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The Uncensored Truth Thell

**ISSUE 37** Monthly

A FREE TRUTHPAPER

www.thelightpaper.co.uk



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Controlled 'protest' groups used for globalist agenda

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# ge of tyranny

## Energy Bill will legalise 'force' to enter homes

**AN** Englishman's home used to be his castle, but companies could soon have the legal right to use 'reasonable force' to enter your property and force-fit a smart meter.

MPs have already voted early September to send the 'Energy Bill' - to give its short title - on to the House of Lords for final consideration of amendments. Only 18 voted against it, despite a Tory backbench rebellion describing it as 'a recipe for energy disaster'.

'Using reasonable force' is the kind of vague, slippery language that could result in mobs of police, sometimes armed, forcing their way into people's homes. And all because they do not want a device that will not only spy on them, but will also restrict their

energy use. In the Bill, an 'energy smart appliance' means 'an appliance that is capable of adjusting the immediate or future flow of electricity into or out of itself'. So there can be no doubting what this legislation is intended to do - control people's energy use, which could then become a carrot and stick, using social credit



Photo: Chuko Cribb

systems and other means to get people to acquiesce to the green agenda, experimental vaccines, or anything else they want to do. Further, owners can be fined up to £15,000 and sentenced to up to one year in prison for refusing to have an energy assessment and work done on their premises.

The fact that our so-called elected representatives (whom very few people vote for and so approve of) passed this is bad enough, but the mainstream media silence about what it means for our rights and freedom is deafening. Instead of informing you what laws have been passed that mean profound changes to everyone's lives, they tell you about all manner of nonsense, distractions, celebrities and irrelevant minutiae, thus avoiding immediate public backlash. They will tell you anything so that you don't realise your freedoms are being taken from you. This is getting serious now.

Having wild and highly erroneous ideas about the weather, chemistry and society is one thing, but public policy - driven from above by the UN and WEF (see Page 16), whom the public do not vote for - is now being shaped to reflect these horribly erroneous ideas, and will dramatically lower our standards of living.

Who in their right mind thinks it's perfectly normal to block off roads with planters and bollards in order to get people to drive less? It means longer journeys and more emissions, so why is anyone accepting this insanity? Common sense has become very uncommon, but is needed more than ever right now.

Fortunately, the public has started to cotton on to what is being done, and many Ultra Low Emission Zone (ULEZ) cameras and fixtures have been destroyed in recent weeks. How much will be spent before councils give up? 'Net zero' policies are designed to impoverish us. China, Russia and India don't have them, but we all share the environment, don't we? This is a continuation of decades of policies designed to decimate the West and raise up the East.

Anyone who doesn't know the basic carbon cycle, or has swallowed the twisted version of reality and is preaching it, should be vociferously debunked at every opportunity.

They are not going to stop. This is not the end of it, and if we allow them to continue, the world will be a very restricted place with far fewer opportunities for future generations.

The time to stand up and say 'enough is enough' is now.

PEOPLE FUNDED - PLEASE SUPPORT

# 1,000 extra dying each week

# Mainstream news failing to make connection between more deaths and 'vaccines'

by **GRAHAM JENNINGS** 

## **'BRITS** are dying in their tens of thousands and we don't really have any idea why!'

That was the headline of a report in the *Daily Mirror* in May of this year.

The report read: 'From May to December last year, there were 32,441 excess deaths in England and Wales, excluding deaths from covid.

'Excess deaths are defined as the number of people who died above the five-year average - worked out excluding 2020, due to how covid spiked death figures that year.

'This means that over 32,000 Brits would've been expected to be alive, but died according to Office for National Statistics (ONS) figures across this period.

'These shocking figures raised a number

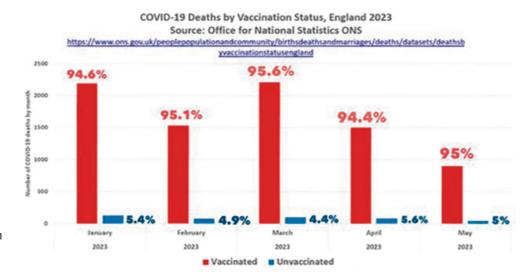
of important questions about what is happening to the country's populations, how it's changing, and why so many more people are dying?'

Those figures approximate to 935 extra, unexpected deaths every single week in England and Wales.

One BBC headline in January reported that 'Excess deaths in 2022 were among worst in 50 years'.

This was an undeniable fact throughout 2022, but bar a handful of articles, the general public is not even aware of the problem, or the scale of the problem. When it occasionally surfaces, every possible factor relating to causes are discussed, but no-one dare mention the most obvious potential cause.

This cause has become the elephant in the room - the new covid MRNA technology 'vaccine' and booster rollout. And we must remember that when this MRNA



technology was introduced it was in trial until 2023, so the trials only finish this year.

One brave doctor who has taken a keen interest in this alarming death statistic is Dr John Campbell. He has made several Rumble videos, all of which are excellent, as he follows the evidence and calls for action on these deaths. His last three posts on this were in July and August, and he confirms that the pattern is not just in the UK, but is an international problem.

Excess deaths in all countries is a global problem, but no-one is currently reporting this properly, or giving it the urgent attention it needs.

In his video entitled *International Excess Deaths*, published on June 11, Dr Campbell says, tongue in cheek: "It's a pity we don't have an organisation that's responsible for global health, because if we did, they'd be absolutely bouncing up and down about this, and saying 'what is killing our people? Lets get to the bottom of this'."

He speaks passionately and points out that the World Health Organisation is not doing its job, and so, the WHO is a colossal waste of space and money when the world's health is their mandate. They show no concern at the excess deaths? Really?

Another big organisation not doing its job is the BBC, which takes citizens' money and is supposed to report such news items regularly. They have failed to do this. During a freedom rally speech in Belfast there was a minute's silence for the death of proper journalism!

Anecdotally, there appears to have been an increase in the number of ambulances with sirens blaring. Concerns seem to be validated as the British Heart Foundation reported in June that 'there have been nearly 100,000 more deaths than usual involving heart issues and strokes since the pandemic began. On average there have been over 500 additional deaths a

The charity also said: 'We are firmly in the grip of a heart and stroke care emergency,' adding that the significant number of excess deaths could not be explained by covid-19. It concluded: 'We're calling on the UK Government to take charge of the increasingly urgent cardiovascular disease crisis.'

The emergency is clear, and is undeniable, yet authorities continue to ignore it. The public must not be kept in the dark, and we need to keep asking questions until the wall of denial comes down.

People are dying and the authorities need to investigate it.

# The LIGHT Sept 2023 The Uncensored Truth

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"If you teach people to read, think and question things, you lose control."

- Jacques Fresco

### **SOURCES**

- The Daily Mirror report on May 11 2023 https://tinyurl.com/22dyeeyk
- BBC excess deaths https://tinyurl.com/2wvynppa
- International excess deaths on June 11 2023 https://tinyurl.com/3a7rt3yz
- British Heart Foundation reported in June 2023 https://tinyurl.com/mr26wusn

## Midazolam - forced to die alone

## Mum dead 29 hours after hospital admission

by **JACQUI DEEVOY** 

ON June 11, 2020, 84-yearold Maureen Scanlan was at home in Hastings, East Sussex, happily cooking bread pudding when suddenly her phone rang. It was her daughter Sue.

During the course of their short conversation, Maureen said she was feeling a bit light-headed and dizzy. She was a bit worried as she was generally in great health.

Sue, 62 at the time, said she would call for an ambulance, then left to drive to her mum's house, just over an hour away from where she lived in Maidstone. Sue got to her before the ambulance, and Maureen said she felt better.

The ambulance turned up and the paramedics examined her. They decided it would be best for Maureen to go into hospital. She was upset - she hated hospitals ever since her baby son died in St. Alfege's Hospital in Greenwich on Christmas Eve, 1964. The midwives had been partying and Maureen had given birth alone. Staff found her an hour later, cradling her dead baby in her arms.

So on that day in June 2020, because Maureen was so anxious, Sue followed the ambulance to the Conquest Hospital in Hastings. Sue was separated from her mum at the hospital - she wasn't allowed in because of covid restrictions so had to wait in the car park for five hours while Maureen was assessed. By that time, younger sister Tracy, then 54, and brother, Lee, 46, had arrived. Lee and Tracy were allowed in, but just for five minutes. They were shocked to see Maureen looking spaced out, but put it down to the trauma of being in hospital.

Maureen's eldest daughter Carol, 66, was living in Spain, trapped due to the Spanish lockdown. She was desperate to see her mum but wasn't allowed to travel. "It was hellish not being able to fly back to be with my family," Carol recalls. "But there were no flights out of the country so I couldn't get

NHS

### East Sussex Healthcare



12 June 2020

At 6.30am on the morning of 12 June 2020, your mother had a further episode of agitation and was administered a further 5.0mg dose of Midazolam. At 8.45am, she was administered 2.5mg of Morphine.

MacDonald Ward contacted the Supportive and Palliative Care Team and asked them to urgently review your mother as her condition was significantly deteriorating. Clinical Nurse Specialist (CNS) Debbie Dando attended at 9.30am and observed your mother to be agitated and distressed. She noted your mother's skin was purple, and the oxygen mask and bedcovers were agitating her; in fact, your mother repeatedly removed the oxygen mask.

CNS Dando suggested to staff that your mother be administered 10.0mg of Midazolam to run over a period of 24 hours (which equated to 0.41mg every hour), using a syringe pump which is a small device that allows medication to be injected continuously via a small needle under the skin. The Ward Doctor issued the prescription and the syringe pump was set up at 10.10am. This helped to relax and settle your mother and made her more comfortable.

Maureen Scanlan with her daughter

Excerpt from East Sussex Healthcare NHS Trust letter dated 23 September 2021

to them."

A scan revealed a small tear in Maureen's heart. It was operable though, so the doctors said she would be transferred to another hospital for surgery.

After several more hours waiting in the hospital car park, Sue, Tracy and Lee were called into the doctor's office. As they walked through the hospital, they noticed how quiet it was - all cordoned off, no one in A&E, empty wards and hardly any staff about. They were then told that Maureen would not be operated on, saying she wouldn't make it through the surgery because she was dying. "This was a huge shock to us all," says Carol. "Mum had been

all," says Carol. "Mum had been walking and talking eight hours earlier. How could she be dying? When they suggested that Mum should be 'made comfortable', we all agreed."

When Sue, Tracy and Lee finally got to see their mother that night, they could see she was heavily sedated: she couldn't speak or move and her eyes were closed. After a few minutes, they were asked by a nurse to leave, so they headed home.

Four hours later, sisters Sue and Tracy were called back to the hospital. They saw that Maureen had deteriorated. "Sue told me on the phone that night that Mum's skin was a strange translucent grey and her breathing was so shallow it was barely audible," remembers Carol. "Sue said she'd

run out of the ward, crying. She couldn't bear to see Mum like that. After ten minutes, they were asked to leave again. Then, just as they were leaving, the doctors said they wanted to move Mum to a care home. We all agreed we didn't want her moved. It just didn't make sense."

That night, Maureen's youngest daughter Tracy, a special needs teacher, was so upset she could barely speak, so Carol - a retired international financier - called the hospital ward from Spain. "Because I wasn't named on Mum's medical notes, however, they refused to give me any information," says Carol. She hung up, none the wiser as to why her beloved mum was so ill.

That night, Tracy was phoned twice to ask if she wanted to come in to say goodbye. "Tracy is physically disabled," explains Carol, "so can't drive, and Sue and Lee were so traumatised by seeing Mum in such a terrible state the previous evening that they couldn't bear to go back to the hospital."

Maureen died alone at 6.55pm on the June 12 2020. She'd been in hospital for 29 hours.

Carol immediately put in a request for a copy of the drug chart as she believed something wasn't right. "It took months of emails and phone calls," recalls Carol, "but I eventually got the documents. A five-page letter, sent to me and signed by the East Sussex Healthcare Trust's Chief

Executive, Mrs Joe Chadwick-Bell, provided the names of the doctors and nurses involved in my mother's care. The letter clearly set out what drugs my mum had been given and at what times. It turned out that Mum, who'd never so much as taken an aspirin before, was given large doses of 'end of life' drugs (including benzodiazepine, Midazolam and opioid morphine) via a syringe driver without consulting us. I was so shocked: Mum had been fine, so healthy - nowhere near the end of her life, so why would they give her these drugs?"

Carol goes on to say that the letter she received - written on September 23, 2021, over 15 months after her mum's sudden death, and sent in October - was extremely graphic. "It described my lovely mum's final moments in horrifying detail," she sobs. "The sadistic letter said how she'd turned purple, gasped for breath and had tried to escape. The letter felt like a deliberate twist of the knife. I believe it was designed to hurt me because I'd hounded them daily for months on end." Carol made an official complaint to the hospital. "But it was the Conquest Hospital investigating the Conquest Hospital and the investigation was a sham," Carol says. "I was eventually told that the matter was closed and that I could appeal to the Ombudsman. I tried but they didn't reply. The whole thing has ripped my family apart. We barely talk now."

Carol is heartbroken that she couldn't be with her mum at the end of her life and this has haunted her for three years. "It was terrible how our loved ones were forced to die alone back in 2020. I've barely slept since my mum died. I wish I could let it go but I can't; it consumes me.

"Imagining her final hours thinking about how scared and
alone she must have felt - haunts
me. I've been told to leave it - that
making a fuss won't bring Mum
back - but I can't stop thinking
about her final moments. Not
knowing why she was diagnosed
as dying, and why she was given
such a high dose of drugs when
she'd just gone in after a dizzy
spell is eating away at my soul."

The Light approached East Sussex NHS Healthcare Trust for comment, and a spokesperson said: "We'd like to express our deepest condolences to Mrs Scanlan's family for their loss.

