detainees.
- 8. After** the ceasefire stabilises, both sides take humanitarian steps, including allowing family visits across the line of contact.
- 9. Ukraine's** sovereignty is reaffirmed; Ukraine cannot be forced into neutrality.
- 10. Ukraine** receives legally binding security guarantees from the U.S. and others — effectively an Article 5-style arrangement.
- 11. No** restrictions are placed on Ukraine's armed forces or its defence industry, including foreign military cooperation.
- 12. Security** guarantors form an ad-hoc group of European and willing non-European states. Ukraine decides which foreign forces, weapons, and missions it allows on its territory.
- 13. Ukraine's** NATO membership depends only on internal Alliance consensus.
- 14. Ukraine** becomes an EU member.
- 15. Ukraine** remains a non-nuclear state under the NPT.
- 16. Territorial** issues are addressed only after a full unconditional ceasefire.
- 17. Territorial** negotiations start from the current line of control.
- 18. Once** agreed, neither Russia nor Ukraine may alter territorial arrangements by force.
- 19. Ukraine** regains control of the Zaporozhye Nuclear Power Plant (with U.S. involvement) and the Kakhovka Dam, under a special transfer mechanism.
- 20. Ukraine** receives unhindered access on the Dnieper River and control of the Kinburn Spit.
- 21. Ukraine** and its partners conduct unrestricted economic cooperation.
- 22. Ukraine** is fully rebuilt and financially compensated — including through frozen Russian sovereign assets, which remain blocked until Russia pays compensation.
- 23. Sanctions** imposed on Russia since 2014 may be partially and gradually eased only after a 'sustainable peace', with automatic snap-back if the deal is violated.
- 24. Separate** talks begin on European security architecture with all OSCE states.

As detailed previously, among other items, the published draft points indicated the United States would recognise Crimea, Luhansk, and Donetsk as de facto territories of Russia, and freeze the conflict

along the current battle lines in Kherson and Zaporizhzhia, effectively locking in Russian territorial gains throughout the course of the nearly four-year conflict.

The plan also appears to rule out Ukrainian

entry into the North Atlantic Treaty Organisation (NATO), and NATO will agree not to expand any further, while Russia will agree not to invade any more countries. Further, the plan states that Ukraine will receive security guarantees, but will also have to cap the size of its military force.

Zelenskyy celebrated Sunday's meeting in Geneva and said: "It is good that diplomacy has been reinvigorated and that the conversation can be constructive."

"The Ukrainian and American teams, as well as the teams of our European partners, are in close contact, and I do hope that there will be a result. The bloodshed must be stopped, and we must ensure that the war is never reignited," he wrote on social media.

"I am awaiting the results of today's talks and hope that all participants will be constructive. We all need a positive outcome."

The Ukrainian president had individually thanked all of Kyiv's allies present at the meeting in Geneva in various posts on X late Saturday and early on Sunday.

Turkish President, Tayyip Erdogan, said that he would have a phone call with Putin on Monday to discuss efforts to end the war in Ukraine, adding that he would also request the resumption of a deal for safe passage of grains in the Black Sea.

Turkey, a NATO member, has kept up cordial relations with both Ukraine and Russia during the nearly four-year-long war, offering military assistance to Ukraine but not joining the West in sanctioning Moscow.

Faced with a Thanksgiving holiday deadline, European officials were racing to buy Ukrainian President Volodymyr Zelenskyy more time with their own counter-proposal.

@DD_Geopolitics editorial seemed to sum things up well:

"As delusional as you'd expect from Delulu Land. They still haven't grasped that the side losing the war isn't the one that gets to make demands."

Meanwhile, Zelenskyy is battling a corruption scandal that threatens to engulf his powerful chief of staff, Andriy Yermak.

Finally, while speaking with reporters earlier in the day, Trump said the current plan doesn't represent his final offer.

● **zerohedge.com: Rubio confirms Ukraine-peace plan authored by U.S. as leaders meet in Geneva:**
<https://tinyurl.com/jw93fuhj>

MAGA spearhead quits U.S. congress

by TYLER DURDEN

Trump withdraws his support for congresswoman critical of Israel

ONE week after President Trump withdrew his ‘support and endorsement’ of Marjorie Taylor Greene, the establishment-bucking Georgia congresswoman stunned supporters and foes alike by announcing she will resign from Congress.

The move also comes shortly after Greene helped push Trump into a major political reversal that saw him suddenly encouraging Congress to pass legislation requiring the release of the Jeffrey Epstein investigation files.

