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The Uncensored Truth

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Constitutional crisis

Charles III may put our system of democracy in danger

by **DARREN SMITH**

CONSTITUTIONAL researchers are warning of a crisis should King Charles III be crowned next month without formally retracting his endorsement of globalist policies and agendas.

The researchers have written to the Duke of Norfolk regarding the King's declared backing of the World Economic Forum agenda in a major policy speech in 2020.

They say this is in contravention of the Coronation Oath - a cornerstone of the British constitution that the monarch is required by law to take, and which for centuries has guaranteed the freedoms and rights of the people, and their position as sovereign over parliament and therefore government.

Researchers Justin Walker and William Keyte claim that King Charles's allegiances to policy initiatives connected to the United Nations and many other unelected globalist organisations will further remove the remaining freedoms that have been whittled away over the centuries.

They say these policies cannot be consistent with one swearing an oath to 'uphold the ancient laws



King Charles III with Klaus Schwab

and customs' of the land.

The pair have called for a public retraction of such support before the Coronation is to take place on May 6 at Westminster Abbey.

While it is highly unlikely the Palace is going to issue any such statement, public awareness of such an important matter regarding the future direction of the nation can only grow.

And the pressure may build for King Charles to retract his allegiance and endorsement of 'green' agenda policies in the coming months ahead, as public opposition to travel restrictions and yet more surveillance, including a digital ID system, grows even louder.

Fearmongering about the weather has been shoehorned into public

consciousness for decades, and it is based on nothing more than provable deceptions, paid science and propaganda techniques.

But now we are seeing these manufactured beliefs evolve into policy in our towns and on our streets, affecting our everyday lives, and as the people of Thetford and other towns and cities are showing, there is

already strong public resistance to this agenda, which is both unnecessary and extremely damaging to local communities.

Our ancestors were well aware of the potential for tyranny in any centralised government, which is why they framed the constitutional principles in the articles of Common Law of the Great Charter of 1215.

It is this which binds all future governments, and the King is duty-bound to refuse to give Royal Assent to laws which are 'to the prejudice of the people'.

Walker and Keyte state: "The law of the land takes absolute precedence over any statutory legislation that has been passed by Parliament, especially if it is contrary to the fundamental principles and the effective protection that is our Common Law Constitution.

"Unless the people wish to experience outright tyranny, common sense dictates that Parliament must never be allowed to write itself into constitutional authority."

● **Read the full letter here:**
<https://thelightpaper.co.uk/assets/Letter-to-the-Duke-of-Norfolk-7.pdf>

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How to hold our so-called representatives to account

Ten questions you can send to every sitting MP

NEXT year, a general election is due. Like many readers of *The Light*, I will not be rushing to the polling station. For the first time, I am minded to stay at home. Yes, there are genuine alternatives to the mainstream 'uniparty', such as David Kurten's Heritage Party and Robin Tilbrook's English Democrats, but the mountain may be too steep to climb.

Nonetheless, we are supposed to be represented by our constituency MPs, whichever party they belong to. They should address the concerns of all residents, not only their voters. I suggest, well before an election is announced, testing your MP's reasoning and resolve.

In the fourth year of the present parliament, plenty of time has elapsed on which to evaluate your MP's performance - either by omission or commission: do they blindly follow their party line, or do they think for themselves?

Let's give them a chance to tell us where they stand on the big issues of the day, by challenging them with a series of questions that they have no excuse to sidestep.

I'm thinking of all those policies imposed by a Conservative government, but typically supported across the green benches, that nobody voted for.

Did you vote Conservative in December 2019, expecting some kind of social and economic conservatism, but are now feeling betrayed? Are you a Labour follower, wondering why almost all their current ideas seem to be against the interests of ordinary voters? Or perhaps a Scottish nationalist, aghast at the SNP's diversion into woke puritanism?

Since the last election, we've seen dramatic changes to our society, institutions and culture.

We didn't vote for authoritarianism in the guise of public health; coercive mass injections of an untested medical product; road closures for a dubious climate crisis; manufactured food shortages; unlimited illegal immigration; constant promotion of gender ideology and critical race theory, and the destruction of our heritage. And we certainly didn't vote for war against Russia.

Here is a template, which may be sent by constituents from Lewis in the Outer Hebrides to Lewes in Sussex:

by **NIALL MCCRAE**

Dear [MP]

As a general election will soon be held, I would be most grateful if you would inform me of your own view on the following matters, all of which are of considerable concern and cost to your voters:-

1. *Do you believe that there is a climate crisis?*
2. *Do you believe that covid-19 was a deadly pandemic?*
3. *Do you believe that lockdown was necessary in 2020-2021?*
4. *Do you believe that the covid-19 vaccines are safe and effective?*
5. *Do you support billions of pounds of military supplies and indirect or direct involvement of our armed forces in the war in Ukraine?*
6. *Do you regard the tens of thousands of people crossing the English Channel and entering the country illegally as 'refugees'?*
7. *Do you believe that it is safe for dozens of undocumented male migrants to be housed in our towns?*
8. *Do you support the teaching of transgender ideology to schoolchildren?*
9. *If you do not agree with any of the above, what are you doing to oppose such policies?*
10. *Finally, what is a woman?*

I'm sure that readers will have many more questions of their own, but for consistency, I suggest using this version only: this will enable wider analysis of the state of our democracy (if it can still be described as such).

Any response will be useful, whether it's the usual vague cautiousness (thereby failing to answer a straight question), or a splurge of wokeness and standard responses that toe the official party line.

● **Please send any MP's response to the thelightpaper@protonmail.com, for the attention of Niall McCrae.**



Banksy's best: Chimpanzees in parliament

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"Disobedience is the foundation of liberty"

- Henry David Thoreau

I was told to keep quiet about injection harm

NHS whistleblower told to get jab or lose job

by HENRY WIDDAS

A COVID injection whistleblower claims his NHS bosses prevented him from warning his patients about adverse reactions from the treatment - and said he would lose his job unless he had his second dose.

Therapist Ross Chambers, 35, says his nightmare unfolded after he repeatedly asked managers to investigate apparent harms being caused by the covid-19 injections.

Mr Chambers gathered evidence from his patients, and noted 38 cases of harm over a short period, a sample of which he presented to NHS health bosses.

The anecdotal evidence revealed a range of injuries - heart problems, blood clots, strokes, sepsis, neurological disorders, and death - occurring just days, and in one case, just one hour after the covid shot was administered.

He said: "As I was telling my managers about all the really serious issues I was seeing among my patients, they responded by saying that I would also have to take the second shot, otherwise I would be sacked. It was just completely mind-boggling."

Unable to endure the lack of concern and ensuing action from his colleagues, Mr Chambers, a Psychological Wellbeing Practitioner, left the job he loved in the NHS in July 2022.

He said: "From about April 2021, that was when people started telling me these stories. And to start with, I felt it was a one-off, but then more of my patients came forward with their stories, and I started to become very concerned and began to document them.

"The pattern I saw emerging indicated that the problems they were getting were primarily after the second dose. I was seeing about seven patients a week for assessment, and over a period of three months, I was hearing of problems once a week, sometimes even twice a week.

"It was very distressing for me to hear. It was getting to a point where I knew it was happening. I had heard too many stories for it to be a coincidence."

Mr Chambers said he was also hearing



The pattern I saw emerging indicated that the problems they were getting were primarily after the second dose

from those who had been vaccinated that they were getting covid very badly a short time after, yet he had only heard one of his patients catching covid in 2020.

He brought this up in a team meeting, and said a colleague told him not to be stupid and that no-one could catch covid from the vaccines.

Mr Chambers said two of the cases of apparent covid injection harm that he recorded involved two teenage girls. One suffered complications an hour after her dose, and was later diagnosed with a neurological disorder.

The other was diagnosed with blood clots in her leg and her lung a week after her injection. She was then told by a doctor that the vaccine was not the problem and that she should get her next dose when it was available to her.

He presented this evidence to the executive medical director at Blackpool Teaching Hospitals NHS Foundation Trust, in November 2021.

Mr Chambers also presented his health bosses with evidence from a Freedom of Information (FoI) request he had sent to the North West Ambulance Service (NWAS).

The data he received showed a very close correlation between the total number of second doses administered and the increase in grade one (the most serious) ambulance callouts over the same period.

He did not get a response from the executive medical director at that time, so he contacted his line manager who said they would escalate the issue. But despite asking his manager for an update several times, he never heard back from them.

"I was also told in meetings with my managers that I can't be saying anything to my patients that would put them off taking a vaccine. I was basically told to stop talking about vaccines."

And after being warned that he had to be injected to keep his job, at a time before

the NHS injection mandate was removed, he broke with the stress.

"I had to sign myself off sick," said Ross, "which I had never done before in my life. I made my local MP, Scott Benton, aware of what was going on, and he got back to me with the words 'the die has been cast' - essentially saying we can't do anything about it."

Blackpool South MP Mr Benton also told him that he did not agree with him about his concerns.

RESPONSES TO ROSS CHAMBERS

MP Scott Benton wrote a letter to Ross Chambers in November last year, and stated: "I am incredibly proud of the excellent progress in rolling out the vaccine and the booster doses.

"I can assure you that the Medicines and Healthcare Products Regulatory Agency (MHRA) has followed rigorous procedures to ensure the vaccines meet the high standards needed to be considered both safe and effective."

The only response Mr Chambers received from his former executive medical director was in December last year. In an email, he said: "I apologise if I failed to acknowledge earlier emails. I have just looked back though my inbox and can find no record.

"I no longer work at Blackpool Teaching Hospitals NHS FT (foundation trust) and am not in a position to answer your questions in detail. A lot has been written about mRNA vaccines and, of course, there is detailed advice in the British National Formulary (BNF), which is updated frequently."

As of March this year, the BNF website offers the following advice on its covid-19 injection page: "Pregnant females should be offered immunisation against covid-19 as pregnancy is a clinical risk factor for severe covid-19 infection."

● <https://bnf.nice.org.uk/treatment-summaries/covid-19-vaccines/>

● **For the full video interview, see the *Holding the Line: Journalists Against Censorship* odyssey platform at https://odyssey.com/@Holding_the_Line/a/NHS_whistleblower:3**

Cause of death reporting changed to help create covid ‘pandemic’

Hospitals incentivised to report all deaths as covid-19

by **THE ORIGINAL SAI**

(continued from last month’s issue.)

SEEKING a new challenge and experience, I made a move in 2019 to another major hospital in central London, this time sidetracking into operational management.

I was in charge of the operational management of Nephrology, Rheumatology, Dermatology and Diabetes & Endocrinology. In January 2020, I remember hearing about the first case of covid-19 at our hospital, with a patient arriving from China and walking into our A&E. A&E was shut down and steam-cleaned that day, I recollect the moment I heard about this.

In my mind, I saw the reporting of covid-19 in the media as nothing more than Bird Flu or Ebola, which had caused panic but yet passed. I wasn’t worried in the slightest bit. Things began to escalate in February 2020, around the time I was going on holiday.

Due to the reporting by the media, I bought N95 masks as a precaution for my trip and to give to my parents and younger sister. I was blessed to have had an opportunity to spend a few days in Sri Lanka for a wedding, and then nearly a whole month in Australia (March 2020).

I watched as the narrative of a deadly infectious disease continued to grow with every day that passed. I made a decision to cut my holiday short by a couple of days so that I could make sure I got back to my family, and not end up being stranded in Australia.

Upon returning to the UK in late March 2020, one of the things that struck me was the lack of any temperature monitoring or questioning at Heathrow Airport. This seemed odd for a potentially deadly infectious disease that was spreading around the world. It was especially odd, as Sri Lanka and Australia had questioned me and checked my temperature upon arrival, with even Singapore monitoring temperatures during transit.

My mother had just recovered from cancer, my father was over 70, and my younger sister was born with Down’s Syndrome alongside multiple other conditions. I had three high-risk individuals in my family and I was scared of giving them covid-19.

I asked my hospital to allow me to work from home. They refused. I wasn’t deemed high risk, although I lived with my parents at the time. I needed to help my mum and my sister. The hospital held no regard for the safety of its employees. They forced me to come into work.

I spent two months isolating in my bedroom. I barely came out for fear of spreading an infectious disease. Never once did I think about the situation or my prior experience or knowledge; I was just reacting to the media frenzy. I was full of panic and stress.

The first irregularity I noticed was that the government and media stated that covid-19 was an infectious disease. However, just before the first lockdown, I noted that the government had downgraded the status of covid-19, stating it was no longer infectious.

Patients being admitted and dying with very common conditions such as old age, myocardial infarctions, end-stage kidney failure, haemorrhages, strokes, COPD and cancer, were all now being certified as covid-19 via the Medical Examiner system

This made no sense to me. Why would we need to isolate if they downgraded the status? My circle of friends contained many medics and dentists. They were all panicking at the time, saying they had inadequate surgical masks, and that they needed N95 masks.

N95 masks were seen as the only way to prevent medical professionals from becoming infected with covid-19. The public being asked to wear surgical masks made no sense to me. The virus would be able to go straight through. Something didn’t seem right.

I ended up meeting and dating an FY1 doctor around October 2020. We clicked because she was different from every other doctor I had previously spoken to about covid-19. She also had her suspicions, and believed it wasn’t as infectious as it was made out to be.

We both started to slowly realise that covid-19 was a real disease (as it was showing up on X-rays in patients) but that it wasn’t infectious at all, despite all the reporting in the media.

I needed to experience working in a covid-19 hotspot and see all the action for myself. In March 2021, I quit my job at the hospital in central London and took up an opportunity to manage A&E and AMU (Acute Medical Unit) at a hospital in South London.

The six months that I spent working there confirmed all my suspicions, and culminated in my decision to end my career in the NHS. The entire time, I was not tested once with a PCR test, despite walking into wards full of covid-positive patients on a daily basis. Yet we were required to test multiple times when visiting another country.

The PCR test that the NHS was using is known to have false-positive results. This is shown in numerous studies which can be found online, an example of which is: if a patient tests positive for covid-19 with a PCR test, this doesn’t mean they are infected. If tested again, they may well get a negative result. However, in the NHS, patients are only tested once, and this stays on their record

throughout their admission.

Hospital policies were changed, alongside the implementation of the Medical Examiner system, to ensure that any patient who died within 30 days of a positive test would have to have covid-19 as their primary cause of death. This was regulated by the Medical Examiner.

