

Common Law

They only have threats but you have the power





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The Uncensored Truth Thelia

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Kicking the tech addiction

Interview with young student living free of algorithms

People got the power

IMAGINE a world where everyone develops their individual talents, strengths and interests to their full potential, so everyone does what they both enjoy and are talented at. How productive, prosperous and positive would that world be?

We have been led to believe, by an education system that is designed to prepare us for the rulers' system, that we should forget our own dreams and conform to one of several mundane jobs in order to live. But the truth is that it does not have to be this way, and it is your choice. We can all choose to reject what someone else has planned for us, and the power really is in our hands; the rulers don't force anyone at gunpoint to follow the paths they lay out, but rather influence and manipulate/socially engineer us, so that we accept that what they are offering is all that is available.

Too rarely do people think to reject the conveyor belt they have put us on, jump off and start their own adventure. But to truly change the world, this is exactly what needs to happen.

While we all need money to live, with a little planning and some time, anyone can transform their lives into one where they enjoy their work. Lives where 'work' is simply doing what you are good



Photo: Jeshoots.com

at and enjoy doing, so you bounce out of bed in the morning and keep improving.

Of course, we can't all start

businesses or become successful overnight. Sometimes it pays to be a good follower, worker or partner first, helping out in someone else's business. But it is highly unlikely that anyone on Earth has no particular purpose or talent. This is probably one of the most important truths to 'wake up' to.

Another misguided principle of the world of work is that we should only have one job, as if we are only interested in one thing, or could only be capable of doing

one thing really well.

We have far more potential than most of us are aware of. Through schooling and the workplace, the culture is one of not rising above, but instead, living a life 'of quiet desperation'.

But it really does not need to be that way. There is no rule or law anywhere which says you have to work in a factory, office or warehouse job for the rest of your life, and never be able to contribute your full worth to the world.

The rulers need soldiers for their wars, and pen pushers to administrate their system, but that's what THFY need - what

about you? What kind of life would give YOU worth and meaning? What are YOU capable of? Don't you want to give it a shot and really find out?

Whatever your beliefs about what happens afterwards, we have one life here, and we should all make the most of it in as many ways as we can dream of - whatever we are drawn to and puts a fire in our bellies is what we should spend our time doing.

So what are you waiting for? You could start a small business on the side; go on a course, get researching, or ask for a personal apprenticeship. There are many ways to get started towards a

better life that fulfils your needs and hopes, instead of merely serving those who rule.

Fear, nervous excitement, even a little anxiety are good things to feel when you start making your plans. It means your heart is pumping, the adrenaline is going and it's exciting!

Whatever you can dream of and believe is possible, given time and a ton of effort, is what you should aim for, and nothing less. And when you are on your own true path, you can't help but influence others in a positive way. Some of your friends and family will see your transformation and be inspired too.

There is no time like today to get things started and make plans. If we keep leaving it until tomorrow, soon we will run out of those and we'll never change anything. Remember, the majority will go along with the way the world directs them, but this does not mean YOU have to.

We admire those who are different, who achieve something, who go out on a limb and take chances to succeed. Those who don't are stuck in the mediocre lives that have been chosen for them by someone else.

This is your life; it belongs to you and nobody else. The two steps to a better one is first to decide what you want to do, and then get to it.

Trying to control the world

UN promotes censorship and social credit system

by **KIT KNIGHTLY**

IN late May, the office of the United Nations Secretary General published a policy document on aims for the future of the internet.

The title of the follow-up to the 2021 report, *Our Common Agenda*, says it all really: *A Global Digital Compact*. That's the goal - international legislation that would seek to control and enforce the use of digital technology.

The proposed clauses promote everything you'd expect them to promote.

Digital identities linked with financial access: 'Digital IDs linked with bank or mobile money accounts can improve the delivery of social protection coverage and serve to better reach eligible beneficiaries. Digital technologies may help to reduce leakage, errors and costs in the design of social protection programmes.'



Environmental or climate change-based social credit systems: 'Sensors and monitors connected to the Internet of things, cloud-based data platforms, blockchain-enabled tracking systems and digital product passports unlock new capabilities for the measurement and tracking of environmental and social impacts across value chains.'

Public-Private Partnership:

'Partnerships between States, private sector and civil society leverage the capacity of digital tools to provide solutions for development across the Sustainable Development Goals. Examples include the Digital Public Infrastructure Alliance, the Coalition for Digital Environmental Sustainability and public-private partnerships for disaster response.'

Countering online 'harm': 'Disinformation, hate speech and malicious and criminal activity in cyberspace raise the risks and costs for everyone online [...] we must strengthen accountability for harmful and malicious acts online.'

Those are the obvious ones; there's also more sneaky, insidious language regarding 'equity' and 'access'. The report is concerned there are many people in the world (mostly the developing world) who don't have regular access to the internet.

This concern would be more honestly expressed in the language of control - people who don't consume digital media can't be hypnotised, people who don't communicate online can't be censored, and people who don't rely on digital banking can't be controlled.

To sum up, the *Digital Global Compact* is a piece of globalist legislation serving the final aim of globalist policy: control of all aspects of life, achieved by inserting a digital filter between people and reality. Banking, communication, media consumption, shopping - every interaction you have will be through a digital membrane which can both monitor your exchanges with the world and, if deemed necessary, deny you access to that world.

An interesting final point to note is the words the report doesn't use.



'Globalist' and 'globalism' do not appear once, 'vaccine passports' or 'vaccine certificates' are likewise not mentioned. Neither are 'social credit' or 'central bank digital currency'. They are discussed in a roundabout way, but not mentioned.

They seem to be avoiding buzzwords they know will trigger resistance or set off alarm bells. Would they have done that before the sceptics started winning the covid conversation? I don't think so.

You don't have to take my word for any of this, of course, you can read the whole report yourself.

There's nothing surprising in there at all, obviously. But it's definitely a 'quiet part out loud moment', and a link to send to those people who still dismiss you as a conspiracy theorist.

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- Download UN Global Compact PDF from: https://tinyurl.com/yy8unjpt

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"When people exert control over others, it is not authority; it is power."

- STUART FARR

Husband given midazolam and morphine two days after he died

Grieving Elena's mission to find out truth

by **JACQUI DEEVOY**

WHEN Elena Vlaica's 54-yearold husband, Stuart, was euthanised in hospital in November 2021 after being put on a barbaric end of life 'care' pathway, he was given further doses of killer drugs for two days after he died.

No one can explain why. Here, Elena shares the final devastating part of her shocking story.

Nurse Elena said: "My Stuart went into hospital on October 26, 2021 with shortness of breath and a suspected chest infection. Because of the covid rules, I wasn't allowed to visit.

"I found out later, he'd had a DNR [do not resuscitate order] put on him. The reason given for that in his notes, which I managed to get with the help of a solicitor, was that he possibly had covid and was unvaccinated.

"He'd also been put on midazolam and morphine without either of our consent. I only discovered this later, when I saw his notes, and also found out that he'd been put on 'fast-track end of life care', which was introduced at the start of the pandemic and allowed a consultant to decide whether a patient lives or dies.

"His regular meds - blood pressure tablets and antidepressants - were withdrawn and he started having side-effects.

"He developed flu-like symptoms - very common with sudden antidepressant withdrawal - and he became anxious because he couldn't breathe due to his lungs being full of fluid.

"So they gave him more midazolam and morphine, which - not surprisingly, as those two drugs used together suppress respiration - made him worse.



Elena Vlaica with husband Stuart

He died on November 6, but was given more morphine and Midazolam on the 7th and 8th. I have the paperwork. What does it mean?

"Over the course of 11 days, they gave him 100 mgs of midazolam. I also found out that he was starved for 11 days. He wasn't even given water during that

"When I eventually got to see him - I was called in on November 6 because I was told he was dying - he was naked in the bed. Staff said that, because he'd tried to escape four times, they cut off his clothes and catheterised him. Stuart was a big man - 120 kilograms and it took four people to pin him down. All this to stop him running away.

"When I arrived at his bedside, although he was heavily sedated, I know that he knew I was there. When I kissed him, I saw his blood pressure and heart rate improving on the sats monitor.

"I'm a trained nurse so could easily see this. When I mentioned this to the junior doctor, she walked across the room and switched off the monitor. At that moment, a nurse appeared with five 10ml syringes on a blue tray. She pushed two of them into Stuart's cannula, he took three breaths, then died in my arms. I cried out, "She killed him!' and started to cry. She killed my Stuart. I don't remember getting home.

"It was only after I got hold of his notes that I discovered the full horror of what Stuart had endured. One of the strangest and most shocking things, though, was the fact that he'd been medicated after he'd been euthanised.

"He died on November 6, but was given more morphine and Midazolam on the 7th and 8th. I have the paperwork. What does it mean? To me, it looks as if someone was absolutely making sure he was dead. But I don't know. Any other reasons are unthinkable.

"I reported it to the police and to the hospital. They had meetings behind my back and decided that in the 11 days Stuart was in hospital, he'd received 'outstanding care'. They refused to address any of my other concerns.

"To this day, I have no idea why they'd give medication to a dead man. In some ways, I don't want to think about it, but in other ways I know, to get justice for Stuart, I have to find out."

- Elena Vlaica appears in upcoming documentary Playing God, produced by Jacqui Deevoy and Trailblazer Films. Please support the project here:
- https://www.crowdfunder. co.uk/p/playing-god

How to trump tyranny

They only have threats but YOU have the power

by **LINDSAY HARPER**

AT the bottom of the article entitled, Common Law will fail to protect us against tyranny, in issue 34 of The Light, a request was made for a rebuttal of the article.

This is not exactly a rebuttal, but another way to deal with the problem of tyranny we are facing. It's very simple: we just say no.

Let me explain my journey to coming up with this most simple of solutions.

When all this nonsense started in 2019, I knew I would not conform to mask-wearing, social distancing, hand sanitising or the jab, so I wanted to find a way to legitimately say no without getting into trouble or fined. I'd heard of common law and what it could do, so I started investigating further. I attended a Peace Constable training day, which was excellent, and I read Freedom... Is More Than Just a Seven-Letter Word by Veronica Chapman - also excellent.

I was so interested in what they had to say, I read everything that was available on common law. I learned as much as I could, but slowly the realisation hit me that common law wasn't the answer to beating the system — I could actually use the system itself to beat the system.

This comes from studying commercial law. I have a politics degree, not a law degree, which was a bonus, as it meant I was not already brainwashed by the legal system. This article is not the place to go into the finer points of commercial law; as it I worked out, I spent more time studying this subject than I ever spent on my actual politics degree!

What I did do, however, was put what I learned into a talk and a presentation for members of the public who were interested to learn what I had found out. That we, as living beings, are above any government, council or political body, and are accountable to no-one but ourselves. As soon as we get that in our heads, there is nothing to fear, as it means all acts and statutes passed by government are manmade and do not apply to us, unless we are happy to submit to them.

The title I gave to my presentation was It's Only an Offer – Stand in your power, and I was lucky enough to present my work on Gareth Icke's Right Now and Richard Willett's Deep Dive programmes on Ickonic. In the talk, I explain who we actually are, and the power we hold if we only knew it. It is not in the interests of governments

KEEP CALM AND JUST SAY

We, as living beings, are above any government, council or political body, and are accountable to noone but ourselves

and corporations for us to know this information, so, consequently, we are never taught it.

What I thought was the answer to all my problems was only the beginning. I set about sending notices to all the energy companies, water companies, council for tax and parking fines, insisting that I would only pay their exorbitant charges if they could prove to me that I had signed a written contract requesting their services.

I pointed out that the energy companies were not supplying our energy, and were only billing companies, so were actually acting fraudulently. I sent the Notice of Conditional Acceptance, then 21 days later I sent a Notice of Opportunity to Cure, and then 14 days later, a Notice of Default, which gave them seven days to settle the matter.

I thought I had it all sewn up, as I was using their system against them. If you go round

any park or public area, there are notices all over the place telling you what you can and cannot do. Notices always come in threes, so I had done that, just as they do. Guess what happened? Nothing! They completely ignored my notices, sent me red reminders and final notices, and then they referred the alleged debt to a debt recovery agency - which is not the same as a bailiff

by the way.