Greene and Thomas Massie, who have demanded the release of the Epstein files and opposed U.S. support of Israel, have both been targeted for primary challenges by President Trump (Tom Williams/CQ Roll Call)

In a video shot in her Georgia living room and posted to X, Greene said her last day in office will be January 5, and lamented that “no matter which way the political pendulum swings, Republican or Democrat, nothing ever gets better for the common American man or woman”.

As examples, she cited the ‘ongoing replacement of American jobs with foreign labour’; the use of tax dollars to “fund foreign wars, foreign aid, and foreign interests”; mounting debt; and the erosion of the dollar.

She also complained that various bills she introduced to advance the MAGA agenda ‘just sit collecting dust’ as House leadership ignores them.

Elsewhere in her ten-minute announcement, Greene said: “Loyalty should be a two-way street and we should be able to vote with our conscience and represent our district’s interest.

“If I am cast aside by MAGA Inc and replaced by Neocons, Big Pharma, Big Tech, Military Industrial War Complex, foreign leaders, and the elite donor class that can’t even relate to real Americans, then many common Americans have been cast aside and replaced as well. There is no ‘plan to save the world’ or insane 4D chess game being played.”

As part of a Friday night meltdown that also focused on Republican Rep. Thomas Massie, Trump last week dropped a nearly 300-word rant assailing “Wacky Marjorie,” and announcing he was withdrawing his support and endorsement of her.



Marjorie Taylor Green. Photo: Gage Skidmore

Following Greene’s resignation announcement, Trump told ABC News that her pending departure from the House is “great news for the country...I think it’s great. I think she should be happy.”

This MAGA marriage is no more: Trump and Greene teamed up at a January 2021 rally in

Dalton, Georgia (NBC News).

First elected in 2020 to represent northwest Georgia’s 14th Congressional District, Greene has been considered a central figure in the Make America Great Again movement – even after Trump’s attempt last week to excommunicate her, vilifying her as

a ‘ranting lunatic’ who’s ‘gone far left.’

Particularly over the past year, Greene has increasingly been a gadfly for the Republican establishment. In addition to being one of just four House Republicans to vote for the Massie-written discharge petition that ultimately compelled Trump’s reversal on the Epstein files, Greene has resisted Trump’s support for Ukraine and condemned GOP Congressional leadership for the expiration of Obamacare subsidies without offsetting initiatives to make health insurance more affordable.

Of particular note, Greene has become Congress’s most outspoken Republican critic of U.S. support of Israel, repeatedly opposing additional aid to what she calls the ‘secular government of Israel’, accusing the country of genocide in Gaza, and demanding that the American Israel Public Affairs Committee (AIPAC) register as a foreign agent.

While not mentioning Israel by name in her resignation announcement, Greene appeared to take aim at those who put undue emphasis on Israel’s interests: “America First should mean America First and only America First, with no other foreign country ever being attached to America First in our halls of government.”

Massie, who is himself the target of a Trump-led primary challenge financed by three Israel-supporting billionaires, expressed disappointment at the sudden news that he was losing an important ally, writing:

“I’m very sad for our country but so happy for my friend Marjorie. I’ll miss her tremendously. She embodies what a true Representative should be. Everyone should read her statement; there’s more honesty expressed in these four pages than most politicians will speak in a lifetime.”

Early Saturday morning, President Trump weighed in on the resignation on Truth Social, writing in a post: “For some reason, primarily that I refused to return her never ending barrage of phone calls, Marjorie went BAD. Nevertheless, I will always appreciate Marjorie, and thank her for her service to our Country! President DJT.”

“The House is not big enough for her ambitions or personality,” Steve Bannon, the Trump confidant and War Room podcast host, told the *New York Times* after Greene’s announcement. “She had her committee assignments pulled by Pelosi in her first term – and rose to be a national figure. We haven’t seen or heard the last of MTG.”

Certainly a lot of posturing in the Republican Party ahead of midterms. Meanwhile, Democrats recently had to pull a \$15 million loan just to stay afloat, as the rudderless party shows its true colours by embracing far-left toxic ideology.

● **ZeroHedge.com: I refused to be battered wife - Marjorie Taylor Green will abandon house seat:**
<https://tinyurl.com/9zrcw5fp>



Islamic insurgent group Boko Haram accused of carrying out attacks against Nigeria's Christians

Trump threatens Nigeria military action

Demand for action after 50,000 Christians killed by terrorist groups

by **JACK PHILLIPS**

Nigerian President responds to Trump's call for military action against Christian persecution

THE Nigerian government responded to a warning from President Donald Trump that the United States could take military action in the African territory if its government does not do more to curb the persecution of Christians there by Islamic terrorists.