Pre-covid, the leading cause of death at every hospital per annum was pneumonia. Pneumonia is a respiratory disease like covid-19, and can be broken down into four different causes of death: bronchopneumonia, aspiration pneumonia, community acquired pneumonia and hospital acquired pneumonia. These four causes, when added together, killed the largest number of people on an annual basis prior to the pandemic.

The Medical Examiner (one individual in each hospital) was certifying all these pneumonia deaths as covid-19 deaths. When four different diseases are being grouped together and called covid-19, you will inevitably see covid-19 with a huge death rate. The mainstream media was reporting on this huge increase in covid-19 deaths due to the Medical Examiner system being in place.

Patients being admitted and dying with very common conditions, such as old age, myocardial infarctions, end-stage kidney failure, haemorrhages, strokes, COPD and cancer, were all now being certified as covid-19 via the Medical Examiner system.

Hospitals were switching to and from the Medical Examiner system and the pre-pandemic system as and when they pleased. When covid-19 deaths needed to be increased, they would switch to the Medical Examiner system. Doctors were being told one week that they needed to complete a Medical Certificate of Cause of Death (MCCD), then told the following week that they weren’t required to fill out an MCCD as the Medical Examiner was handling this.

Hospitals were incentivised to report covid-19 deaths over normal deaths, as the government was paying hospitals additional money for every covid-19 death that was being reported. The Medical Examiner system ensured that covid-19 was being put down as the cause of death. Any doctor who argued against covid-19 as a cause of death was bullied and vilified. The General Medical Council maintains a register of all doctors in the UK. This ensures that there is a fear of being struck off for speaking out against an agenda.

The GMC effectively controls all doctors in the UK. Even if a doctor realises what is going on and wants to speak out, they will think twice about talking, as they would be risking their entire career and everything that they’ve worked so hard for.

● <https://tinyurl.com/ymz7huff>

● <https://tinyurl.com/mrx2w6zs>

● **@TheOriginalSai - Ex-NHS professional | Former Director of End-of-Life Care | Current Creative Director | TRILLIONAIRE GENTS SQUAD ® |**

Resisting plans for 20 minute neighbourhoods

Council meeting video viewed over 250,000 times

A THETFORD Town Council meeting saw an unprecedented turnout of residents voicing their concerns over the proposed rollout of 20 minute neighbourhoods.

The meeting in February came about after a group of critical thinkers were made aware of the project via an article in the *Eastern Daily Press*, where Thetford, along with Attleborough and Roudham, is set to trial the scheme.

The meeting had come about when a group of local people, who began a Stand in the Park during the covid lockdowns, decided to unite on this issue.

Between them, they organised 5,000 leaflets to be printed and distributed to the residents of Thetford, in the hope of bringing about much-needed awareness of what is being instigated by central government and implemented at a local level.

The group had recently attended a very large protest in Oxford, where Oxfordshire County Council has already decided to roll out a 15 minute city agenda, set to come into effect in 2024, regardless of the majority of the public not agreeing to it.

As a result of the hard work put in by the group, the council meeting went ahead, with very positive results.

The turnout was so impressive that the Kings House boardroom was not big enough to safely accommodate everyone.

The meeting was quickly moved to The Thomas Paine Hotel, thanks to the quick thinking of Mark Taylor, a local councillor in Thetford.

Over two hundred Thetfordians filled the space of the hotel's dining room (pictured above), courtesy of Gez Chetal, the owner and landlord of the venue.

A local cameraman, Kris Brooks, who owns a small production

company, LSB Film Productions, was at the meeting and recorded the whole event.

In the video, the main public speaker, Mike Bull, an ex-policeman of thirteen years service, and who served in Thetford, is seen to be in full flow, brimming with passion.

He held the Mayor of Thetford, Jane James, accountable, along with other Thetford councillors. Throughout Bull's speech, the gathered locals erupted with cheers and applause, as deep



Scenes from the meeting



feelings were made clear to those being addressed.

He was supported by local and vocal freedom campaigner, Bob Seys, and many others - all of whom are in vehement agreement: 'we do not consent', echoing the views of the locals of Oxford, who have also been dealing with similar proposals in recent months.

The whole situation brought to mind the uncanny fact that Thomas Paine himself - the author of *The Rights of Man* back in 1791 - was born and raised in Thetford.

He fought for our freedoms, and would have been extremely proud of us as the people of his town continue to fight for what he believed in and wrote about.

Since the video was published on March 1, it has gone viral. By April 9, it had been viewed 255,000 times. It has appeared on various online sites, including *The Telegraph* and the *Thetford & Brandon Times*.

The support the film has received has been overwhelming. The BBC and Rebel News UK have also shown interest. We have had messages, emails and texts from people all over the world, including America, New Zealand and Australia. It really has become worldwide news.

Kris Brooks, Mike Bull and Bob Seys have appeared on The Richard Vobes Show, aptly filmed at the Thomas Paine Hotel on March 12, and the support just keeps coming.

Not only has the initial goal of bringing awareness to the people of Norfolk been achieved, goals we only ever dreamed about are also being smashed too.

Our little town of Thetford has now become the benchmark for what is possible when a group of you stand up and take action together, hopefully inspiring many other towns and countries to follow in our footsteps, and use their voices to put a stop to what is being done.

● **A meeting with Norfolk County Council took place at the end of March and was also filmed. It can be found by searching LSB Film Productions on YouTube.**

● **Article written by Geoff Mealing**

● **Edited by Kris Brooks**

● **Images by LSB Film Productions**

When did democracy die in the UK?

by **DUNCAN WADE**

Lingering death for our once treasured freedoms

WE live in a nation led by an unelected Prime Minister presiding over a government that does not represent the will of the British people.

It is unconcerned with the welfare of the public, and is aided by a nominal opposition that simply supports their position.

Rather, it follows a radical political agenda that is opposed to the once deep-held values the UK was built on.

Democracy was certainly dead during the Blair years, with a disregard for international law evidenced by the invasions of Iraq and Afghanistan, and subsequent efforts to impede any investigation into the political manoeuvrings and disinformation given on weapons of mass destruction.

Cameron's government was hardly better. The attempts to thwart the population on the issue of Brexit was characterised by Project Fear, with the public warned that if they did not fall into line and vote as instructed there would be political

and economic armageddon, even wars and famine.

Those who dared to voice the alternative were branded as misled, dangerous, radical racists. The UK was told there was no option other than a union with the EU.

After Cameron, Theresa May's government also attempted to backpedal on its promise to deliver Brexit, in order to find a way to return to the undemocratic bureaucracy of the EU.

They went as far as telling the nation there should not have been a vote, because most people did not understand the complexities of the modern political world.

Boris Johnson outdid them all though. The British people were ordered into surrendering a raft of freedoms for covid. Project Fear Mark 2 was unashamedly set in motion, with the police and a hastily-recruited platoon of civil enforcers instructed to ensure that the population wore regulatory masks, were locked down and socially distanced. Being beaten up for your own safety by the police was the regime for two years.

We were told that death waited around every corner. Yet, while all this occurred, the Johnson regime ignored its own state of emergency and sipped wine on the patio of 10 Downing Street, while also indulging in regular pre-weekend drinks together.

Those who refused to be vaccinated were hounded, victimised, lost their careers, and were denigrated in the media as enemies of the people. Their right to free speech was stripped; they were described as 'spreading disinformation'. They were segregated.

As for today, Rishi Sunak obtained his position by the premeditated, cold-blooded backstabbing of his predecessor, who had barely taken her seat. Sunak is a multi-millionaire, representing not the people, but a global cabal of the filthy rich.

In a *GB News* interview with David Davis, host Nigel Farage asked Davis if the character of Parliament had changed during his career, stretching back to 1987. Davis's answer is telling and revealing.

According to Davis, his two predecessors as MPs were decorated veterans of World War Two, and Parliament was filled with men and women who had lived a life before entering Parliament, and had had a connection with the world they represented.

They were businessmen, soldiers, teachers and trade unionists; people from the shop floor of life. However, they were replaced by what Davis described as 'careerists'.

In short, Davis was identifying a cohort of incomers to Parliament with no connection to the people

they represented, viewing politics as a stepping stone to a better tomorrow for themselves; uninterested in the role of being an MP, with only a selfish interest in their own welfare and furthering their own ambitions.

At the time of Davis's arrival in Parliament, the nation was led by a greengrocer's daughter who often highlighted her humble origins. Her influential long-serving Deputy Prime Minister, Willie Whitelaw, was well respected by all, a decorated tank commander in Normandy (awarded the Military Cross). His father had died in World War One.

So what did these newcomers achieve and want from being elected to represent their constituencies? In November 1990, Margaret Thatcher was ambushed by the MPs in grey of her own party. It was led by passionate pro-Europeans, in this case Michael Heseltine. It was a coup.

The argument given for the political assassination was Thatcher's resistance to a currency union with the EU. In retrospect, it was a fortunate escape from the manacles of closer ties with the EU.

The resulting government of John Major's became characterised by a rearguard fight from those opposed to further integration into the EU. It also became identified with many MPs, largely pro-EU, who regarded

their positions as merely an opportunity to enrich themselves. They had no affinity with the people, or with the welfare of the nation, only an interest in their own betterment.

So did democracy perhaps die when the cohort of those who had fought for freedom, and those who had lived through it, passed on the baton to grey newcomers? Those who had no experience of real life, of the value of freedom, or any interest in protecting the values of the nation they were meant to represent?

Did democracy die when these individuals took on the mantras of the EU, UN and the World Economic Forum? Mantras and political thinking that had nothing but contempt for people-led democracy and national identity.

Democracy is most certainly dead in the UK in relation to the mainstream parties, whose leadership, in all respects, is not interested in the everyday welfare of the people. They no longer represent the will of the people, if indeed they ever did.

There maybe a bright note here though. It may be that democracy as we know it is dead, but there are enough of us left who hold its values dear, and that can be the beginnings of something new. There are more of us than them; it is up to us to re-establish what kind of nation we truly want to be.

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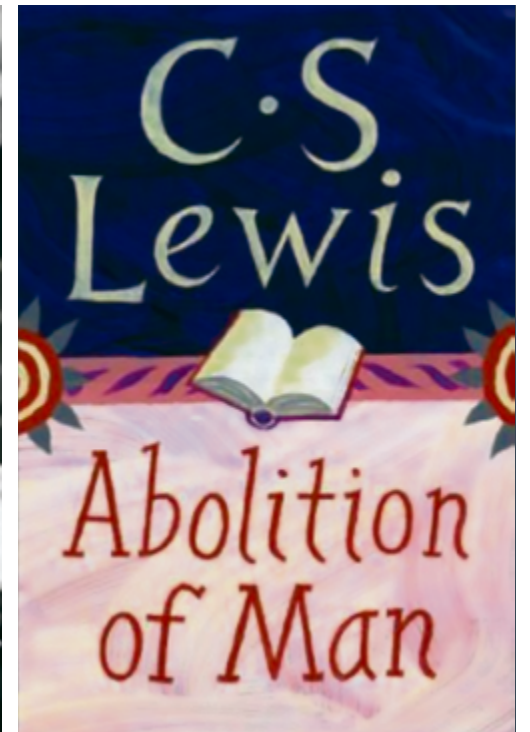
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A new era of tyranny

Most will know Lewis as a children's author, but he was also a vigorous critic of modern society and the dangerous trends that were emerging within it



AS C.S. Lewis predicated, the rulers who are now seeking to refashion society, and the character of the people within it, do so through the erosion of our values.

Most will know Lewis as a children's author, but he was also a vigorous critic of modern society and the dangerous trends that were emerging within it.

In *The Abolition of Man*, one of the most prophetic books of the 20th century, he writes about the presence of a powerful elite that would seek to radically transform society for their own ends.

While recognising that there have always been those who seek to exercise power over others, Lewis notes that we are rapidly approaching a new age in which scientific and technological advances will enable a small minority of 'man-moulders' to dominate society.

However, technology alone will not be sufficient. To refashion society according to their objectives, they will need to undermine resistance to those objectives.

This will not be achieved by force, because trying to impose a radical new image of society on people would likely bolster their resistance against it.

Instead, the key strategy is to erode the traditional, established values of civil society, and thereby undermine the individual's sense of what is right and wrong.

People will then be less likely to unify around those values and provide robust resistance to the new direction that the rulers wish to take society and its members.

Talk of values can seem abstract. Our concern is understandably drawn to the practical implications and dangers that technological innovations bring - such as the control over our lives that digital ID and central bank digital currencies will place in the hands of a few.

However, the implementation of such technology must always overcome the resistance of the many who will be subject to it.

What determines this resistance are the values that we hold and are willing to defend; values such as the right to individual liberty, freedom of movement and personal privacy. We may not always clearly articulate the importance of such values, but instead, have an intuitive sense of what is right and wrong.

Nevertheless, behind this sense there will invariably be a set of values that are guiding our choices and actions.

Rather than mere abstractions, therefore, our values have a practical import. They help us to determine what is significant and desirable, what is worth defending and fighting for, and what should be the character of the society in which we wish to live. Values such as freedom, justice and truth are the guiding lights by which we, and society as whole, can stay on course.

Without a strong commitment to such values, we are vulnerable. We can find ourselves being led in any direction by the elites, and, as Lewis pointed out, moulded or conditioned to serve their objectives. As the saying goes, if you don't stand for something, you will fall for anything.

Note the extent to which so many people

surrendered their individual freedom and bodily sovereignty to the authoritarian demands of the state during the so-called covid pandemic.

Such a response points to the dangerous consequences that can occur when people no longer maintain a keen sense of the values that underlie an open and free society.

The erosion of these values by the elites has been underway for many years. In *The Abolition of Man*, published in 1943, Lewis already saw this process in the modern education system.

He discusses in detail the growing tendency to instil in children the notion that the traditional values of society, and any value-judgement at all, are simply an expression of the individual's feelings.

As a result, any sense of what is right or wrong is deemed to be merely relative and has no more importance than someone else's notion of what is right or wrong. Each individual has their own values, and while a particular value may feel important to you, you cannot expect others to share or respect that value.

Against this, Lewis stands defiant. Our values are not simply an expression of our individual feelings. Obligations to do good, to refrain from harm, to protect children, and to care for elders have existed across cultures. Lewis invites us to recognise that such values have been, and continue to be, a central feature of any civilised society. These values are common to our shared humanity. Any individual, society or culture that violates such values should rightly be considered inhumane.

While working to erode these values, Lewis recognised that the rulers would still appeal to them to justify their own objectives. Presenting themselves as 'servants and guardians of humanity', they will say they have a duty to do it good. But the transparency of this claim is becoming apparent to all who care to look.