It is at this stage that most people cave and pay, but what I noticed was that it was all threats: 'If you don't do this, we will do that', and each time the threat got more severe. The threats kept coming, but nothing else happened. Because I had learned the law, and my rights within their system, it finally dawned on me that that was all they had - threats. I was not committing a criminal offence and couldn't be arrested. I couldn't be sent to jail. I didn't have to let anyone onto my property, I didn't have to open the door to anyone, and I didn't even have to open any mail.

No-one can make you do anything without your consent. Let that sink in for a moment. You have the power, and they have threats. You may have noticed that throughout the last few years, the fear put out by the media has been all-consuming, and still hits us on a daily basis now. The fake pandemic has waned, to be replaced by the climate change hoax, war in Ukraine, etc. While you live in fear, you cannot make rational decisions and stand in your own power, and they know this.

We owe it to ourselves to just say no to anything we don't want to do. I'm not telling everyone to stop paying bills, even though I haven't paid these corporations anything for going on two years. I don't open mail, I've given up sending notices, which were a waste of my time and energy, and I go about my business with as little contact as I can get away with.

This approach might not be for everyone, but it's been so liberating for me. You will have to learn a lot of new information, and all I can say is that it is totally worth it, to live the life that is possible to live.

So, going back to the rebuttal of the article. I believe common law has its place, and is a great starting point, but the only way to stop this tyranny, in my opinion, is to just say NO.

 I can be reached through my Telegram channel: It's Only an Offer.



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Join the dots on global scheming Enslavement at the root of green agenda

by LISA HUTCHINSON

IS there a connection between the World Economic Forum (WEF), ultra low emission zones (ULEZ), Net Zero, the central bank digital currency (CBDC) and the Great Reset?

A live debate recently held in London asked that simple question: are the separate freedom-eroding global initiatives being pushed on us connected in some way?

The event was sponsored by ACHES (Adult Child Health & Environmental Support), a newly established non-profit organisation to support anyone with health issues resulting from environmental harms.

Our new king and the Prime Minister are both advocates of the WEF. King Charles has stated that "we have the ability to tag, track and trace everyone across the supply chain, as you cannot expect consumers to make the correct sustainable choices". And WEF proponent, Yuval Noah Harari, has openly boasted of "monitoring humans below the skin".

The fourth industrial revolution will remove sovereignty and power from the people by linking with the WEF, the United Nations (UN) and World Health Organization (WHO). WEF Chairman, Klaus Schwab, has celebrated how his organisation has infiltrated government and cabinet positions to enable this dystopian takeover.

Godfrey Bloom, retired politician and former member of the European Parliament, warned that the globalist elites are fundamentally evil. It is paramount to educate on the true agendas of these corporate entities.

Those at the top of the power pyramid control the levers which have been hijacked by the WEF, WHO, and the International Monetary Fund.

All political parties are two sides of the same proverbial coin. And these organisations have bought



Protesting for EMF legislation outside The Royal Court of Justice

Category	2020-2029	2030-2049
Road vehicles	Development of petrol/diesel engines ends; new vehicles introduced must be compatible with Absolute Zero	All new vehicles electric; average size of cars reduces to 1000kg
Rail	Growth in domestic and international rail as substitute for flights and low occupancy car travel	Expanded network and all-electric trains; rail becomes dominant mode of freight; shipping declines
Flying	All airports to close, except Heathrow, Glasgow and Belfast, with transfer by rail	All remaining airports close
Shipping	There are currently no freight ships operating without emissions, so shipping must contract	All shipping declines to zero
Heating	Electric heat pumps replace gas boilers, and building retrofits (air tightness, insulation, and external shading) expand rapidly	Programme to provide all interior heat with heat pumps and energy retrofits for all buildings
Appliances	Gas cookers phase out rapidly in favour of electric hobs and ovens. Fridges, freezers and washing machines become smaller	Electrification of all appliances and reduction in size to cut power requirement
Food	National consumption of beef and lamb drops by 50%, along with reduction in frozen ready meals	Beef and lamb phased out; all imports not transported by train; fertiliser use greatly reduced

and controlled the mainstream media. We no longer have a free press.

Scott McCollough, attorney to Robert F. Kennedy Jr's Children's Health Defence, divulged the extent of this Orwellian nightmare: "Those in control have no interest in an individual's privacy or free will, which are both approaching the end of life.

"The globalists believe we have no right to individual autonomy or privacy, and they will destroy individual liberty. What we read, buy, where we go, every aspect of our lives will be controlled, we will be enslaved in a digital prison.

"The technologies and infrastructures for this control are already in place. All communication, your health, medications and food consumption will be recorded through data capture and tracking capability, regardless of the devices or tools used.

"Your digital footprint will be used against you in a Chinastyle social credit system.

"All consumer devices interact with these control networks, with accessibility to products and information services entirely in their control. They will decide how we interact with the network of networks.

"The computing architecture will permit or cancel you by the flick of a switch. The CBDC, ULEZ, and the Great Reset are impossible without the 5G infrastructure, driven by data storage and Al algorithms."

Mark Steele, a British campaigner, highlighted that Net Zero is a fabricated elitemade energy crisis, but requires electrification and digital currency to control the masses. And weather modification tools (geoengineering) have helped create the illusion of a dying planet. The WEF goals and strategic planning are in partnership with the UN, which developed the 2030 Sustainable Development Goals.

Removing cash is pivotal to their agenda, because digital

currency is an enslavement mechanism. If they succeed in bringing about a cashless society and full digital currency, your daily interactions will be restricted to within 15 minutes of your home, with the globalist net closing in to fully imprison all humans.

The carbon tax is a subsidy of alternative energy, affecting all supply chains. Phasing out hydrocarbons will create unsustainable taxes to fund Net Zero, destroying small businesses. 5G has been sold as a faster means of telecommunications, but is actually a military battlefield weapon designed to handle instant 360 surveillance of the entire Earth.

Councils have bought into a fabricated energy narrative to bankrupt them and fuel the fake climate emergency. Private business will cease by 2030, and there will be total electrification and digitisation. Many cameras and LED streetlights use beam-forming, collimated [made parallel], pulsed 5G radiation, which emits electromagnetic field (EMF) at considerably higher levels than are safe, harming human health and destroying wildlife.

It is understood that 5G radar can cause irreparable eye damage, and massively increases cancer risks. It is untested, unregulated and uninsurable for harm.

We are living in unbelievable times of tyranny and crimes against humanity. We must not passively accept and cooperate with their agenda. Say no; refuse any demands to usher in a digital ID. We have power in numbers; human annihilation is possible only with our cooperation.

It is critical to raise awareness, unify strategies, and uphold domestic and international law. We must act now!

www.SaveUsNow.org.uk

Documentary lifts lid on geoengineering

Climate narrative 'controlled by chemtrails'

by **LOUISE ASHLEY**

REVIEW of the film, *The Dimming*.

What are the white streaking lines that criss-cross in our skies? Condensation trails from air passenger planes, or something else? Many people across the world have witnessed the frequent, patterned white streaks across the skies above them.

How? Why? What are they for? Who is arranging for them to be sprayed? To examine some of these questions further, it is useful and informing to watch the film by Dane Wiggington, *The Dimming*. It is a must-watch for all those seeking to know more on the subject – but also for anyone who cares about the environment.

The information and messages in the film are urgent and deeply sobering. The film includes expert information from former U.S. Air Force employees and U.S. Patent Applications for a powder contrail generator, apparatus and method for ejecting matter from aircraft, and an aerial delivery system for aluminium oxide.

The jet-spraying apparatus patents describe themselves as being able to emit water, gels, powders, decontaminates, compounds and fire-fighting compounds, that can be discharged from the sides of planes. The patents are shown to start in their development from around 1975. The former Air Force personnel tell us that what we are witnessing in our skies are not regular condensation trails from aeroplane engines, as they would run clean.

What is being sprayed above us are particulate dispersions in the form of light-scattering particles, described as being used and needed in 'Solar Radiation Management', which aims to reduce the amount of sunlight reaching the earth to mitigate the supposed effects of climate change.

Studies from samples collected to test the dispersions, and many other references on the subject, regularly mention aluminium, barium, strontium, mercury, sulphur, lithium, and composite polyurethane as nanoparticles.

They then find their way into the Earth's many ecosystems including plants, animals, seas, rivers, soils and also into humans. This situation is described as also increasing reactive oxygen species (ROS) in humans that can affect diseases including cancers, dementia and accelerated ageing.

The film goes on to describe how our





whole web of life here on Earth is being detrimentally impacted by this unofficial, undeclared programme, with seas being covered with a layer of sprayed concoctions, and sealing in heat, which could be contributing to warming seas, and also preventing sunlight from adequately reaching phyto-plankton which, along with trees, is a main producer of the world's oxygen supply. The spraying is also described as

The spraying is also described as affecting the Earth's protective ozone layer, and so we are experiencing high levels of UV radiation. It is also shown that trees' ability to breathe is being compromised, the PH balance of our

soils is changing, root systems are compromised, it creates mineral loss in vegetables and plants, and the Earth's natural hydrological/rain cycles are being affected.

Many of the same chemical elements being mentioned around this subject are also used in fireworks for their ability to ignite. Aluminium is also found in the cladding of tower blocks, such as Grenfell. Aluminium dust is highly flammable, so could it be that if aluminium is being sprayed over the Earth, it could also be contributing to the many intense wildfires that we are seeing worldwide?

Why do many firefighters express the same sentiment - that they never used to see wildfires that could gather so much voracity and speed? We also know that aerial bioweapon warfare has been used to spray down harmful contaminants onto populations in the past, by governments' own admission.

High levels of aluminium are being detected in people. Aluminium affects the mitochondria in cells which generate most of the chemical energy needed to power biochemical reactions.

It also becomes resonant with wifi, and many airline staff are suffering Aerotoxic Syndrome, possibly from wifi radiation and particulate accumulations.

We have been told that our current climate issues are to do with CO2, but there has been no talk, debate or public consultation around solar radiation management, geoengineering or aerial spraying. In fact, there has only been outright denial of the existence of these programmes, despite much talk in the media about implementing them.

There is also no mention in the media narrative of cyclic weather patterns that have occurred throughout history - times without the cars and industry that we see now. There are other factors to consider, such as the the return of El Nino this year, the impact of changing jet streams, CO2 increases after a warming period, and we also seem to be losing some of the Earth's magnetic field. All of these have been mentioned in the mix, when digging a bit deeper into this subject.

The Dimming documentary calls on us all to urgently understand the relationship between solar aerial management spraying and its connection to the climate narrative, current weather changes, the health of the Earth and our survival.

Most will agree we need to look after the Earth and protect her many ecosystems and relearn how to live and tread with a lighter foot so as not to pollute and poison it.

And it is also of paramount importance to our continued existence, that as a society we also have to engage in sensible, open debate that welcomes information from many sources and areas - information that may well be of importance to understanding the issues in a wider context, and lead to solutions that benefit all.

- www.naturalearthecoclothing.com
- Watch The Dimming at https://www. geoengineeringwatch.org/

Bullsh*t jobs overload

Even corporate lawyers admit their roles are meaningless

by **DAVID GRAEBER**

IT'S as if someone were out there making up pointless jobs just for the sake of keeping us all working.

In capitalism, this is what is not supposed to happen. Sure, in the old inefficient socialist states like the Soviet Union, where employment was considered both a right and a sacred duty, the system made up as many jobs as they had to.

This is why in Soviet department stores it took three clerks to sell a piece of meat.

But, of course, this is the very sort of problem market competition is supposed to fix. According to economic theory, at least, the last thing a profit-seeking firm is going to do is shell out money to workers they don't really need to employ.

While corporations may engage in ruthless downsizing, the layoffs invariably fall on that class of people who are actually making, moving, fixing and maintaining things.

Still, somehow, it happens.

The number of salaried paper-pushers ultimately seems to expand, and more and more employees find themselves, not unlike Soviet workers actually, working 40 or even 50 hour weeks on paper, but effectively working 15 hours, since the rest of their time is spent organising or attending motivational seminars.

The ruling class has figured out that a happy and productive population with free time on its hands is a mortal danger. The idea that work is a moral value in itself, and that anyone not willing to submit themselves to some kind of intense work discipline for most of their waking hours deserves nothing, is extraordinarily convenient for them.

Once, when contemplating the apparently endless growth of administrative responsibilities in British academic departments, I came up with one possible vision of hell.