"We welcome U.S. assistance as long as it recognises our territorial integrity," Daniel Bwala, an adviser to Nigerian President Bola Tinubu, told Reuters.

On Saturday, Tinubu rejected accusations of religious persecution against Christians and defended Nigeria's 'sincere efforts' to protect religious freedom.

"The characterisation of Nigeria as religiously intolerant does not reflect our national reality, nor does it take into consideration the consistent and sincere efforts of the government to safeguard freedom of religion and beliefs for all

Nigerians," Tinubu said in a statement released on X. "Religious freedom and tolerance have been a core tenet of our collective identity and shall always remain so. Nigeria opposes religious persecution and does not encourage it."

He also said Nigeria is a country that also has "constitutional guarantees to protect citizens of all faiths," adding that his government will work with the United States on this matter.

In a Saturday post on Truth Social, Trump stated that Islamic terrorists were carrying out mass killings of Christians and that the religion is "facing an existential threat" in the West African country.

"If the Nigerian Government continues to allow the killing of Christians, the U.S. will immediately stop all aid and assistance to Nigeria, and may very well go into that now disgraced country, 'guns-a-blazing,' to completely wipe out the Islamic Terrorists who are committing these horrible atrocities," the President said. "I am hereby instructing our Department of War to prepare for possible action."

He added: "WARNING: THE NIGERIAN GOVERNMENT BETTER MOVE FAST!"

Defence Secretary, Pete Hegseth, responded to Trump's post, writing that "the killing of innocent Christians in Nigeria – and anywhere – must end immediately."

"The Department of War is preparing for action. Either the Nigerian Government

protects Christians, or we will kill the Islamic Terrorists who are committing these horrible atrocities."

For years, human rights groups such as Amnesty International have warned that the Nigeria-based Boko Haram terrorist group and similar organisations have launched attacks and kidnappings targeting civilians namely in the north-eastern part of Nigeria.

Boko Haram, which has previously explicitly stated that it is targeting Christians and churches, has killed at least 50,000 Christians in the country since its insurgency began in 2009, according to a 2023 report from the International Society for Civil Liberties and Rule of Law. Aside from Boko Haram, terrorist organisation Islamic State West Africa Province has also launched attacks in the country.

Some analysts have said that Boko Haram also targets Muslims, but says that it seeks to attack Christians as a cover because northeastern Nigeria is predominantly Muslim.

"Insurgent groups such as Boko Haram and Islamic State West Africa often present their campaigns as anti-Christian, but in practice their violence is indiscriminate and devastates entire communities," Ladd Serwat, senior Africa analyst at U.S. crisis-monitoring group Armed Conflict Location and Event Data (ACLED), told Reuters. "Islamist

violence is part of the complex and often overlapping conflict dynamics in the country" due to multiple issues, including political power struggles and inter-ethnic conflicts, he added.

Trump's call for military action to end the persecution of Christians drew praise from some celebrities, including pop star Nicki Minaj. She released a lengthy statement on X praising the president's promise to protect Christians in Nigeria.

Open Doors, a group that monitors the persecution of Christians worldwide, says that the worst offender is North Korea, which is run by a communist dictatorship, followed by Somalia, Yemen, Libya, and Sudan.

The Chinese communist regime also ranks high on Open Doors' list, and the International Republican Institute recently released a report regarding religious freedom in China in mid-October, saying that "Christian ministers are imprisoned for refusing to conform to [Chinese Communist Party] ideology, and public access to the Bible is banned," alongside the persecution of other groups such as Tibetan Buddhists and Falun Gong practitioners.

● **ZeroHedge.com: Nigerian president responds trumps call military action against christian persecution:**
<https://tinyurl.com/bde8weya>

Essentials for holistic health

by **HELEN MAWSON**

12 must-haves for everyone's medicine cabinet

THERE'S nothing more empowering than managing your own health and well-being.

So here are 12 must-have staples for your prepper's health cabinet. These are the products that come up time and again for clients and those I would recommend everyone has on hand for emergencies and general maintenance. This list is by no means exhaustive!

Working as a health practitioner for over 20 years, my ethos is about giving the body the right instructions so it can bring itself back into balance. I work with clients in a variety of ways to help them achieve this.

I believe that now more than ever, it is vital we become advocates for our own health, take back responsibility by learning about healthy living, healthy food, and how our bodies work.

Colloidal silver

This type of silver is produced by using a generator and silver rods that disperse a tiny amount of silver into distilled water over a period of hours. This type of silver is beneficial for many things and acts like a natural antibiotic, it is anti-viral, anti-fungal and anti-parasitic. It can be taken internally, applied to the skin, used in the ears, nose and eyes. I use it daily in a variety of ways.