Measures supposedly taken to protect health have caused incalculable harm to individuals and communities. Environmental policies that we are told will save the Earth lead to the impoverishment of people.

Educational programmes that speak of children's welfare introduce them to ideas and material that, in any civil society, would be considered abhorrent.

The Abolition of Man demands that we remain alert to these tendencies. To continue to uncover how the elites introduce policies that, while appealing to traditional values, cloak an agenda that serves them.

Against such deception, it asks us to become awake to how the sincere maintenance of the values that underlie an open and humane society are essential to its survival.

To this end, Lewis's great work implores us to recognise the ways in which these values are being eroded, and the dire consequences for a society that provides no resistance to this. Doing so will leave us better placed to preserve these values within ourselves, and to stand up with others and defend them whenever they are being compromised.

It is not just civil society that is at stake, but the abolition of our humanity itself.

Politics can only ever be corrupt

by **LARKEN ROSE**

Casting a vote waters the roots of evil

IT doesn't require great intellect or virtue to complain about the current political monstrosity imposing its will on the people.

But many who imagine themselves to be pro-freedom and anti-tyranny are focused only on the many varied symptoms of the problem, and are still oblivious to the common source of all of them.

As philosopher Henry David Thoreau said: "There are a thousand hacking at the branches of evil to one who is striking at the root." But the reality is worse than that, because most of those zealously and righteously condemning various 'branches' of authoritarian evil are, themselves, continuing to water and fertilise the root of that evil, without even realising it.

All of the warmongering, the Ponzi schemes, the wealth redistribution, the police state thuggery, and so on; all deserve to be exposed and criticised. The problem is, most of the people loudly lamenting the existence of such things continue to advocate the underlying problem that makes all of those symptoms exist - namely, the notion of 'government' and political 'authority'.

So many vocal critics of the abuses of the state continue to hope, and push for, an impossibility: a legitimate and moral government. They keep pushing the idea that elections, and constitutions, and petitions and campaigns, might some day result in government being a force for good. But it won't. And it can't. Ever.

Playing the game of politics necessarily means legitimising and empowering a system of immoral aggression and violent domination. In fact, the term 'political corruption' is redundant. Politics is nothing but corruption, and cannot be anything else. The problem is

not just that political power can corrupt people. The problem is that the exercise of political power, by its very nature, constitutes violent immoral aggression against innocents, and is therefore inherently illegitimate and immoral. There is no such thing, and can be no such thing, as non-corrupt politics.

No doubt some people will object to this claim, saying something like: "What about when it taxes people fairly (especially the rich), and provides things for the common good, like roads, libraries, helping the poor, and so on?" No. Still 100 per cent immoral and 100 per cent corrupt. Government force being used to benefit you - or your neighbours, your family, or even the majority - doesn't make it righteous and fair. It just means that you happen to be the beneficiary of the corruption at someone else's expense.

Some supposed 'freedom advocates' will insist that they only want their fellow man forcibly robbed (taxed) a little bit, just to fund a few things they think are important and necessary.

But a purse-snatcher is no less a thief than a car-jacker, just because he steals less value. And someone who advocates minimal forced extortion, and minimal violent domination of his fellow man, is still advocating theft and thuggery.

The ones who win the bogus game of 'democracy' call the outcome 'legitimate representative government'. The ones who lose call it 'corrupt'. But it's the same damn thing, and it's never legitimate or righteous.

And when people complain that politicians or police are abusing their power, what they mean is 'they're not using violent aggression in the way that I want them to!'

Every law that government passes is a command or demand, backed by a threat of violence. As George Washington put it: 'Government is not reason, it is not eloquence - it is force!'

So if you're one of those who cheers for the existence of government - of any kind, in any form - and now complains about



Larken Rose

the inevitable results of having a ruling class, then you are one of those hacking at the branches of evil while watering the root.

If you want your fellow man forced (via taxation) to fund whatever you think is important or necessary, how can you be so arrogant and hypocritical as to complain when other people vote to have you forced to fund whatever they think is important? How do you have any grounds to complain when other people beg for laws that forcibly control your behaviours and choices?

Once you've accepted the insane premise that government authority is real, and that legalised thuggery is acceptable,

you've given up any right to complain when that same game is used against you.

Whether explicitly or implicitly, by playing politics and voting for rulers, you have already agreed that there should be a master above yourself.

To give people permission to rule you (and everyone else), and to then imagine that you are going to tell the rulers how they should rule, is absurd. But that lunacy is what the entire notion of representative government boils down to.

As long as you condone political authority and government power, you are advocating the very problem from which all of those

symptoms inevitably spring.

That is why one of the most ironic arguments is: 'If you don't vote, you can't complain.' This is the exact and precise opposite of the truth. If you voted, or petitioned, or cheered for this or that political candidate, party or agenda, then you cannot, in principle, object to the atrocities committed by the monster that you helped to create.

I know that I have no right to appoint a master over you, and I'm not stupid enough to appoint a master over myself. That's why I don't vote. I oppose all robbery, even the robbery called taxation.

I oppose all violent aggression, even when it is legalised. I condone the use of force only to defend against aggressors, which necessarily means that I am 100 per cent anti-government, since government - in any form, of any size and any flavour - is always an aggressor, and so is always inherently immoral and illegitimate.

And if that makes me an extremist because I want you to have more freedom than you want for yourself (or that you want for anyone else, including me), then so be it.

● **Larken Rose is the author of *The Most Dangerous Superstition***

● **www.larkenrose.com**

New design T-shirts and hoodies

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thelightpaperwear.co.uk

Interview with activist artist Lee Simpson



Lee Simpson

is a freelance illustrator based in Newcastle-upon-Tyne.

His work has been used as *The Light* centre spread, and he was the cover artist for the activist anthem *We Are the 99%*.

Previously a fantasy artist, his work can be seen in numerous publications, including the *Call of Cthulhu* RPG and *Munchkin* card game.

His activist work is free to use non-commercially for the cause. Prints, originals and a Scamdemic Trading Card Game are available at his website:

leesimpsonart.com/shop/

FIVE SHILLS. ONE AGENDA. NO LONG TERM SAFETY DATA.



by **DARREN SMITH**

What woke you up?

The covid hoax. I'd been a 'conspiracy theorist' for years, one of my favourite subjects being our rotten money system. Commentators would talk of a big recession coming in 2020, as the 'can was kicked down the street' from 2008's financial crisis. When the country was locked down, my first thought was 'this is the cover for a recession'. So the covid lie never landed with me; it was only when the obscure measures came out that I realised it was something far worse.

When I started digging, it was like a domino effect of wake-up calls. Long-held beliefs were shaken, former heroes discredited, and now I'm in a state of flux as to what I really believe. I prefer it though, as I'm not putting my entire opinion of the world on someone else. It's the Wild West of information these days, you have to really decide on your own what to believe.

What are you trying to achieve with your art?

I want to wake people up. Originally I was scared to put it out there, as being a 'covid hoax' artist would burn bridges. So I'd mask my style into paper cut out, or simple black and white stuff, and use a pseudonym. But on realising most people aren't standing up because they feared losing their job, I decided to jump in with both feet: name, face and website, in the hope it would encourage others.

Do you think the deceptions are fertile ground for creative imaginations?

Dude, I've never been more inspired. The last three years have been cosmic fuel for artists, musicians, writers and commentators. It manifested into a card game for me, Scamdemic TCG (trading card game).



What is the best response you've had so far?

Good old seething hate from the opposition, haha. Some of the comments I'd get on my artwork were hilarious. The shills are so quick to malign any kind of critical thinking. Funniest thing is, the smear reveals their position. To mock someone for questioning the government, suggests they think we should just blindly obey them. The opposition actually loses

credibility in their attempts to derail.

On a more positive note, finding the freedom movement itself has been the best response. We really are the 99%. So many different backgrounds and personalities coming together with one goal in mind - the truth. I've never had such enlightened conversations, no subject is off-limits and in that open forum, the bad ideas are exposed and the good ones stick around. It's clear why they want to silence debate, as debate reveals the truth. This giant hoax only survives because the complicit gag the people.

What do you think activists should be focused on?

At this point, we should be looking at alternative systems. There'll never be freedom or justice while we stay inside this rigged game. My suggestion is an old idea called mutualism, where people freely organise into worker co-operatives, using a money backed by labour (the only thing we have a monopoly on) and take part in a legitimate free market.

Whatever system we decide on, it will be better than the technocratic nightmare those Davos parasites have planned for us, and when they try to push their slave system currency with 24/7 surveillance, they'll awaken the sleeping giant.

Vaxxed and vax-free, black and white, 'xims' and 'thems' will all unite against our common enemy - tyranny.

We. Will. Win.

Vote Freedom Project launched

Political drive to derail digital enslavement

by JONATHAN TILT



THE Vote Freedom Project has been launched by Katherine Macbean and Jonathan Tilt. Katherine is the founder of the People’s Health Alliance (www.the-pha.org) and People’s Food and Farming Alliance (www.the-pffa.org). Jonathan is the founder and former leader of the Freedom Alliance political party.

The aim of the project is to support pro-freedom candidates to stand as Independents in local and general elections. Candidates will be provided with resources, guidance and promotional support. To be endorsed as a candidate they must be aligned with the project’s eight core principles below.

Jonathan said: “The globalists

and their puppet political parties are determined to move us rapidly towards digital enslavement and medical tyranny.

“The infrastructure to facilitate this is being implemented now by councils across the UK. Our best chance of disrupting and ultimately disabling that process is to get pro-freedom independent candidates elected.”

Katherine added: “Political parties have shown themselves to be wide open to infiltration, capture and control. Their time is over, and we the people need to use the Vote Freedom Project to take back control of politics and decision making.”

● **More information** <https://vote-freedom.org>

The Core principles that Vote Freedom-endorsed candidates are required to support are:

- 1 Freedom of movement within a nation state with secure borders
- 2 Total bodily autonomy for all people. No medical, or any other form of, discrimination
- 3 Freedom of speech
- 4 Freedom of information. Scientific, medical and other research made open, accessible and not corrupted by vested interests
- 5 Money that is protected from debasement
- 6 Truth and justice concerning the events of the manufactured covid crisis. Reparations for the victims of that crisis
- 7 Localism not globalism
- 8 Government that is small, decentralised and genuinely accountable to the people

Law must expel toxic governance

by LANCE PEATLING

Courts must bring authority to heel

THE Original Sin was the rejection of authority, punishment for which was our being cast out of the Garden of Eden.

Until that rejection, all of our needs were met, and after that we necessarily assumed personal responsibility for our survival. How different then is the position for any individual today when confronted by the myriad claims to authority by agents of the state?

The simple answer is none, though qualitatively - God’s offer of a paradise on Earth is an unarguably superior bargain to that extended to us by the state.

It should be recognised that not even a supreme being imposed authority - it was an expressly contractual relationship, voided when Eve, having tasted forbidden fruit, then convinced Adam to similarly rebel.

Until that moment, God fulfilled the role of parent, providing for his wards. Adam and Eve’s mistake, in the eyes of God at least, was to disregard His instruction, and in so doing - in rejecting his authority - they assumed responsibility for themselves. They became adult.

There is therefore no authority outside of that naturally presented to a parent over their child. All other claims to authority are a grotesque fiction grafted upon an increasingly infantilised population, seemingly content to cede control over vast swathes of what previous generations would have commonly considered to be private matters.

We are all, to a greater or lesser extent, wards of state, and it is a state which, with its monopoly on violence, aggressively and unlawfully (see the Statute of Monopolies 1623, for example)

seeks to dissuade the people from venturing beyond the thin veneer of the constrained choices it permits through an elaborate fraud masquerading as a free society.

Rather than fulfilling the parental role of preparation (for the parent is accountable for the actions of the child until they become an adult), the state has become an abusive, controlling parent.

Mother has built the wall, trapping the child in a toxic solution of arrested development where only actions supportive of the continuance of this diseased state are permitted. Mother knows best and wants to keep you safe.

What then are we to do to remedy this state of affairs?

The Magna Carta (1215) through to the Bill of Rights (1688), the Coronation Oath Act (1688) and the Act of Settlement (1700), taken together, describe our system of lawful governance, in which is enshrined the fundamental right to do whatever we please, save that which causes another harm.

That we have yet to fully manifest this system in all its elegant simplicity is the fault that we must remedy, if we are to achieve that which our ancestors - from time immemorial - sought to create.

Pertinently, the fissure along which our current malignant governance arrangements have been able to grow is due entirely to the hollowed and ill-constituted state of the judicial system. Simply put, as presently arranged, it utterly fails to do its job.

As Lord Diplock said: “They [parliament] are responsible to a court of justice for the lawfulness of what they do, and of that, the court is the only judge.”

Fortunately, we have a surprising ally in our momentous task to reform and re-energise the judiciary - the government.

In their hubris, they are now seeking to control the judiciary themselves, as their stated goal is for them to determine which of its actions should be subject to judicial review. This is as clear a dictatorial power grab aimed

at stymying the judiciary as they could plainly make. It presents as clear and present a danger that they could possibly make, and represents an existential threat to the core purpose of the judiciary themselves.

As wake-up calls go, you could not ask for a finer one.

That is not to say that we can rely on the judiciary themselves in dealing with this profound matter; these are, after all, the actions of powerful vested interests which are acting to destroy the lynchpin of our traditional governance arrangements - that we are all answerable to the law.

It is clear that the government would have you liable for your actions, whereas they are seeking to pick and choose what they are to be accountable to. This is precisely as Boris Johnson explicitly stated, regarding which laws they would decide to follow with respect to Brexit.

That the government is signalling its clear descent into tyranny by such obvious measures is helpful inasmuch as it makes the problem of government ever more obvious, and the need to seek remedy ever more pressing.

That it is for the judiciary to reassert their primacy over the actions of the legislature is beyond question. That our courts need to be reformed such that the people can exercise their unconstrained standing (their birthright) to bring the government to heel is the manifestation of our forebears’ design.

The question then, which we are obligated to have our court determine, is whether the government’s belief that they possess the authority to assert their will upon the people has the force of law.

Or whether we the people are ready to reject their presumption of authority over us, and expel ourselves from the toxic clutches of their fallen garden.

● <https://peacekeepers.org.uk>

Pushing back against 15 minute cities

by **RICHARD HOUSE**

DON'T wait for others to act - just do it

RH: Where do you place the 15 minute cities issue in relation to all of your other freedom campaigning of the past three years?