Hell is a collection of individuals who are spending the bulk of their time working on a task they don't like and are not especially good at. Say they were hired because they were excellent cabinet-makers, and then discover they are expected to spend a great deal of their time frying fish.

I would not presume to tell someone who is convinced they are making a meaningful contribution to the world that,



Is your job a waste of time/life? See p1 for inspiration

Real, productive workers are relentlessly squeezed and exploited. The remainder are divided between a terrorised stratum of the universally-reviled unemployed and a larger stratum who are basically paid to do nothing

really, they are not. But what about those people who are themselves convinced their jobs are meaningless? Not long ago I got back in touch with a school friend who I hadn't seen since I was 12 years old.

I was amazed to discover that in the interim, he had become first a poet, then the front man in an indie rock band. I'd heard some of his songs on the radio, having no idea the singer was someone I actually knew. He was obviously brilliant, innovative, and his work had unquestionably brightened and improved the lives of people all over the world.

Yet, after a couple of unsuccessful albums, he'd lost his contract, and plagued with debts and a newborn daughter, ended up, as he put it, "taking the default choice of so many directionless folk: law school".

Now he's a corporate lawyer working in a prominent New York firm. He was the first to admit that his job was utterly meaningless, contributed nothing to the world, and, in his own estimation, should not really exist.

What does it say about our society that it seems to generate an extremely limited demand for talented poet-musicians, but an apparently infinite demand for specialists in corporate law?

Answer: if 1% of the population controls most of the disposable wealth, what we call 'the market' reflects what they think is useful or important, not anybody else. In fact, I'm not sure I've ever met a corporate lawyer who didn't think their job was bullshit. The same goes for almost all the new industries. There is a whole class of salaried professionals that,

should you meet them at parties, will want to avoid even discussing their line of work entirely. Give them a few drinks, and they will launch into tirades about how pointless and stupid their job really is.

How can one even begin to speak of dignity in labour when one secretly feels one's job should not exist? How can it not create a sense of deep rage and resentment?

Yet it is the peculiar genius of our society that its rulers have figured out a way to ensure that rage is directed precisely against those who actually do get to do meaningful work. For instance, in our society, there seems to be a general rule that, the more obviously one's work benefits other people, the less one is likely to be paid for it.

Say what you like about nurses, garbage collectors or mechanics, it's obvious that were they to vanish in a puff of smoke, the results would be immediate and catastrophic. A world without teachers or dock-workers would soon be in trouble, and even one without science fiction writers or ska musicians would clearly be a lesser place.

It's not entirely clear how humanity would suffer were all private equity CEOs, lobbyists, PR researchers, actuaries, telemarketers, bailiffs or legal consultants to similarly vanish, though.

Real, productive workers are relentlessly squeezed and exploited. The remainder are divided between a terrorised stratum of the universally-reviled unemployed and a larger stratum who are basically paid to do nothing.

This larger stratum are in positions designed to make them identify with the perspectives and sensibilities of the ruling class (managers, administrators, etc.) and at the same time foster a simmering resentment against anyone whose work has clear and undeniable social value.

The system is the only explanation for why, despite our technological capacities, we are not all working three to four hour days.

- This brilliant essay from the book 'Bullshit Jobs' was written in 2013.
- https://tinyurl.com/bd22zrtt

Mental health used to threaten liberty

by **JOHN MORSE**

Surveillance state disguised as suicide prevention

AT a meeting of Hampshire County Council's Health and Wellbeing Board in Winchester on June 15, the authority's proposed Mental Wellbeing Strategy and Suicide Prevention Action Plan was introduced in a report from Simon Bryant, Director of Public Health for the county.

The strategy has been developed collectively with partners of the multiagency Hampshire Improving Mental Wellbeing Board. It emphasises a preventative approach to address the wide range of factors that influence mental health and wellbeing. The plan is to make suicide prevention... everybody's business.

Winchester housewife Teresa Skelton challenged the contents of the report, and the prospective strategy outlined in it, with a deputation during the meeting's public participation slot. She stated of the Action Plan that "it reads like a massive piece of administrative over-reach in the making". She continued: "The true scale of the mental health problems it claims to be

mental health problems it claims to be addressing does not begin to justify the level of mass surveillance the report seems to be recommending.

"Page 41 of the document claims bizarrely that 'everyone is at risk of suicide'. This does not sit very well with the statement further down the same page that suicide rates in England are declining, except among one group, under 25s - especially girls and women."

"If suicides are getting less", she asked, "why should official surveillance even vaguely need to be more, and what on earth is there to say we are all 'at risk'?"

Of the report's text, Mrs Skelton pointed out that it is "riddled with disturbing language, vague definitions, and unsubstantiated claims."

The strategy includes a 'universal approach' to encourage good mental wellbeing, emotional resilience and selfcare across all age groups and populations in Hampshire. It specifies, as a priority, so-called 'wider determinants of health', seeking to 'improve mental wellbeing through other areas of their lives, such as housing, income, employment, transport,



Teresa Skelton making deputation at the Hampshire Health and Wellbeing Board

access to green space and physical activity, and social aspects' (sic).

Mrs Skelton brought out the full sinister potential of the report: "On Page 54, we are threatened with a Local Real Time Surveillance System. Page 42 makes it clear that the mental health authorities are to be empowered to intervene in every aspect of people's lives. 'Mental wellbeing', it says, 'is cross-cutting across all themes', including: Healthy Lives, Healthy Places and Communities, Healthy People."

"There is nowhere, nothing and nobody the new mental health regime does not claim the right to intrude upon," she concluded. "Surveillance and monitoring in the age of A.l. and smart technology will potentially put a watch on everybody - 24/7. What behaviours (or words) may suddenly be defined as evidence of someone's mental illness?"

Page 48 of the report states that '1 in 5 people has a common mental disorder'. "Nowhere is there a rigorous definition of what constitutes a 'mental health disorder'", said Mrs Skelton. "Still less is there any evidence for this statistic. Nor is there any apparent limitation on the measures the plan might allow the health authorities to take."

Pages 52-53 speak of research, data collection, monitoring and 'intelligence' as the basis for 'data-led decision-making'. This, as Mrs Skelton pointed out, "is supposed to address the ill-defined idea of 'suicidality'. There would seem to be no limit specified on who could be placed in the 'suicidal' category in mental health agencies' databases".

"An open-ended high road to tyranny,

or what?" she asked. "Remember, surveillance is the precursor and companion to control. You don't have to have read George Orwell to know that."

Mrs Skelton went on to call into question some of the partner organisations listed on the Governance page of the action plan report. "In the promised data-led decision-making process, can we rely on some of the agencies included in the Suicide Prevention Forum?"

In particular, she singled out the competence and integrity of Southern Health (NHS) Foundation Trust, which dominates the field of mental health on behalf of the NHS in the county, and of Hampshire Constabulary. The first has a record of sweeping its failures under the carpet, some of them so bad that its mishandling of suicides was the subject of a highly critical official enquiry chaired by Nigel Pascoe QC. The second has been implicated in serious allegations of oppressive behaviour and actions amounting to perversion of the course of justice, some reaching right to the top. Both organisations have been involved in data abuses in collaboration with each other. Mrs Skelton quoted the case of the lady placed in the Southern Health system on the basis of a provably false report of mental ill health. This report followed a lazy and dishonest ten minute alleged assessment in a police cell, after a wrongful arrest by one of the Trust's Psychiatric Community Nurses (a man who failed to tell her who he was and allowed her to believe he was a doctor present to attend her physical injuries inflicted earlier by police). It had the potential to get her sectioned. The report was handed to police, who had

no right to hold it. It appears later to have found its way into the hands of a presiding magistrate in a court where the lady was convicted of a non-existent assault on the back of perjury by a very senior woman police officer.

Southern Health has refused to remove the report from its readily accessible electronic database, despite the ongoing threat its presence there constitutes to the lady's future welfare and liberty - particularly under the draconian surveillance regime now being launched in Hampshire. The Trust's Chief Executive, Mr Ron Shields, has personally endorsed this refusal.

When he met her personally in November 2021, Mr Shields assured the lady that her data was safe. He seemed to have forgotten that Southern Health had had to pay her significant damages for breaching the security of that data in 2017. At the apparent prompting of the MP against whom she had been standing as a general election candidate, a police officer had trawled her medical records, abetted by a duty nurse at Southern Health's office in Winchester. This breach potentially revealed to her political opponent completely false information which could have been used to besmirch her character.

"Do we want such a mafia in charge of data-driven decision-making?" asked Ms Skelton.

As a result of her one and only contact with mental health services, the lady concerned was co-opted automatically as a member of the Trust. When she availed herself of the right to stand for election as a Trust governor, she achieved this by default since none of the remaining 2,163 members seem to have been sufficiently impressed with the organisation to put their names forward.

Mr Shields then used his influence to get her expelled from membership, quoting, as grounds, her social media posts against the covid cult and its 'holy sacrament', the jab. Southern Health remains a fanatical promoter of this medication.

Mrs Skelton concluded her deputation by admonishing the Hampshire Health and Wellbeing Board: "Before you take us any further, sleepwalking into a surveillance state using the excuse of mental health, just look at some of the villains who will be running it."

As matters stand, Hampshire may be pioneering the surreptitious infiltration through local government of creeping totalitarianism by the back door. The eventual consequences may be farreaching. It may be recalled how the Soviet Union used the psychiatric system to dispose of dissidents. Are we looking at the thin end of the wedge?

School - no place for children

People's Lawyer **David Adelman** concludes his interview with Richard House

Richard House [RH]: In part one of this interview (issue 35), we focused more on what's wrong with the existing schooling system (see Resources, below). Parents reading this will also want to know what they can do to aive their children a better start in life. Before we look at practical initiatives, what general principles would you say are essential?

David Adelman [DA]: First and foremost, all education is selfeducation. In order to develop fully, we must ultimately take personal responsibility for our own learning. The first myth of education is that we can be taught anything at all by other people.

From the age of about eight, we learn by repetition. What is repeated at school? Essentially, exercises in compliance and obedience, as summed up in the generalised school mantra, 'here we cannot say no and we cannot ask why!'

When we add to the toxic mix an attention deficit (not the label used as an excuse to medicate boys and girls) in which 30 children get to share about 10 per cent of class air-time, we find that each child therefore gets only about 12 seconds each hour to express him/herself. Not a recipe for growth or critical, independent thinking, but for humiliation and erosion of the sovereign self. In such a hostile, sterile environment, the ability to question things, develop common sense and a moral compass are simply annihilated, or massively compromised.

The first thing that happens when we liberate a boy or girl from school is that they take back control of their own thoughts, movements, actions and precious time. Hunger for learning thrives with such freedom. Guiding a child that is self-directing becomes more like a blissful experience



USEFUL RESOURCES

- Hope Sussex Community Weapons of Mass https://www. hopesussex.co.uk/
- The Deliberate Dumbing **Down of America** by Charlotte Thomson **Iserbyt** https://tinyurl.com/ ус78797и
- **Education Otherwise** https://www. educationotherwise.org/
- Instruction by John Taylor Gatto https://tinyurl.com/ bdfvy4x8
- Dumbing Us Down: The **Hidden Curriculum of Compulsory Schooling** by John Taylor Gatto https://tinyurl.com/ h6w3dkrc
- Homeschooling guide https://tinyurl. com/3x85y8xh

than a thankless chore.

The second principle for parents to be conscious of is that simply caring for your boy or girl is all that is required. You are a facilitator, simply providing an environment in which learning is relaxed, fun and carried out at a pace that suits. In many cases, parents amaze themselves by becoming co-learners.

The wonderful spin-off benefit from such active co-creation is that a bonding process takes place. This bonding will prevent the brain-chemistry disruption (specifically, in dopamine receptors that regulate pleasure and reward) that usually ends in violence or addiction after children are abandoned at a vulnerable age into a hostile school environment that chronically neglects their emotional and personal needs.

The third principle to bear in mind is that, though the homeeducated may not have a readymade social peer group as they would at school, social life usually becomes far more meaningful and rewarding. Instead of being restricted to their own age group, they will keep the company of people of all ages, maturing far more rapidly into confident, selfassertive young people who are not frightened to be themselves or engage with others, especially adults

From my own personal observations, home-educated boys and girls seem far better equipped to deal with life on so many levels. Mainly, of course, because they are living it. And practice makes perfect, right? Finally, the fourth principle is that only education is compulsory here in the UK, not formal schooling. However, although there are moves afoot to make home education 'illegal by the back door', it can never be unlawful, for reasons that I cannot go into fully here. Suffice it to say that what we do with our own property (sons and daughters) is none of the government's business. Unless we make it their business. And why would we do that?