"We thoroughly investigated their complaint relating to their mother's care, and we have shared the findings of that investigation with them."

They added that the trust used Midazolam in end-of-life care as set out in NICE guidance, linked below.

- https://bnf.nice.org.uk/drugs/ midazolam/
- https://www.nice.org.uk/ guidance/ng31

# Day the newspapers died

## Reporting on 9/11 saw collapse in trust of mainstream news

by **NIALL McCRAE** 

THEY'RE still there, on supermarket shelves, in petrol stations and convenience shops. But the bundles are much smaller now.

Some retailers stock a limited selection, or take a single copy of *The Guardian*, with only the *Daily Mail* and *Sun* making the distribution worthwhile. For how much longer can the daily newspaper, that faded icon of British social life, survive?

The terminal decline began two decades ago, on September 11, 2001. The attack on the World Trade Center in New York surely surpassed other historical landmarks in our collective memory, such as the death of Princess Diana, the breach of the Berlin Wall, or even the seminal Sixties events of the moon landing and assassination of JFK.

At the turn of the millennium, our national newspapers were competing in a boisterous market. The Saturday edition of the *Daily Telegraph* was so thick with supplements that you needed a wheelbarrow to carry it home. Back then, the *Telegraph* sold a million daily, the *Mail* two million and the *Sun* over three million.

My local railway station at Carshalton had a magazine stall, and the busy rush-hour platform was lined with commuters reading their chosen version of the news. Many of these same people also bought the *Evening Standard* for the journey home.

Newsagents were threatened by the free *Metro* paper, which was available at every railway and underground station. For a while, the stall owner moved the *Metro* stack out of sight, to protect his livelihood, but eventually his business succumbed.

Why was 9/11 so key to the demise of the newspaper? The wider context is that the internet transformed society, shifting us from the analogue to the digital world. However, I would be more specific in identifying the turning point.

As the Twin Towers were struck, office workers like me dropped our duties to watch this seismic and shocking event. In my workplace, the internet connection crashed. In the City of London and Canary Wharf, workers were sent home early in fear of a similar act of terror.

9/11 highlighted the inadequacy of newspapers as a source of news. On the following day, they reported 20,000 dead. That was a gross overestimate, based on a worst-case scenario of the night before (officially, 3,000 perished).



Too many people have woken up. They are drawn to independent online media, not only because they are bolder and brighter, but because they are more likely to be telling the truth. There is no shortage of critical analysis for those who seek it.

The press retained value in commentary and analysis, but in the hours and days after the Manhattan terror, people had an appetite for immediacy. As well as scheduled news bulletins on the BBC, viewers increasingly turned to 24-hour cable channels with their hyperbolic 'breaking news'.

More significantly, 9/11 was the impetus for a burgeoning industry of alternative news media on the worldwide web. And the attraction was not so much up-to-theminute coverage, but a critical perspective not seen or heard on mainstream media.

This was the first major incident in which the official narrative was widely

disbelieved. Critical thinkers were unconvinced that a Saudi terrorist's passport escaped the fate of all other material from steel girders to human bones, which had disintegrated to dust at Ground Zero. They doubted that a large airliner crashed unchallenged into the low wall of the Pentagon, flown by inexperienced hijackers.

They did not see it as mere coincidence that a BBC journalist, reporting live from a few blocks away, told viewers that Building 7 had collapsed, despite it standing behind her, but tumbling in an apparently perfectly controlled demolition twenty minutes later.

9/11 showed the gatekeeping role of the national press. Whereas the BBC was expected to be cautious, neutral and objective, there was no reason for newspapers, normally hypercritical of the USA and its foreign policy (such as the *Independent*), to stick to the tale of Osama bin Laden's plot from an Afghan cave.

It wasn't until 2016 that I began to realise the conspiracy of curated reality. I attended a large rally for the campaign to leave the EU, at Queen Elizabeth Hall near Westminster, where the top-of-the-bill speaker, Nigel Farage, introduced a mystery guest. It was George Galloway, to the bemusement of many among the mostly conservative audience. But the finest orator in the land, as Farage presented him, won over the crowd with a rumbustious case for Brexit.

Expecting to read a triumphal account in the Eurosceptic newspapers on the following morning, I was disillusioned. The *Daily Mail*, in a harsh ad hominem, told a blatant lie that Galloway's entrance led to a mass walkout.

Nowadays, there should be no doubt that the *Mail* is not the paper for socially conservative Middle England. It still throws red meat to readers, but its collusion with the trans agenda is shown by reporting men who identify as women (such as would-be Labour MP Eddie Izzard) as 'she'.

Too many people have woken up. They are drawn to independent online media, not only because they are bolder and brighter, but because they are more likely to be telling the truth. There is no shortage of critical analysis for those who seek it.

There is one exception to the malaise in print. A free monthly, *The Light* newspaper, joins the dots of the globalist agenda behind the removal of cash, digital surveillance, curbs on consumption of energy and food, Net Zero, the WHO pandemic treaty, 'woke' identity politics and eugenics. There is almost no overlap between what this paper reports, and the controlled coverage in the *Times* (the newspaper of record).

Yet the old newspapers will not disappear. It would be daft to believe that the steady decline in television licence payers will end the BBC, because the establishment will never relinquish its main propaganda mouthpiece. Similarly, the daily spread of tabloid headlines is seen by millions, regardless of whether they ever buy a copy. As a source of truth, corporate newspapers died a long time ago.

# Dumbing down of Britain

by **SARAH PLUMLEY** 

# Why we need better for our children

STANDARDS in education have been falling for decades, and instead of having a genuine debate about the whys and the wherefores, Brits seem content to instead cover it up and to generally put their heads right down into the sand.

If Britain is to salvage any kind of academic standards for her children, then she must find her courage, face facts and take action now.

On Thursday, the nation's GCSE results were heralded by the fakestream media with the usual cacophony of lies, damned lies and statistics. Not a solitary soul bothered to take even a cursory look at the publicly available data.

This year, 19.5% was enough to grant students a level 4 in Maths - often referred to now as a standard pass.

The word 'pass' conjures images of a grade C and the common man would more than likely conclude that would have been achieved through correct answers of around 50% of the paper. But not now, not even close.

Incidentally, back in 2017, 52% would have earned a GCSE Maths candidate a grade A and this year 60% would have achieved the same coveted outcome (roughly a level 7 in today's deliberately confusing grading system).

Back in 2017, a new 'grading' system was introduced for GCSEs whereby the old easy-to-follow system of A\* to G grades was replaced with nine numbers.

Levels 1 to 9 replaced a 1 to 8 grading framework which was brought in to deliberately obfuscate abysmal standards in English, Mathematics and more. This led to some institutions regarding a level 4 as a pass and How the new grades compare with old ones

Old grades	New grades
A*	9 8
Α	7
В	6 5 Strong Pass
С	4 Standard Pass
D	3
E F	2
G	1
U	U

Year	Total Marks	"Pass" Mark (L4)	"Pass" %
2023	240	47	20%
2022	240	38	16%
2019	240	52	22%
2018	240	50	21%
2017	240	41	17%
2016	200	35 (grade D)	18%
2015	200	35 (grade D)	18%
Higher Tier Papers, GCS	E Mathematics National I	xaminations (Pearson, Edexo	eľ)

Year	Total Marks	"Pass" Mark (L5)	"Pass" %
2023	240	79	33%
2022	240	71	30%
2019	240	80	33%
2018	240	79	33%
2017	240	68	28%
2016	200	70 (grade C)	35%
2015	200	65 (grade C)	22%

Higher Tier Papers, GCSE Mathematics National Examinations (Pearson, Edexcel)

Year	% for a Level 5 (C grade)
2023	33%
2022	30%
2019	33%
2018	33%
2017	28%
2016	35%
2015	33%

Higher Tier Papers, GCSE Mathematics National Examinations (Pearson, Edexcel)

Year	% for a Level 4 (D grade)
2023	20%
2022	16%
2019	22%
2018	21%
2017	17%
2016	18%
2015	18%

others a level 5. So, which is it? Bearing in mind that in 2022, a level 4 in mathematics was awarded for 16% accuracy and 30% was required for a level 5, and that this year, 2023, a level 4 came in at 19.5% and a level 5 at 33%. Regardless of whether or not the grade C equivalent is a 4 or a 5, does anybody really think that

A garrison of 1075 men could exist on full rations for 30 days. After 16 days on full rations the garrison is augmented by 129 men and, at the same time, the stock of the existing provisions is increased by 60% by means of parachute supplies. How much longer can the augmented garrison hold out on *half* rations?

A question from 1940

A delivery company has a total of 160 cars and vans the number of cars : the number of vans = 3:5

Each car and each van uses electricity or diesel or petrol

1/8 of the cars use electricity

25% of the cars use diesel

The rest of the cars use petrol

Work out the number of cars that use petrol

You must show all your working

A question from 2022

even the higher figure of 33% is worthy of a pass... at anything? How has it come to this?

Our educational institutions are willingly - and openly - categorising an obvious fail as a pass, and it simply isn't credible that they are oblivious.

Exam boards publish new grade boundaries each year, the goal of which is to roughly award the same number of people a top grade as in the previous years, and so on, for all of the grades from 9 through 1. Why hasn't the media bothered

to look at them, and more to the point, why haven't sixth forms, colleges, apprenticeship schemes and universities?

The information is freely available in the public domain and is as simple to understand as calculating a percentage.

Back in 2016, under the old grading system, a D grade was awarded for just 18% correct answers on the higher tier papers (roughly one third of the country sits the higher tier).

Today, we are expected to swallow that 19.5% is a 'standard pass', or as one deluded parent put it, a 'C minus'.

It is blindingly obvious that a level 4 is a fail, roughly equivalent to the grade D of old.

Similarly, back in 2016, a C grade was given for 35% accuracy, and this year, a level 5 was awarded for just 33%.

In addition, it has recently been

announced that knowledge of only 1,700 words will be required for higher tier languages GCSEs from 2026, and just 1,200 words for foundation candidates.

When you consider that by five years old, children should know 10,000 words, (Edwards et al., 2017), you can see how useless a GCSE in French, German, Spanish etc., will very soon become.

If you're wondering why any of this matters, then you only need think back to the blatant manipulation of data during the alleged covid-19 pandemic.

A well-educated, informed and robust populace would have put down the scamdemic by teatime on the first day. Systemic weaknesses in fundamentals such as English and mathematics - remember the 'died-with covid' versus 'died-of covid' scam? - is no small matter.

Education is the absolute key, because children are born awake; it is the state indoctrination centres (aka schools) that are crushing their creativity and sending them to sleep - for life.

We wouldn't need to wake folk up if they weren't put to sleep in the first place.

The state gets its power from schooling, people get their power from education.

- https://tinyurl.com/3v2kew3s
- https://tinyurl.com/2srh443j

# Be civil about fighting tyranny Just Stop Oil! used to reinforce globalist agenda

by **SHANE FUDGE** 

SURFING in on the back of the resurgent climate change agenda are the various activities of Just Stop Oil!, Money Rebellion, Extinction Rebellion et al.

They raise interesting issues around the role and influence of civil society.

The Oxford English Dictionary defines civil society as 'a community of citizens linked by common interests and collective activity'. The groups mentioned above are seemingly credible because they allegedly draw from grassroots concerns for humanity.

This article looks at the activities of Just Stop Oil! and considers whether it and its sister organisations are legitimate civil society movements or if they are part of the great reset itself.

The term 'civil society' itself gained popularity in political science as a working concept through which to understand different types of political participation that emerged in response to accelerating globalisation and the growing influence of market forces during the 1980s.

Significantly, this was a period which saw the decline of state interest bargaining and grassroots economic representation. Observing the dismantling of trade unions, the marginalisation of social collectives, and the diminishing power of the workingclass, commentators such as John Keane (1988) instead began to highlight and champion the role of NGOs, new social movements, and other third sector groups in providing the democratic checks and balances in a new era of market dominance.

Today, as we stand on the brink of a fourth Industrial Revolution, where the successful implementation of Schwab's Great Reset will constitute a total transformation of society as we know it, it is worth revisiting this conceptual map.

First, the successful completion of the great reset depends on how well the technocrats



A diesel-powered truck carries a dead all-electric van

engineering this agenda are able to understand, control, and influence the necessary changes in these three sectors; and second, it provides an interesting way of understanding the ebbs and shifts in power and influence of different actors, organisations, and interests which have occurred over the last three years.

There is no question that the political realm is now dominated and largely controlled by those who support the great reset. This dominance is evidenced by both the speed and the breadth of changes which are taking place. One marker of change is the way that mainstream political parties all sing from the same hymn sheet. There are no challenges, or very little consequential dialogue around lockdowns, vaccine rollouts, climate change and the upward trajectory of societal wealth in mainstream politics. This dominance can also be gauged by the way in which the three lockdowns were authorised, executed and swiftly enforced.

The collapse of the economy over the last three years evidences elite dominance in this domain. The huge transfer of wealth up into the billionaire class has accompanied large scale economic collapse of businesses, industry and the service class together with a huge rise in the cost of living, meaning that millions of people are now financially disempowered and are either in poverty and hardship, or teetering on the brink. The impending rollout of the CBDC as the offered solution to the financial collapse, also points to a huge level of control in this sector. Civil society remains rather less easy to ascertain the level of elite control. It is in the realms of civil society that we have been able to observe pushback, rebellion and activism, as groups and associations have organised in response to encroaching authoritarianism.

The freedom movement over the last three years has displayed a

healthy degree of activity in the UK. Organisations have emerged from real grassroots organisation and awareness from ordinary people who are awake to the narrative being rolled out.