DH: It's the issue of the moment, and after the big recent Oxford day of action, I place it as the most strategic action I have started. Timing is everything as an activist, and striking while the iron is hot and before a policy is normalised is essential.

RH: Your Oxford rally has certainly achieved that. Reports differ on the numbers at the rally, but there were clearly quite a few thousand. What's the secret of achieving such a great turnout?

DH: We planned the event two months ahead and promoted it by releasing more and more details to build up interest.

Campaigner Debbie Hicks talks to *The Light*

I canvassed and promoted the day in advance, with leaflets to local shopkeepers and brought together some of the other groups who have been active in organising the bigger London freedom rallies with local residents and activists. This really was a day where we put differences aside for this particular cause. I think the event was so well attended because people know that '15 minute cities' will really mean permanent lockdowns, and councils have started to

announce them everywhere.

RH: Altogether a brilliant achievement. I've heard from several sources that we need to start focusing on local councils and actions to really make a significant, discernible impact. As a veteran of both local and national campaigns, would you agree?

DH: Yes, I very much agree. I did a workshop on this last week and explained that activists must be in every council meeting; scrutinising and asking assertive questions, sending in Freedom of Information requests, lobbying councillors and building alliances with those who are opposed, doing petitions, and taking up proper challenges in the courts. I also ask people to join Jonathan Tilt's new 'Vote Freedom' initiative that supports independent candidates to run for council this May, to oppose the 15 minute neighbourhood plans.

RH: If someone approached you asking how best to get involved in local challenges to the globalist technocratic agenda, what would you suggest?

DH: Run or help with regular street stalls. Start your own speaker's corner. Demonstrate regularly. Start petitions and aim for 'the 10 percent rule' (it's normally 10 percent of the local population that you need to get a council debate). Network and build alliances. Lobby your council. We must all turn out for events when we need numbers. Distribute leaflets and The Light newspaper.

- <https://t.me/ourcommunityyourchoice>
- <https://vote-freedom.org/>
- **Livestreams of events - <https://www.YouTube.com/@ActualCoverage>**

Solar geoengineering in the UK

Dimming the lights on Earth



IN March 2023, Britain was freezing cold, and the snow was falling... which is a bit unusual. The uninformed chattering classes, who regard themselves as informed because they rely on the likes of the BBC and The Guardian to educate them, are of course blaming this unseasonal weather on 'climate change' without a shred of evidence of course.

Mention geoengineering or weather modification to these same people and you will be immediately dismissed as a 'conspiracy theorist'.

This is in spite of a well-documented and long history of weather modification that is, for now at least, readily available to anybody armed only with curiosity, a reasoning brain, and an internet connection.

by **SIMON LEE**

The uninformed chattering classes may not be aware that researchers in the UK have already launched high-altitude weather balloons that release sulphur dioxide into the stratosphere, in a reckless and dangerous attempt at solar geoengineering.

The aim is to reflect more sunlight back into space to combat 'global warming' a fraudulent, pseudoscientific, non-existent problem pushed by climate alarmists and billionaires with agendas.

Solar geoengineering is, understandably, highly controversial because it interferes with the natural order, makes weather less predictable, and threatens food supplies by causing drought. Not to mention that it is all based on a false premise and is offering a solution to a problem that does not exist.

This 'low-cost, controllable, recoverable balloon system' is ominously called SATAN (Stratospheric Aerosol Transport and Nucleation).

Andrew Lockley is the researcher, previously affiliated with University College London, and his paper on the SATAN experiments has been submitted, but has not yet been published.

When he discovered his paper had been leaked, Lockley wrote an email to MIT Technology Review: "Leakers be damned! I've tried to follow the straight and narrow path and wait for the judgment day of peer review, but it appears a colleague has been led astray by diabolical temptation. There's a special place in hell for those who leak their colleagues' work, tormented by ever-

burning sulphur.

"But I have taken a vow of silence, and can only confirm that our craft ascended to the heavens, as intended. I only hope that this test plays a small part in offering mankind salvation from the hellish inferno of climate change."

It would seem that the scientific value, the potential risks, or appropriateness of these efforts are not up for debate, as some take the high ground based on fake 'climate change' pseudoscience.

David Keith, a Harvard scientist, observed: "You don't call something SATAN if you're playing it straight."

Climate change zealots at the UN Environment Programme (UNEP) want to position giant mirrors to reflect sunlight back into space. In addition, former U.S. Presidential hopeful Andrew Yang published a plan to geoengineer the Earth in 2019. His proposal to place giant foldable space mirrors in orbit would have cost \$4.86 trillion and taken about twenty years to build.

UNEP also suggests injecting reflective nanoparticles into the stratosphere and brightening low clouds over the ocean by seeding ocean clouds with salt particles as a means to cool the Earth by restricting sunlight and darkening the skies, ostensibly to solve a non-existent problem.

Sulphur dioxide is a pollutant gas and it causes significant health problems. Billions were spent on sulphur-capture technology to eliminate sulphur dioxide emissions from burning coal and oil.

Now we are told that we need to spend many more billions releasing this toxic gas

into the atmosphere in order to save the environment.

Those that got rich from eliminating sulphur dioxide emissions from coal-burning plants now plan on getting even richer from sulphur dioxide atmospheric injections.

Historically, when volcanic eruptions of ash and sulphur have dimmed the sun for years, causing cooling, it has led to famine and death on a large scale.

These sun-dimming projects may poison the atmosphere, cause acid rain, and lead to the collapse of agriculture in several regions of the world. Blocking sunlight will reduce photosynthesis by plants leading to crop failures which will have a knock-on effect for the entire food chain, including of course humanity.

Needless to say, whenever there is an opportunity to destroy, control, and profiteer, 'philanthropist' Bill Gates wants a piece of the action.

And so he is funding Harvard University's Solar Geoengineering Research Program, SCoPEX, to study 'effective ways to block sunlight from reaching Earth's surface'.

These schemes are framed as experiments for now, but the UNEP report threatens that, should the global stakeholders decide to proceed, the skies could be darkened within only a few years.

These corporate scientists and their sociopathic megalomaniac funders need to be stopped as soon as possible.

- **Simon Lee is Science Officer at <https://anewuk.co.uk>**

The homeschooling journey

Instinct tells us mass mainstream education is harmful

Richard House [RH]: How did you end up extricating yourself from the schooling system, and what kind of issues turned you off it?

Anna Dusseau [AD]: I believe that the tensions and motivations that cause a family to choose homeschooling represent common sentiments which lie far closer to the surface of our awareness than many might think. Practically every family you talk to these days quickly reveals some problem or other connected with schooling, whether it be social (e.g., bullying), academic (e.g., homework pressure) or logistical (e.g., juggling various journeys and drop-offs/pick-ups with different children). Nobody's really happy with the school system and the way of life it dictates. I know we weren't. So why were we doing it then? Indeed, one might well ask, why is anyone doing it?

The final straw which led me to withdraw my daughter from school and begin homeschooling all my children - the incident in itself - was so minor that you might say that the journey on which this decision has taken us was almost random. But it's very far from being random. It increasingly feels much less like a leap of faith and much more like giving in to something you've known deep down you should do for a long, long time.

RH: So what factors do you think keep families wedded to a dysfunctional schooling system?

AD: Our imagination for what's possible in our own lives is restricted by several factors, including: (1) Our struggle to question accepted doctrines; (2) Our natural, animal instinct to follow the herd; we feel 'safe' in that action; (3) Our reluctance to reverse processes; and (4) Our own schooling, which explicitly and successfully teaches us not to think.

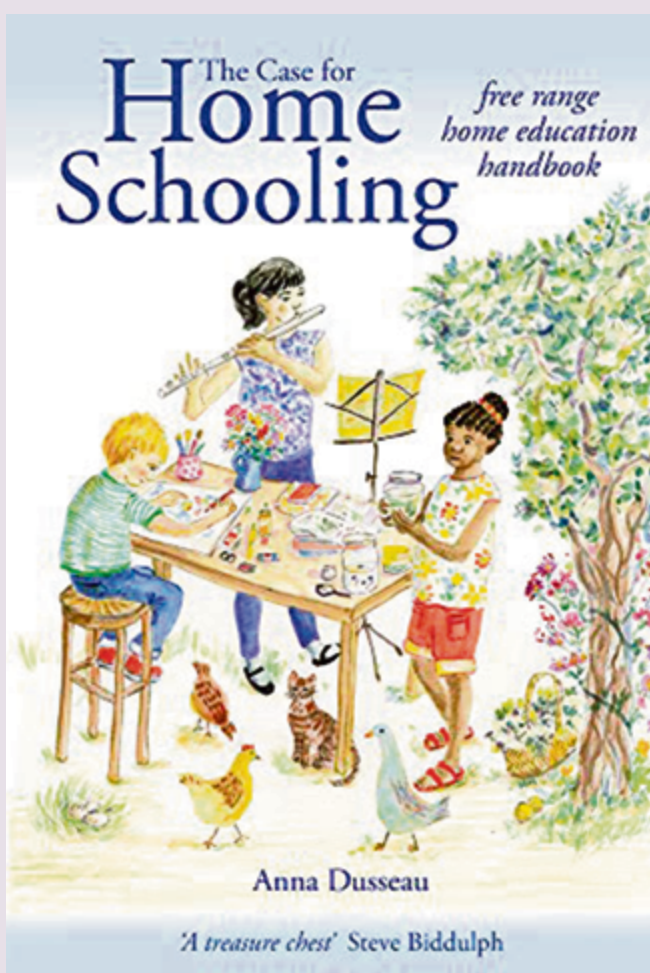
So, these are the raw ingredients which put us in the position of forcing the straitjacket of schooling upon our children, and upon the whole family. And we feel the pain of it - the various injustices, the exhausting nature of the routine. Most of us are flapping around so hard, just trying to keep the whole awful show on the road, that we barely have time to look up and think about what we're doing, or consider another way.

RH: What kind of negative attitudes do you come across about homeschooling?

AD: More and more, families are doubting the school system, and I've actually had relatively few disputes with people on the subject of homeschooling. However, there is one common negative reaction I've encountered which runs something like: "Oh, well, that sounds very nice for you. But some of us have to work. Some of us actually have jobs and bills to pay."

For most homeschooling families, there's naturally a financial impact attached to the decision to homeschool, so the words of this imagined critic aren't particularly well-informed. But my key realisation - having once or twice been on the receiving end of such comments - is that much of the cultural fear and animosity concerning home education doesn't come from a place of contentment with our own lives, but

Richard House interviews homeschooler Anna Dusseau



rather from the toxic stress levels of modern living, driving people into a psychological state where they feel permanently on edge and easily triggered.

Homeschooling doesn't entirely protect you from these stresses, but I certainly felt these things much more keenly when I was participating in the schooling ritual - both as mainstream teacher and school parent - and that it took, in the end, something very minor indeed to flip a switch in me.

In that moment when I was sitting across the desk from the headmistress of our local primary school, it certainly helped to know the job inside-out and to know that I was being fobbed off, and that of course nothing was going to change. But the deep yank within me - the yank that told me, quite simply, 'here is a Bad Thing' - I believe is felt by every parent, in every playground, every time we wave goodbye to our children. Here, indeed, is the real leap of faith - that we do this to our children and that we do this to ourselves. Homeschooling feels nothing like that. It feels like the yank is gone and we can all breathe again.

RH: Are there anxieties that homeschooled children will receive an inadequate 'academic' education? - and is there any foundation to them?

AD: Isn't it funny that, having been a professional teacher for a decade, I've not so far mentioned a single thing about academics: mathematics, reading, science and so on. There's plenty to say on those subjects, but the reason I haven't even mentioned them yet is because some of the most profound realisations of homeschooling are simply that: (1) book-learning is easy when you aren't in a class of 30 or more children; (2) what takes a day to achieve in school can be done in ten minutes at home; and (3) all of this stuff is absolutely secondary to the most important learning of all: how to live well, how to be interested, how to understand yourself.

RH: So there's something important about the nature of learning here?

AD: Learning is the most elementary part of our survival as a species. On an evolutionary level, therefore, the typical school model of the disengaged youth being frog-marched through the curriculum by the patient and benevolent teacher makes zero sense. Learning is natural and instinctive, but something happens in school which switches this instinct off for a large number of people, or else - as it did for me - transforms the instinct to learn into a narrow focus of parroting information in a bid to please the teacher and achieve a certain grade. Very much the low-hanging fruit metaphor.

● **Anna Dusseau is the author of *The Case for Homeschooling: Free Range Home Education Handbook* (tinyurl.com/243dehs2)**

How to build a resilient economy

Keep using cash and resist digital currencies

by JONATHAN TILT

THE debt-based monetary system is dying before our eyes.

The fall in bond prices, currency volatility and the coming collapse in financial assets are merely symptoms of the underlying problem.

With money anchored in nothing of value, the financialisation of the economy has resulted in every asset being levered up multiple times. This works while assets are increasing in price but those price increases depend on an increasing money supply.

At some point the expanding money supply results in savage inflation. The central banks are then faced with two equally unpalatable options. They can allow credit to contract and implode all assets resulting in the insolvency and bankruptcy of most banks.

Alternatively, they can continue to expand the money supply, perhaps using it to bail out the insolvent banks, and risk an almost certain hyperinflationary collapse. The house of cards has been built to a height at which it is now hopelessly unstable.

I believe central banks will pick the hyperinflationary route. The £65 billion bond purchase scheme announced recently, together with the unlimited and unfunded energy market subsidies, strongly suggest that the UK is already heading down this route.

The global banking cartels have clearly signalled their desire to move towards Central Bank Digital Currencies (CBDCs) as the new monetary order.

As a system, CBDCs will still be under the control of those who have destroyed existing currencies, and for that reason are likely to fail the fundamental confidence test that all money must pass in order to be accepted as a medium of exchange.

CBDCs provide the infrastructure for a potentially tyrannical digital control matrix. CBDC money is programmable and decayable. The issuer can control how and where it is spent and can issue it with an expiry date.

At an even more sinister level, bank balances can easily be frozen or even cancelled for those who oppose a particular part of the prevailing narrative. Trudeau's freezing of bank accounts of any Canadians who donated to the truckers' Freedom Convoy shows the willingness of some leaders in the supposedly free world to travel down that dystopian road.

Cash is the antidote to CBDC tyranny. Continuing to use cash represents a simple



CBDCs provide the infrastructure for a potentially tyrannical digital control matrix. CBDC money is programmable and decayable. The issuer can control how and where it is spent and can issue it with an expiry date.

but highly effective step we can all take to guarantee our future liberty and freedom, and the signs are good.