DMSO

DMSO (Dimethyl Sulfoxide) is a colourless liquid solvent known for its ability to penetrate skin and carry other substances through biological membranes. It is a by-product of the paper-making industry. DMSO is a must for the medicine cabinet as it is excellent for pain relief and inflammation. It also has healing properties when applied to the skin as it penetrates deeply. I have used it on areas where I have had deep inflammation in tendons, ligaments, and bones. I also use DMSO eye drops that are healing for a multitude of eye problems. And finally, I use DMSO periodically as a mouth wash and used it daily when I had a tooth extracted this year. DMSO must always be diluted – for eye drops the dilution is high i.e. 20 per cent DMSO and 80 per cent purified water. For topical application, I usually dilute at 50/50 or 70/30.



Photo: pd

Arnica homeopathic remedy

Homeopathic Arnica is probably the most well-known homeopathic remedy. You can use this for bruising, muscle sprains and strains and generalised aches and pains. The remedy is great to use after surgeries of any kind, and post childbirth. I also like to use the remedy after any kind of emotional shock or upset.

Arnica cream

Arnica cream is wonderful to use if we have an accident of some sort where we bruise ourselves. It can be applied onto the bruised area, and it will reduce bruising symptoms both internally and externally.

Aconite homeopathic remedy

Aconite is the go-to homeopathic remedy for shock, fright, anxiety, panic attacks and trauma of any kind. I also like to use this remedy when I feel the sudden onset of symptoms such as a cold or flu, and it will often nip it in the bud.

Five flower remedy AKA Rescue remedy

Dr. Bach created the wonderful set of thirty-eight Bach flower remedies. Rescue Remedy combines five of these thirty-eight remedies. I use this remedy after any kind of emergency or when I need immediate help such as before or after moments of difficulty or upset. It gently calms anxiety, stress, and jangled nerves, a must have for the times we are living in!

Black seed oil

Black seed oil, derived from *Nigella sativa* seeds, is a potent natural remedy known for its anti-inflammatory, antioxidant,

and antimicrobial properties. Use it to support immune health, skin conditions, respiratory issues, blood sugar balance, bacterial infections and more. The powerful compound thymoquinone contained in black seed oil is responsible for this remedy's therapeutic effects.

Castor oil and a castor oil pack

Castor oil packs can enhance circulation, reduce inflammation, and support detox pathways. You can buy ready-made castor oil packs with cotton on one side and an oil-proof material on the outside to prevent the oil leaking. Apply about 2 tablespoons of castor oil onto the cotton side and apply that onto the skin over the abdomen, liver, pelvis, or any other area to be treated, leave for a few hours or overnight.

Vitamin C

Vitamin C is an essential nutrient that supports immune function, collagen production, iron absorption, and has antioxidant protection. It must be consumed daily, as the body cannot store it. It also neutralises free radicals and reduces inflammation. We rarely get enough in our diets, so I recommend a good wholefood form of vitamin C be taken daily.

Zinc

This essential mineral supports immune function, hormones, wound healing, skin health, bone and muscle health, blood sugar regulation, and cellular growth. Regular intake through diet or supplements is necessary as the body cannot store Zinc.

Vitamin D

This vital nutrient helps regulate calcium and phosphate in the body, supporting bone health, immune function, hormonal health, and mood. Due to limited sun exposure, most people in the Northern hemisphere need to supplement Vitamin D during the winter months.

Magnesium

This essential mineral is involved in over three hundred biochemical reactions in the body.

If you take nothing else, take magnesium! I have seen clients experience miracles when they include this.

Magnesium is great for many things including sleep and relaxation, muscle and nerve function, regulation of blood sugar and insulin response, promoting heart health, supporting normal blood pressure and heart rhythm, strengthening bones, and can improve mood and ease anxiety and emotional upset.

If you would like to know more about magnesium then Dr. Carolyn Dean's book, *The Magnesium Miracle*, is a great place to start.

A few other remedies I often recommend to clients include Iron, B vitamins, Potassium, Boron, Collagen, Amino Acids, Charcoal, Spirulina, Chlorella and clays. The list could go on but I will leave it there for now. Please contact me for more information.

● **For more information, please get in touch: helen@complete-balance.co.uk www.complete-balance.co.uk**

KGB playbook is destroying the west

by **DOUG ROSS**

These are the 20 most chilling insights from Yuri Bezmenov

YURI Aleksandrovich Bezmenov (1939–1993), also known as Tomas David Schuman, was a Soviet journalist and KGB operative specialising in propaganda and ideological subversion.