As the control of both the economic and political spheres has tightened, it will be in the domain of civil society where the ongoing battle between freedom and tyranny will take place. Indeed, this is the area where the elites behind this agenda are acutely aware that they must use more complex strategies to gain the control that they need to get what they want.

In Communist China, Teets (2017) has documented what she terms 'consultative authoritarianism', where the government uses civil society organisations to bestow greater legitimacy to its governing powers.

There are a variety of ways in which governing bodies have tried to augment similar strategies - much of this derived and refined

from CIA/deep state strategies of the past. Clearly, there are plants and infiltrators within or organising the various movements and groups who are active. These people are monitoring what is happening in the hubs of activism and keeping tabs on dissenters and those who oppose the system. The media is also being used extensively by the elites to perpetuate division, hatred and mistrust of those who oppose the totalitarian agenda.

The activities of Just Stop Oil! are almost certainly a part of these tactics, and there are good arguments to suggest that groups such as Antifa, BLM, and some of the activities of the radical LGBTQ+ community are being used to support the master narrative as a fake 'bottom-up' approach to the roll out of policy. While it is difficult to trace funding, the U.S. Climate Change Fund has admitted to funding some of Just Stop Oil!'s activities. However, this is not the only sign that this group is not what it says it is.

Widespread TV and newspaper coverage of the group desecrating statues, causing damage in art galleries, gluing themselves to roads, and of a large black tarpaulin being spread over the Prime Minister's house are surely designed to make high profile, virtue-signalling statements which look good in the media.

There is a clear police reluctance to arrest perpetuators engaging in these activities - contrasting vividly with the way in which a multitude of violent and unnecessary arrests were made during genuine grassroots peaceful protests against the real issues of the last three years.

As the elites clearly recognise, the statements made by Just Stop Oil! carry more credibility for their own agenda - and give them a firm foothold and influence in civil society. A group which has allegedly developed organically, championing 'the rights of the people' is a useful deception.

In reality, groups such as Just Stop Oil! are controlled opposition, funded from above to fight for causes that have been set up to crush and control humanity.

## Council accused of court costs fraud

## 'Defendants hit with inflated £400,000 bills'

by **JULIE MOSS** 

IT has been claimed a court has blocked a local council from illegally claiming a vast amount of costs against more than 1,000 council tax non-payers.

The council, which *The Light* is choosing not to name at this stage, is alleged to have inflated court costs to unlawfully charge hundreds of thousands of pounds worth of staff costs.

One of the defendants in the case - who asked not to be identified - claimed he successfully argued in the July hearing that the authority's costs were inflated and consequently unlawful.

He claimed that his prior scrutiny of numerous budgets revealed the council

had been unlawfully recharging more than £400,000 worth of staff costs to the non-paying defendants for years.

It is understood some councils may attempt to agree costs with courts behind the scenes by submitting budgets in advance to avoid public scrutiny.

However, such dealings can be uncovered by Freedom of Information requests which councils must provide by law.

It was claimed a single unqualified lay magistrate had previously approved the court costs in this case without any proof of oversight. This was understood to be contrary to a law that says at least two justices must preside, and that the costs can only be approved if they are in accordance with strict legal guidelines. If this did occur, as has been claimed, a

foundational case called Craig v Kanssen from 1943 could apply - that hearing resulted in all court orders being voided where they had been obtained by a legally defective judgement.

It is claimed that throughout the duration of the hearing in July that the council did not challenge any of the defence's evidence presented, deny any of the allegations, or offer any submissions to oppose the allegations of fraud.

The case potentially calls into question other prosecutions that local authorities have brought against council tax non-payers. Are inflated court costs being used to prop up cash-strapped councils?

The defendant who did not wish to be named told *The Light*: "Anyone who is summoned to court for non-payment of

council tax can lawfully demand to see the breakdown of the costs that a council wishes to apply against them.

"And they can question every cost and percentage to ensure it complies with the strict legal guidelines which stipulate that costs can only be claimed for matters directly related to bringing the case to court and not for other things.

"This has always been the law, but councils have been tight-lipped about defendants' rights, and attempts to bully and coerce defendants into paying up have been made by some authorities.

"Some councils are printing and sending out misleading summons containing disinformation that defendants cannot argue their case in court, and even threaten jail to intimidate vulnerable victims."

# A brilliant writer to the very end

by **HENRY WIDDAS** 

# Roger's love for humanity drove him on during 50-year journalist career

### **THIS** article is a tribute to one of the nicest men I never met.

I got to know long-time journalist and author Roger Guttridge at a news group set up to push back against the relentless pro-official covid narratives filling the airwaves.

That was back in early 2021, and we spent countless hours on the phone and in Zoom meetings after that, and to hear he had passed away on August 8 at the age of 73 after a long battle with leukaemia was truly devastating.

I have lost a close friend, and it is a great regret we never met in person, but like so many freedom-fighting friendships that have emerged since 2020, they have been forged through networking on the internet, and are often between people who live hundreds of miles apart.

Roger was extremely knowledgeable about the failings of the NHS, so chose



Roger Guttridge

to battle his cancer with frequency therapy rather than with the scalpel and chemotherapy. And he defied the expectations of doom-monger consultants at two hospitals by taking long brisk walks while his blood counts were dangerously low. He outlasted their most optimistic expectations for him, and yet the consultants showed no curiosity in understanding more about the frequency therapy he was using.

And while battling his illness, he took Holding the Line: Journalists Against Censorship (HTL) by the horns. He turned us from a talking shop into a news agency. He was pumping out high-quality stories, interviewing MPs, and raising awareness about Big Pharma corruption. And while doing that, he even managed to write a book about the history of Big Pharma's manipulation of everything to do with health that dates back nearly 200 years. He also helped write a front page for *The Light* in its early days.

What drove Roger on was a spiritual love for humanity, and he carried out that spiritual role as a volunteer at Prepare For Change (PFC), an international group aimed at helping those on their awakening journey.

He became hugely popular at PFC, as he

was at HTL, and has left a mighty hole in both organisations.

During his 50-year career in journalism, Roger worked in local newspapers around the south-west of England, and also covered swimming for the sport section of *The Sunday Express*, including reporting on the London 2012 Olympics. He was a competitive swimmer himself at county level.

He was always dignified and calm, and he would speak publicly at A Stand in the Park events and receive ovations for simply stating the obvious: that 'news' had lost the plot when reporting in a balanced way on the alleged pandemic.

Public health was another great passion of Roger's, and he helped the People's Health Alliance (PHA) in its embryonic stages, writing press releases and holding video interviews with the co-founders, Lisa Dunnington and Katherine Macbean, that were then shared across the world.

When I relayed the sad news about Roger's passing to PHA, Lisa wrote to me: 'Roger defied the odds, gave his consultant plenty to think about and made the world a better place. Now I take comfort in knowing he's in a better place, continuing to make a difference.'

I truly believe he is is still making a difference out there. I am sure he is a guardian angel for me now, as he was to me when he was still here. He was my greatest friend whom I never had the pleasure of meeting.

## Fake narratives a tool of control

### Tyranny favours telling big lies over using brute force

by **CHARLIE PIERRO** 

THE task for those who would challenge the tyranny that threatens our lives is to reject those falsehoods on which that tyranny is built.

It is almost 50 years since Alexander Solzhenitsyn, the Russian writer and dissident who railed against political repression, released the text of his essay *Live Not By Lies*. While it was written in the context of Soviet communism, it remains essential for helping us understand how political tyranny functions and what we can do in response.

Solzhenitsyn recognised that violence is a crude way for a political regime to implement its agenda and maintain control over a population. Such a strategy not only needs massive resources to police people's conduct, but explicit in its use of brute force, it also risks provoking widespread hatred and massive resistance.

In contrast with violence, Solzhenitsyn suggests that there is a more effective and efficient tool that regimes use to control the lives of individuals: lies.

In doing so, he is not referring to the everyday deceptions that politicians use and with which we are all too familiar - the persistent evasions, distortions and omissions.

Instead, to control a population without using explicit force, political regimes create and promote big lies, or what are now more commonly referred to as narratives. Narratives provide an overarching story about certain features of the world. Importantly, they also seek to influence what we are to think and how we ought to behave on the basis of that story

Embedded with the educational system, and relentlessly promoted through the media, our societies are now awash with such stories. At one time or another, we are subject to narratives about impending environmental catastrophe, the looming threat of a worldwide pandemic, or the immediate danger posed to us by a supposedly terrible foreign power.

Of course, many do not recognise these narratives as lies. However, the deception becomes clear when we ignore the rhetoric associated with a narrative and look at what happens in its name. Doing so reveals how they are used to further local and global agendas that, without the narrative gloss, would be



To the extent that narratives are central to how a regime furthers its agenda and interferes in our lives, the most productive form of resistance to that regime is to undermine the influence of its narratives within ourselves

unacceptable to us.

Note how talk of climate change is used to introduce initiatives, such as 15-minute cities, that severely restrict people's freedom of movement. How 'pandemic preparedness' serves as a cover to shift control over public health policy to unelected bodies such as the World Health Organisation. How 'standing with Ukraine' is employed as a pretext to further the geopolitical agenda of Western political regimes.

For those who do recognise the deception, the effect can be profoundly demoralising. Solzhenitsyn recognised that when lies become established within a society, it often generates a sense of powerlessness and futility within people. Faced with widespread acceptance of those lies by others, we can feel that there is nothing we can do as individuals.

Against this, Solzhenitsyn insists that we do have power to act and create change. However, this does not involve planning for large-scale social transformation, or even, at the local level, attempting to alert other people to narrative lies. Solzhenitsyn is pragmatic in proposing that many of us lack the necessary qualities and skills to do these things effectively.

Instead, we are to make changes in that area of our lives that we can control: our own conduct. In particular, Solzhenitsyn calls for a robust refusal to knowingly participate in lies. While we may not be inclined to openly challenge society's narratives, he suggests that we should, at the very least, 'refuse to say what we do not think!'

This refusal can take many forms. For example, do not speak or write anything

in public or private that supports a narrative's lies. Do not read or watch anything that uses its clichés, catchwords and slogans. Do not participate in meetings or events, either in one's personal life or at work, where a narrative is being promoted.

Solzhenitsyn knew that even this moderate form of resistance would be difficult and could complicate our lives. It may be that it creates tensions in our relationships with family, friends and work colleagues. And these tensions may have consequences for our psychological, social and even financial welfare.

But we are invited to balance this against the consequences of perpetuating a regime's narrative lies. Each time that we do so, saying things that we do not think or believe, we fuel that regime's agenda and its ongoing interference in our lives. And each time that we do this, we add to our own sense of powerlessness, and eventually, to our own servility.

If we are unable to resist such narratives within our own lives, then the hope of subverting them elsewhere is wishful thinking. By giving in to the narrative lie, we demonstrate our lack of commitment to freedom. Solzhenitsyn is uncompromising in suggesting that we should therefore not expect to keep that freedom. The responsibility is ours to hear

If we wish to preserve our freedom a 'personal non-participation in lies' is crucial. To the extent that narratives are central to how a regime furthers its agenda and interferes in our lives, the most productive form of resistance to that regime is to undermine the influence of its narratives within ourselves.

In doing so, Solzhenitsyn suggests that we can take comfort in knowing that we are not alone. Other individuals throughout society will be taking similar action as they refuse to perpetuate a regime's narratives. Each person that does this begins to unravel one more thread of the fabric of lies with which that regime cloaks itself.

It is this individual action by many, resisting the ability of narratives to exert an influence in their own lives, that has the potential to produce widespread social change. A collective of people that we can join, and who, out of a courageous commitment to the truth, have woken to Solzhenitsyn's urgent call to live not by lies

https://charliepierro.substack.com/

# Battle for your soul

by NICOLA CARLEY

# Escape the atmosphere of obedience

THE institutions of authority serve no useful purpose other than to hold us in bondage to those same institutions.

This servitude extends to the rulers and the ruled at every level in the chains of subordination and command. Whatever the role-play, everyone is enslaved to the ruling paradigm in their different ways.

These institutions have no reality outside our belief that they are real. They all share the same

ubiquitous atmosphere.

We are so familiar with this and habituated to it that we might not even notice its presence in our feelings. It is broadcast in our official utterances. It has a very dead quality, for it has no life of its own. Such an atmosphere is the kiss of death to our humanity and to everything that makes life worthwhile.

We strenuously defend it, even to the death of ourselves and others. Its apparent gravitas is the first level of mind control.

Looked at more closely, this atmosphere is a set of strict rules for our feelings to obey. These rules are written directly into our feelings. They are pre-verbal, and, therefore, most commonly escape our conscious attention. They hide as an atmosphere in the shadows

behind our thinking. They are the unnoticed rulers of our lives and of the world. We become slaves to the institutionalisation of the human soul.

The institutions of religion, finance, law, war, education, science and medicine all come under the umbrella of this atmosphere. It seeps like a poisonous fog into every aspect of our lives. We have been habituated for millennia.

We are its abject slaves from top to bottom in the hierarchy of control, starting with its mysterious and invisible Almighty God, and ending in the gutter or eternal damnation. In between, is a treacherous game of snakes and ladders. It punishes kindness and rewards cruelty while pretending the opposite. It seduces us with fantasies of

belonging, such as to patriotism and religious faiths, so as to set us up against each other in war.

And it all starts with an atmosphere. We quarrel about its effects, not realising the cause. It starts in our feelings and extends outwards into our thoughts and actions. This atmosphere is the primary deception. Its only modus operandi is deception. We feel ashamed and helpless in its presence. Obedient feelings are a sign they are prisoners. Healthy feelings are wild, free and flowing. They are naturally loving and more infectious than any disease.

Only the poisonous official atmosphere is to blame. We are its unwitting victims and agents. If we don't want it we must witness it, recognise it, have a good laugh and free our feelings from its

tyrannical rule. We must forgive one another for having been its slaves for millennia.