In the UK, many small businesses are reporting an upswing in cash payments. The Bank of England Weekly Report shows cash in circulation increasing from £73bn in February 2020 to £87bn in February this year.

But cash is much more than just the guarantor of our freedom. Cash provides the opportunity to build a robust, resilient, and inclusive economy. An economy in which high streets prosper and in which towns aren't some identikit version of

each other. An economy in which food and goods are mostly produced locally. And most critically: an economy which doesn't collapse every time there is a minor contraction in the money supply.

The use and reuse of cash is the key to realising this sound economic foundation. Cash spending has a number of key attributes that are fundamentally different to digital spending:

- It tends to be spent locally.
- It's frequently used in transactions that contain a high-labour component.
- It is more frequently spent in small

independent businesses than large multinational chains - many of whom are now banning cash transactions.

- It provides some protection against the over-leveraging and financialisation of the economy. If you spend on a credit card, the debt you create can be resold many times over before you settle the outstanding liability. Not so with cash.

By promoting the use of cash, we promote transactions that support employment in diverse local businesses. We also get an economy that is more robust and able to withstand inevitable cyclical downturns.

Cash still needs help. Digital convenience combined with the tax avoidance employed by many multinationals make this an uneven playing field. There is a legitimate role for government in levelling this playing field, and at *Vote Freedom* we have a clear understanding of how that could be done. We propose that:

- Cash retail transactions should be exempted from all taxes.
- Employers should be able to pay up to 10% of wages in cash and in so doing avoid payroll taxes.
- Benefit claimants can elect to have one two-year period each, during which any cash earnings do not impair their benefit entitlement.

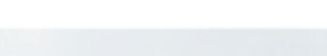
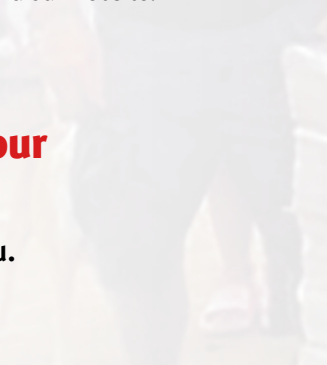
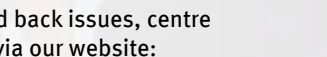
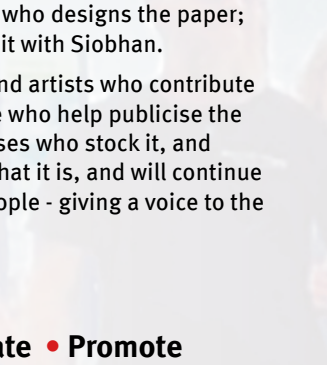
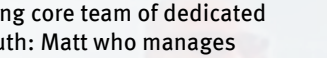
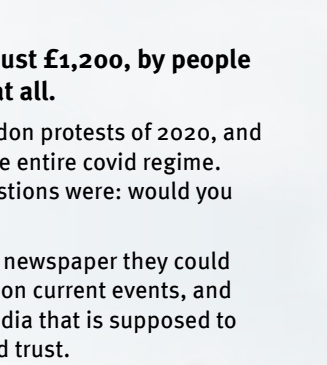
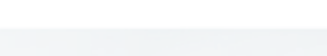
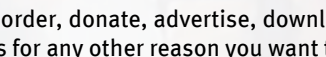
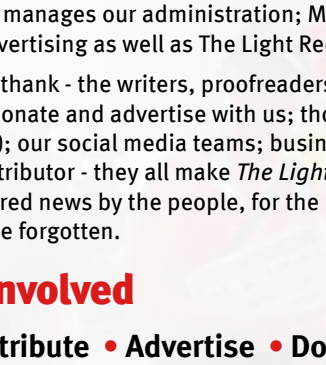
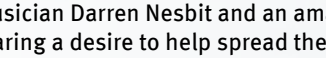
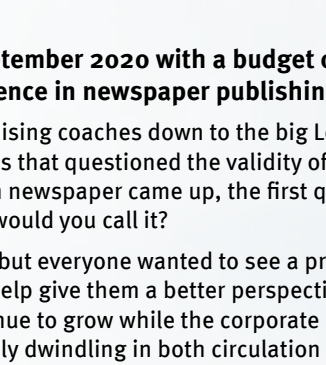
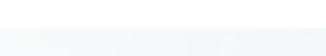
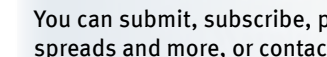
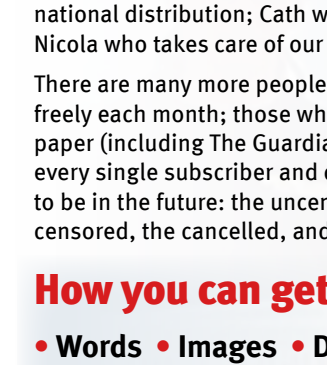
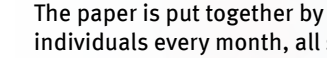
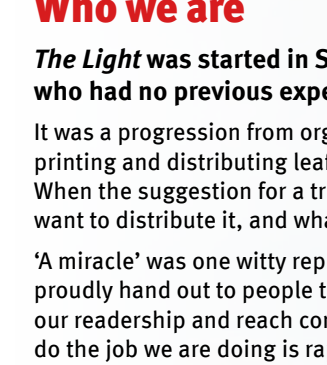
The additional cash in the economy will increase cash handling and security costs. But again much of that cost will be represented by local employment. This is fundamentally different to digital transaction charges that frequently end up being transferred abroad.

Cash in its current format is clearly still an expression of unbacked fiat money. To complete the economic transformation, we propose two further measures.

First, that notes and coins in circulation are backed by hard assets, ensuring that they maintain value over time. Second, that the worst excesses of private bank money creation should be constrained by the removal of limited liability from the banking sector. The likely result of the second measure would be much smaller, focused and more accountable banks.

Jonathan Tilt, Coordinator, The Vote Freedom Project.

- **More information about Vote Freedom** www.vote-freedom.org
- <https://www.bankofengland.co.uk/weekly-report/balance-sheet-and-weekly-report>



Who we are

The Light was started in September 2020 with a budget of just £1,200, by people who had no previous experience in newspaper publishing at all.

It was a progression from organising coaches down to the big London protests of 2020, and printing and distributing leaflets that questioned the validity of the entire covid regime. When the suggestion for a truth newspaper came up, the first questions were: would you want to distribute it, and what would you call it?

‘A miracle’ was one witty reply, but everyone wanted to see a print newspaper they could proudly hand out to people to help give them a better perspective on current events, and our readership and reach continue to grow while the corporate media that is supposed to do the job we are doing is rapidly dwindling in both circulation and trust.

The paper is put together by musician Darren Nesbit and an amazing core team of dedicated individuals every month, all sharing a desire to help spread the truth: Matt who manages national distribution; Cath who manages our administration; Miki who designs the paper; Nicola who takes care of our advertising as well as The Light Recruit with Siobhan.

There are many more people to thank - the writers, proofreaders and artists who contribute freely each month; those who donate and advertise with us; those who help publicise the paper (including The Guardian!); our social media teams; businesses who stock it, and every single subscriber and distributor - they all make *The Light* what it is, and will continue to be in the future: the uncensored news by the people, for the people - giving a voice to the censored, the cancelled, and the forgotten.

How you can get involved

• Words • Images • Distribute • Advertise • Donate • Promote

You can submit, subscribe, pre-order, donate, advertise, download back issues, centre spreads and more, or contact us for any other reason you want to via our website:

<https://thelightpaper.co.uk>

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How we are funded

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Foundation, lottery and government

We are 100% funded by activists and spread awareness. There are zero large over editorial policy, as our com



The Uncensored Truth LIGHT FAQs

Subscriptions



Our mission/editorial policy

THE notion that we live in a democracy and that our vote means anything is long gone in the minds of most rational, observant people.

Decisions are made far above the level of national governments, as all nations now seem to be passing similar legislation and making moves towards total digitisation, censorship and severe restrictions on everyone's freedom to travel, speak, associate with others, and earn a living.

A public that is ill-informed will not make the best decisions for themselves and their families. The national and corporate media (in every country) are not doing their job in questioning such synchronised, tyrannical policies, and so it falls on ordinary people to help share information that is being censored or lied about in order to manipulate entire populations. This is now highly restricted online.

To achieve the aim of owning and controlling the entire Earth by overlaying it with a digital infrastructure, the public must be deceived about every change taking place into believing it is for their benefit, and that we are heading towards an automated utopia with a universal basic income and as much leisure time and worry-free pleasure as you can virtually imagine.

Our aim is to share the news, opinions and solutions that expose and will help halt this hidden plan. Like many before us, we will be smeared with every false, libellous, repulsive label they can think of, in order to prevent people who are curious and know that something is wrong from ever finding out the truth of what or who is really moving the world, and the real reasons it has been radically altered, increasingly rapidly, since 2020.

We want people to have another view, and see another side of world events - we are never hateful or hurtful, and our only goal is to inform the public of what is going on and hold power to account - like the media should.

Every back issue is available for free as a PDF on our website.

'The power of the people is greater than the people in power'



Governments worked to censor truth on social media

‘True stories could fuel hesitancy’ over taking injections



by **JONATHAN TURLEY**

JOURNALIST Matt Taibbi has released worrying new details on previously undisclosed censorship efforts on social media.

The latest Twitter files revealed a breathtaking effort from Stanford University’s Virality Project to censor even true stories. After all, the project insisted “true stories... could fuel hesitancy” over taking the vaccine or other measures.

The effort included suppressing stories that we now know are legitimate, such as natural immunity defences, the exaggerated value of masks, and questions over vaccine efficacy in preventing second illnesses.

We have learned of an ever-expanding coalition of groups working with the government and social media to target and censor Americans, including government-funded organisations.

However, the new files are chilling in the details allegedly showing how the Virality Project labelled even true stories as “anti-vaccine” and, therefore, subject to censorship. These files would suggest that the project worked to limit free speech and suppress alternative scientific viewpoints.

Taibbi describes the Virality Project as “a sweeping, cross-platform effort to monitor billions of social media posts by Stanford

University, federal agencies, and a slew of (often state-funded) NGOs.”

He added: “We’ve since learned the Virality Project in 2021 worked with government to launch a pan-industry monitoring plan for covid-related content. At least six major internet platforms were ‘onboarded’... daily sending millions of items for review.”

According to Taibbi, it targeted anyone who did not fall in line with the CDC and media narratives, including targeting postings that shared “reports of vaccinated individuals contracting covid-19 anyway,” research on “natural immunity”, suggesting covid-19 “leaked from a lab,” and even “worrisome jokes”. That included evidence that it “knowingly targeted true material and legitimate political opinion, while often being factually wrong itself”.

The Virality Project warned Twitter that “true stories... could fuel hesitancy,” including stories on “celebrity deaths after vaccine” and the closure of a central New York school due to reports of post-vaccine illness.

The project is part of the Cyber Policy Center at Stanford and bills itself as “a joint initiative of the Freeman Spogli Institute for International Studies and Stanford Law School, connecting academia, the legal and tech industry and civil society with policymakers around

the country to address the most pressing cyber policy concerns”.

The centre launched the project as ‘a global study aimed at understanding the disinformation dynamics specific to the covid-19 crisis’.

As with many disinformation projects, it can be argued it became a source of disinformation itself in the effort to suppress alternative views.

It is being funded by Craig Newmark Philanthropies and the Hewlett Foundation.

On its website, it proclaims: “At the Stanford Internet Observatory our mission is to study the misuse of the internet to cause harm, and to help create policy and technical mitigations to those harms.”

It defines its mission to maintain the truth as: “The global covid-19 crisis has significantly shifted the landscape for mis- and disinformation as the pandemic has become the primary concern of almost every nation on the planet.

“This has perhaps never happened before, few topics have commanded and sustained attention at a global level simultaneously, or provided such a wealth of opportunities for governments, economically motivated actors, and domestic activists alike to spread malign narratives in service to their interests.”

What is even more disconcerting is that groups like the Virality Project worked

against public health by suppressing such stories that are now considered legitimate, from the efficacy of masks to the lab origin theory.

It was declaring dissenting scientific views to be dangerous disinformation. Yet, Stanford still heralds the work of the Project on its website.

There is nothing more inherently in conflict with academic values than censorship. Stanford’s association with this censorship effort is disgraceful and should be a matter for faculty action. This is a project that sought to censor true stories that undermined government or media narratives.

Censorship is now the rage on campuses and the project is the perfect embodiment of this movement. Cloaking censorship efforts in self-righteous rhetoric, the project sought to silence those who failed to adhere to a certain orthodoxy, including scientific and public health claims that were later found to be flawed or wrong.

The project itself is an example of what it called ‘media and social media capabilities – overt and covert – to spread particular narratives’.

Stanford should fulfil its pledge in creating the Virality Project for fighting disinformation by eliminating the Virality Project.

● <https://jonathanturley.org>

Oz research reveals shocking jab dangers



Rebekah Barnett
reports from
Western Australia

She holds a BA
(Hons first class)
in Communications

Find her work at
<https://rebekahbarnett.substack.com/>

References

WESTERN Australia's (WA) 2021 vaccine safety surveillance report has been released, and the findings are grim.

In the report, adverse events related to covid vaccines were recorded at 24x the rate of adverse events related to all other vaccines combined. Rates of myocarditis and pericarditis increased by 35% and 25% respectively. 57% of all covid vaccine adverse events were treated in emergency or hospital, suggesting that side effects are not typically 'mild', as stated by the Therapeutic Goods Association. Unique to WA vaccine safety data from 2021 is the fact that vaccine effects can be easily differentiated from covid infection effects. There was almost no covid in WA in 2021. In contrast, more than 90% of those aged 12 and over had received at least one dose of covid vaccination by 31 December 2021.

VICTORIANS will be unable to opt out of a new digital health database, with the government saying that an opt-out feature would 'undermine' the objective of the scheme.

The new legislation, which will see the implementation of a new electronic system for sharing patient health data across a range of public health services, sparked strong opposition from legal and digital rights groups. Victoria is also on track for the rollout of Smart Cities across the state, with residents in the Yarra Ranges (just under an hour's drive from Melbourne) reporting that their council is already implementing an Urban Development Framework based on the UN's Sustainable Development goals. Australian council and government officials are quick to point to the convenience and sustainability of Smart Cities, but warn that

any suggestion that it might not be an all-benefits proposition are simply 'conspiracy theories' and 'misinformation'. This is a view that Australian mainstream media have aggressively echoed in a slew of recent articles characterising anyone who does not embrace Smart Cities wholesale as 'cookers'.