Ideological subversion is the process of bending a society's perception of reality so completely that it destroys itself.

In the Cold War era, few voices pierced the veil of secrecy as profoundly as that of Yuri Bezmenov, a KGB defector whose chilling exposés on ideological subversion still resonate today. His warnings, drawn from firsthand experience in Soviet active measures, offer blueprints for destroying free societies – not through bombs, invasions or disease, but through the poisons of manipulated ideas and cultural decay.

Here are 20 of Bezmenov's key insights:

1. Ideological subversion is a long-term process, spanning 15-60 years, designed to change the perception

of reality in a target nation without a need for military force.

2. Only about 15 per cent of KGB efforts focused on traditional espionage; the majority targeted psychological warfare and ideological manipulation.
3. The goal is to demoralise a society by undermining its moral, educational, and cultural foundations, making people unable to recognise or defend against threats.
4. Demoralisation takes 15-20 years, the time needed to educate one generation with subversive ideas.
5. Educational systems at all levels are key targets, turning schools into indoctrination centres that promote relativism over facts and critical thinking.
6. Media infiltration sows confusion by amplifying divisive narratives and discrediting objective truth.
7. Religion is attacked by portraying it as outdated or oppressive, eroding spiritual anchors and replacing them with state loyalty or nihilism.
8. Family structures are weakened through promotion of individualism, divorce, and alternative lifestyles that fragment social cohesion.

9. Moral relativism blurs right and wrong, leading to apathy and inability to unite against a society's true enemies.
10. History is rewritten to vilify national heroes and traditions, fostering self-doubt and guilt in the populace.
11. Following demoralisation, destabilisation lasts 2-5 years, targeting the economy, foreign relations and defence to create internal chaos.
12. Economic sabotage widens class divides, shrinks the middle class, and breeds resentment through inflation, shortages, or inequality.
13. Foreign policy is manipulated to isolate the nation, straining alliances and emboldening adversaries.
14. Defence readiness erodes through budget cuts, internal divisions, or anti-military propaganda.
15. The crisis stage erupts in violence or upheaval, where a demoralised and destabilised society demands radical solutions.
16. During the crisis, people willingly surrender freedoms for promised security, paving the way for authoritarian control.
17. Normalisation is the final phase,

where subversive changes become the 'new normal', institutionalised and irreversible.

18. Opposition is silenced through censorship, marginalisation, or elimination in the normalisation stage.
19. The process relies on 'useful idiots' – well-meaning Western intellectuals, elites, activists, and leaders who unwittingly advance societal suicide.
20. Once subversion succeeds, even exposure of the truth won't reverse it, as the population rejects facts that contradict their reprogrammed worldview.

Bezmenov's insights resonate today for obvious reasons from our fractured educational institutions, corrupted sciences to zero trust in 'experts'.

We must heed Yuri's prescient warning: reclaim critical thinking, fortify culture, and reject divisive ideologies before the stages of subversion culminate in irreversible 'normalisation'.

Because at that point, our country is dead.

● **zerohedge.com: These are 20 most chilling insights - Yuri Bezmenov:**
<https://tinyurl.com/4faa354n>

True Pearls: John Pilger (1939-2023)

by **RICHARD HOUSE**

The space for independent journalism has now all but closed, and independent journalists have gone to the internet, or to a metaphoric underground.

It really grieves me that so many of my fellow journalists can be so manipulated that they become really what the French describe as *fonctionnaires*, functionaries – not journalists.

It is not enough for journalists to see themselves as mere messengers, without understanding the hidden agendas of the message and the myths that surround them.

Secretive power loathes journalists who do their job: who push back screens, peer behind façades, lift rocks. Opprobrium from on high is their badge of honour.

Many journalists now are no more than channelers and echoers of what Orwell called 'the official truth'. They simply cipher and transmit lies. Some of Orwell's satirical writing looks like



Independent Australian journalist and documentary-maker

reality these days.

Whenever a journalist says to me, 'I'm impartial, I'm objective', I can decode it immediately. It means he channels the official truth.

Be brave and stay brave. Defy the thought police. War is not peace, freedom is not slavery, ignorance is not strength.

Real journalists act as agents of people, not power.

The major Western democracies are moving towards corporatism. Democracy

has become a business plan, with a bottom line for every human activity, every dream, every decency, every hope.

The main parliamentary parties are now devoted to the same economic policies and the same foreign policy of servility to endless war.