RH: A brilliant list, David! The present government's Schools Bill was (allegedly) dropped last December: what can educators of Children Not In

School (CNIS - awful term!) do to protect themselves from state encroachment into their work?

DA: The first priority is to change their mind about everything. Once we realise that the government runs the schooling system in the public arena, all we have to do is go private, stay private and we are 'off radar'.

This can include total disengagement (answering no phone calls, emails or visits) or the judicious use of the power of questions. Losing the fear of so-called authority that is instilled in school is another vital piece of the shield that we need to develop against tyranny. They only have the power that we give them. They may bluff and threaten but what else can they do without real power? They need you to be overcome with fear, and when you learn to lose it, you feel truly free for the first time since childhood. On the privacy and universal rights

course I deliver online, I teach the so-called 'Golden Question': What claim are you making over our life, over our property (boy or girl) and what evidence do you have to support that claim? This usually silences the government agents who back off, knowing that they have no rightful claim.

RH: Tell us briefly about any successful education initiatives outside of the system that you're

DA: By far the stand-out set-up, and possibly a world leader, is at Hope Sussex near Battle in Hastings. H-O-P-E stands for 'Home of Positive Energy'.

They are a group of wonderfully dedicated mums and dads building infrastructure to provide the home schooling community with all kinds of opportunities to come together, play together, learn new skills and embrace ancient values

Children literally and visibly come alive in this heart-warming space. I go there regularly to teach bridge. I love it.

- https://thepeopleslawyeruk. com/
- Book: SCHOOL NO PLACE FOR CHILDREN - https://tinyurl. com/3cpz72f4

Where there's a will there's a wage

by **KAREN JONES**

Regulatory bodies 'turning blind eye' to probate fraud

THE reality of solicitor and accountant involvement in my family's will has given me an eye-opening, first-hand experience of the failure of these professions.

And it has also highlighted the failure of all those across the establishment with duties and obligations to hold licensed solicitors and accountants to account.

My sisters and I are not alone in our experience.

I have heard other harrowing will/probate stories from others - such as a solicitor appearing in a hospital when a family member was close to death and the will being changed dramatically from that which many family members expected.

And then there is the website Corrupt Solicitors Chester, which was created by the son of an elderly lady who reported solicitor abuse in relation to her will

I have heard of other stories involving corporate intimidation for land, and another where people working for social services were seeking to gain power of attorney from a lady diagnosed with dementia. Wills may be deemed an open till or honeypot to some, but greedy, unscrupulous acts by circling vultures are devastating and traumatising to victims and families.

I think we all know stories of family members influencing elderly parents for whatever their personal justifications. But when so-called professionals are involved - people with codes of conduct and ethics, supposedly aware of their legal and lawful duties - it is only right that we expect impartiality, fairness and impeccability from them in their words and deeds.

The Trustee Act 2000, Section 1



even has a Duty of Care clause that states that the higher the level of qualifications and skills of the trustee, the higher the standard of work that is expected.

The issue of trust in relation to estate administration by 'professionals' was particularly confusing for us because the solicitor and accountant who administered our father's estate had worked with him for many years.

But we got a clear message quite quickly, however, that we should leave it to them, or (in the words of the accountant) "you might not get anything". We felt quite threatened by this.

After a while, I also started to get the feeling that they considered our father's money theirs. We started to feel concerned and uncomfortable. They told us we had no rights, and said that they were carrying out our father's wishes, leading us to believe that we had been forsaken.

We often didn't get straight answers to our questions and I

wishes, leading us to believe that we had been forsaken.

We often didn't get straight answers to our questions, and I came to notice that the solicitor often replied to my questions without actually answering them. It felt like a form of gaslighting. When I asked questions before the close of administration, they called me "bitter and resentful". We didn't find evidence of wrongdoing until after the administration period was finished. One such piece of

evidence was fraud found by an

independent accountant, who told us to report it to the police.

Of course we would expect that so-called professionals who are granted licences in their profession would be well regulated so that we are protected. This is not the case.

After our father's estate administration was complete, the accountant executor started to reveal his true colours by assisting a breach of contract against us in relation to our father's business, which caused us further loss.

I took a complaint up with the ICAEW (The Institute of Chartered Accountants), a so-called regulator for the accountants, and escalated all the way up to so-called independent review. Its report had omissions, appeared biased, was leading and misleading. Its final decision was 'the committee was satisfied that there should be no investigation of the allegations'.

The Legal Ombudsman was little better, so I wrote to the CEO of the Solicitors Regulation Authority three times to ask if they protected the public or their members.

I would certainly recommend checking out any regulatory body on the online review site, Trustpilot. There you will find a multitude of reports from many, many distressed and aggrieved people. Presumably they had turned to that site as a last resort to express their own experiences of the failings and abuses of the apparently biased, dehumanising and uninterested member-paid regulatory bodies.

The other level of protection should be the police. We thought we would finally get justice after the fraud was found and reported to the police, but that experience also left us feeling betrayed too. We have been through all the routes in the establishment that

routes in the establishment that we can think of, and that we expect are there to protect, from regulatory bodies, to oversight bodies, probate registry, MPs, police, Attorney General and Ministry of Justice.

Each experience felt like a battle rather than approaching helpful public servants upholding their oaths, responsibilities and the law.

We even tried the legal route, but the complexity and cost, along with conflicting advice by different barristers, created a strong presentation of inaccessibility to law and justice. A direct barrister recently estimated £175,000 to take our case.

Thankfully, I have been lucky to encounter someone with political influence working in the system for the greater good. The former Police and Crime Commissioner, Anthony Stansfeld, has offered kind support to me over the years, and has shared his view on the failings of regulatory bodies and of the justice system.

He wrote: "The corruption within the legal and accountancy professions is extraordinary. Your story is typical of what has gone on for far too long and has ruined a very large number of families. The underlying problem is that no-one looks at major frauds. The FCA, NCA, SFA, BoE etc. pass the parcel between each other, and the police are too busy chasing hate crime, etc. to deal with fraud, which they have neither the capacity nor the capability to do anyway."

He also stated: "Fighting the Regulatory Authorities, the banks, the accountants and their legal cohorts is a somewhat uphill battle. However, progress is being made at a national level. The legislation is in place, what is missing is the will to enforce it, and the insistence that most fraud is a civil matter, when it is clearly a criminal matter."

The Light contacted the Solicitors Regulation
Authority (SRA) for a response. An SRA
spokesperson said: "We take all reports seriously.
If we are given strong evidence of misconduct then
we will take action."

They added that when someone makes a report via the form on the SRA website, the information provided is assessed to see if there is a case to answer, ask the complainant for further information if needed, and then ask the firm or solicitor involved for their response.

There are a range of sanctions available to the SRA, including fines of up to £25,000, while more serious cases are prosecuted at the independent Solicitors Disciplinary Tribunal (SDT).

Kicking the tech addiction

by RICHARD HOUSE

Social media changes who we are

Richard House [RH]: Charles, you've recently made major changes in your life with regard to tech. It's tremendous that a young chap like you is taking such a path! What changes have you made?

Charles Carmichael [CC]:

I've stopped using both smartphones and social media, and I also try to use the internet as little as possible. I've got an old blackberry classic model, which functions for calls, texts, and as an mp3 player, which I use as my phone. The old blackberry infrastructure has been shut down, making it perfect as a cheap 'dumb' phone.

RH: So what led you to make these changes?

CC: There are quite a few reasons. I could list the common complaints levelled at social media and smartphones: that our mental health, family lives, interpersonal relationships, attention spans, and our ability to make sense out of life itself, are all compromised by them. For me, these are merely symptoms of a deeper problem: that social media sites actually change who we are, in terms of our use of language and way of seeing the world, as a result of how algorithms sponsor particular content.

I find the analogy of a Venus fly trap apt here. The fly lands on the trap looking for food to consume; the plant smells as if it'll offer it. At some imperceptible moment, however, the consumer becomes the consumed, and the fly is eaten by the plant.

RH: Wow! Say more about these technologies changing who we are, Charles?

CC: We use smartphones to go into algorithmically governed media forms, such as Instagram,



YouTube, or TikTok, expecting to find the 'fruit' of social connections, a sense of personal significance, and entertainment. We don't realise, however, that we become consumed by the media form itself, until it's too late. The social connection, and personal significance which we sought are reduced to pixelated 'like', 'view' and 'follower' counts, along with numbers of message notifications (higher always being better, of course).

Our understanding of social relationships, and self-worth, become redefined to fit into social media's grammar. In other words, for-profit media companies begin to define what our social relationships are, what form they take, and how significant we are amongst our peers. They also increasingly

determine the subjects we talk about, and the language we use to discuss them in the first place.

RH: Where do memes fit into all this?

CC: This is indeed where the significance of memes comes in. Originating in unknown corners of the internet, these images, or videos, make their way on to social media sites for public consumption, where algorithms promote or demote them according to their rules, and they are then shared privately amongst friends. Whilst most people consider memes as harmless packages of entertainment, this is not the case. Memes, being the dominant mode of how information is shared online at

large, and then within smaller social groups, form the basis of how people interact with one another. The particular structure that each meme takes contains a capacity to alter the perception and language of those that consume them.

RH: Can you give an example?

CC: One such meme is the 'virgin vs chad', which illustrates this tendency well. The basis of the meme is that an unpopular, or bad thing is categorised as 'virgin', and depicted as an ungainly, weak male figure. The popular, or good thing is categorised as 'chad', and depicted in hyper masculine form. The meme, by this structure, demands its consumers to view the world in simplistic terms: individuals, or

events, can be categorised only as chad (good), or virgin (bad). There's no room for in-between, as the structure of the meme, which then structures how people engage with one another, does not contain an in-between. In this way, our perception of the world is subtly altered.

Memes also introduce new vocabulary into the language of its consumer. Actions, or people, that are seen as particularly impressive are now often described as 'chad' in everyday life. While this may be dismissed as innocuous behaviour, the undeniable fact that this process happens betrays that this media, served up to us by algorithms, actually changes how people use language, and view the world, on a day-to-day basis. In other words, algorithms change who we are, through the media that they give us to consume.

This process has occurred in different forms for a long time. As a young person growing up exposed to such media, the question then arises: how far am I, in terms of my perceptions, and language, the product of an algorithm?

RH: What has the process of giving up these technologies been like for you psychologically, and would you recommend this path to others?

CC: It's profoundly liberating. As we've discussed, our culture largely now conforms to social media's definitions of interpersonal relationships. This is why we use phrases like 'giving up tech', rather than 'freeing one's mind' from it, as we should.

When you adjust to life without this tech, you notice that your lived experience is informed less and less by algorithm-spread, artificial media, and increasingly by your own responses to events that you yourself experience. You step away from an unnatural half-life of consuming simulacra, into leading your own life. I'd strongly recommend this path to all.

 Charles Carmichael is a student at the University of St Andrews.

Suicide risk of sex-change surgery

Transgender activist's warning about harms of life-changing procedures

By TOMMY HOLGATE

MANY people who speak out against the transitioning of children are instantly labelled transphobic, a TERF (Trans Exclusionary Radical Feminist) or worse.

Scott Nugent, however, is a transitioned male who became a hero to many after appearing in Matt Walsh's What Is A Woman documentary, where he spoke openly about the transition process, the problems and medical issues caused by it.

Scott never felt like he 'fitted in' with the perception of what it is to be a female, then, while in a same sex relationship with another woman, had the idea of transgenderism encouraged.

"At 42, I found myself in a vulnerable situation," says Scott. "I was married to a woman who was not OK being a lesbian, loved me, and kind of soothed herself with the idea like, 'Hey, you're just a man in a woman's body', and I used to just laugh that off. For a long time I thought that was the reason I medically transitioned, but the truth is that, my whole life, I was always told that, 'Boys do that, girls don't do that, don't be an alpha female'. I never really fitted in from that perspective.

"One day I said to myself, 'God, I wonder if I was born in the wrong body?'. The next week I was in front of a transgender woman



Left: Scott Nugent Right: Adam and Eve in the Garden of Eden by Peter Wenzel

therapist asking me how long I had been dressing like a man."