A WOMEN'S rights rally in Melbourne on 18 March, was hijacked by a group of Sieg Heil saluting Nazi protestors, causing the women's group to be smeared in the media as 'Nazi-allies'.

The Let Women Speak tour, led by UK feminist and activist Posie Parker (real name Kellie-Jay Keen-Minshull) staged protests in major Australian cities throughout March to 'protect and promote biological reality', and to advocate for women's rights. The Melbourne women's protest was met with a counter trans-rights protest, but the main controversy was centred on the presence of a group of about 20-30 Nazis carrying offensive signs and saluting, causing the women's protest to disperse early. Oddly, the Nazi group was allowed onto the steps of Parliament House for a photo opportunity, before then being escorted by police through a buffer zone very close to the women. The Australian Jewish Society, along with the Let Women Speak event organisers, condemned the black-clad Nazis who 'invaded' the rally. Conservative MP Moira Deeming has been suspended from the Liberal party for speaking at the rally. The Victorian Premier, Dan Andrews, is now moving to outlaw the Nazi salute. On the New Zealand leg of the tour, Parker was physically attacked by a whipped up trans-rights mob, and had to flee before having the opportunity to speak. Of the chaotic tour, Parker said, "the world can see

the rampant misogyny. I'd call that a win."

ASTRAZENECA'S Vaxzevria is no longer available in Australia.

Though no public explanation has been offered, it is possibly related to the fact that 13 of the 14 recognised covid vaccine deaths in Australia were caused by Vaxzevria. The Australian Technical Advisory Group on Immunisation (ATAGI) has downgraded its recommendation on who should receive covid vaccine boosters. While previously all adults 18 years and over were recommended to take boosters, ATAGI now only recommends boosters to adults aged 65 and over, and to adults aged 18-64 years who are in high-risk categories. The recommended wait time between doses (or for a booster after prior infection) has been extended to six months.

VACCINE mandates continue to roll back in Australia, albeit at a crawling pace.

The West Australian Country Health Service (WACHS) finally dropped its healthcare worker mandate on 16 March, bringing the regional service into line with the metro WA Health service. This is reportedly a relief for regional hospitals and healthcare centres, which continue to suffer staffing shortages. The Victorian Police Force is considering dropping covid vaccine mandates. Unvaccinated police and protective services officers who were sacked or chose to resign after not complying with the vaccine mandates can reapply for their old jobs, but have been advised that their refusal to be vaccinated will count against them.

THE Queensland (QLD) Health Department has announced that it will cut funding for

QoVax, an award-winning research program studying the safety and efficacy of covid vaccines. Most significantly, QoVax has created a priceless biobank, which will be destroyed if funding is not continued. With its linked data program incorporating state hospital records, QoVax could help us to better understand not just how the vaccines work, but why vaccinated or unvaccinated people get repeat infections, long covid, severe covid or die of covid. It is reported that the whole project has only cost \$20 million to date, making it a relatively affordable enterprise.

IT has been revealed that the New Zealand (NZ) government officials overstated the recommendations of the NZ regulator, Medsafe, on Pfizer's Covid vaccine.

Medsafe's clinical assessment, delivered on 28 January 2021, found that there was limited evidence of protection against severe disease, no long-term safety information and no established findings on the duration of vaccine protection, or the ability of the vaccines to prevent infection and transmission. This led Medsafe to conclude that the benefit risk balance of Pfizer's Comirnaty was "not clear." Comirnaty was approved for use in NZ based on the recommendation of the Medicines Assessment Advisory Committee (MAAC), in February 2021. In possession of Medsafe's assessment, NZ officials charged ahead in mandating the covid vaccine on the majority of the NZ population, with Deputy Prime Minister Grant Robertson assuring New Zealanders that Medsafe had advised, "that the expected benefits outweigh the risks of harm in the intended treatment population."

Let Women Speak Tour page
<https://tinyurl.com/4carmw3s>

Moira Deeming faces expulsion from the Liberal Party
<https://tinyurl.com/4n6ub99m>

Outlawing the Nazi salute
<https://tinyurl.com/3j4hvk6s>

Medsafe assessment, New Zealand
<https://tinyurl.com/4r8ffyu2>

Western Australian vaccine safety data
<https://tinyurl.com/47uyct52>

Victorians unable to opt out of digital health database
<https://tinyurl.com/mszr9jwc>
<https://tinyurl.com/yckwbxv2>

Smart City Plans
<https://www.planmelbourne.vic.gov.au/>

20 Minute city in the Yarra Ranges
<https://tinyurl.com/nksu8np4>

Statement on misinformation, Smart Cities, Yarra Ranges council
<https://tinyurl.com/34xfxrcw>

The media's new obsession, smart city 'conspiracy theories'
<https://tinyurl.com/2p8wcu2k>

WACHS vaccine mandate is dropped
<https://tinyurl.com/2cxb6b55>

Victoria Police mandate
<https://tinyurl.com/ys96kaa6>

ATAGI updated recommendations
<https://tinyurl.com/55zrx5t9>

Axing Qovax
<https://tinyurl.com/2p9x5p7c>



German health minister: jabs causing permanent damage

by **LORENZ DUCHAMPS**

GERMANY'S Minister of Health Karl Lauterbach, who once claimed that covid-19 vaccination is free of side effects, admitted last week that he was wrong.

He said adverse reactions occur at a rate of one in 10,000 doses and can cause 'severe disabilities'.

And yet back in August 2021, Lauterbach said on Twitter that the vaccines had "no side effects," further questioning why some Germans refused to get vaccinated.

During an interview on ZDF's Heute Journal on March 12, Lauterbach was asked by anchor Christian Sievers about the claim he made in the summer of 2021, confronting the health minister with his previous tweet that stated the shots are virtually free of side effects.

Lauterbach responded that the tweet was "misguided" and an "exaggeration" he made at the time, noting that it "did not represent my true position".

"I've always been aware of the numbers and they've remained relatively stable... one in 10,000 [are injured]," Lauterbach said. "Some say that it's a lot, and some say it's not so many."

Lauterbach's remark on vaccine adverse events came after the German network played a segment of several Germans who have been seriously injured after getting the shot.

This included a 17-year-old gymnast who previously competed in the German Artistic Gymnastics Championships before she was hospitalised for more than a year shortly after receiving the second dose of the BioNTech covid-19 vaccine.

Lauterbach said: "What's happened to these people is absolutely dismaying, and every single case is one too many. I honestly feel very sorry for these people. There are severe disabilities, and some of them will be permanent."

Steve Kirsch, executive director of the Vaccine Safety Research Foundation, did not agree with Lauterbach, but he commended the health minister for making "progress" when comparing his latest remark to his previous comments regarding the safety and effectiveness of covid-19 vaccines.

"The true rate of serious adverse events is approximately 100 times greater than the figures Lauterbach quotes," Kirsch said.

By October 31, 2022, the Paul-Ehrlich-Institut received a total of 333,492



Photo: Stephan Röhl

individual case reports on suspected covid-19 vaccine adverse reactions or vaccine side effects in Germany, according to official data released in December 2022 by the medical regulatory body that researches vaccines and biomedicines.

"The number of individual case reports per month peaked in December 2021 and continued through the summer," according to the federal agency, which is subordinate to the German Ministry of Health.

Despite these findings, the country's health ministry website states, as of March 16, that "modern vaccines are safe and adverse effects only occur in sporadic cases".

As the subject of post-vaccine injuries has started to be more widely covered by some German media outlets, lawsuits have begun to roll out against BioNTech, and also against other covid-19 vaccine manufacturers.

BioNTech has denied all responsibilities, ZDF reported.

Vaccine manufacturers such as Pfizer and Moderna have immunity from liability if something unintentionally goes wrong with their vaccines, putting them in a very strong

legal position.

"It's true that within the framework of these EU contracts, the companies were largely exempted from liability and that the liability, therefore, lies with the German state, so to speak... with the federal states," Lauterbach said.

Yet, in spite of this, the health minister noted that it would "definitely" be a good idea if biopharmaceutical companies would "show a willingness to help" those affected by vaccine adverse events, especially due to their profits being "exorbitant".

"So, that wouldn't just be a good gesture, we should expect it," he said.

Lauterbach said the priority now is to facilitate the care of those suffering from post-vaccination syndrome. He added that he has been "negotiating with the budget committee" to launch a program to help those injured.

"It's a program I'd like to launch as soon as possible, and I'm in budget negotiations for this money. So it's something that we also have to bring to fruition, it's an obligation, and it would network the experts in this field in such a way that the probability of

good therapy in Germany would grow," Lauterbach said.

"Our understanding of adverse events is now getting clearer and clearer," he added. "It should be possible in the future to identify those who are affected more quickly, so we can get them quicker help."

Dr Elizabeth Lee Vliet said in a recent interview for EpochTV's 'Crossroads' that it was already known that the toxicity of the spike protein and another component of the covid-19 vaccine could cause complications and adverse reactions shortly after the shots were being rolled out.

She said: "Over the first six months after the rollout, I had a whole gamut of patients with all kinds of problems they had not had before." She added that the only common denominator of these cases was that they all had the covid-19 vaccines.

"To help people suffering from vaccine injuries, the Truth for Health Foundation prepared an educational booklet explaining vaccine adverse reactions and treatment options," said Dr Vliet, who also works pro bono as the president and CEO of the foundation.

The treatments include a combination of prescription medications, nutraceuticals, supplements, foods, neuroprotection, immune boosters, and also lifestyle changes, Dr Vliet said, adding that she used this combination approach to treat her patients, and had obtained positive results.

"One of the foundational medicines that has had enormous benefits for the patients I'm treating, for example, is hydroxychloroquine," Dr Vliet said, "because it's anti-inflammatory, it's an immune modulator, it's anti-viral."

"We've never in the history of the vaccination program worldwide, had an experimental shot that crosses the blood-brain barrier, gets into the brain itself, and the nervous system."

"These covid gene therapy shots do that," she said. "They also cross the placental barrier... so it's understandable why these experimental gene therapy shots are causing so much damage to developing babies in the womb, to the brain, and central nervous system in children and adults."

Since doctors understand the mechanism of how the vaccines work, they can use existing medicines to treat adverse effects, Dr Vliet explained.

- *Ella Kietlinska contributed to this report.*
- *From NTD News.*

The rejection of transgenderism being taught in Irish schools

by **PAUL BENNETT**

Religious groups join forces to block plans

AN education support service which represents nearly 90% of primary schools in Ireland has rejected government plans to teach children transgender ideology.

According to the *Irish Independent*, the Catholic Primary Schools Management Association (CPSMA) said in a letter to the Irish government that teaching primary children “what it means to be transgender would require to teach something about which there is neither a scientific nor social consensus to highly impressionable young children.”

The letter continued: “More seriously, it might add to a growing psychological contagion amongst young and vulnerable children.”

The Catholic group added: “We believe a more prudent and sensible policy is to teach children to respect every human being and to allow children to be children. We should not prematurely introduce children to complex and sensitive topics around which there is no scientific or medical consensus. Such a move would be counterproductive, generating unnecessary divisions in school communities where none now exists.”

In support of the CPSMA, the Irish Muslim Council (IMC) issued a press release on its Twitter account regarding the proposed plans in primary schools. The IMC said: “The Irish Muslim Council supports the position of the Catholic Primary Schools Management Association about the teaching of gender identity issues in primary schools.

“The Irish Muslim Council believes it is not appropriate to teach primary school children such a complex and contested topic, particularly when there is a lack of scientific consensus about the best way to treat children with gender dysphoria.”

The IMC took aim at Taoiseach Leo Varadkar by saying: “The Taoiseach should focus instead on solving the health crisis, the housing crisis and many other challenges we face as a nation. Varadkar supports the teaching of transgender ideology in schools by saying that ‘it just seems like common sense to me’.”

In an interview with Newstalk, Moninne Griffith, the CEO of charity BeLong To, a state-funded LGBT youth organisation, said: “We know from research that 12 is the most common age for a young person to know they are LGBT, but I know from talking to teachers and parents all over the country that there are children as young as



Photo: Anna Shvets

six and seven who know they are LGBT-mostly, maybe trans.”

In a separate development, documents obtained under Freedom of Information by Meath West TD Peadar Kirby showed how Minister for Children Roderic O’Gorman prioritised allocating funds specifically to LGBT groups that was originally earmarked for vulnerable groups.

Online publication The Burkean alleged: “Roderic O’Gorman has recently been exposed for having transferred 1.1 million Euros of his Department’s funds from traveller groups and migration integration into LGBT projects. The ill-named Department of Children, Equality, Disability, Integration and Youth did this during 2021 and 2022.

“A lockdown-era plunder of state funds to support O’Gorman’s preferred NGOs, however, is unfortunately to be expected of contemporary Irish politics.”

As expected, globalists and gender ideology cheerleaders Leo Varadkar and President of Ireland Michael D Higgins have come out in support of promoting transgenderism to young children in schools.

However, reaction to the issue online from the general public and from concerned parents is telling. The general consensus is ‘Hands Off Our Children’.

● <https://tinyurl.com/577kdmvnt>

U.S. military emails leaked for two weeks

by **PAUL BENNETT**

UNCLASSIFIED sensitive emails containing personal information dating back years was spilled on the internet in an embarrassing and dangerous development for the U.S. Military.

In February, a senior U.S. Defense official confirmed with Fox News that a U.S. Department of Defense server was left exposed online for two weeks, allowing internal emails to be accessed.

Fox News reported: “A misconfiguration with a Department of Defense server hosted on Microsoft Azure’s government cloud allowed the server to be accessed with a password, according to Tech Crunch, which reported that anyone with internet access could access mailbox data if they knew the server’s IP address and were using a web browser.”

The leaked server contained an internal mailbox of three terabytes of military emails, with many related to the U.S. Special Operations Command, which is a

employees seeking a security clearance and contain highly sensitive personal and health information for vetting individuals before they are cleared to handle classified information. These personnel questionnaires contain a significant amount of background information on security clearance holders valuable to foreign adversaries.”

In a statement to Tech Crunch, U.S. Special Operations Command (USSOCOM) spokesman Ken McGraw said: “What we can confirm at this point is no one hacked U.S. Special Operations Command’s information systems.”

The U.S. government was contacted initially by Tech Crunch, after an accomplished security researcher named Anurag Sen, known for discovering sensitive data that has been inadvertently published online, found the exposed server on the open web.