'Impartiality' and 'objectivity' have been taken over. They now mean the establishment point of view.

There isn't a war on terror, there is a war of terror.

If Barack Obama had a theme at all, it was the renewal of America as a dominant, avaricious bully...Obama was one of the most violent U.S. presidents.

Israel is the representative of the United States in the Middle East. Its policies are so integrated with American policies that they use the same language.

In Ukraine, the U.S. is dragging us towards war with Russia. [quote from 2014]

Should the CIA stooge Guaido and his

white supremacists grab power, it will be the 68th overthrow of a sovereign government by the United States, most of them democracies.

That both Assange and Snowden are fugitives is indicative of the retreat of liberal democracies from principles of freedom and justice.

The British establishment has always used the passive voice. It's been a weapon of discourse so those who committed terrible acts in the old empire could not be identified.

I suggest we look beyond this virus and ask how our current state of fear and its mass obedience will be exploited in future.

I have never made the facts fit an agenda, unlike the corporate media. If I didn't annoy all the right people all the time, I'd be very upset.

It's only when journalists realise they can't be both independent, honest journalists and agents of power, that things will begin to change.

The death of Beverly Eckert

by **John Hamer**

Murder or accident?

WAS BEVERLY ECKERT murdered by the U.S. government, which was severely threatened by her relentless pursuit for justice regarding the death of her husband, Sean Rooney?

Sean had died a terrible, heart-rending death on 9/11, as WTC-2 collapsed around him and Beverly was actually speaking on the phone with him, saying a tearful goodbye when he died in the collapse.

She said: "My husband Sean worked in the South Tower, his office was on the 98th floor with a couple of hundred other people, and he didn't really have a good understanding of evacuation and escape options and so they went upwards, only to find that the doors were locked.

They had a window of opportunity to escape down Staircase A; there were three staircases in the South Tower. I think they thought that the rooftop was an option, and so they went up and they were trapped because the roof doors were locked. And I heard from him, he called me and was able to get through to me so I was one of the very lucky family members. I was able to say goodbye."

Beverly had also issued this statement to the media in 2003:

"I've chosen to go to court rather than accept a payoff from the 9/11 victims' compensation fund. Instead, I want to know what went so wrong with our intelligence and security systems that a band of religious fanatics was able to turn four U.S. passenger jets into an enemy force, attack our cities and kill 3,000 civilians with terrifying ease. I want to know why two 110-storey skyscrapers collapsed in less than two hours and why escape and rescue options were so limited.



Beverly Eckert meets Barack Obama

"I am suing because unlike other investigative avenues, including congressional hearings and the 9/11 commission, my lawsuit requires all testimony be given under oath and fully uses powers to compel evidence.

"The victim's fund was not created in a spirit of compassion. Rather, it was a tacit acknowledgement by Congress that it tampered with our civil justice system in an unprecedented way. Lawmakers capped the liability of the airlines at the behest of lobbyists who descended on Washington while the September 11 fires still smouldered. And this liability cap protects not just the airlines, but also World Trade Center builders, safety engineers and other defendants.

"The caps on liability have consequences for those who want to sue to shed light on the mistakes of 9/11. It means the playing field is tilted steeply in favour of those who need to be held accountable. With the financial consequences other than insurance proceeds removed, there is no incentive for those whose negligence contributed to the death toll to acknowledge their failings or implement reforms. They can afford to deny culpability and play a waiting game.

"By suing, I've forfeited the \$1.8 million

average award for a death claim I could have collected under the fund. Nor do I have any illusions about winning money in my suit. What I do know is I owe it to my husband, whose death I believe could have been avoided, to see that all of those responsible are held accountable. If we don't get answers to what went wrong, there will be a next time. And instead of 3,000 dead, it will be 10,000. What will Congress do then?"

Eckert was one of the very few surviving relatives who refused to accept the 'hush money' offered by the government and took her own actions, ultimately leading her to the White House and the fateful meeting with Obama. She sought only justice for her husband and in so-doing publicly referred to the government-orchestrated 'Project for the New American Century,' as the 'most sinister' of all the documents she had ever seen.

Eckert had gathered evidence that George W. Bush knew all about the attacks in advance and had even contributed to the planning of them. Because of her relentless activism, she was 'allowed' to meet with Barack Obama, informing him that she would not rest until justice was served, and also demanded that George W. Bush

be investigated for conspiracy and complicity in mass-murder.

Less than a week later, Beverly Eckert was dead.