It may seem strange that we are ultimately ruled, not by a person or a corporation or a god, but just by an atmosphere. We don't need to be ruled, especially by a stale and smelly atmosphere. How embarrassing!

Its apparent life is our dodgy gift to the universe. Without our blessing it doesn't exist. Various parasites crowd into it, but without it, they would have nothing to feed off. Without it, there would be no kings, no churches, no armies, no jabs, no chemtrails, no governments and no banks. We would be free to explore our delight in one another and to share our creative potential and our natural genius.



## Marathon battle with AstraZeneca

by JAMES FREEMAN

## Grandad triumphs over adversity for endurance challenge

ONE of the lessons that life has revealed to me across the past three years is that light always emerges from darkness.

The covid era was difficult for people in many ways. Most of us were tormented by confusion about what was going on and fear of what might happen next.

Others were cancelled for staying true to their principles, while others suffered the pain and anger of being physically injured, or watching it happen to someone they loved.

But out of that darkness, light has emerged, which has brought people together in a way that wouldn't have happened if things had just carried on as before. This truth is difficult to come to terms with because many of the things we celebrate now only occurred because of the awful consequences of the past three years.

The freedom movement has flourished as a community, and is now shining light into dark corners that were present long before covid. This creates hope that we can remake the world in ways that would not have been possible three years ago.

I first met Wayne Snaith in April 2022 following a three-hour drive in a car packed with lights, cameras, microphones, and other filming equipment I had purchased to make a documentary about those injured by the covid-19 vaccines.

I was motivated by feelings of outrage towards the politicians who were ignoring the injured, after telling them that they must get a jab to protect others. While my hope was that the film would raise awareness of vaccine injury support group UK CV Family, so that its members got the financial, medical and psychological help they desperately needed.

Wayne came to his front door using his Zimmer frame, and welcomed me through to the kitchen to set up my equipment. I was extremely nervous, as the truth is I was making it up as I went along. I wasn't a



Wayne Snaith

# Wayne was the main breadwinner of the household which is home to four generations of his family

professional filmmaker, I had never made a film before, and I had also never worked with vulnerable groups.

The film had come about because Dr Tess Lawrie at The World Council for Health had invited me to a meeting with several members of UK CV Family. I came away from that meeting feeling shocked and angry, and so I came up with the idea of producing a documentary to raise awareness.

During my interview with Wayne, he painted a picture of his former life. He talked about being in the twilight years of his career as an operations director, of how he had a new grandchild, and how he was looking forward to spending time with his wife Lesley in retirement. All of which had been stolen from him because he got the AstraZeneca covid-19 vaccine.

Wayne was the main breadwinner of the household which is home to four generations of his family. Wayne took me through to his bedroom, which had been moved downstairs because it was too difficult and dangerous for him to navigate the stairs. Lesley told me of how she would hear Wayne cry out in pain in the shower and how difficult it was watching him go through this.

After the interview, Lesley invited me to stay for dinner with the family. It was a humbling experience to be welcomed into their home and trusted with the most private details of what they were going through.

I left feeling torn, because on the one hand I was trying to help, but on the other hand, I knew this was not something I could put right. Wayne had lost his job due to his injuries, everyone in the family had been impacted watching him go through it, and to top it all, there was a risk that he might lose the family home.

Fast forward to today, and Wayne has been diagnosed with Guillain-Barré syndrome and suffers full body pain, meaning he will never walk more than a few steps again. Wayne also knows his condition will likely worsen over time. Faced with this, it would be easy to give up on life, but that is not what Wayne has done.

I stayed in touch with Wayne over the past

year - Lesley and Wayne appeared on my TNT Radio show to talk about his injuries and the challenges they presented for the family. We also met up in Parliament for Sir Christopher Chope's All-Party Parliamentary Groups (APPG) meeting.

Each time I have spoken with Wayne, he has told me of new things he is dealing with physically. What I wasn't expecting, therefore, was an announcement, live on my show, that he was planning to complete ten marathons in ten days in his wheelchair for charity.

As I write this article, Wayne has completed his ten marathons in ten days, which is a truly incredible achievement and my message to him is 'good on you Wayne, you have won already, and now you are shining light for others.'

- To support Wayne's mission of shining a light where there is darkness, please visit www.waynesnaith.com and give whatever you can.
- https://tntradio.live/shows/thefreeman-report-with-james-freeman/

# From chemistry to politics

## Shane Fudge interviews David Kurten of the Heritage Party

Shane Fudge [SF]: Perhaps we could start with you telling The Light readers a bit about yourself and about your background, David?

David Kurten [DK]: I was a chemistry teacher for nearly 20 years. I became very concerned about what the EU was doing, so I then got involved in politics. I joined UKIP in 2012. Obviously, that was back in the days before the referendum, so that was the focal point - to fight the referendum, and also political correctness. Sadly, after the referendum, UKIP disintegrated, so I left and started the Heritage Party in

### **SF:** What made you start to question things in 2020?

**DK:** We first started to hear about the coronavirus in January 2020. The narrative for about two months was 'there is nothing to worry about; it is no worse than the flu'. This suddenly changed, and straight away it was obvious: you had Sadiq Khan, Boris Johnson, the BBC, CNN, left and right, and politicians all over the world agreeing together. This was a sign that they were up to something. It's always a sign when you have an alliance of Tory, Labour, and the BBC all acting together, that all of this was pre-planned.

## SF: You were heavily criticised for the quote you made in October 2020: "Covid-19 is no worse than a bad flu

**DK:** Professor Ferguson from Imperial College said in March 2020 that if they didn't lock the country down, half a million people were going to die. On the very day that the MPs voted through the Coronavirus Act, he changed his modelling in a new report which stated: "It's not going to be half a million people, it's only going to be fifty thousand." By then it was too late because the Coronavirus Act was already a done deal. Science is about making observations with data, but this was about creating a political result - lockdowns, and then vaccines. The data which came out over the first few months showed that the number of people who were dying from covid maybe 50 to 80,000 people at the first spike of March to June 2020 - was the same as a bad flu season. Also, a lot of what was called covid was actually flu. Statistics for flu cases were, year on year, 20 to 30,000 cases, and then in 2020, right down to zero.

### **SF:** You were also heavily criticised for your views on the proposed vaccine?

**DK:** First, we have natural immunity, and 99.9% of people would recover. Second, having a background in science and chemistry, I learned a lot about the

asked him right in front of me: "When are you going to make it law that people who spread misinformation about the vaccine are put in prison."

I asked Sadiq Khan: "How can you say that these vaccines are safe and effective,



David Kurten, founder of the Heritage Party

pharmaceutical industry. Every single medicine that is brought to market goes through eight to ten years of rigorous safety testing and would get pulled immediately if there were any safety concerns. They did the testing for covid vaccines over a three-month period. It's ridiculous to bring something to the market when there is not even any medium-term, let alone long-term, safety data.

### **SF:** What kind of a response did you get from colleagues and other people?

**DK:** All the others were either quiet about it or they were saying: "The vaccine is the way out of lockdown, and we need to do this to get the country and the economy back on its feet." The vaccine minister Nadeem Zahawi came to the Assembly once for half an hour and we had a chance to question him. One of my colleagues

especially for pregnant women and women of childbearing age?" He tried to ridicule me by responding: "Well, we should just listen to experts, not anti-vaxxers, conspiracy theorists and covid deniers."

### SF: What prompted you to start the Heritage Party?

**DK:** The Heritage Party will be the party that can draw everyone together who just wants to restore common sense to our nation. We need a socially conservative party in this country to stand for the old-fashioned values, which I would say are free speech and liberty, financial responsibility, traditional family values, self-sufficiency and skills, self-sufficiency in energy, prolife, low immigration and border control, and national sovereignty.

The attack on free speech was already going on; now it's not just free speech,

it's freedom in general that we need to stand for. It feels as if we are now fighting on more battlefronts than in 2019 - against lockdowns, against 15-minute cities, and the WHO treaty.

# SF: Are the CBDC, 15-minute cities, and the WHO supranational governance treaty the main challenges that we now face?

**DK:** They want to create something like communist China, where everyone is under surveillance, monitored everywhere they go, and if you don't have enough of a social credit rating, your purchasing is limited by a CBDC. If they remove cash, you won't have any freedom outside the government. 15-minute cities are going to restrict your freedom of movement. The global pandemic treaty basically wants to set up a global governing elite which can, at any time, take control of your government under the auspices of a health emergency.

### SF: How close is the UK to becoming a top-down, authoritarian state?

**DK:** Up until 2020, it was a slow gradual erosion of freedom, unlike those of the French Revolution, the Communist Revolution in China, the Nazis coming to power in Germany. This time it is more gradual, because they knew that civil society and Christianity in the West have been very strong. Now we are at the point where civil society, Christianity and traditional values have been almost completely eroded.

In 2020, that moved from being slow to a quick takeover, but there was more pushback than they expected. In December 2021, they wanted to bring in a third lockdown and there was a massive pushback. It also coincided with 'Partygate'. We have a window of a year to get organised and keep pushing back.

### **SF:** Do you have a positive message that you can share?

**DK:** We just need to get together and say no. We all need to keep having conversations and keep talking to people. It's slow and hard work, but things happen that wake up lots of people much more quickly.

With the 15-minute cities, people do start acting when it happens in their neighbourhoods - they have been overturned in Warrington, Ealing and Wandsworth. We need to keep fighting back.

# NLP - focusing on the positives

# Part 1 of an interview with Richard House and neuro-linguistic programming expert David Molden

Richard House [RH]: Neurolinguistic Programming (NLP) has had something of a bad rap recently, David. But it's not all bad news! Can you summarise succinctly what NLP is?

**David Molden [DM]:** There are many ways to describe what Neuro-linguistic Programming (NLP) is, so I'll offer just a few.

- Knowledge to learn how the mind works, and skills to create personal freedom by using your mind to bring about a desired change.
- A set of tools for deprogramming and reprogramming the mind to bring about a desired change.
- A manual and skillset for learning how to be or do anything you want to be and do.
- A technology for influencing self and others.

'Neuro' relates to the neurology of mind and body, the central nervous system. 'Linguistic' relates to the verbal and nonverbal language we use to communicate our thoughts, feelings and desires to self and others. 'Programming' relates to the fact that we are much like a computer program - GIGO fits the bill here.

All our thoughts and actions come from programmes that have been created from birth. If you're suffering from depression, anxiety, guilt, resentment, regret, low selfesteem, or pretty much any type of mental condition that has a negative effect, it's the result of lifelong programming via parents, significant others,

schools, institutions, TV, and traumatic experiences.

NLP has the tools, by way of specific exercises, to deprogramme and rerogramme the mind such that we're totally free of such conditions. Whilst some therapies may deal effectively with one or another condition, NLP upgrades your operating system for one that's working for your wellbeing and more suited to helping you to achieve your goals, whatever they may be.

RH: Fascinating! But I have a problem that perhaps you can reassure me about, David. As a spiritual person, I have some problems with statements like, 'we're very much like a computer programme'. Can NLP be consistent with a spiritual worldview?

**DM:** I also have a spiritual worldview, and none of the ways in which I use NLP impede upon my spirituality; in fact it helps in many ways. It supports my drive to be a better person and a strong freedom fighter for humanity. The computer programme analogy is simply a way to help understand how most of our thinking and behaviour are consistent with how we've learned to be through our upbringing and life journey. A programme is a set of instructions on what to do, if X happens. Consider a person who gets wound up when encountering a traffic jam. This person will respond in the same way every time, simply out of habit. To break the habit and be more relaxed and calm in these situations, you need to change the habit, or programme, but most people don't know how to do this. 'Stay calm', the partner says, but you can't because the reaction's ingrained through years of getting wound up.

**RH:** So NLP can be deployed in breaking habits? And how has NLP been useful in your own life?

DM: NLP does have tools to change habits by using certain exercises to change the thinking, the language and physiology. Everything we do begins with a thought, but often

the thought is so fast that we may not even sense it - we just feel a certain way. A proficient NLP practitioner can help a person access these thoughts so they can be changed, or 'reprogrammed'. The physiological aspect of this is that certain neurons in the brain, that have been making the same connections, time after time, over years, to produce the same negative feelings, are suddenly disconnected, and new connections made, so the response to any situation can be a choice rather than a habit. I'm using NLP now to do many things I never thought I might need, e.g. to be strong and fearless in the face of tyranny, to improve my musical ability and singing voice, and to have empathy with those not yet awake. The training I've done in sensory acuity (a big element in NLP) helps me notice signs in other people that I can respond to, such that an interaction is conducive to us both. I've improved my ability to listen to others more carefully, to sense even the slightest anxiety, and to maintain my own self-confidence and calmness, so I don't react with anger, frustration or other such

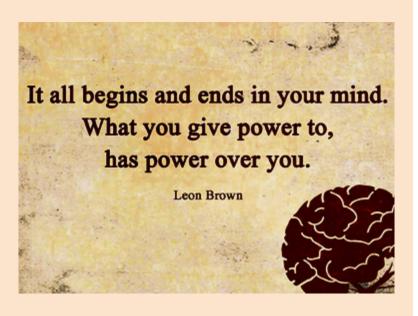
**RH:** Can you say something about the question of influencing people? You spoke earlier of 'a technology for influencing', which some people might find a tad uncomfortable.

unhelpful traits.

**DM:** We're all influencing each other, whether we think it or not. Take the TV, government, marketing literature, street stalls, books, newspapers, social media, music, etc.; they're all attempts to influence others' thinking and behaviour. Some influence is positive, some not so. If someone's feeling sad, I might attempt to help them feel a little better that's influence. Scammers want to influence you; so do religions, politicians, sales people, work colleagues, bosses... Life's interwoven with many types of influence coming at us; isn't it a good idea to be able to recognise influence when we see it, and to have influence where it may do some good?