Shodan, a search engine that scans the entirety of the internet for exposed systems and databases, discovered the mailbox server was first spilling data on February 8.



Picture: Pete Linforth

military unit that conducts special operations.

One of the files exposed online contained a completed SF-86 questionnaire. According to Tech Crunch, a leading technology media property: “The server was packed with internal military email messages, dating back years, some of which contained sensitive personnel information. One of the exposed files included a completed SF-86 questionnaire, which are filled out by federal

It remains currently unknown how the military mailbox was leaked to the open internet, but early indications are likely due to a misconfiguration caused by human error. Investigations are underway at the USSOCOM.

If the Biden administration focused less on nonsense wokeology and more on tightening cyber security, serious errors like this may not occur.

● <https://tinyurl.com/yse5mree>

Mental health – why now?

by **DAWN LESTER & DAVID PARKER**

Disobedience classified as a ‘disorder’

THERE has been a growing level of attention paid to mental health, or more accurately to ‘mental disorders’, during the past few years.

And this is to the extent that they are now regarded as a significant problem, as indicated by the June 2022 World Health Organisation fact sheet entitled *Mental disorders*, which states: “One in every eight people in the world live with a mental disorder.”

This means that almost one billion people in the world are claimed to be living with a mental disorder.

Why is this the case? And is this actually true?

The fact sheet says: “A mental disorder is characterised by a clinically significant disturbance in an individual’s cognition, emotional regulation, or behaviour.”

In other words, certain thought processes and behaviour are considered to be ‘abnormal’. The problem is that this relies on a highly subjective assessment of a person’s cognition, emotions, and behaviour to determine the existence of a ‘clinically significant disturbance’.

This, in turn, relies on the idea that there is a recognised set of thoughts, emotions, and behaviours that are ‘normal’, but this is not the case. There is no definition of ‘normal’ - it is not a medical term, nor is it scientific.

The fact sheet continues: “In 2020, the number of people living with anxiety and depressive disorders rose significantly because of the covid-19 pandemic.”

In addition, the Centers for Disease Control and Prevention (CDC) in the U.S. published a document entitled *Underlying Medical Conditions and Severe Illness Among 540,667 Adults Hospitalised With Covid-19, March 2020-March 2021*, that acknowledged that ‘anxiety and

fear disorders’ were the second strongest risk factor for death for patients diagnosed with covid-19.

The increased level of anxiety was fuelled by rampant fear-mongering stories that were deliberately promulgated by the

emotional messaging was a highly effective and a widely recognised phenomenon, as shown by a March 2020 article in *Psychology Today* entitled, *How Coronavirus Anxiety Can Make You Feel Sick*.

has ever been established between a specific biochemical state of the brain and any specific behaviour, and it is simplistic to assume it is possible.” The WHO claims that there are effective treatment options, but that “most

seen by the WHO web page entitled *Mental Health*, which states: “In recent years, there has been increasing acknowledgement of the important role mental health plays in achieving global development goals, as illustrated by the inclusion of mental health in the Sustainable Development Goals.”

The alleged concern about mental health is not restricted to adults - children can also be affected, and it is a situation that can lead to them receiving treatments that may involve a variety of pharmaceuticals.

A U.S. Citizens Commission on Human Rights article from 2014 entitled *Watchdog Says Report of 10,000 Toddlers on ADHD Drugs Tip of the Iceberg* stated that, in the age range of birth to one year, there were 249,669 infants on anti-anxiety drugs; 26,406 on antidepressants; 1,422 on ADHD drugs and 654 on antipsychotics.

The main concern is, or ought to be, with respect to the idea that if we do not have the ‘right’ thoughts and ideas, we could be diagnosed with any one of a number of ‘mental disorders’.

Some ‘disorders’ are listed on the WHO fact sheet under the heading ‘Disruptive behaviour and dissocial disorders’.

The fact sheet says: “Disruptive behaviour and dissocial disorders are characterised by persistent behaviour problems such as persistently defiant or disobedient behaviours that persistently violate the basic rights of others or major age-appropriate societal norms, rules, or laws.”

The implications of this are far-reaching.

Martin Luther King is quoted to have said in his Letter from Birmingham Jail: “One has not only a legal but a moral responsibility to obey just laws. Conversely, one has a moral responsibility to disobey unjust laws.”

Disobeying unjust laws does not equate to having a ‘mental disorder’ in the mind of any rational person.

● <https://whatreallymakesyouill.com>

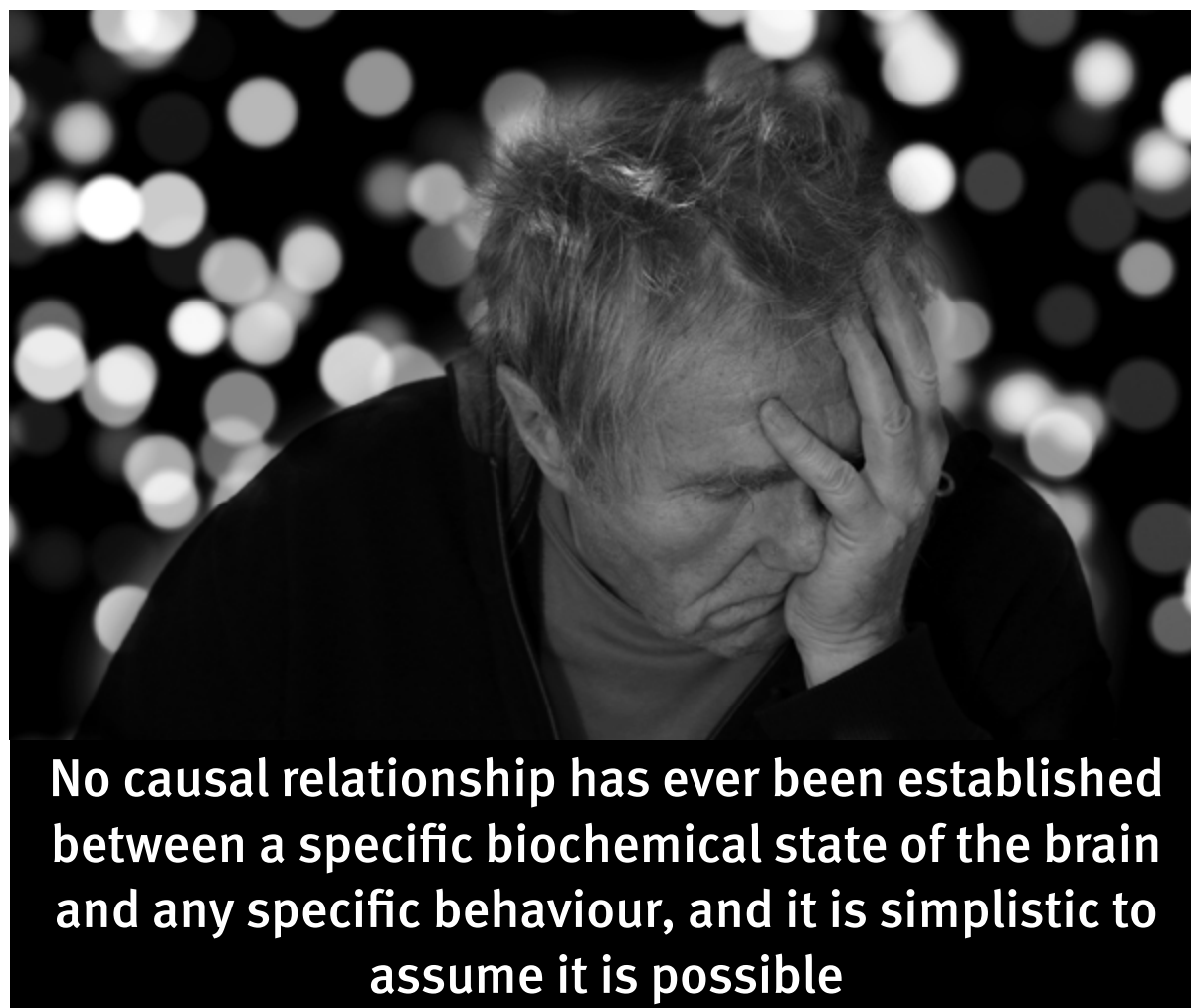


Photo: Gerd Altmann

No causal relationship has ever been established between a specific biochemical state of the brain and any specific behaviour, and it is simplistic to assume it is possible

mainstream media as the result of governmental policies, especially in the UK.

This was demonstrated by the March 2020 UK government document entitled *Options for increasing adherence to social distancing measures*, which stated: “The perceived level of personal threat needs to be increased among those who are complacent, using hard-hitting emotional messaging.”

Note the use of the word ‘perceived’ with respect to the level of threat. If there had been a real threat from covid, then emotional messaging would not have been needed. Instead, the science would have spoken for itself. But there never was any genuine science to support the covid narrative.

They knew, of course, that

The article said: “During a pandemic, public anxiety spreads faster than the disease, as people begin to experience symptoms widely publicised as being associated with the virus. This is true even when the only exposure they have had is through their television sets or computer screens.”

There was no pandemic of course, but that does not mean that the symptoms of illness that people experienced, as well as the fear and anxiety, were not real.

It is generally believed that mental disorders are caused by a chemical imbalance in the brain although surprisingly, the WHO fact sheet does not refer to this idea.

But this notion has never been proven, as Dr Peter Breggin MD explains in his 1991 book, *Toxic Psychiatry*: “No causal relationship

people with mental disorders do not have access to effective care.”

Although pharmaceutical drugs are not the only treatment option, there is no evidence that they work as claimed.

In his June 2015 article entitled *Rational Principles of Psychopharmacology for Therapists, Healthcare Providers and Clients*, Dr Breggin explains why drugs appear to have an effect: “All drugs that impact on the brain and mind work by partially disabling the brain and mind.” He further explains that: “The so-called therapeutic effect is always a disability.”

The increased attention to ‘mental disorders’ can be shown to be directly connected to the agenda, specifically Agenda 2030, also referred to as the Sustainable Development Goals, as can be

Pioneers of frequency medicine

Tuning in to the mysteries of our health

by **ROB VERKERK**
abridged by **CAROLINE SHERWOOD**

Dr Albert Abrams (1863 - 1924)

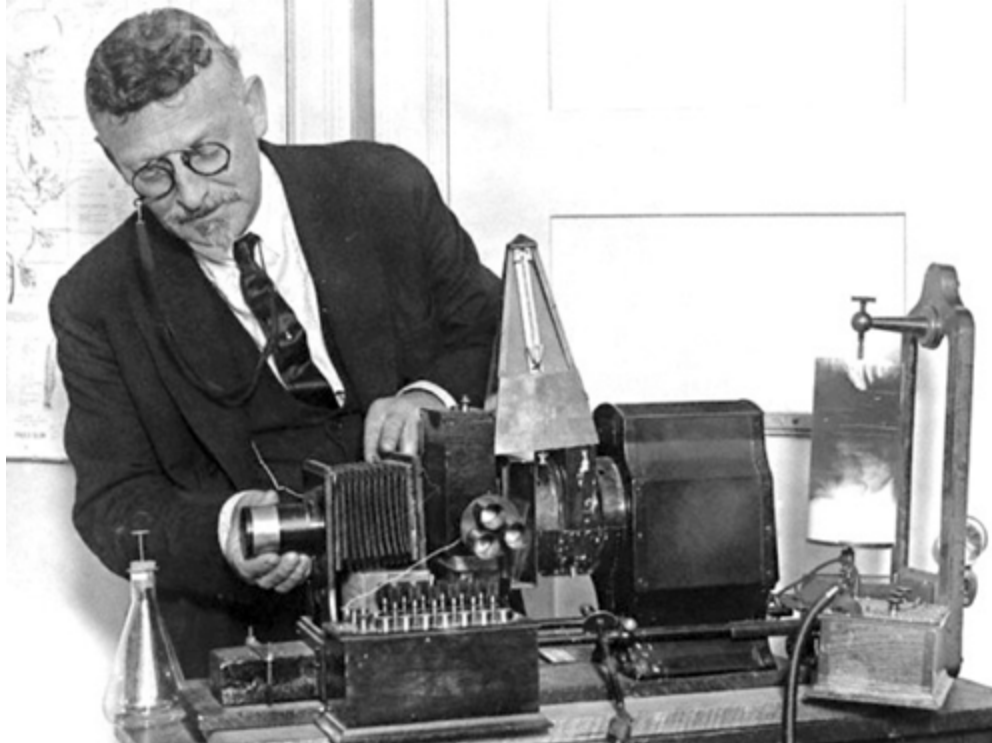
After returning home to California with a medical doctorate from the University of Heidelberg and being appointed as professor of pathology at Cooper Medical College, San Francisco, California, Dr Abrams developed machines that helped him to discover that different diseases caused tissues to resonate at different frequencies.

Among his pioneering machines were the Reflexophone and the Oscilloblast. He claimed that that by reflecting back healthy frequency signals, he could cure a wide range of diseases. He referred to the mechanism as ERA (Electronic Reactions of Abrams). He was increasingly discredited and claimed to be a fraud by a medical establishment that was threatened by his findings, often on the basis of spurious evidence. His technology was picked up in the 1950s by Dr Ruth Drown, who renamed it 'radionics', and it was and continues to be used to a limited extent with some claims of success in agriculture, as well as in human health.

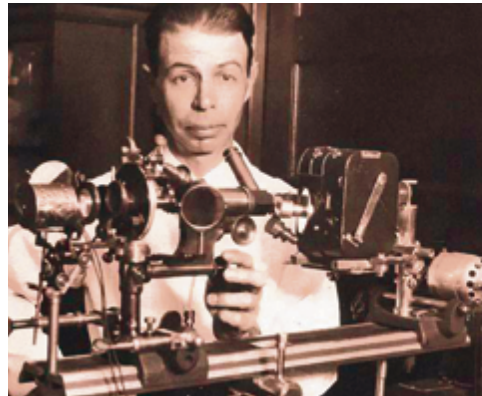
● Find out more here <https://subtle.energy/albert-abrams-radionics-technology/>

Royal Raymond Rife (1888 - 1971)

Raymond Rife was an American inventor and early exponent of high magnification microscopy including cinemicrography with magnifications exceeding 17,000 times. He was able to view bacteria with these dark-field Rife microscopes and went on to develop 'beam ray' generators that were claimed to selectively weaken or destroy pathogens, both in laboratory settings and clinically. He developed a particular interest in cancer mediated by such pathogens and subsequently faced the ire of the American Medical Association which tried to discredit him for his claims. His ideas were picked up following the publication of Barry Lynes' 1987 book, *The Cancer Cure That Worked*. This led to the development of a wide variety of so-called Rife 'frequency generators' that claim to be based on Rife's work, some of which, even recently, have been the subject of health fraud claims initiated against sellers by the FDA and District Courts in the USA.