As is becoming increasingly apparent and common with tales of gender transitioning, the process from initial expression of curiosity, to surgical procedures, was swift and unquestioning.

Scott says: "They sell it to you like Candyland, but you're actually getting Vietnam, it's a long process, it's hard, there are medical complications, there are lifelong complications that come with it. For most people, when they get to the end of the medicalisation process, they kind of go, 'Wow, that was very very difficult'. I did not get any pushback, I got instant affirmation, and within probably about a week I was on synthetic hormones, in under probably 40 days I had my first surgery."

The amount of profit being made in this industry - and it is an industry - is huge. But the money side of the agenda often lies unspoken.

"I've been doing this for 5 years. I didn't realise that activism is a business," says Scott. "Puberty blockers are 8 times more profitable when they're prescribed to children."

In 2015, a gender clinic in Texas, called Genesis Gender Clinic, had 22 children on puberty blockers. "Those puberty blockers are prescribed for 4 years, and the profit is \$4.6million that would be generated in that time frame," says Scott.

With a rise in children being placed on this medication, the income levels soared almost beyond belief.

Scotts adds: "In 4 years, that little gender clinic went from generating \$4.6million for puberty blockers to just under \$100million. That's a lot of money to buy politicians off, that's a lot of money for donations and activism, that's a lot of money for all these people."

Hearing this information from a postoperative transgender individual, speaking out sincerely, is powerful and deserves to be well spread and shared.

Scott concludes: "The truth is, that medical transitioning, transgenderism, is a choice, it's cosmetic surgery, it's not life-saving, doesn't save anybody's life. It could enhance some people, but the truth is that it doesn't enhance many people, it ends up making people more suicidal and people don't understand that."

 Watch Gareth Icke Tonight every Thursday, 7pm (UK time) on Ickonic.com

Navigate life outside the matrix

by **KYLE GLEASON**

IN a world where information is power, being awake to the government's plots and the looming shadow of the New World Order can be both liberating and daunting.

As members of society who are conscious of these challenges, it is crucial to find ways to cope and live a great life while staying true to the values of freedom and humanity.

Arm yourself with knowledge and stay informed about the world around you. Research reputable sources, engage in critical thinking, and question the status quo. Being aware of potential government overreach and its implications empowers you to make informed decisions.

Embrace personal sovereignty and take charge of your life. Avoid blindly conforming to societal norms or government mandates that undermine individual rights. By asserting your autonomy, you strengthen the foundation of your freedom.

Connect with like-minded individuals who share your concerns and values. Create or join local communities where you can engage in meaningful discussions, share knowledge, and support each other.

Engage in peaceful activism to raise awareness about issues that matter. Organise peaceful protests, write letters to representatives, and support causes that align with your principles.

Develop self-sufficiency skills such as gardening, cooking, and basic survival techniques. Reducing dependence on

centralised systems can enhance resilience and create a sense of security.

Protect your digital privacy by using encrypted communication, secure internet connections, and being mindful of online data sharing. Maintaining digital privacy safeguards your personal information from potential surveillance.

Focus on your mental and emotional wellbeing. Engage in mindfulness practices, meditation, or creative pursuits to reduce stress and enhance resilience in challenging times.

Seek information from alternative media sources that offer diverse perspectives and critical analysis. Diversifying your information sources can provide a more comprehensive view of global events.

Choose to support local and ethical businesses that align with your values. By

making conscious consumer choices, you can contribute to a more sustainable and just society.

Whilst navigating life during these bizarre times, hold onto a positive perspective. Take joy in even the smallest achievements, and keep your gaze fixed on constructing a more promising future.

In conclusion, living a fulfilling life outside the New World Order is possible through knowledge, self-awareness, and positive action.

By embracing personal freedom, nurturing a sense of community, and advocating for what you believe in, you can contribute to a world where individual liberties are cherished and humanity thrives.

Together, we can build a society that celebrates diversity, respects individual rights, and rejects tyranny in all its forms.

CAMPAIGN FOR

We are a bunch of clueless idiots and responsibility, and therefore

- SIGN the WHO Pandemic Treaty so everyone can b
- PASS online censorship laws. Thoughtcrime is still of
- BAN all non-electric vehicles that have few rare ear
- RESTRICT international travel to only those who de
- RAISE green taxes because energy bills are still not
- SUSPEND the Constitution and cooperate on law, r
- INTRODUCE a social credit system to reduce carbo
- FORCE everyone to go online where everything car
- REMOVE parental responsibility so the state can ra
- TEACH very young children about sex and relations
- FIGHT terrorism and antisocial behaviour with DIG
- KEEP everyone safe with more surveillance camera
- BAN non-approved artists, musicians and comedian
- REDUCE people's meat intake and encourage them

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Ukraine war a fight for resources

Casualties irrelevant in corporate conflict

by **ANTHONY WEBBER**

THE Ukraine Recovery Conference on June 22 was a revelation.

Up until now, the British public must have wondered what justified their government pouring billions of pounds of their money into a conflict in Ukraine?

Why there, as opposed to anywhere else in the world, where there are many conflicts going on, and many more in need of help?

After all, the UK was involved in Afghanistan, but the cost (£1bn annually) was a fraction of the UK's costs of involvement in Ukraine.

Afghanistan was seen as a worthy cause, in that it was protecting human and women's rights, the education of women, and some freedom and democracy. This cause of 20 years was embarrassingly dumped due to a deal with the Taliban, who had never won a major battle, and there was the great betrayal of veterans and the 26 million Afghan people. It seems that this betrayal was all so that resources could be switched to involvement in

This decision seemed bizarre, as no direct strategic or economic interests were at stake for the UK. The public were told it was to protect 'our values' and 'freedom and democracy' in Ukraine, but had we not just abandoned doing that in Afghanistan?

It soon transpired that there were few of these values in Ukraine, as their government shut down opposition political parties and media and banned the Russian Orthodox Church. It also became obvious that Azov Neo Nazis had too much political and military control, and that a policy of hatred towards anything Russian was very much fostered.

So hardly a country whose government encourages values of love and understanding between those of different



Rishi Sunak speaking at the Ukraine Recovery Conference

languages who live there.
The mystery of why the UK
government became involved
in Ukraine at last became clear
with the launch of the Ukraine
Recovery Fund. This means
Blackrock and JP Morgan will
be setting up bespoke funds in
order to 'help' Ukraine.

It has been revealed that a number of global corporations are interested in investing in the 'recovery' of Ukraine. What they want is to make a financial killing on the backs of other people's miseries. To help themselves!

The scheme is based on a partnership of public and private backing. In reality, this means that the taxpayers take all the risks by underwriting losses which could happen in a conflict or a post conflict situation. Meanwhile, if there are any profits, then private corporations will take them. This all dates back to ongoing discussions President Zelensky and his associates had with BlackRock hedge fund, a massive corporation which owns huge stakes in Pfizer and AstraZeneca, with whom they signed a 'memorandum of understanding' in November.

This has led ton observations such as, 'Ukraine is being privatised and sold off to companies like Blackrock,

while being enslaved to the IMF (International Monetary Fund), the U.S. and EU through crippling debt." (Going Underground - Twitter comment).

It is a fact that Ukraine is heavily in debt and is being propped up by the governments of the UK, USA, and EU. If this support ended, the conflict would end without delay. In this world, large global corporations are able to control government decisions by controlling their key politicians and public servants.

It had always been assumed in the past that bribery and corruption were not a problem in the UK. However, we have had instances of it, and it is more likely if there are no checks and balances to prevent it.

In the UK, the government have not let go of the means of control of the media they took during the covid 'pandemic'.

This control has tightened to the extent that it is virtually impossible to hold any form of debate on the government's policies on Ukraine and Russia.

Globalist corporations involved in the media are compliant in this control because it protects their interests. Control of the media makes it impossible for any government whistleblower

to know who to turn to in order to safely provide information.

The Opposition parties are supporting the government, so approaching them would be risky, and a whistleblower would be reticent about even approaching the police.

The situation is a bit like when the mafia controlled Sicily, the whole of the political/ legal/police hierarchy had been taken over, and there had to be a major effort for good to overcome evil. Some countries are having similar problems combating the control and influence of powerful drug cartels. The threat to governments by the forces of evil and greed cannot be ignored.

Who is asking if the current Prime Minister is acting on behalf of the best interests of the British people or the best interests of certain globalist corporations?

Currently no one. Not the Opposition, not MPs, not the Select (Scrutiny) Committees, such as on Public Accounts, Foreign Affairs and Defence. This is exceptionally risky for the wellbeing and security of the nation.

What, then, are the real reasons for the UK taking the side of the Zelensky government in this conflict?

Ukraine is a country rich in natural resources and there is a contest for who will own them. The globalist corporations had backed the President Zelensky government and had intents on taking control of these resources.

It just so happens that a huge proportion of them are in the lands now under Russian control, which are worth trillions of dollars, and this is why so much emphasis is being put into the so- called counter-offensive.

Those who control the Zelensky

Those who control the Zelensky government (and that is a mix of global corporations, corrupt Ukrainian oligarchs and the USA/UK/EU governments) are determined to win these lands back, irrespective of the

massive losses incurred, and with no regard to the fact that the citizens of these lands have voted by referenda to become part of Russia. They are solely concerned with profit. It is nothing to do with liberating these lands as the people do not want to be liberated!

To give an idea of the natural resources of Ukraine, they are: Natural gas and petroleum, untapped lithium, iron ore, coal, manganese, salt, graphite, sulphur, kaolin, titanium, nickel, magnesium, mercury, timber, very fertile black soil, corn, wheat, barley, rapeseed oil, and much more.

The UK is one of the major governments giving massive military and other aid to the Zelensky government. Without western military aid, Ukraine would have had to agree a peace deal a long time ago.

However, this is more panic aid, as the global corporations are terrified of losing their investments. They are not paying a penny for this military intervention on their behalf, but they are making sure the politicians invest their taxpayer's money on their behalf!

So next time Rishi Sunak says that the UK "will stand with Ukraine as long as it takes," remember that this does not mean the Ukrainian people, as the globalist corporations could not care less about them, but we know it means their ulterior motives.

These government links shows how extensive this latest commitment to Ukraine is:

- https://tinyurl.com/3hj5bu69
- https://tinyurl.com/3c8a9fxw
- https://tinyurl.com/5yxyn3u8
- https://updfund.com/
- https://tinyurl.com/bdhf4s58
- https://tinyurl.com/3hj5bu69
- Anthony Webber Independent Political
 Commentator anthonywebber@cwgsy.net

Putin versus the petrodollar?

by **DAVID WILSON LOVE**

PROPAGANDA is defined as communication that is primarily used to influence or persuade an audience to further an agenda.

The communication may not be objective, and may be selectively presenting facts to encourage a particular synthesis or perception. Loaded language can be used to produce an emotional rather than a rational response.

The words, 'Evil Putin', perfectly sum up propaganda. No proofs are required, the 'loaded language' is instantly understandable, and because these two words are used together by our 'trustworthy and impartial' media, the majority of the population are influenced and persuaded. It takes away any need to look at the build-up to the war and any moral justification that Russia may have had for the invasion of Ukraine.

In 2002, Bush and Blair took propaganda to an absurd new level. Instead of selectively presenting facts, they simply told bare-faced lies. They blamed 'Evil Saddam' and screamed 'Weapons of Mass Destruction' and 'Terrorism!' over and over again, and 'Saddam responsible for 9/11', which was only ever a lie to fit an agenda.

A fact that gets little attention is

that in 1999, four years before the invasion, Iraq - with the world's second largest oil reserves switched to trading its oil in euros instead of dollars.

Five years after Saddam's execution in October 2011, Colonel Gaddafi of Libya was also executed, this time without any trial and was allegedly filmed being sodomised with a bayonet before being shot.

This must surely be a war crime, yet the West appeared jubilant at this result, claiming that Colonel Gaddafi was evil. Yet is this true? There was never any evidence to the allegation that Libya was involved in the Lockerbie bombing. What is true is that, in 2009, Colonel Gaddafi suggested to the countries of Africa switching to a new currency, independent of the American dollar, the gold dinar.