David Molden is a personal development consultant and executive coach in work/life transitions, having worked in Europe, the Middle and Far East and China. He's run NLP Practitioner and Master Practitioner courses for 12 years, and is author/co-author of six books in 16 languages, including NLP Business Masterclass,

Brilliant NLP and NLP Workbook (Pearson).

He's a freedom musician, and campaigns on stopping the 5G roll-out.

#### Links:

- tinyurl.com/47pka44r
- tinyurl.com/4y6c6z67
- nelly5gfree.org.uk/

# Political media manipulation

### Covert collectivism used to control personnel in armed forces

By **PAUL CARDIN** 

## THE first casualty of war has always been the truth. This has certainly been the case over the last 20 years.

And considering the complete and utter carnage that's been carried out more recently - by relentless, calculated design - the memory of earlier conflicts can feel like a throwback to a more straightforward, more honest, less manipulative era.

Since 9/11, the corpse of the truth now gets routinely pummelled beyond recognition before being hastily buried out of sight. Elaborate lies occupy the forefront, and so-called 'wars' have morphed into large-scale, David versus Goliath, glorified, theatrical events and quasi-movie productions led by vested interests and big business diehards.

Ruthless, corporate mercenaries are granted leeway to act as military proxies and will knock each other out of the way to get at the huge financial and power spoils linked to the systematic plundering of smaller, much weaker nations. See Halliburton, Vanguard and Blackrock, who've been the 21st century's unashamed trailblazers.

Generals are paid to think, not to kill. Privates are paid to kill, not to think, hence a curious brand of socialism has long been encouraged within the lower or noncommissioned ranks of Western armies. This dictates that soldiers will be expected to fight to the death for their comrades, their brothers in arms.



Photo: Austrian National Library

No better incentive exists to squeeze from a soldier or marine every drop of devotion to the cause - whatever that happens to be - than to imply 'YOU'RE ALL EQUAL' and to drip-feed socialist values into key battle orders. Generals and senior ranks know this very well and follow it to the letter.

It's not referred to as socialism, of course - what a giveaway that would be - so the whole routine is draped in an elaborate subterfuge. If the top brass can cynically fan the flames and get their soldiers wound up enough, courageous, honest men will give their absolute all. Especially if they think they can rescue their injured pal or die for each other rather than for a tatty flag or an even tattier politician or monarch.

For example, during the Falklands War, the sheer combined might and power of the people will certainly have risen to the forefront of 2 Para's minds - even subconsciously - during the fixed bayonets charges at Goose Green, and later, those of the Scots Guards and Marines at Mount Tumbledown, near the end of the conflict.

The hardest fought victories originate from the bottom up, never from the top down. Armed forces' members often become depressed upon leaving, and it's not simply because their lives have changed. They quickly discover that unlike with their old oppos, they can't trust their new civvy street peers, who themselves have been divided, scapegoated, devalued, and encouraged to hate each other for centuries. It's obviously unfair and wrong to hate all civilians. Nevertheless, it's a standard tactic, originating from the MOD's ivory towers, which gets consciously drilled into impressionable UK armed forces junior ranks

Here on the outside, the concept of socialism, togetherness and people looking out for each other is far too menacing to those who've stolen or inherited their land, wealth, and power. Consolidated power structures feel this threat so very keenly, that such ominous movements for the people will never be allowed to build, embed themselves and take hold. Witness the concerted destruction of Labour Party leader and democratic socialist Jeremy Corbyn, all gleefully carried out by anybody possessing the slightest whiff of mindless, hate-filled prejudice.

Many years ago, Whitehall's influence over the media was seen to hold some sway. For example, if UK forces were hit badly, it may not have been reported immediately due to operational demands and constraints. Now, as social media has largely swept away the old lurches to secrecy, and as foreign media proprietors have taken ownership of much of the UK press, it's become a landscape where media organisations - post phone hacking, post failed Levenson - have felt at liberty to act as busy, irrepressible controllers and manipulators of the content themselves.

With all this mutual back-scratching, no journalist exists with the ability or courage needed to blow the whistle - Assange-like - on such a sordid situation. As regards the media and newspapers, we, as readers, viewers, listeners, taxpayers, or as servicemen and veterans have seriously drawn the short straw if we're expecting to see honesty, integrity, or balanced, objective reporting.

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# All vaccines are inherer

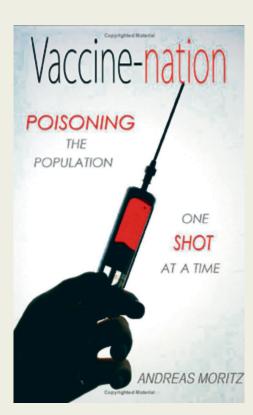
### by **SERENA WYLDE**

SUPPORTERS of vaccination argue that vaccines prevent disease, and cite as evidence a disingenuous correlation between vaccination and the disappearance of diseases such as smallpox, diphtheria, cholera, typhoid, poliomyelitis, tuberculosis and tetanus.

Epidemiological studies repeatedly show that these diseases were already dying out as general sewage networks and treatment stations were built, universal domestic running water and flushing lavatories installed, slums demolished and nutrition improved.

An exhaustive study by CDC (Center for Disease Control and Prevention in the U.S.) and John Hopkins' scientists in 2000, published in Pediatrics, concluded: "Vaccination does not account for the impressive declines in [infectious disease] mortality seen in the first half of the [20th] century... nearly 90 percent of which occurred before 1940 when few antibiotics or vaccines were available."

By the 1960s there was not an epidemic to be found, but the vaccine industry was not to be deterred. It set its sights on the childhood illnesses of measles, mumps and rubella,



despite the fact mortality from measles had naturally declined by 95 percent, and a school of physicians believe these illnesses actually serve to help build and strengthen a child's immune system.

Dr. Tom Cowan in his book, *The Contagion Myth*, writes: "Measles is a process of detoxification, transformation and growth. If thwarted, particularly by an injection that clearly alters our immune response, then only worse things can happen. This is clearly revealed by the many studies showing that children who go through typical childhood illnesses such as measles have fewer chronic diseases throughout the course of their lives."

Vaccine theory is predicated on the assumption that by injecting a trace amount of an attenuated pathogen (an antigen) into the human body, the immune system responds by producing antibodies specific to that pathogen, which will protect the recipient against infection.

However, the presence of antibodies in the bloodstream does not guarantee immunity. These are simply part of the immune system's response to an outside attack, infection or wound, including that inflicted by a needle. Many vaccinated individuals go on to develop the very illness they are supposed to be protected against, and people who die from infection have antibodies in their system.

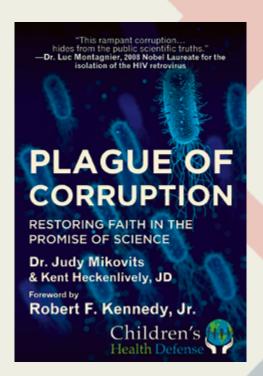
The scientific body which opposes vaccination believes all vaccines damage the immune system, and therefore mass vaccination is one of the greatest contributors to disease. They explain that injecting noxious substances directly into the bloodstream is a form of assault, as

bloodstream is a form of assault, as it immobilises a part of the immune system whilst it temporarily diverts all resources to this artificial stimulation. In the case of babies and children, whose immune systems are just starting to develop, it is reckless because it can permanently derail the formation of a healthy immune system. Multiple vaccinations cripple several parts of the immune system at the same time and do nothing to restore its balance. Each challenge by vaccination has the potential to deregulate the immune system, and we have no idea what happens when multiple antigens are injected simultaneously, which is increasingly

The consequences, they believe, are weakened immune systems, far less able to fend off disease, borne out by the exponential rise in immunological and neurological disorders, cancers,

asthma, allergies, juvenile diabetes and chronic infections, in direct line with ever-expanding mass vaccination programmes.

After Merck developed its chickenpox vaccine in 1995, it was suddenly declared a life-threatening illness. By vaccinating and thereby preventing children from developing natural immunity to chickenpox, we now have



a new epidemic of adult shingles, for which the medical Ponzi scheme has another vaccine.

There are three separate and potentially harmful aspects to vaccination. First, as artificially stimulating one part of the immune system to abnormally produce antibodies inhibits the other part of the system, this throws the entire immunological response out of gear.

Second, vaccines are laden with adjuvants such as chemicals, metals, and drugs which act as preservatives and turbo-chargers to enhance their performance, some of which are neurotoxins. In infants, the bloodbrain barrier, which keeps harmful substances from reaching the brain, is not developed as it is in adults, so they are vulnerable to neurological damage from these ingredients.

Thirdly, they contain contaminants. The former pharmaceutical R&D executive **Sasha Latypova** explains how traditional vaccines are always contaminated with plant and animal proteins which hyper-sensitise the body, especially in children, causing allergies. And these are all injected directly into the bloodstream.

The biochemist Judy Mikovits

PhD writes in her book, Plague of Corruption: "We've been stimulating the immune system of individuals for a century with virtually no monitoring of how their immune system is responding. Each intervention increases the likelihood of an adverse event. Increase the number of interventions/vaccines, and you dramatically raise the likelihood of adverse reactions. Add to that complexity the fact that vaccines contain multiple ingredients, and you realise what a shaky foundation upon which we've built our current medical system."

Vaccines are the only pharmaceutical or medical product that the FDA (Food and Drug Administration in the U.S.) does not require to be rigorously safety tested. The gold standard for safety testing new pharmaceuticals is randomised control trials (RCTs).

Clinical trial participants are divided at random into two groups of similar size where one group takes the product being tested whilst the other, known as the control arm, takes an inert placebo (saline solution) in order to compare the results at the end of the trial period.

In the case of vaccines, either there is no control arm, or the placebo vials contain the same mix of toxic ingredients that go into the vaccine itself, minus the attenuated virus, or something else, as there is no requirement to disclose the ingredients of placebos.

It is important to remember the immune system is a multi-layered, finely balanced, complex system, much of which remains a mystery.

When we encounter pathogens through the normal channels of the nose, throat, skin and the saliva, the body has various lines of defence through which the attacker must travel to be effectively dealt with. Each filter screens the pathogen and mobilises its forces against it. A pathogen must provoke the complete inflammatory and immune response for the body to acquire natural, real and lasting immunity to a particular germ. Attempting to bypass this sophisticated system is not only ineffective but fraught with risk. Biochemist Dr Judy Mikovits PhD

writes: "We are finding that natural exposure, such as having measles, not only provides lifelong immunity, but also tunes the system to make it less likely you'll have certain cancers when you're older."

# itly unsafe - here's why

As 'vaccine-mania' surged through the 1970s and 80s, so did the lawsuits filed against manufacturers for injuries and deaths caused by them.

A major culprit was the DTaP vaccine (diphtheria, pertussis (whooping cough) and tetanus) as studies linked it to sudden infant death syndrome (SIDS), seizures and more than a dozen neurological and immunological disorders. The vaccine contained thimerosal, which is almost 50 percent mercury, and in infants can pass through the blood-brain-barrier.

Several laboratories were brought close to bankruptcy as insurers withdrew their indemnity cover.

This led Congress in 1986 to pass the National Childhood Vaccine Injury Act which established a special no-blame 'Vaccine Court' to shield vaccine makers from liability, which is funded through a levy on every vaccine dose sold.

The terms of reference of the Vaccine Court are that it only allows parents of vaccine-injured children to bring claims under a specific set of court rules, which are very different from

CONTAGION MYTH

Why Viruses
(including "Coronavirus")
Are Not the Cause
of Disease

THOMAS S. COWAN, MD, and SALLY FALLON MORELL

those which prevail in normal civil

liability actions, and their lawyers

have to argue against the might of the Department of Justice attorneys (DoJ). The odds are stacked heavily against parents as the vaccine-makers are allowed to keep their formulations and methods secret even while the lawsuit is being contested. In other words, there is no normal discovery process whereby the pharmaceutical companies are required to hand over their documents. This considerably hampers the plaintiff's ability to

prove their claim, given the onus to establish a causal link between the vaccine and the injury, illness or death of their child lies squarely on their shoulders.

Despite these hurdles, the court has paid out over four billion dollars in compensation to thousands of parents since its inception in 1988.

That year, the U.S. childhood immunisation schedule was expanded, and again in 1991. Cases of autism soared. Notwithstanding, the list continues to bloat.

Thimerosal was ultimately banned from use in paediatric vaccines in the early 2000s.

No vaccine has attracted more litigation than the MMR, and thousands of cases of 'regressive autism' were filed in the early 1990s. Regressive autism is when a child that is meeting its normal developmental milestones develops a fever post vaccination and suddenly regresses.

By 2002, there were around 5,000 autism-related cases awaiting adjudication in the U.S.

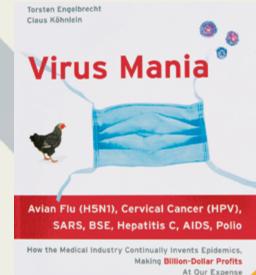
In 2006, the Vaccine Court decided to categorise the cases and select a handful as test cases, where evidence of causation could be presented based on three separate hypotheses:

- 1. That a combination of the MMR vaccine and thimerosal caused autism.
- **2.** That thimerosal alone caused autism.
- 3. That the MMR vaccine itself caused autism.

The hearings known as the 'Omnibus Autism Proceedings' began in 2007.

Paediatric neurologist Dr Andrew Zimmerman acted for Health & Human Services (HHS) as its primary autism expert. He issued a written opinion in the first test case, Cedillo v. HHS (Health and Human Services), that he did not believe the vaccine had contributed to Michelle Cedillo's autism. This opinion was then applied to other cases.