Dr Albert Abrams with his frequency machine



Royal Raymond Rife - an early exponent of high magnification microscopy

● Find out more here <https://www.royal-rife.com/>

Dr Reinhardt Voll (1909 - 1989)

A German family doctor who developed an interest in traditional Chinese acupuncture and went on to develop Electroacupuncture According to Voll (EAV). The method uses the same meridians as Traditional Chinese medicine (TCM), along with additional meridians that Voll referred to as vessels. The EAV method relies on measuring skin resistance (electrodermal activity) using an EAV device that includes a negatively charged electrode held by the patient and a positively charged electrode that is used to make contact with the patient's skin by the EAV practitioner. Nosode tests allow the measurement of the energetic characteristics of different drugs, food and supplements, and are claimed to help determine tolerability

by the patient. Treatments with EAV are considered to enhance the effects of conventional needle acupuncture.

● Find out more here <https://biontologyarizona.com/dr-reinhardt-voll/>

Robert O. Becker (1923 - 2008)

An American orthopaedic surgeon and researcher in the field of electrophysiology and electro-medicine who became a pioneer in the field of bioelectricity and bioelectromagnetism, the field that seeks to understand how these forces influence biological processes. Becker was among the first to suggest that electric fields contributed to the healing of wounds and bone fractures. He went on to show that regeneration following bone fractures or amputations could be accelerated by applying electrical potentials to the damaged tissues. He

also showed that limb regeneration in amputated limbs of frogs and salamanders were controlled by electromagnetic forces (the animals' biofield). Among his most important contributions was the summation of his and others' work in the field of bioelectricity and bioelectromagnetism in his book, *The Body Electric: Electromagnetism and the Foundation of Life* (1976, 1998, William Morrow, 388 pp). He was among the first to show concern over health risks from high voltage power lines.

● Find out more here <https://robertobecker.net>

Prof Dr. Fritz-Albert Popp (1938-2018)

A German theoretical physicist, pioneering quantum biophysicist and biologist, who was appointed as a Professor at Marburg University from 1973 to 1980, and went on to establish the International Institute of Biophysics in Neuss, Germany. During the mid-1970s, Prof Popp picked up research by a Russian embryologist, Alexander Gurwitsch, who in 1922 was the first to discover the existence of ultra-weak light emissions in living cells (from onion roots) that he referred to as mitogenic radiation. Popp went on to find that these ultra-weak light emissions occurred in all living systems and renamed them biophotons. Over many years, he developed his biophoton theory of life, proposing that coherent light emissions functioning in the quantum plane are the primary controllers of biochemical and molecular processes. The work of Popp's research group found that a cell's DNA was the most important source of biophotonic emission.

● Find out more here <https://www.teravanza.com/documentacion/popp%201.pdf>

● Rob Verkerk PhD is the founder, executive and scientific director of the Alliance for Natural Health International and the Scientific director of ANH-USA <https://www.anh-usa.org>

● Caroline Sherwood is the author of three books: https://www.goodreads.com/author/show/1080735.Caroline_Sherwood

Is there nothing sacred?

No-one has right to impose their reality on anyone else

by **BEN HUNT**

IN a previous column we looked at the mass murder of the elderly back in 2020, clearly a policy decision in support of the cause of inflating covid death stats.

While that was a heinous enough crime against humanity in itself, there is an even more grim implication - that the lives and wellbeing of the general population cannot be a priority to the 'powers that shouldn't be'.

Last month I wrote about another front in the war against humanity - the attack on men and masculinity. But of course it doesn't stop there. When your eyes are open, you can see this campaign is coming at us from all sides now.

Can we say women and children are faring any better? Well, a quick survey of recent events should answer that pretty conclusively.

Exhibit A: Men calling themselves women and dominating womens' sporting events. Okay, I know, it's only sport. Not everyone cares about that.

Exhibit B: What about men winning womens' beauty pageants, such as male Brian Nguyen who won a local Miss America Organisation beauty pageant last November, despite having not only the wrong chromosomes, but also having all the wrong curves in all the wrong places? Yeah, that's all trivial and shallow, you're right.

So I present Exhibit C: Richard ("Rachel") Levine being a winner of one of USA Today's "Women of the Year" awards. When you look deeper at what it means, the realisation of where this road ultimately leads should raise massive alarm bells.

It's not just about men now being allowed to dominate events that were previously exclusive to the fairer sex, though that is gross enough. Most of us probably don't care about celebrity, trophies and awards. This is about more than awards though - it's about more than vandalising the past century of equal opportunity campaigning. If men are allowed to win at being women (and yes, for the sake of balance, vice versa), the implication is that womanhood has now been reduced to a lifestyle choice.

Now, dear friend, I am going to assume that you are a devotee of truth, reason, and the divine, sovereign right of each of God's children to live their own life and walk their own path according to their own



Brian Nguyen, winner of one of USA Today's Women of the Year awards

conscience, insofar as they cause no harm to others, according to Natural Law.

We not only do not care to judge others for what they do with their private parts in the privacy of their own bedrooms with other consenting adults, we don't claim to have the right to judge.

But this Trojan Horse mechanism is so often exactly how evil works. It takes something good and wholesome, such as noble ideas like equality, fairness and justice and it perverts them, smuggling more insidious and toxic consequences through the back door.

Remember how, on the surface, it was presented as necessary and virtuous to 'protect granny', to 'protect the NHS' and 'save lives' by turning our backs on each other, even if it meant leaving granny to die alone and bewildered?

Likewise, on the surface, the idea of equality of opportunity irrespective of gender can be pitched as a noble cause, but then so were the Spanish Inquisition and the Salem witch trials.

The words on the packaging do not always accurately represent the contents.

As Peter Kreeft wrote: "Evil is always a parasite; it can only exist in something good, as a parasite can only live on a host."

So let's tease apart what it means for men to be allowed to win at being women.

Of course, as we start to pull, we find it begins with an attack on womanhood. It

is now permitted for men to be women. What's more, to protest or to claim otherwise shall henceforth constitute a thought crime!

Therefore, under the pretext of protecting the innocent, some eternal reality is being eroded. Whatever words make most sense to you... womanhood, motherhood, the divine feminine, let's be clear, what we are talking about is quite literally the very bringer of life for every single one of us.

Keep pulling and what unravels next is the very notion of truth itself. When womanhood, or manhood for that matter, is no longer a question of reality, of biological genetic fact, but a question of preference, then the truth must die and be replaced with subjectivity.

As so many Disney storylines have chanted over the decades, you can be whatever you want to be - all you need to do is dream.

But when we lose our grip on truth versus falsehood, what else do we lose?

Let's see. For example, what does it mean to be an adult? Can a child now be reimagined as an adult, say when it comes to sexual consent?

Or how about, if we allow ourselves as a society to acknowledge that gender is a matter of subjective instead of objective reality, then it is not much of a stretch to reframe the desire to have sex with children as a sexual orientation rather than a sickness.

And then what does it even mean to be

human? Should we assign human rights to cattle, to rabbits, to fish? This is what the animal rights movement proposes.

Identifying as a herbivore does not make you a herbivore any more than identifying as a woman magically gives you double-X chromosomes.

Take a look down that slope and see how slippery it is. What lies at the bottom? Perhaps what Friedrich Nietzsche was referring to 140 years ago when he wrote "God is dead and we have killed Him"?

What is at stake here is what the concept of God represents to each of us individually, and to all of us collectively. God embodies the idea of ultimate reality, of an everlasting truth that survives the ages, the concepts of good and evil, of light and dark.

God represents the conviction that there is an eternal justice that will prevail, and ultimately this... that there is a power that is greater than us.

Perhaps that helps to explain why those who are trying to direct the mass consciousness need God dead, and also why they must surely be doomed to fail.

No one has the right to impose their individual, subjective reality onto anybody else. The right to personal belief is sacred, sacrosanct. That is where we draw the line, and we will - we must - defend that line with everything we have.

● <https://theredpillrevolution.com>



Letters to TheLIGHT

Got something to say? Outraged that this paper exists? Want to praise us for being the only widely circulated newspaper giving a voice to the alternative, the censored, the cancelled and the forgotten? Love the paper, but have to disagree with one article? *Please email: letters@thelightpaper.co.uk*

DEAR The Light,

Thoughts in response to Dave Gee’s letter about Christianity in your recent issue, no. 31...

It is a well trodden path to accuse Christianity of being responsible for the world’s ills... I should know, because it used to be one I followed. Less frequently pointed out is that periods of Godlessness have been the backdrop to some of history’s worst atrocities, such as the Soviet Union and Communist China. Meanwhile it is worth noting that the Christian era bestowed on us incredible gifts such as Common Law - from Christian King Alfred the Great.

In 2020, having realised there were quite a number of things I had taken on trust that had turned out to be spectacularly false, I decided to go back to source on many subjects, including reading the Bible myself, really for the first time. It came as a surprise to me to discover that one of the main driving forces of the Old Testament is an exhortation to worship one God, not many, and to seal that faith with sacrifices - of animals only. This is promoted in direct opposition to the pagan religions of the time, which demanded human sacrifices. (The covenant that calls for even animal sacrifices is fulfilled, and no longer sought in the time of the New Testament, I believe - so no need to take a goat to the altar with you any time soon...)

I think this could not be more pertinent today, when society has become infused with a vague notion of paganism, whilst at the same time being completely ignorant of what that actually means - i.e., not trailing robes and healing crystals as you might think on an average afternoon in Glastonbury, but something appallingly dark: human sacrifice. Globalist writers of the twentieth century such as Bertrand Russell, Shaw and Kissinger made clear in their writings that breaking down Christianity and replacing it with a blended world religion would be a useful vehicle to help bring in one world governance. Nature worship also forms part of this New Age approach - and while nature is sublime, nature is also created.

Having researched somewhat into the bloodthirsty practices of the rulers of today, it does not surprise me that they should find paganism a useful tool towards this goal - and probably enjoy watching the masses unwittingly worshipping their gods while at it.

While not meaning to sweep under the table atrocities committed in the name of Christianity, I think it’s important to be aware that many institutions that purport to be Christian have long been captured.

I would therefore like to humbly assert that, before taking pot shots at Christianity, it is better to learn what it actually is. Something, if I could, I would also tell my younger self...

Sophie Gale

DEAR The Light,

You do not have to be the sharpest pencil in the box to realise that a covering of snow will render solar panels completely useless.

The early March spell of wintry weather will hopefully have concentrated political minds to the total madness of large scale wind and solar generation in the UK. It does not require too much imagination to recognise that on a cold and still night, a million wind and solar farms will fail to generate a single watt of electricity. At 19:05 GMT on March 8, 2023 the total demand for UK electricity was 42.772 GW, with only 6.339 GW (15%) from wind and 0 GW (0%) from solar. Gas provided 21.568 GW (50%), with the balance from other sources. The Achilles’ heel of wind and solar generation is the total dependency on the weather. Simply put: no wind or sun - no power. Wind generators are ugly and detract from the beauty of our countryside, requiring miles of objectionable poles or pylons to connect to the electricity network; there are health issues for those living in the near vicinity of these monstrous machines. The RSPB should be ashamed for not being much more vocal in their condemnation, as wind generator blades kill thousands of birds and bats annually; causes of death include collision and barotraumas - internal injuries caused by exposure to rapid pressure changes near the trailing edges of moving blades.

Dave Haskell

.....

DEAR The Light,

Of course we all know that as governments start to fail, they encourage gambling in order to make the increasingly struggling people believe that there is still hope.

That is why gambling is now advertised loudly and regularly around Ireland, especially on RTE, almost daily. Big profits for a foreign company and very little benefit for the worst hit in Ireland. However, I also noticed that the big random choice of numbers is no longer on the TV. Having worked in and around computers all my life, I know how easy it would be to program the computer to only choose numbers that have not been put onto lotto forms for that draw.

On another subject, I was talking to an international journalist in Brussels 5 or 6 years ago and he assured me that a lot of the ‘tragic immigration’ was now a business in some countries. Not only did many ‘refugees’ buy their tickets to a better life, but they arrived on their chosen boats with quality mobile phones. Not wanting that sort of immigration is NOT racism - it is love of the people in our country.

Richard Barton. Co. Kildare

DEAR The Light,

I read your paper with interest and an open mind. My children have always been brought up to question everything and find the evidence that leads to the truth.

The world is very polarised and much more so because of social media, which reinforces viewpoints because news material consistent with your views is fed to you. Many people now appear stuck in their own echo chambers, with their truth being the light that is reinforced every day. What you must not do is adopt a position and then find the evidence that supports your truth. Another useful technique is to argue the case of the opposing view - for instance, global warming or nature’s normal rhythm, and argue the evidence for each. I recently finished a book called *The Cyber Effect* by an eminent Irish professor, which explains how people adopt irrational viewpoints out of the best of intentions. One of the studies was of four million people and I think the evidence there lends weight to the conclusions being ‘the truth’. Keep questioning, even your own view, all the time.

Andy Wallace

.....

Dear the Light,

The article by Dawn Lester and David Parker on iatrogenic diseases (issue 31) reminded me of an experience I had during my first fifteen or so years of running a health food shop, back in the 1980s and 90s.

I was seeing so many women complaining of arthritis that it almost seemed like an epidemic, and, to my amazement, they all seemed to have one thing in common - the use of prescription diuretics. ‘Oh, just a water tablet’ was the usual reply to my enquiries, and some even ventured to add that they had been on them for so long that they had forgotten why they started on them in the first place. The prescriptions just kept rolling on and on.

The BMA Guide to Medicines and Drugs does state that prolonged use of diuretics can lead to the loss of minerals like Calcium, Potassium and Sodium, but, I would think, there must be a wholesale loss of other minerals, trace elements and water soluble vitamins (B and C). The rise of Uric Acid levels (responsible for gout) is also a possibility. Whatever the exact mechanism of ill health here, I was convinced that the prescription medication was responsible, and always now consider allopathic drugs to be a primary cause of illness.

Michael Drummond

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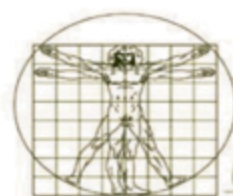
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