Their objective was to divert oil revenues away from American banks towards state-controlled funds and to stop using the dollar for oil transactions. Countries such as Angola, Egypt, Nigeria and Tunisia, were ready to change their currencies. Then, in March 2011, in the name of freedom,

the NATO-led coalition began its military intervention in Libya. So, we have 'Evil Saddam', 'Evil

Gaddafi' and now 'Evil Putin', and the link between them? They all tried to sell oil for a currency

of their choosing rather than the bankers' dollar.

It seems to many that we already have a One World Government that effectively controls all countries, yet they still need sanctions, wars, and threats of wars to bring division and in order to favour sympathetic countries over those who are reluctant to comply.

The United States is but the latest in a long line of superpowers or empires. Presently, they have a great financial advantage over other countries, that being the petrodollar.

The road to getting this control over the world's oil trade began at the end of the Second World War. At the Bretton Woods Conference, it was agreed to peg the value of gold at \$35 per ounce. This international agreement lasted until 1971 when President Nixon took the U.S. off the gold standard, in order to create new debt without restriction.

Both Nixon and his Secretary of State, Kissinger, knew that the demise of the world's gold standard would lead to a decline in the artificial global demand for the U.S. dollar, so a new system was provided by Kissinger.

A deal was struck with Saudi Arabia, whereby the U.S. agreed to provide military protection for Saudi oilfields, supply weapons and guarantee protection against Israel. The only cost to Saudi Arabia, that they agree to only sell oil in dollars (and to use surplus oil proceeds to buy U.S. debt).

The Saudis agreed, and many other oil-producing nations followed suit for the same reasons, until by 1975 all of the oil-producing nations in OPEC (Organisation of the Petroleum Exporting Countries) were in agreement to always price their oil in dollars (and hold surplus oil proceeds in U.S. debt).

With this new petrodollar system in place, the global demand for U.S. dollars would continue to grow with the growing demand for oil. With the dollar as the world reserve currency and the U.S. effectively taking a cut of every oil sale worldwide, the U.S. should have been able to have a prospering economy without the need for constant money printing (quantitative easing).

But the U.S. has printed itself into a debt that is now over \$30 trillion, and there is no longer any pretence at ever paying it off (the debt is sold as bonds to other countries who need dollars).

The U.S. is therefore free to print and spend an infinite amount of money on their military and intelligence agencies. It is clear that they have abused their position of authority and the rest of the world is wising up to that

The rise of the BRICS nations, comprising Brazil, Russia. India, China and South Africa (with Iran, Argentina and Saudi Arabia said to be set to join) poses a huge threat to the hegemony and dominance of the U.S.

This is because of their intention to implement a new gold-backed currency, which may then be used for oil transactions. It is claimed that sanctions on Russia are already causing China and India to trade Russian oil for Chinese yuan. If the other BRICS nations follow suit, the days of the petrodollar may be numbered.

Should the BRICS nations succeed in supplanting the petrodollar with a new gold-based currency, then the pledge the U.S. made to protect Middle East countries from Israel would no longer apply. And with Iraq, Syria, Lebanon and Egypt having been softened up in recent years, either militarily or economically, then should Israel decide to pursue their dream of a 'Greater Israel, from the Nile to the Euphrates', there is little doubt which side the U.S. would support.

The propaganda says, 'Iran bad, Syria very bad, Israel beyond criticism'. It seems that the next few decades may be even more turbulent than the last.

And of course, any dream of lasting peace is gone without an

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History is a great lie detector

Pundits are salesman wanting you to believe their version of events

by **ROB SMITH**

MEN are conquerors, if this were not true, America would've never been discovered.

Admittedly, some of the things we do can fairly be described as 'stupid'. But we have to do what we have to do.

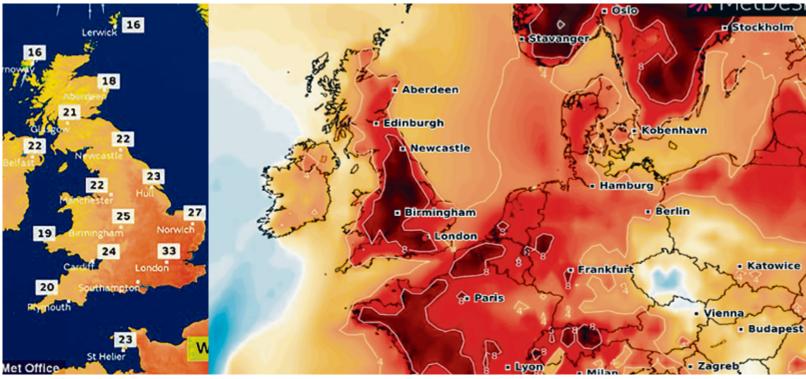
A couple weeks ago, I was in Greenwich, Connecticut. It was late evening, and I was sitting on a park bench in a lovely and lush park with an enchanting young lass. The sun was setting, and her perfume blended with the subtle, cool breezes blowing off Long Island Sound, enriching the amorous senses of your author. But suddenly, I had to get up. I walked 50 paces and proudly peed on some city park shrubbery. The ingénue was quite puzzled. However, I had to do what I had to do - to tell Greenwich, Connecticut that I was the boss of it. Rick put Ilsa on the plane in Casablanca, this was kind of the same thing.

My son, Coleman, and I exercise our conqueror gene in multiple ways. One of which is if we see water we have to go in. Swimming in Maine when not even the natives will put their toe in the water is our way to tell the ocean, we own you, you are our bitch and we are not afraid of you.

Like I said, I don't expect you ladies to understand. Last year Coleman and I were hiking down a canyon in Southern California. When we got to the bottom, there was a lagoon with what looked like venomous snakes swimming across it. Coleman gave me a look that said "c'mon dad, let's do it," and promptly dived in. I have never been prouder of my son for doing anything stupider.

Lately, the mainstream and very liberal news media has been telling us that we are experiencing record high temperatures in their efforts to spread fear and get us to swallow the hoax of climate change.

It's not that hot, indeed it has been a mild summer. News flash: It is supposed to be hot in the



Manipulation of colour coding on weather maps can be a subtle way to influence the passive viewer that there is a crisis, where none exists

summer. Now one of the cognitive benefits of doing 'stupid conquer' stuff is having historical memory about the condition of the elements.

Not terribly long ago, when I should have been a responsible adult since I had three children to put through private school, my other stupid male friends and I participated in what we called 'The Heat Bowl'.

On what we deemed were likely the hottest days of the year, generally around 105 degrees, we would play tennis (on hard courts) under the boiling sun. I remember many a Heat Bowl and many 105-degree days. By the way, when John Blankenship got heat stroke after one of our matches, we teased him unmercifully because that's all a part of being a stupid male.

Ladies, I trust you are taking notes. I remember many consecutive weeks in the high 90s, and summers when the thermometer was well over 100 for seven days. I remember being in Virginia Beach when it was 110 degrees. My buds and I had a contest to see who could walk the farthest barefoot on the hot sand. My feet did not fare well that day, and I was called the P-word.

So to the MSM, I raise my middle finger, you can't fool me because I actually have a memory. With this said, I am amazed at all those who don't. Yesterday, this lady who comes into Starbucks every day was complaining about the "record" heat.

She's one of those New York
Times reading types. She's
married to some academic and
she walks 10 blocks to Starbucks
wearing one of those facemasks.
She's in her mid-70s, you would
think she might have a memory
without having to consort with the
NYT to tell her how to think, but
no, she is a robot whose memory
card has been yanked out.

I fear for my country. It is as though everyone was 'born yesterday' and they wake up, log onto social media and are then given their orders on what to believe. Yet no one seems to remember how wrong and how many times our 'distinguished experts' and media personalities have been in the past and how many times.

So in an effort to save Western civilization, here are a few tips that will keep you from being a mindless drone and a Stepford Wife to the mainstream media:

Don't believe anything you

read or any video you watch. Before you swallow what these charlatans say, check what tribe they belong to and who might be greasing their palms.

- The lessons of history teach us virtually everything we need to know about economics, politics, sociology, philosophy and the nature of man. To learn the lessons of history, never pay any attention to any university professor, especially an lvy League professor.
- Fancy talkers are not necessarily fancy thinkers.
 There are a lot of 'Bubbas' and 'Tammy Sues' whose verb conjugations aren't perfect, but who are smart as a whip with intelligence skills that the tweed jacket-wearing college professor does not have.
- How many times has the pundit been wrong? Most of our pundits, politicians and media personalities lie with impunity because they know in two days' time your

- memory card will be wiped clean.
- The door-to-door vacuum salesman is trying to sell you a vacuum. That's obvious, but many don't realise that the pundit and news personality is also a salesman.

The best answers to every vexing investment decision, public policy problem or even questions on relationships all stem from having and retaining a long memory.

What works, what doesn't work and why. The world's memory is history. The virtue signalers, the Karens and the woke all want to twist and subvert history for their own self-indulgent reasons, almost always stemming from some sort of hatred or antipathy towards people in the present.

Luckily, there are stupid men who do stupid things and you, dear reader, can go watch the yearly Heat Bowl contests on ESPN Classics and see that it was much hotter than it is now.

 Robert C. Smith is Managing Partner of Chartwell Capital Advisors and likes to opine on the Rob Is Right Podcast and Webpage - https://www. robisright.com

15 minute cities: 30 years in the making

UN's climate narrative reveals disturbing goals

by **SHANE FUDGE**

CLIMATE change has been visible in government policy and in the media, to a greater or lesser degree, for around the last three decades.

While 1876 was the year that the Swedish chemist Svante Arrhenius first proposed a human-influenced greenhouse gas effect on the earth, it was almost a century later that a growing environmental movement sparked the United Nations Conference on the Human Environment in 1972.

It was the first of a series of UN gatherings aimed at protecting the global commons from the environmental impacts of industrialization. Here, acid rain performed 'a dress rehearsal for global warming'.

Coincidentally, 1972 also saw the appearance of the Club of Rome-authored Limits to Growth - a report which made a direct link between resource depletion and degradation of the earth's carrying capacity and projected global population increases.

It was at the Rio Earth Summit in 1992 where climate change was first outlined as a distinct environmental threat. To these ends, participants at the Rio summit first outlined a political and economic framework through which a) national governments could develop their own indigenous policies and b) begin a collaborative process through which countries could coordinate and mainstream sustainability objectives at a global level.

Central to these efforts was the emergence of Agenda 21 – a four-phase, long-term action plan by which the UN would play a central role in coordinating global, national, and local level sustainability endeavours post 1992.

Local Agenda 21: Community Planning and Neighbourhood Renewal then became the finer level of detail on the role of local authorities, communities, and citizens in organising and delivering 'bottom up' environmental interventions.

In the UK for instance, transport policy has been increasingly delivered via local government delivery mechanisms, ranging from traffic calming; an increase in cycle lanes; car-free town and city centres; congestion charging and low-speed zones. The momentum behind all of this was given further impetus by the world's first Climate



Typical example of a '15-minute city' - sure looks a bit like a large open-air prison

Change Act in 2008, where the stated aim of the UK Government was to coordinate and oversee the reduction of carbon emissions from three main sectors: energy, transport and households.

Despite these endeavours, the UK's climate programme up to now has been inconsistent at best, and an outright failure at worst - particularly when compared to countries such as Germany, Denmark and the Netherlands, who have all reorganised around renewables and more energy-efficient economies in a more significant way than the UK.

However, the year 2020 witnessed a huge shot in the arm to the UN's climate change programme, where it has dovetailed nicely with the reshaping of society through the Covid-19 restrictions.

Indeed, the World Economic Forum has made no secret that the period from the beginning of the decade had provided a window of opportunity to 'build back better' in all nations – including the UK.

The '15-minute city' is set to become the cornerstone upon which the principles of Agenda 21 (now Agenda 30) can finally be delivered after three decades of planning. Transport has been the sector that the

UK Government has long sought to intervene in more directly, but dissuaded by a reluctant public and the power of the transport lobby.

Transport accounts for a quarter of UK carbon emissions. Net Zero is a clear ramping up of the UK's climate agenda from setting unrealistic, unaccountable targets. Net Zero means exactly what it says on the tin – a zero carbon society.

Oxford City Council is already set to unveil the first 15-minute city in the UK this year, and the expected countrywide rollout of them will embed an ongoing and increasingly restrictive set of infrastructural and geographical boundaries through which it will be possible to enforce, limit or completely curtail mobility for UK citizens.

Cities will be divided up into a series of districts or zones. No longer will people have to travel far to schools, parks, shops, gyms or for health care. Neighbourhoods will now be organised so that all these places will be a short walk or bike ride from any location. A central plank in this will be that petrol and diesel cars will be gradually outlawed.