However, it recently came to light in 2019, through a sworn affidavit issued by Dr Zimmerman, that whilst attending proceedings on June 15, 2007, he had taken the DoJ's lead attorney, Vincent Matanoski, aside to clarify that his written expert opinion in the Cedillo case was case-specific, and not intended to be a blanket statement for all the cases, and that



Making Billion-Dollar Profits
At Our Expense

Forewords by
Etienne de Harven, MD, Planeer in Virsiagy
Joachim Mutter, MD, Expert on Environmental Medicine

in some children, specifically those with mitochondria dysfunction, vaccination could cause autism.

Dr Zimmerman had been due to testify in the next test case, Hazlehurst v. HHS, on Monday, June 18 but, according to his sworn affidavit, shortly after he clarified his opinions to the DoJ attorneys, he was informed that he would no longer be needed as an expert witness on behalf of HHS.

A former senior vaccine-safety scientist at the CDC, Dr William Thompson told a member of Congress, Bill Posey, under sworn deposition that he had been strongarmed into destroying data showing a link between vaccines and autism, and ordered by CDC bigwigs to publish a fraudulent study dismissing the link. Dr Thompson told Robert F Kennedy Jr. (RFK Jr.) he feels a profound sense of shame.

It was estimated in 2007 that the lifetime care cost for a child with autism was around three million dollars. It was also estimated that the subset of children with vaccine-induced autism based on mitochrondrial dysfunction was between 25 and 40 per cent.

RFK Jr. tells us that in his youth, one child in 10,000 had autism in the U.S. In 1986, it was around one in 2,500, and today it is one in 36.

A peer-reviewed study published on July 20 in Cureus Journal of Medical Science found that developed nations requiring the most neonatal vaccine doses have the worst childhood mortality rates. Lead author Neil Miller has been researching the topic since the early 2000s.

We entrust our health, well-being and lives to others at our peril. The insatiable quest for quick-fixes through the myth of chemical 'preventive' medicine will damage the future of our biological integrity.

As Henry Lindlahr MD (1862-1924) said: "Never was humanity cursed by a blacker superstition than that disease can be cured and health maintained by the absorption of virulent poisons."

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- The illusion of evidence based medicine
  - http://tinyurl.com/bdhezmkz

# United Nations meeting to accelerate Great Reset

## Globalists halfway to Agenda 2030 goal

by **PAUL BENNETT** 

IN September, world leaders and prominent globalists are due to convene in New York on the 18/19th, to continue the acceleration to totalitarianism under the guise of saving the planet with Agenda 2030.

Agenda 2030 is also known as the *Great Reset* and the *Fourth Industrial Revolution*.

It appears the United Nations is gearing up steadily for the next seven years and the planned meeting will mark the half-way point for their 2030 plans.

According to the United Nations: 'It will mark the beginning of a new phase of accelerated progress towards the UN Sustainable Development Goals with high-level political guidance on transformative and accelerated actions leading up to Agenda 2030.

'Convened by the President of the General Assembly, the Summit will mark the half-way point to the deadline set for achieving the 2030 Agenda and the Sustainable Development Goals.

'It will be the centrepiece of the High-Level Week of the General Assembly. It will respond to the impact of multiple and interlocking crises facing the world and is expected to reignite a sense of hope, optimism, and enthusiasm for the 2030 Agenda.

'At the half-time mark, the promise is in deep peril. For the first time in decades, development progress is reversing under the combined impacts of climate disasters, conflict, economic downturn and lingering covid-19 effects. The SDG Summit serves as a rallying cry to recharge momentum, for world leaders to come together, to reflect on where we stand and resolve to do more.' UN secretary general Antonio Guterres said: "The SDG Summit in September

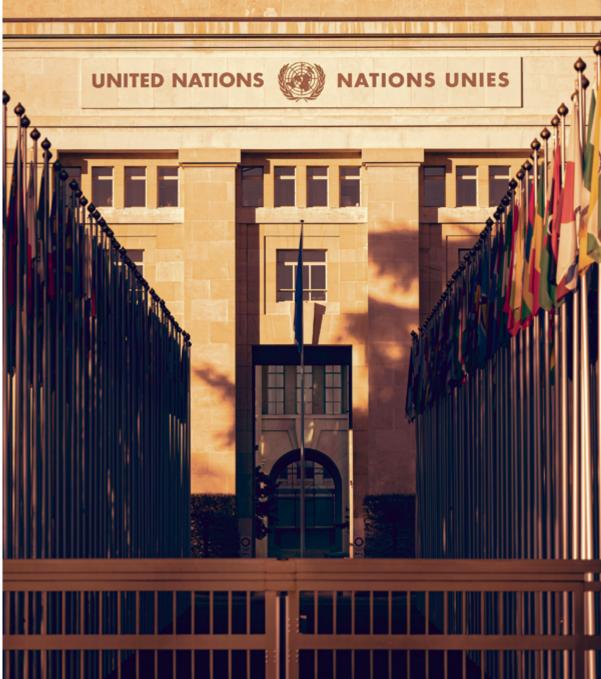


Photo: Jonathan Ansel Moy de Vitry

must be a moment of unity to provide a renewed impetus and accelerated actions for reaching the SDGs."

He recently ramped up climate change fear by responding to wildfires in Greece. He stated: "If we persist in delaying key measures that are needed, I think we are moving into a catastrophic situation."

According to Vassilis
Vathrakogiannis from the Rhodes
Fire Department in Greece: "Fires
are set by human hands. Whether
it is due to negligence or fraud
will be seen but people have
been summoned for statements
and others will be summoned."
The meeting in New York is eyeworthy for many wrong reasons
and it is an indication that the

globalists mean business when it is referred to as a 'High-Level Week'.

According to the United Nations: 'A United Nations High-Level Meeting (HLM) is convened by the UN General Assembly (UNGA), the main decision-making body of the UN representing all 193 UN Member States. In this forum, Member States discuss and work together on a wide array of international issues covered by the UN Charter, such as development, peace and security, international law, etc.

'Agreement to hold a dedicated HLM on a specialized topic is taken in exceptional circumstances through a UN resolution, with the purpose of reaching agreement on cooperation measures and solutions on important global issues among Heads of State and governments.'

During the meeting the real incentive will be to ramp up the continued goals of initiating climate change and health crises, destroying fossil fuels and reducing nitrogen emissions, implementing a cashless society, introducing social credit and digital ID surveillance systems as well as centralising populations through Smart ULEZ 15-minute cities as seen in Oxford in the UK.

GB News presenter, Mark Dolan, was recently highly critical of 15-minute cities, saying: "Creepy local authority bureaucrats would like to see your entire existence boiled down to the duration of a quarter of an hour. It is a surveillance culture that would make Pyongyang envious."

Most people will be totally oblivious to the fact that insidious globalists and world governments are convening in September to bring more hardship and turmoil to their lives and futures.

The main players who spearhead the Great Reset have publicly stated they want to reset the world morally, socially, politically, economically and spiritually under a totalitarian based feudal system. When the United Nations calls for a 'new phase of accelerated progress', people should really pay attention to what plans they have ahead for the world.

# Bring back the League of Nations

## Its successor the UN is taking over world governance

by IAN FANTOM

THEY said the League of Nations had failed, but had it? It provided a forum in which governments could negotiate peace rather than pursue their interests by means of warfare.

But that's all any organisation can do. If a powerful government is determined to start a war then no forum can stop it.

The idea of the League of Nations came from the Treaty of Versailles after the First World War. But the U.S. Senate refused to ratify that treaty. They then boycotted the League of Nations.

The United Nations was set up on U.S. soil, on land provided by the Rockefellers. When Kofi Annan retired as UN Secretary General he was proud of the fact that he had introduced privatepublic partnerships into the UN. Given that some of those private corporations are more powerful than governments, this is now looking like a coup. The idea that the League of Nations had failed is now looking like an excuse to replace it with an organisation that would be more easily brought under the control of the mainly U.S. corporations.

The World Health Organisation is an Agency of the UN. It should therefore be bound by the UN's Charter, according to which the UN will not interfere in the internal affairs of member states. Yet since 2017 the WHO has been undergoing a 'transformation'.

'Our goal is clear,' wrote its
Director-General, Dr Tedros
Adhanom Ghebreyesus,
'a modern WHO, working
seamlessly to make a
measurable difference in
people's health at country level.'
At country level? Does that not
impinge on the sovereignty of
member states? Much of the text
is marketing twaddle. The WHO
is a massive organisation, with
an income in 2021 of \$4bn.

I remember the old-style 'doctor's orders' approach in local GP surgeries. Thankfully,



Photo: The Blowup

that gave way to a more consultative approach, in which the patient's rights and responsibilities for his own body were recognised. But recently a more authoritarian, bureaucratic approach has been developing. We all felt the coercion during the pandemic.

But now the WHO is set to extend its authority with a new Pandemic Prevention, Preparedness and Response Accord.

Andrew Bridgen, who was turfed out of the Conservative Party after expressing concerns in the Commons over excess deaths following mRNA vaccinations, raised his objections to signing up to treaties that would empower the WHO's directorgeneral to impose sweeping, legally binding directives on member states overriding UK sovereignty.

He was speaking at a Westminster Hall debate by MPs on May 17, following a petition to Parliament calling for a referendum.

This debate took the usual form. The motion was 'that this House has considered e-petition 614335' and the voting at the end was unanimously in favour. It was presented by an opponent of a referendum.

Nick Fletcher gave the first

speech, the tone of which is perhaps best illustrated by his response to an intervention by Bridgen who said: "When it comes to giving sovereignty away, that has to go back to the people and it requires a referendum."

Fletcher responded with a 360-word deviation, stating: "I have no time for conspiracy theories."

When Bridgen asked his seconder, John Spellar, "Has the right hon. Gentleman read the pandemic treaty proposed by the WHO?", he responded with a 103-word deviation, stating: "This is going into fantasy land."

When Bridgen asked: "Does he agree that Pfizer moved at the speed of science, to the effect that it never even tested whether the vaccine actually stopped transmission or contraction of the virus?"

He responded with a 258-word deviation, beginning with an outright denial, and ending with: "What we are seeing is overreaction and hysteria, and I would argue that we should give the petition a firm rejection, as I am sure we would do if it ever came to the Floor of the House of Commons."

During the rest of the debate much concern was expressed by back-benchers over the proposed treaty. There were several mentions of the treaty being debated in the future in the House of Commons, and one member, Steve Brine, even stated: "It would then go through the processes of this House before any ratification took place. Is that not the point of the House of Commons?"

Yet they must all have known that international treaties are not ratified by the House of Commons, but by the Prime Minister under the Royal Prerogative, and that elected MPs have no formal say in this. The Library of the House of Commons told me that, when I inquired whether the Treaty of Versailles had been ratified.

We have a globalist Prime Minister, who will undoubtedly put this treaty to the globalist King, who will sign it into law. If that happens, the WHO will have become effectively an agent of the incoming World Government, with widespread tyrannical powers.

Pressure for a referendum is building up, but so far this issue has created nowhere near the public outrage that the Treaty of Maastricht did.

The UN, with its agencies, has failed to provide a forum for governments to talk peace instead of war, but instead has become a mouthpiece for Big

Pharma and others to talk war and suppression.

If we do get a referendum on the Pandemic Treaty the wording could be manipulated by the powers that be. If it's like the one on the Treaty of Maastricht they will turn it into an all-ornothing referendum.

Perhaps the public will again call their bluff and opt out of the WHO. Perhaps that would be no bad thing. Any international coordination by health professionals could be carried out by medical conferences.

As regards the UN itself, the public-private partnerships should be removed, and the UN should revert to its original role, or that of the League of Nations.

To dismantle the emerging world government of the financial elite we need essentially to bring back the League of Nations, to provide a forum for nation to talk peace unto nation.

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# Break the cycle of fear

## Sowing seeds of humanity for the next generation

by **MATT SINGLE** 

# **HOW** is a corrupt system able to destroy the ability of a society to stand firm in the face of its injustices?

The answer is a lot simpler than any of us could imagine - sow the seeds of fear and doubt in a generation, and then let that generation feed the minds of the next.

Never before in recent human history have governments and state agencies of the West been so arrogant and transparent with their manipulations and exploitations as they are now.

Today, we live in a time of explosive information exchange, both false and true, where facts and fictions can be sent round the entire world within a moment of the author pressing the 'send' button.

One would have thought that we would be living through a time of clarity and the purging of corrupt institutions, whereby the misdeeds and failures of those that profess to represent us would be exposed to the fury of a taxpaying public demanding recompense and swift justice.

However, this has not been the case at all. In fact, never before has the population of the UK been so utterly apathetic towards politics and the corrupt actions of those with their hands on the supposed levers of power. It is almost as if the sheer inexhaustible accessibility of instant information, in all its forms, has simply fogged or suffocated the minds of the people.

But there is a far more sinister reason behind this miserable indifference.

Thirty years ago, the fuse for the internet explosion, as we recognise it today, was lit. I was there and I remember pondering its possible ramifications in complete awe. Those in power knew very well that soon their actions could be under scrutiny, and so they busied themselves in making preparations for this new world - this internet age.

Fear has always been power. Not even the strongest armies and generals from across the ages, or even the most inspirational and powerful words from the wise, can compete with the pure authority that fear can generate.

It is also extremely insidious, because this disease of the mind also stimulates another equally destructive force - the ego within the self. A great many people living in fear or those highly susceptible to its

suggestion, will unconsciously attempt to counter it with the ego. They will often seek socially acceptable purchase within any state-sanctioned narrative that fulfils this often-unquenchable necessity to appear virtuous and 'good' and therefore 'strong'.

Within this structure, we find exactly how powerful establishments have been able to prevent an almost guaranteed and widespread uprising of the common people with the birth of the internet age.