She had met with Obama in February this year at the White House, asking him to open a new 9/11 investigation. Obama shook her hand on TV, then gave her 'complimentary' tickets on a flight to Buffalo, NY, her late husband's hometown, to celebrate his 58th birthday anniversary. Just six days after the meeting with Obama, the plane crashed and Beverly Eckert was silenced forever.

The crash of Continental Express flight 3407 brought tragedy to the friends and family of all fifty victims, but for one family, grief struck for a second time.

The plane was flying without any cause for concern, but then it suddenly began pitching wildly and crashed. The slick media 'experts' claimed it was due to ice and 'pilot error,' yet the plane had powerful de-icing systems. Suspiciously, there was a strong FBI presence at the crash scene but the FBI only investigates cases where the National Transportation Safety Board has determined that 'foul play' is involved. They stated that criminal action was ruled out, yet their presence proved otherwise.

This suggests that they knew there was foul play, and that their only purpose at the scene was to enact a cover-up operation. The forensics team was led by the same man who led the forensics recovery efforts for Flight 93 in Shanksville on 9/11. This man was a FEMA operative who had also worked with the UN on the crash of Egyptian Airlines 990 (another black-op.) Was he considered a 'safe pair of hands' for dealing with these incidents?

In addition – and also extremely suspiciously, the plane actually crashed into a house five miles from Buffalo airport, remarkably belonging to a friend of Beverly's late husband, killing him outright, along with all 49 occupants of the plane. What are the chances of that?

● falsificationofhistory.co.uk



Letters to TheLIGHT

Love us or hate us, we are helping raise the level of debate in this country and across the world, so we welcome views from all perspectives, because the enemies of free thought and free speech are censorship and group-think. We are all individuals – let's have your thoughts! *Please email: letters@thelightpaper.co.uk*

Dear The Light,

I have just learned that 90,000 Canadian citizens have been 'nudged' into ending their lives by the country's assisted dying program, MAID.

It occurred to me that you could run a whole issue of your newspaper around the topic of nudging. Have you covered the dry run for the covid virus, when they gave us the AIDS hoax? Lots of nudging going on around that particular psyop.

Thank you for shedding light on so much that we are not supposed to see.

Paul Downey

Dear The Light,

I've just read through the latest issue, no 63. The article titled 'Terrain model book' prompted a memory regarding GNM, German New Medicine.

Those interested in this article might want to do a bit of research. It suggests that cancer is a natural process and a stage of healing. It is quite compelling.

I recently bought a copy of Nexus [November 2025] – the alternative news magazine. Your readers might find it of interest, particularly the article on 'Spy Phones' by TJ Coles.

The letter by John Bowen brought back a memory of being shouted at when a passerby at my bus stop noticed I had a copy of *The Light*. I firmly retorted 'No' to his 'aren't you embarrassed?' and he passed by, thinking better of causing a potential fracas. That would have exposed him.

I then noticed him across the road with his phone out waving his camera in the air, intent, perhaps, to take a photograph. When I noticed him he seemed to think better of it, and slunk away, or he had already taken one.

I don't know whether he was a fascist or a communist, which are

Dear The Light,

I would like to focus some light on an illusion that many are duped into trusting and believing. It's another elephant in the room.

Improvements to society won't be delivered by putting a good, skilled and enthusiastic man in a high position.

It does not depend on one man; it depends on the whole vision of a society.

Britain has made errors of judgement often enough. The people have voted many people into leadership positions over the decades.

As they reached a high position they looked promising, but afterward they turned out to be a totally different kind of person, often kowtowing to unelected bodies, such as the WHO, WTO, WEF and so on.

Nothing happens through the changeover of individuals.

To many it seems like because a new man, or woman, is at the helm, something



Photo: Triyugowicaksono

better will happen.

This gives a very temporary sense of relief. Then, if we are aware, we notice that everything is exactly the same or worse.

Even if the chosen leader has good intentions, the system will grind him or her down.

The entire social and political system needs to be transformed. We have to replace the old vision with a new vision of life.

At the moment, it is like placing a keen and skilled driver into an old clapped-out car, and expecting him to generate speed. Our country's system is very old and has deteriorated.

Up to now, we have seldom looked at our system, but perhaps after many disasters, people will realise that our whole old hierarchical structure is dilapidated and dangerous.

I hope that people will have insights about this and see that a change needs to come from the grassroots.

Our mind-set has to change fundamentally.

Thank you for your attention to this, and for your efforts to change people's outlook.

Alan J. Chaplin

Dear The Light,

The concept of 'Treason' must be re-instated.

It's the only way to combat the deliberate obliteration of our country and its people. It's obvious why and by whom it was removed.