This 'new urbanism' will also force citizens to take responsibility for their role in saving

the planet from the impending climate crisis.

This geographic, cultural, and demographic revision of modern life will be coordinated by a new suite of smart technologies, not least the impending 5G rollout and ongoing camera surveillance systems.

Given that the UK Government has been understandably vague about all of this, it must be assumed that much like a Russian Doll, the nested layers of what is being planned will include a central role for the CBDC and the appearance of a carbon credit system.

The overall policy framework is likely to be the forthcoming World Health Organisation treaty, supplemented by the WEF's My Carbon: An Approach for Inclusive and Sustainable cities, prioritising the twin control mechanisms of public health and the environment.

Understanding the three-decade evolution of the UN sustainability agenda rests upon a comprehension of the more sinister, underlying narratives which guide policy makers: a) climate change (and other environmental impacts) are man-made and b) environmental degradation and resource depletion are directly related to population growth and associated per capita consumption.

The UN scientific community has even given a name to the geological period of the planet characterised by man's so called direct impact on the Earth's ecosystems – the 'Anthropocene'. All UN climate science broadly supports this supposition, and any challenges are swiftly discredited or shut down

Highlighting the alleged responsibility and profligacy of citizens, UN rhetoric ultimately points the finger at individuals, whose lack of responsibility for unsustainable transport routines, inefficient energy habits in households, and for the carbon embedded in goods and services (out-of-season fruit and veg for example) and 'unsustainable' purchasing decisions that they make every day.

To these ends, 15-minute cities are a means by which these 'unsustainable' options can be curtailed or taken away from the irresponsible citizens and choices instead made by an unaccountable, technocratic elite who claim a 360-degree vision which is inclusive of the entire world.

Cancer - it's not what we're told

by **DAWN LESTER & DAVID PARKER**



Good psychological health can fight off the big C

IN the three previous parts of this series, we have discussed and exposed many of the problems with the claims made by the medical establishment with respect to the condition referred to as cancer.

As stated in part one, cancer is not something that attacks the body. Instead, the processes that are claimed to indicate the presence of cancer are the body's responses to various harmful factors to which it has been exposed. These processes and the symptoms that accompany them usually represent the body's efforts to self-heal because the body continually seeks to restore and maintain the state of homeostasis.

In part two, we referred to the role of toxins, including those used as treatments for cancer, as contributory factors

There is however, another contributory factor that requires discussion because it plays a significant role in our health, or lack thereof, and receives far less attention than it deserves. This factor is the mind, which exerts its influence through our thoughts, beliefs, fears, and emotions etc. There is an increasing awareness of the psychological aspect of health problems, especially with the growing interest in German New Medicine, although this article is not about GNM per se.

The power of the mind is demonstrated by the placebo effect, which is a well-known phenomenon. Its opposite, the nocebo effect, is less well-known but equally powerful. The nocebo effect can be demonstrated by examples that show a person's belief in the prognosis received from their doctor was the determining factor in the outcome of their illness. This is discussed by Dr Lissa Rankin MD in her article, The Nocebo Effect: How Negative Thoughts Can Harm Your Health, in which she states

"The literature shows that patients believed to be terminal who are mistakenly informed that they have only a few months to live have died within their given time frame, even when autopsy findings reveal no physiological explanation for the early death."

The phenomenal power of belief is demonstrated by the fact that these patients died according to information they believed was true, despite the lack of sufficient pathology to justify their death. In his book, *The Myth of Normal*, Dr Gabor



Photo: Chris

Maté MD states that,

"Body and mind, while not identical, cannot be understood separately from each other."

In his further discussion of this topic he refers to a 1982 German study that,

"...found personality traits to have a strong association with breast cancer."

To be more specific, these traits include the 'extreme suppression of anger and other feelings'.

In addition, Dr Maté refers to a 1962 paper by David Smithers who,

"... explored cancer as a manifestation of an imbalanced environment..."

This imbalanced environment can be the result of emotional/psychological factors as well as physical factors, such as exposures to toxins.

Dr Maté is not alone in these findings. There are many doctors, scientists and researchers who have become aware of the close association between certain traits and various health problems. This may encourage people to claim that 'correlation does not equal causation', which is true. However, there is a plethora of evidence that, for a very significant proportion of people, the resolution of their emotional problems resulted in the resolution of their physical health problems and this includes chronic conditions that the medical establishment had deemed 'incurable'. Unfortunately, the ability of the mind to resolve emotional/psychological issues

that leads to the subsequent resolution of physical health problems is poorly recognised by the medical establishment. The reason for this is pretty obvious; the recognition of the mind's ability to beneficially affect our health would seriously damage the prevailing model that ensures patients remain perpetual customers for the products of the pharmaceutical industry and the money powers that seek to retain power and control over us.

The famed 'war on cancer' that was launched by Richard Nixon in 1971 has not been won.

It was of course inevitable that this war would be lost, because the approach employed by the medical establishment is based on flawed theories. Problems cannot be solved if the proposed solutions are based on an incorrect understanding of the nature of the problem. And the solutions utilised in this war have only succeeded in exacerbating the problem, as can be seen by the consistently rising morbidity and mortality statistics relating to cancer. Despite the efforts to downplay the role of the mind, it is nevertheless possible to find mainstream study papers about cases in which people experience remission from cancer without the appropriate treatment. For example, a 2021 study paper entitled Spontaneous regression of breast cancer with immune response: a case report, states that,

"Spontaneous regression (SR) of cancer is a rare but well-documented biological phenomenon. SR is defined as "the

partial or complete disappearance of a tumor in the absence of any treatment capable of regression"

The paper claims that the 'possible mechanisms underlying spontaneous cancer regression' include psychological factors, amongst others.

There is further evidence that our whole outlook on life plays a significant role in our health from the work of IONS (Institute of Noetic Sciences) published in 1993 under the title *Spontaneous Remission*. This work can be found on the website noetic.org

On the IONS web page entitled Spontaneous Remission Bibliography Resources, is a list of FAQs, one of which is: What are some of the characteristics associated with remission and survival that cancer survivors are reporting?

The answer comprises a list of 8 sets of characteristics, however there are 2 of particular note, which are:

- A change from dependency to autonomy combined with activities, attitudes, and behaviours that promote increased autonomy, awareness of themselves, others, and their environment, love, joy, playfulness, satisfaction, laughter, and humour.
- Taking control of their lives, (personal, professional, emotional, spiritual, and medical) and living each day fully combined with a willingness to evaluate their beliefs and attitudes and change old beliefs and attitudes that are no longer appropriate or adequate.

It is abundantly clear that taking responsibility for and control over all aspects of our lives has a hugely beneficial effect on our health.

The main message from this series of articles about cancer is that it is not a disease that attacks us for no apparent reason nor is it something that we need to fear.

Instead, we need to develop a better understanding of how the body actually functions; how closely connected our health is to our thoughts, beliefs, fears, and emotions; and how old beliefs can be changed to ones that are more beneficial, not only to our health, but to all aspects of our lives.

https://whatreallymakesyouill.com

Our biggest threat is not CO2 but toxicity

Mother nature has gifted us a solution

by NICOLA CARLEY

FOR the majority of us who own them, pets are considered part of our family, and their health is usually a top priority.

But most of us have never thought about the importance of detoxification for our animals. In fact, 97% of the people responding to a survey - recently conducted in conjunction with OxyPet - had never even considered it.

And most of us do not consider that our animals can play a contributing factor to the level of toxicity in our environment and the degradation of our soils.

These are soils which, in addition to being left bare, are being bombarded with damaging fertilisers, pesticides and polluted water. For example, it is recommended that a horse be stabled for at least three days following the use of chemical wormers such as ivermectin.

This is because the drugs can be harmful to aquatic life and some are poisonous enough to kill a dog. They can create inflammation giving rise to pain and ill health in our animals.

The figures speak for themselves with one in every two pets being diagnosed with cancer and/or other chronic health issues and one in 10 horses every year is euthanised due to laminitis – a condition affecting the feet caused by toxicity.

Ensuring that our animals remain well in a toxic world is increasingly challenging. Toxicity - being the major cause of disease and illness - is one of the biggest health problems both we humans and our animals face.

Most animals, whether domesticated or livestock, have received vaccines, eat foods that have been processed, and drink tap water that's been chemically treated and contains damaging chemicals



The natural CO2 process. background image: icono.com

It causes a toxic build-up that affects their physical and mental health, leading to high vet bills and expensive and ineffective dietary supplements and regimes. However, as with many of the problems we have in our modern lives, the solution lies right under our feet. This solution encompasses not only the health of our pets, but has the potential to make a profound change through its ability to mineralise and cleanse everything it touches. Fulvic acid is called 'mother nature's miracle molecule' for a reason. It is a powerful organic electrolyte, containing elements that have existed in every biological organism that has ever inhabited the Earth.

We all dream of a world free of polluted rivers, fields, and seas. A world that is completely disease-free for both ourselves and our pets. A world where the need for pharmaceuticals, chemical fertilisers and anti-parasitics is completely eradicated, and our

food is safe to eat.

Over the years, we have come to learn and accept that toxicity is part and parcel of the world we inhabit, and the best we can do is to fire-fight the problem. But what if we each took action that could reach the very heart of it? It could all start with the detoxification of your pets or farmyard animals. By cleaning up your animal's diet so that they are fed as organically and naturally as possible, and giving them access to clean. untreated water (via rainwater or a natural, clean water source). you are already helping them to maintain optimum health. Add in fulvic minerals and you are detoxing as well as mineralising their bodies, and transmitting that straight back to the Earth where it continues the clean-up and mineralisation process. For dogs and cats, Nikki Brown - aka 'The Canine Angel' and

founder of Natural Fulvic Vitality

a detox and cleanse shake five

and OxyPet - recommends serving

minutes before your pet eats their main meal, or even as a meal replacement for a couple of days. This helps to reduce the toll on your pet's digestive system and amplifies the detoxification

But what is a detox and cleanse shake? It's a combination of organic egg yolks, OxyPet's oxygenated nanobubble spring water, and Natural Pet Vitality powder which contains a probiotic, in addition to fulvic acid and silicon dioxide, which acts as a natural vermifuge (parasite eradication and prevention). Due to its molecular structure, fulvic acid is able to permeate the cell, carrying in the minerals it needs, synthesising new ones required, and removing toxins. It restores the delicate pH balance so that the electrical potential of the cell is effectively recharged just like boosting a battery. Simplicity! It promotes all aspects of health from:

- improvements in the condition of skin and hair;
- faster healing of wounds particularly when applied topically
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- improvements in mood and mental health as well as greater longevity.

In research conducted by Dr William R Jackson, PhD ScD. who was the most esteemed researcher and proponent of fulvic acid, the benefits are clear. With his formula, in dogs we have seen calmer, less reactive behaviour, racehorses perform and recover better and faster whilst maintaining more manageable temperaments, and cows have recovered from mastitis in half the time compared to prescribed antibiotics. These benefits pass through the animal and back to the soil, helping remove toxicity there too. Many of us have become aware of the consistent bombardment on our health - from food and the environment to vaccines and electromagnetic frequencies. Due to the complexity of this ambush, undoing the damage caused requires an equally comprehensive protocol. Fulvic acid is the most comprehensive protocol available on Earth, and is produced by the Earth.

- For more on the truth about the importance of CO2, please go check out CO2coalition.org or TheGreatClimateCon.com.
- To order fulvic for your pets, equines or farmyard animals, visit www.naturalfulvicvitality. co.uk/the-light

The power is within you

by **BEN HUNT**

Be the change you want in the world

A LOT of us are waiting for some kind of saviour, whether religious or secular. Of course there is nothing wrong with that hope... that is unless it stops you from realising a profound and eternal truth.

In the New Testament, the Pharisees represented the prevailing religious establishment of the day. They were preaching that soon a great saviour, a Messiah, would rise up, heroically overthrow the Roman occupation, and return Israel to the Jews.

While the Pharisees expected the saviour to be born into a royal line, the reality (according to the Bible) was quite different. Far from being a heroic prince, Jesus Christ was born into the family of a tradesman.

In the eyes of the religious elites of the day, who were expecting some spectacular revolution that would restore the rightful kingdom, Jesus was a total failure.