The treatment of Julian Assange stands as a perfect example of the constant need to create fear, and much like the historic public punishment of gibbeting, his detention and mistreatment is designed to promote the fear the system so desperately needs to survive.

Hold no fear of us and expose our crimes, and we will hang you up in a cage for the whole world to see!

As children so often replicate the moral compasses of their parents and guardians, fear and its rationale are passed down to the children, and with it the auto-surrendering of their liberty to the system. It is the default setting of the vast majority of the population, otherwise seemingly content with the bread and circuses given to them.

The system, however, has a vulnerability, and one for which it can have no answer. We must embrace our inner humanity and accept that we each have our fears, and then face them together.

We must unravel our egos and act in the greater good of our communities. If we are able to display openly without shame or self-judgement our vulnerabilities, we will find freedom, as we will be able to critically think for ourselves without the need to seek the acceptance of others.

To teach this would break the cycle of fear in the next generation, and with it sow the seeds for the system's downfall. The system knows and recognises this vulnerability, but is relying solely on our inaction to make this weapon, this wonderful power we all hold, all but useless

If we can harness this power and raise a generation of fearless and strong young people, free of the shackles of vanity and ego, our communities will enter a new dawn of autonomy, peace and truth. Our work starts now.

 HOPE Sussex Community www.hopesussex.co.uk



The Light: Food for thought whatever your age



# Unravelling the vegan agenda

by KYLE M. GLEASON

# Ethical and environmental impact of a plant-based diet

THE message urging us to reduce meat consumption to 'care for the planet' has become ubiquitous across liberal media, social platforms, and corporate advertisements.

This trend, steadily gaining momentum over the past five years, raises concerns about the government's role in pushing the vegan agenda, purportedly for the greater good.

However, a closer examination reveals that this advocacy lacks substantial evidence to support its claims.

The World Health Organization (WHO) and Gates Foundation have been at the forefront of promoting the idea of reducing meat intake, aligning their efforts with Agenda 2030.

For some individuals in the truth community, this may come as no surprise, as scepticism about the government's motives has been a recurring theme for decades.

In truth, meat is a crucial food source for humans, providing essential nutrients and proteins vital for muscle building and repair. Unfortunately, modern liberal propaganda has successfully exploited emotions and moral principles to sway people towards adopting a vegan lifestyle, presenting a fundamental flaw in the vegan movement.

Admittedly, I, too, once supported veganism and was nearly convinced to embrace it based on the science given in documentaries I encountered on Netflix, such as Game Changers - which, again, I admit was extremely compelling at the time.

While I agree with some of the ethical arguments, such as the cruelty of factory farming, this disagreement does not negate the fact that humans are naturally designed to consume meat. Instead, it suggests that we should strive for a more animal-friendly and humane approach to meat production.



London Underground campaign

#### Life's interconnected web

One of the core arguments against veganism lies in the intricate web of life, where even plants are reliant on animal life. Plants absorb nutrients from the soil which is composed of living and once-living things, like plants and insects. Veganism, which aims to avoid any animal exploitation, must confront the inherent interconnectedness of life in nature.

#### Environmental impact of vegan foods

While veganism is often praised for its supposed environmental benefits, it is essential to examine the full picture. The production of certain vegan foods, such as avocados, can have detrimental effects on ecosystems and wildlife. Massive avocado plantations can lead to deforestation, habitat destruction, and the displacement of native species. The use of pesticides in vegan crop production further harms many small animals and insects.

### Monoculture and loss of biodiversity

The emphasis on certain vegan crops, like soy and almond, has led to the rise of monoculture farming, where vast expanses of land are dedicated to a single crop. This practice has detrimental consequences for biodiversity, as it erodes natural habitats and disrupts ecosystems that once supported diverse wildlife.

#### Ethical considerations of crop farming

Veganism often promotes a compassionate stance towards animals,

yet the extensive use of machinery and chemical inputs in crop farming can result in the unintentional harm and death of numerous creatures residing in the fields, such as rodents, insects, and birds.

#### Carbon footprint of plant-based diets

While reducing meat consumption can lead to a lower carbon footprint, exclusively relying on plant-based diets might not be the most sustainable solution. Some vegan alternatives, such as heavily processed foods and exotic imports, contribute to 'greenhouse gas' emissions due to transportation and production methods.

### **Nutritional challenges**

Vegan diets can be challenging to maintain while ensuring sufficient intake of essential nutrients. Vitamin B12, which is primarily found in animal products, is a crucial nutrient that can be lacking in vegan diets. Supplementing with synthetic vitamins raises questions about the natural completeness of a purely plant-based diet. Studies indicate that plant proteins are less digestible than animal proteins.

### Local and seasonal eating

Focusing on locally sourced and seasonal foods can promote sustainability while minimising the ecological footprint. However, some regions might face challenges in obtaining a varied vegan diet throughout the year, potentially leading to reliance on food imports with

0 1 0

It is vital to acknowledge that making ethical dietary choices is a deeply personal decision, and people should be free to explore their food preferences without judgement. Embracing a mindful approach to food consumption, considering both the ethical and environmental implications, can lead to a more harmonious relationship with nature and its diverse inhabitants.

their associated environmental impacts.

Veganism's rise is commendable, yet it faces challenges against biology, science, and practicality. Life's interconnectedness and nutritional complexities warrant thoughtful, inclusive dietary approaches.

Balancing ethics and science, we can shape a future preserving both human well-being and the delicate ecosystem. Instead of strict adherence to a particular diet ideology, let us promote conscientious eating that prioritizes sustainable farming practices, supports local producers, and values the preservation of biodiversity.

### **SOURCES**

 Plant proteins are less digestible than animal proteins

http://tinyurl.com/yc5hkc96

 Soil is composed of both biotic living and once-living things, like plants and insects

https://tinyurl.com/4veta9u4

# Curse of climate anxiety

## Children being traumatised by green propaganda

by **DAWN LESTER & DAVID PARKER** 

## AT last, the fear-mongering about 'covid' seems to be subsiding.

Unfortunately, though, it would seem that the 'would-be controllers' do not want us to feel calm. Instead, they want us to remain in a heightened state of anxiety so we will acquiesce to their agendas.

The topic that appears to be the front-runner in the next media circus is so-called 'climate change' due to increased CO2 levels from human activities.

Let's focus on how people are being manipulated into accepting a false reality and the implications for human health, especially emotional and mental health.

The key message in many of the articles that have been posted lately by so-called 'news' websites is that the world could be headed for a new 'record' global temperature in 2024, and that this may exceed the 1.5 degree C limit set at the Paris climate agreement.

The main purpose of such articles is to perpetuate fear about 'climate change' to make people think that 'something needs to be done'.

Of course, the 'would-be controllers' already have their plans about the 'something' that needs to be done and are ready to implement them when the time is right. But first, they need to make sure we are all afraid - very, very

This can be seen by a variety of reports about what is called climate anxiety, which is said to be a subset of eco-anxiety, although these terms may be used interchangeably.

The way eco-anxiety is being framed can be seen in an article published in October 2021 by the BMJ entitled: *The climate crisis and the rise of eco-anxiety*. This article typifies the mainstream view and the manner in which this alleged 'crisis' is being narrated for public consumption.

It begins: 'The world's climate is changing in every region and



Photo: Mika Baumeister

across the whole climate system. Described by the United Nations Secretary-General, António Guterres, as a 'code red for humanity', the report's alarm bells were 'deafeningly loud', spelling out the 'irrefutable facts that greenhouse gas emissions from fossil-fuel burning and deforestation are choking our planet and putting billions of people at immediate risk, and many of the changes are becoming irreversible.'

Note the alarmist language in the use of the term 'code red' and the reference to 'irrefutable facts'.

The article also states: 'For the eco-anxious, more concerning than even this apocalyptic news is the extraordinary level of indifference and banality with which the climate crisis is treated by many others, including those in positions of influence. Eco-anxiety is growing, and refers to the chronic fear of environmental doom probably first described in 2017 by the American Psychiatric Association.'

The idea that those in positions

of influence are indifferent to the alleged 'crisis' is a key factor in the rhetoric.

One of the aims is clearly to perpetuate fear in the minds of children and young people. The BMJ article refers to a study entitled: Climate anxiety in children and young people and their beliefs about government responses to climate change: a global survey that was published in December 2021 in the journal, The Lancet Planetary Health.

The study background states: 'Climate change has important implications for the health and futures of children and young people, yet they have little power to limit its harm, making them vulnerable to climate anxiety.'

Note the reference to the lack of power that children and young people are claimed to possess.

The study involved 10,000 children and young people between 16-25 in 10 countries and, under the heading, *Findings*, it states: 'Respondents across all countries were worried about climate change (59% were

very or extremely worried and 84% were at least moderately worried).

'More than 50% reported each of the following emotions: sad, anxious, angry, powerless, helpless, and guilty.'

It states under the heading Interpretation that: 'Climate anxiety and dissatisfaction with government responses are widespread in children and young people in countries across the world and impact their daily functioning. A perceived failure by governments to respond to the climate crisis is associated with increased distress.'

The fact that young people will be the ones most affected has led to the idea that they should have a greater say in the actions being taken to 'save the planet' as can be seen by an April 2023 BBC article entitled: Earth Day: How to talk to your parents about climate change.

The context of this article is that parents don't know anything so their children need to tell them about it, because, as the article claims: 'Young people are some of

the world's most powerful climate leaders and want rapid action to tackle the problem.'

Unfortunately, these young people have no idea that they are being lied to about climate change, which has nothing whatsoever to do with their 'carbon footprint'.

More of the typical messaging promulgated by the media can be seen in a November 2022, BBC article entitled: *Climate change: Four things you can do about your carbon footprint* that claims: 'Tackling climate change will require world leaders to take action on a global level.'

The article continues - and here's the key point intended to make us feel guilty: 'But as individuals we also contribute to warming emissions.'

The four things that the article suggests people can do are: insulate your home, cut out food waste and cut down on red meat, drive and fly less, and think before you buy.

The idea that flying exacerbates carbon emissions, thereby driving climate change, was further promoted in a June BBC article entitled: Flight turbulence increasing as planet heats up - a study that claims the increase in wind turbulence is the result of 'changes in wind speed at high altitudes due to warmer air from carbon emissions'.

We ARE experiencing environmental problems, however, these problems should NOT be equated to climate change - they are not the same issue at all, even though they are purposely blurred.

The key point is that young people are being propagandised with flawed information, and then told that they know more than their parents, who are perceived as ignorant and lacking in the will to take the appropriate action, which is driving young people into a state of anxiety that obviously negatively impacts their mental health

The real climate anxiety for young people is the result of the mainstream fear-mongering propaganda and false information that they are taught is true.

# Dogma is destroying science

by **WOLF KAMOME** 

# World of ideas the true reality

THE root problem of everything we have experienced in the last few years and decades, and even centuries, is a science turned scientism.

This scientism is based on a materialist ideology which claims that matter and physical reality is all there is and ever was.

Yet contrary to 'new atheist' assertions that scientific evidence concerning the origin of life and the universe supports a materialistic or atheistic outlook, there is a need to reassess such claims.

In his analysis of the relevant evidence, Stephen C. Meyer in his book, *Return of the God Hypothesis*, makes an irrefutable case for a cosmic intelligence.

The reason why God and all things supernatural have been expelled from science is not because the methods and institutions of science somehow compel us to accept a material explanation of the phenomenal world - as evolutionary biologist Richard Lewontin argues - but because we have a prior commitment, a

commitment to materialism.

Scientists are hell-bent on defending their materialist ideology as a matter of life and death, not because of their deep commitment to truth, as one would expect, but because of their undying faith in a nineteenth-century ideology.

There are many examples of scientists who see their vocation as part of a struggle against 'the irrationality of religion', while using the most irrational and illogical arguments to make a case for their distorted views.

The historian, Yuval Harari, for instance, claims that consciousness is 'the biologically useless by-product of certain brain processes... [It] may be a kind of mental pollution produced by the firing of complex neural networks. It doesn't do anything. It is just there.'

Yet without this 'useless by-product', Mr Harari wouldn't be able to tell us about his views on consciousness, since he and the rest of humanity (and the world) would not exist. Without consciousness, we would be in a kind of coma, a permanent state of deep sleep, which would be equal to nonexistence.

Modern science relies on this way of thinking, which is purely abstract in its nature. While its proponents pride themselves on being firmly grounded in reality, the kind of thinking they use is anything but, hence the tendency in scientists not to follow their theories through to their logical conclusion.

All human inventions have started as an idea in someone's mind and been developed and perfected over time. None of those creations would or could ever exist without some kind of intelligence, namely human intelligence. And if, according to professor John Gray, technology is not a human artefact but is found in the kingdom of insects, and cities are no more artificial than the hives of bees.

Then we must naturally conclude that there is a conscious intelligence behind the hives of bees and the kingdom of insects, as there is behind every single human design, be it technological or otherwise.

Come to think of it, isn't the idea of a car more essential than the visible product? Plato, of course, knew about this. He regarded 'reality' as a mere shadow of true reality, namely the world of ideas.

For Plato, the realm of ideas is more real than the material world of concrete things. But quite apart from his Theory of Forms, it is undeniably from thoughts, or ideas, that we are able to produce more cars, while a single car is rusting away over the years, landing at a scrapyard in the end.

Clearly, ideas have more permanence than material objects. Plato knew it; and the University Professor of Philosophy, Thomas Nagel, also argues that things like the laws of mathematics and moral values are real -

as real, that is, as cars and cats and chairs. Environmental scientist, Peter Taylor,

points out that those with knowledge of the quantum field, dark energies and dark matter are beginning to recognise that within the cosmos a great power that is not measurable and not visible is ever present and ever moving.