Peter Manley

Dear The Light,

I've just read the good article about vaccines in issue 63, and have almost finished an excellent book on the history and effects of vaccines which I highly recommend to everyone.

It's thoroughly researched and is easy to understand. It's called Dissolving Illusions (Disease, Vaccines and the Forgotten History) by Suzanne Humphries, MD and Roman Bystryanyk.

If I had the money, I'd be buying multiple copies and distributing it to as many GPs and MPs as possible.

Nikky Govier

Dear The Light,

The wars were never ending

The sky forever gray

I need a weapon for this battle

To make a brighter day

While walking in my local town

A man he spoke to me

He said 'Take this little paper son'

'Don't worry as it's free'

That night i read the pages

This news it seemed so right

And now i have a weapon

My weapon's called 'The Light'

So time to slay some demons

Please give us strength O' Lord

And remember that old saying

'The pen is mightier than the sword'.

David Kane

essentially the same thing. They seem to be merging. The powers that be seem intent on merging democracy too. What we are left with is those who either support the enslavement of humanity, or are happy to be controlled by it in return for an easy life, and those who value personal freedom and integrity above all else.

Liam Linaker

Dear The Light

Spoiler alert! The most valuable substance in existence isn't gold. It's time. And it's being stolen by the dregs of humanity, aka the WEF et al.

They're keeping you distracted with pantomime. It's time to change that. The law (as it used

to be known) is impotent at repossessing it, so it's up to you reading this. Savour it. Use it wisely for good. Be quick, we're running out of it...

Peter Manley

Dear The Light,

Thank you for another excellent issue.

In particular, I was inspired to read Anthony J. Molyneux's article on the constitution which, in my opinion, is the key to stopping the misleaders in their tracks.

It would have been really useful to know how he suggests the 'democratic process' will help resolve this.

Democracy is an illusion and

election results are rigged – with 'useful' puppet politicians installed rather than elected. Indeed, the act of voting is to affirm acquiescence to more of the same.

I agree with Mr Molyneux but some 'next steps' would be useful to see. Education, of course, is essential, and is why I've been learning with the excellent Will Keyte, but query if another political party could actually deliver this much-needed shift through the current electoral system.

I am happy for my letter to be printed and to connect with Mr Molyneux if you would be happy to pass on my email.

Felicia Foster

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Date known as "19th October 2025"

Proclamation of the establishment of Office of the Executor of
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("CAPITIS-DIMINUTIO-MINIMA")

I, the living man 'Simon John', am not "Lost at Sea/Sea" and

I, the living man 'Simon John', have the capacity to act as Executor of the aforementioned trust accounts, and I, the living man 'Simon John', biological creation of 'John Francis Michael' and 'Barbara Ann', bring of the bloodline "Coll", exercising my right to act as Executor of the aforementioned trust accounts, establish the "Office of the Executor" for "Simon John Coll", Estate, et alia (all of the aforementioned trust accounts) for when I, the living man 'Simon John', elect to act on behalf of any or all of the aforementioned trust accounts, and

From the date of this Notice, no other living man, living woman, nor "person", be that "person" "natural" or artificial, is authorised to act as Executor for any of the aforementioned trust accounts unless they have written authority and/or consent, autographed in wet ink by the living man 'Simon John', the lawful and legal Executor of the aforementioned trust accounts, and

Any challenge to this proclamation must be by signed affidavit, made, at the risk of perjury and remedy, within twenty-eight days of the date of this proclamation to the Office of the Executor, and

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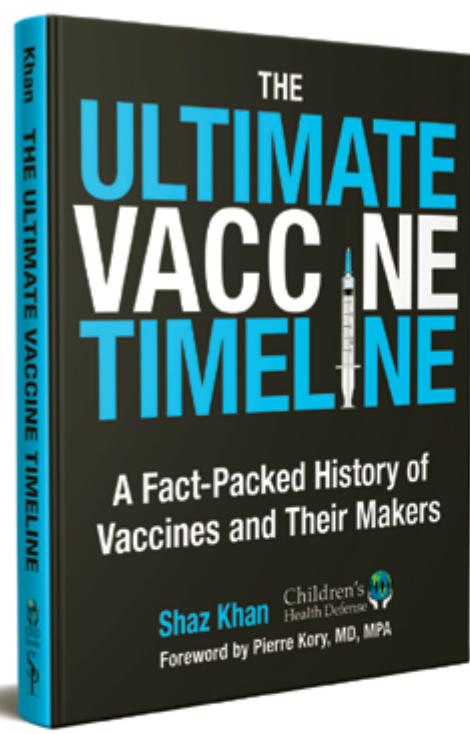
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