And what was Jesus' response to the Pharisees? It must have been both baffling and frustrating because he said: "The kingdom of God is within you."

And that is the secret. Jesus' radical message was that there was no need to wait for a great salvation to come down from above with trumpets, choirs of angels, and fireworks.

He told us that everything we need, everything we yearn for, is already here. It is within us and among us, right now.

Perhaps you are waiting for rescue. Are you waiting for Trump or Q or Gesara, for some



Break the bonds that hold you back

great unveiling, the toppling of the worldwide monetary system, the final fall of the cabal?

As I already mentioned, there is nothing wrong with hope, and any of those events could still come to pass. But please don't let that hope hold you back. Let's pick apart this novel idea that there is no need to wait for a revolution to join, because it forces us to face two stunningly profound implications.

The first realisation is this: the reason it won't come from above, or even from the world outside, is because it happens within you. It can only manifest first within each of us individually.

We have been trained our whole lives, from when we first started to understand language, that if we wanted something we had to wait for some authority to meet our needs, or later to give us permission.

The radical message of Jesus says to hell with that!

The second bombshell is the

revelation that there's nothing

to wait for, and that's because it is already here. There will be no start of any revolution, because the force for good has always existed, it has always been there.

It means that all the power you need, you already have.

It means that there is nothing to wait for.

This really is it. It always was.
As soon as you are ready to
own the radical truth of Christ's
message, it means you can
stop waiting for any top-down

We don't need an uprising... because it is already rising. It has already started. This is it. The Great Awakening is here. You know the truth of that, because you are literally a living testament to it.

Can you feel your heart rate increasing? That's because you already know this truth. These words are just speaking to the certain knowing of it in your

And there we also find the paradox of faith. It will dance within you, if you allow it. If

you believe it exists, it exists. If you deny it, it does not exist. And that is nothing more than a simple choice. In the words of Henry Ford: "If you believe you can, or you believe you can't, you are right."

If you struggle to accept that there is some divine spark within you, perhaps ask yourself what kind of reality you believe you live in. Is this Universe fundamentally positive and benevolent and life-enhancing? Or is it dark and dangerous and ready to drag you down at any moment?

The correct term for that attitude would be familiar to all of us: paranoia (the Greek words for "against" and "thought").

But there is also a sister word: pronoia, the sneaking suspicion that the Universe is conspiring in your favour.

So it's entirely down to you. You want to see change? Don't wait. "Be the change," as Gandhi told us.

The good news tells you that, if you're waiting for the right time, that time is now, this

moment.

It tells you that you don't need to seek anyone's permission. You have sovereign authority and agency over your life.

The good news tells you that you are already enough. After all, you have the kingdom of God within you!

It says, if you're waiting for a leader, you're it. Lead in your own way. The new world will not be another top-down, pyramidic hierarchy! That's the System thinking.

Perhaps our enemies want you to keep hanging on dutifully waiting for external salvation. Why? Because they know the truth, they know what you have within you, they know what a powerful being you are, and they fear you!

This is us, all of us, noisy and smelly and with dirty hands and feet, all mucking in together. Nobody has to agree with any orthodox dogma, nobody has to agree with anybody on anything! I'll do me, you do you, doesn't that sound great?

Does this mean we cannot or will not go to war? No, it does not mean that at all. There still is a vast, evil, ugly System that needs to be dismantled. In the words of Buenaventura Durruti: "Have you organised into collectives? Don't wait any longer. Occupy the lands! Organise yourselves so that there are no chiefs or parasites among you... we need to create a new world, different from the one we are destroying."

But never forget, that System is held up primarily by myth, by illusion - it is built on a structure of false beliefs and held together with dark magic. Most of it simply is not real.

It will go and we will build our new world on the rubble.

Actually hang on, that's not true. Correction: it IS going, and we ARE already rebuilding. That is, if you believe it is, and if we believe we are.

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Letters to The LIGHT

Got something to say? Outraged that this paper exists? Want to praise us for being the only widely circulated newspaper giving a voice to the alternative, the censored, the cancelled and the forgotten? Love the paper, but have to disagree with an article? *Please email: letters@thelightpaper.co.uk*

DEAR The Light,

Your article on the link between climate change and carbon dioxide levels (Issue 34) missed an obvious point. Many essential, if mainstream views, are correct and make sense anyway.

Examples include cleaner and safer alternatives to fossil fuels, reducing obscene levels of global food waste and overeating, economic policies which don't punish farmers as gluts cause price crashes, combining conservation with careful use and restoring fish stocks.

These win-options work given expected heating, mild warming, no change, more erratic weather, loss of a major food crop or if temperatures fell, e.g. via a volcanic winter.

The gases and debris from Tambora's eruption in 1815 led to 1816's 'Year without a summer'. Decades have been pointlessly wasted bickering instead of adopting win-win options which work regardless. I've gone into more detail at this link: https://regenfarming.news/articles/1699.

Yours,

Iain Climie

DEAR The Light,

David Adelman's piece, 'School is no place for children' is right to criticise successive governments for using education as a regimenting, political tool.

However, his judgment is skewed on several other counts. The mischievous definition of the word academic ('impractical') he chooses from the Oxford English Dictionary is the fourth offered in my Oxford Dictionary, and comes after 'belonging to a learned society'

He appears to champion individual creativity, yet deplores that 'God's been removed from

DEAR The Light,

I would like to thank The Light team for helping me (and many others) to open their eyes and see the truth about the world. Just over a year ago, I was being brainwashed into leftism and that led to horrible consequences like taking two 'vaccines' (which I'm recovering from) and I was generally foolish, naïve and unaware. By chance, I came across truth-seekers who revealed the truth about the world to me. I'm very glad that I found such honest and determined people who woke me up before I could do any more harm to my body, or before I became completely indoctrinated.

This newspaper, and the team behind it, are doing God's work by trying to warn and wake up as many people as possible. Please keep up the brilliant work and never surrender to the far-left, government-controlled narrative. From a sixteen-year-old boy in Somerset, thank you for all that that you do. May God bless all of you at The Light Newspaper team.

Yours faithfully, Thomas Henry Gray.

the picture'; is this the same God that has cowed people into subservience for centuries?

Speaking as one who came from what my university called 'an artisan background', and was singled out in primary school as a child who 'should have an academic education' (yes, that word), I subsequently became a language teacher in secondary schools, and have gone on to be a playwright produced internationally for fifty years.

So I not only vehemently object to what sounds like disrespect for intellectual rigour, but I also know that his words will hit those hardest who can best further pupils' creativity: teachers. The truth of the matter is that teachers, always an easy target for politicians and glib commentators, are the ones best placed to bring out a child's creativity, and lead them to fulfilling lives.

Mr Adelman appears to praise himself for parents removing children from school 'after reading chapter one' of his book, but does that not put him bang in the middle of the very narcissistic cynics he claims to deplore?
Sincerely,

Steve Gooch

DEAR The Light,

When debates occur on pay rises for NHS consultants, nurses, teachers and all those on low incomes, please keep in mind the lack of publicity and debate that has preceded the whopping 45% pay rise for King Charles.

His £86m is to be increased to £125m.

In addition to his personal income and wealth from Crown Estates, which includes all the off shore wind turbines, salt and mineral recovery from coastal waters, he also receives this stipend from us, the long-suffering taxpayers. No further comment is necessary, other than to request more brain surgeons to put brains in the docile, subservient supporters of the monarchy, while getting poorer themselves every year.

Malcolm Naylor

DEAR The Light,

In your centre page spread:
'News speak... What they really mean' (Issue 35), there is one catchphrase that is noticeable by its absence.

'Flat earther' used to be the most common put-down directed at anyone with an opinion that was not approved of. The word was heavily weaponised long before 'conspiracy theorist'. Now It's fallen out of use and, given that language is heavily controlled, you have to wonder why.

The issue of the physical shape of the world we inhabit is now under close examination in the alternative media. Powerful modern camera lenses can clearly see buildings across the water at 60 miles that should be beneath the horizon.

Has the term of abuse 'flat earther' been dropped from popular use because it draws attention to a subject that is now somewhat tricky?

After all, if we believe they lie about everything, why would they be so keen to tell the truth about the shape of our world and what lies beyond it?

Is this the biggest lie of all? If so, please give it some space in *The Light*.

Willie Methven

[Editor Reply: We just have, Willie!]

DEAR The Light,

It would appear government lacks the sense and will to recognise the significant difference between small and large scale industrial wind generated electricity, which will prove apocalyptic should the country become dependent on such industrial generation. Every child realises that the wind does not always blow - maybe the Cabinet would profit from such

young minds?

If the UK should ever foolishly become solely reliant on wind generation, then a period of no wind will prove an utter disaster, as electricity is the life blood of our 21st century technologydependent society.

With a complete lack of grid energy, our society will collapse – this is not scaremongering, but fact, as banks, petrol stations, supermarkets, cash machines and the internet will all cease to function, as they all require electricity. So it is not surprising that countries are now turning their backs on industrial scale wind technology due to the proven ineffectiveness.

The whole insane situation is exacerbated with the government pursuing 'Net Zero' carbon emissions, and the drive for EVs and heat pumps. You do not have to be a whizz kid to realise that in the middle of winter on a cold and windless night, it will be pointless switching on a heat pump for warmth, and that 'wonderful' EV will be completely useless once the battery has drained. Unless people lobby their political representatives and government quickly addresses these issues, then sadly we are truly on the road to ruin – the current scenario reminds me of the Biblical story of Noah and his Ark - nobody was listening until it was too late, the rain had started falling and no one else had built a boat.

Dave Haskell

DEAR The Light,

Can someone please advise on what to do about having a 5G antenna placed right outside their home on a lamp post?

Kind regards,

Angela R



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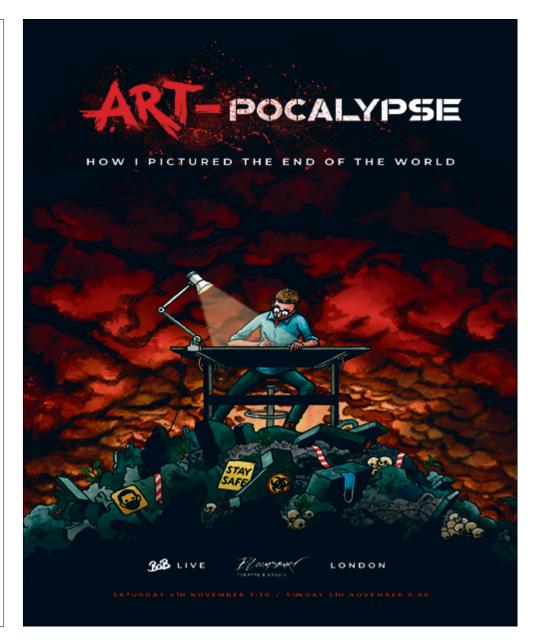
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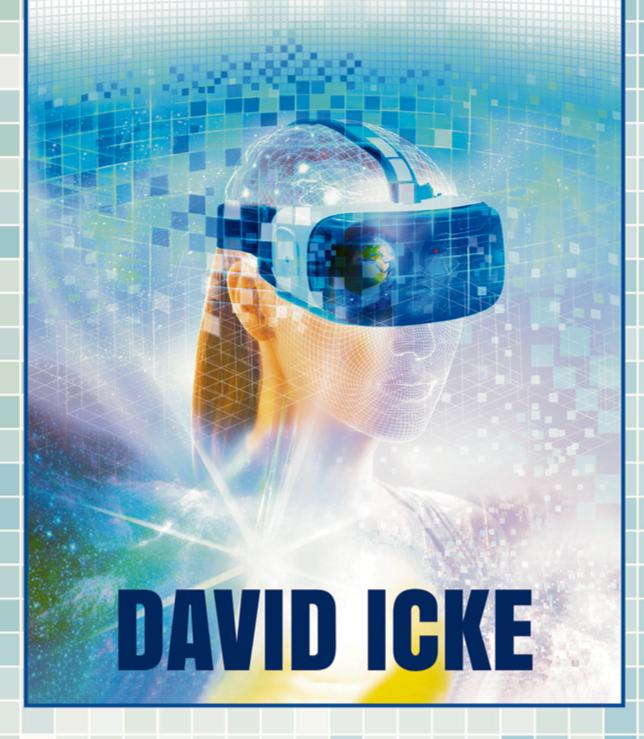


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