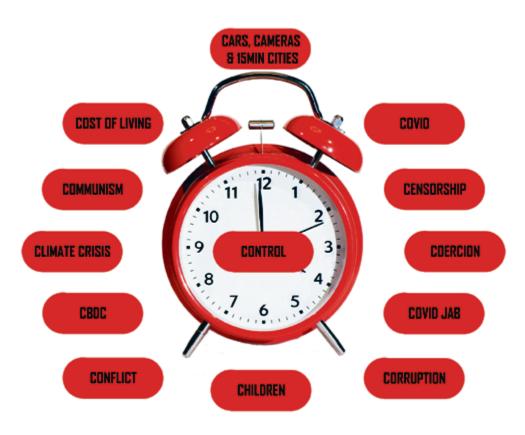
Coherence is a key indicator of a theory's truth, a lack of which being considered a fatal defect, which would disqualify a witness in court, but has seeped into scientism which is an ideology and quasi-religious dogmatism, not science. This fundamental distortion of reality by scientific materialism has laid the groundwork for the warped and psychopathic behaviour which was brought to a head during the covid-19 madness-with-method.

Being tangled in endless self-defeating contradictions and inconsistencies, this one-sided materialism can only be sustained by rejecting and suppressing the evidence which threatens its raison d'être.

A system which only ever looks at a fraction of the totality, rather than the whole, will inevitably eliminate itself in the course of time, just as a parasite or malignant tumour eventually eliminates its host and consequently itself.

https://wolfkamome.substack.com/

## Check out 'Countdown to control'



# THE assaults on our freedoms are multifaceted, cover most areas of our lives and to the average person are seemingly unconnected.

But as we have learned - it is ALL connected! Here at UK Freedom Project, we have summarised all that's going on into thirteen major topics, and created an interactive tool that you can use to help focus conversations you have with those who are just waking up to what is going on.

Just click on a major topic: COVID, CENSORSHIP, COERCION, COVID JAB, CORRUPTION, CHILDREN, CONFLICT, CBDC, CLIMATE CRISIS, COMMUNISM, COST OF LIVING, CARS, CAMERAS AND 15 MINUTE CITIES AND CONTROL to delve into the Why, Where, When, How and Who of What is going on

We've also compiled a list of key actions for everyone to start taking to begin the much needed push back.

Three PDFs are available to download without the need to give your name or

email address. The first contains all the information from the interactive graphic, the second is a list of links to supporting evidence, and the third is the list of recommended actions. Just click on the 'Next' button after you've explored the interactive tool to access these.

While the interactive tool is comprehensive, it is not exhaustive. Every day reveals new insights, uncovers new psy-ops, and surprises even the most seasoned rabbit-hole explorers.

For those who do yellow boards, pound the streets, distribute *The Light* or just want to do a bit more, A6 flyer artwork is available.

We've also included a link to an online printing service that we've found to be reliable and good value for money.

Thank you to everyone still fighting the

https://ukfreedomproject.org/ countdown-to-control/

# 'Thou shalt hate nature'

## Don't fall for their evil spell

by **BEN HUNT** 

HAVE you ever stepped back and noticed that while 'the powers that shouldn't be' claim to stand for sustainability and a healthy world, at the same time they are executing a campaign against nature on all fronts?

Is it not curious how everything that was always natural and good is now suddenly a threat, while our only hope of salvation rests on new technologies, invariably developed by huge corporations?

For example, they have all but outlawed the practice of natural health, while promoting manmade pharmaceuticals, which have an extremely poor track record in treating illness and an almost perfect failure rate in curing any at all.

It was not so long ago that righteous men toured the country burning 'witches' - women who appeared to practise natural healing. The same righteous cleanse of society continues today, and still enjoys legal endorsement.

In 1939, the UK Cancer Act actually made it a crime for citizens to make any claim regarding a possible cure for cancer, ensuring free rein was given to an unnatural industry that rakes in billions annually through the sale of chemotherapy and other cancer drugs (which arguably kill more people than the actual cancers).

The body's natural seasonal detoxification methods, such as colds and mild fevers, are now deemed health hazards, which must be suppressed using yet more pharmaceuticals.

The common cold was also recently successfully weaponised to push the distribution of untested, experimental gene-altering injections, purchased at enormous expense by taxpayers the world over, and helping Pfizer become the first pharma company to break through the \$1bn sales barrier in 2022.

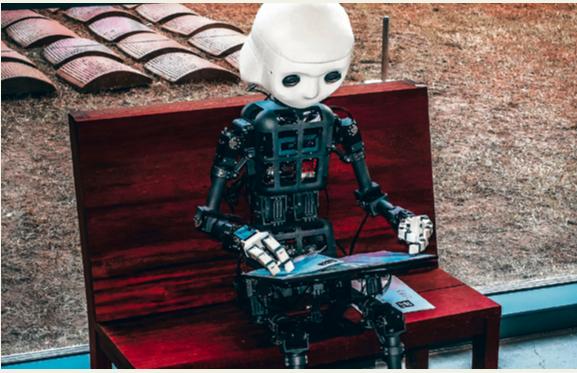


Photo: Andrea de Santis

We understand now that any kind of bacterial infection must be annihilated at the first opportunity using courses of antibiotics that also lay waste to your gut microbiome (ignoring the essential roles it plays in a huge range of processes, including supporting mental stability and natural immunity).

Of course, we accept that natural herbal remedies, which have been used safely literally for millennia, such as cannabis and psilocybin, must be outlawed for our protection. What are we given instead? Let's just say the market for pharmaceutical antidepressants has never been, well, healthier.

It is also now common knowledge that the sunshine is bad for us, so we should turn to toxic, carcinogenic sunscreens and sunglasses (which disrupt your body's natural hormone production).

And everyone knows that cows and sheep, our natural diet, will surely kill the planet, despite the obvious fact that they never managed to do it at any time previously. No, the existential threat to nature posed by animals is something we have apparently only realised in the last few years.

That's why we must look to new, unnatural solutions like labgrown fake meat or even meal made from farmed insects. Until we perfect those technologies, we have our national dietary guidelines, which promote foods based on cheap row crops that are largely nutritionally deficient, accelerate the destruction of our remaining topsoil, and cause all kinds of chronic diseases.

More recently, we learned about a new evil: the burning of wood to heat our homes! While it may be 'carbon-neutral', and while we may have used fire to keep ourselves warm and fed for as long as we have been around, we now discover that the particulates released constitute an unacceptable risk to air quality. (How should we dispose of any witches we find now, I wonder?)

Perhaps the most laughable affront to common sense is the modern mantra that carbon should now be viewed as a pollutant and threat to (carbonbased) life on Earth. The carbon cycle, which successfully sustained life on Earth since day one, is now another broken system in need of repair.

Have you ever stopped to ask why? Why is it so important

for them to make us hate the natural world around us? Why should nature, with all its inbuilt checks and balances that support glorious abundance, which repairs itself and creates zero waste, now be seen as public enemy number one?

Of course, it starts with dependency on their System. We must be ripped from the bosom of Mother Nature and reattached to the hygienic, plastic teat of the Acme patented infant formula dispenser, for our own

Another consideration is that politicians and their unelected bosses need to protect themselves from us, and that's easier if we're sick, addicted, and living under a constant cloud of stress. That's because their System is built on a fundamentally unnatural model that ensures a one-way flow of energy and resources up the pyramid. This is progress.

The 99% must be held in the state of slavery. Key to the System's ongoing success is

are not slaves.

Yes, clearly we are being harvested for our very life force, while being kept suppressed to prevent us from rising up

tricking them into believing they

against a system designed to screw us over. But perhaps even that is mundane. Could there be something more profound, more evil, at work?

What other benefit could possibly derive from this incessant insistence that creation is faulty, insufficient to meet our needs? Would that not cast doubt on the very possibility of an infinitely wise and benevolent Creator?

So could all this ultimately be designed to harvest your soul, the souls of all humanity?

Perhaps this is what they really want us to hear, hidden in the subtext...

'You are not of this world. In fact, the world hates you, and you should hate yourself for being human. Join in the chorus as we all declare our common contempt for humanity itself.

You humans are the virus. You do not belong here. You have no place, you have no source.

So bow to us, we are your gods now! Swear your allegiance, and perhaps, if you are lucky, you may be spared from the impending doom of Hell on Earth.'

The irony, of course, is that they are not entirely wrong. The majority of humanity is playing out the exact role they have cast us in, under the threat of being condemned as a witch should they step outside of the slave mindset.

One obvious flaw in that narrative is, of course, that they are the ones dealing in witchcraft!

As long as we labour under their trance, as long as we stumble through life befuddled by their evil spell, as long as we believe that the world hates us and that this reality cannot be the work of a benevolent Creator, that we are weak, that we don't belong... then they are right!

It is a self-fulfilling prophecy. Once you see it, you have a choice. Which way do you choose?



# Letters to The LIGHT

Got something to say? Outraged that this paper exists? Want to praise us for being the only widely circulated newspaper giving a voice to the alternative, the censored, the cancelled and the forgotten? Love the paper, but have to disagree with an article? *Please email: letters@thelightpaper.co.uk* 

#### Dear The Light,

Richard House's interview (issue 35, page 10) with David Adelman, made me smile, and his book, *School is no place for children*, is on my urgent reading list.

I frequently visit schools and experience the energy of childhood before it is squeezed out of them, by the system. A system that eventually creates material ambition alongside fear.

My role is extra-curricular (most often roller skating) and I see children at their best. If only they had an hour or so of similar activity in the morning, every morning, then they might be better prepared for an hour of (interesting) academic stuff in the afternoon

The system recommends only two hours of PE a week and guarantees just one, in a rigid curriculum that sees children squirming in their seats all day.

I believe further that children should learn the food cycle from A-Z and be practically involved in preparing their own lunch. Not to mention parents whose knowledge of food is... err...?

I'm determined to create something to address the honest needs of the entire community, having fun and learning together. So I'm setting up a CIC called 'Lifestyle Education Trust' and looking for a public house (plus several acres of land). A pub? Yes (Pub is the Hub). A school in a pub - why not?

A pub with morning coffee (revenue), a wholefood teaching kitchen and a focus on local produce and beverages. This dream of mine would at least provide a meeting place for parents and the growing home school sector.

At best, there would be ten acres of land right outside the back door; wild places for walking and foraging and space for fruit and

### Dear The Light,

I am writing to congratulate Roger Comerford on his excellent article pertaining to the misinformation war over 5G risks, especially where he points out the fact that many 5G antennae are being built close to primary schools and nurseries.

To me, this is extremely worrying - could this be another way that the so called 'elite' are collecting data on children and increasing their network of children to be their next victims?

I find it incredibly concerning how the BBC have been so eager to promote it, especially considering their well-documented history with assisting paedophiles.

Sandra Downing

veg. Between the raised beds, the sports' and play amenities provide essential socialising that home-schooled children need.

I would most certainly appreciate contact from anyone with comments, ideas or offers of help.

Malcolm Chapman

### Dear The Light,

The International Health
Regulations amendments
proposed by the World Health
Organisation will remove the
requirement for there to be a
confirmed health emergency in
which people are undergoing
measurable harm or risk of
harm, instead allowing those
consequences to flow from
the identification of the mere
potential for a public health
emergency.

The mind boggles at the sheer scale of power that would be given to Tedros the DG of the WHO - a sneeze here, or a skin rash there could trigger the whole WHO bureaucracy to creak into action and suddenly we are into a 'pandemic' again, with more lockdowns, masks, vaccine passports etc. - all with the force of international law!

We need to tell our parliament and the King that this is not

acceptable as we have never agreed these measures.

Graham Wood

### Dear The Light,

Anyone with a brain realises the weather in the UK is very fickle and unpredictable, therefore it follows that any Government that promotes an energy policy based on weather dependent large scale wind and terrestrial solar power generation will be acting in a totally irresponsible and stupid way!

Especially in the 21st Century, where advanced technological societies are totally depend on a secure and reliable electricity supply. This is not scare mongering but an uncomfortable fact, and it truly begs the question why electricity demanding EVs and heat pumps are being prematurely and inappropriately forced on a reluctant public.

Why are Government Ministers obsessed with rushing toward the cliff edge? Make no mistake, unless they are stopped we will all be taken over the edge with them - let us not make the same mistake as people in the days of Noah when nobody listened to the warnings.

Dave Haskell

### Dear The Light,

While out delivering *The Light* papers door to door last week, I had delivered to one side of the street and was returning on the other side when a guy came across the road from his house holding the paper I had delivered.

He gave me a thumbs up which was a pleasant reaction (they're not always like that), thanked me for delivering *The Light* and asked me for a spare one for his sister.

I noticed a lady was watching from their doorway, he said she was his mother and she would be 102 years old next month. I went over and chatted to her - lovely lady, as sharp as a pin, and she enjoys reading *The Light*.

Must be the oldest person to read the truthpaper. It was an honour and pleasure to meet her, and her

Mike Thompson

### Dear The Light,

The following is my opinion and is not medical advice. I agree with Dr. Andrew Rollinson that sugar is a main fuel for cancer, and that Otto Warburg identified this back in the 1930s.

I would like to add that cancer feeds off two fuel sources:

glucose and glutamine. Glutamine is made in the body.

All dietary carbohydrate is eventually converted into glucose, even fructose and alcohol. A very low or non existent intake of carbohydrate in the diet combined with certain drugs to block or reduce glutamine production in the body will deny cancers the necessary fuel for proliferation. The macrophages and the rest of the immune system can then deal with the problem.

Cancer cannot feed off protein, fat or ketones. There is no requirement for carbohydrate in the human diet. The body can make necessary glucose as needed by a process called gluconeogenesis by converting from amino acids.

In a person that does not eat carbohydrate, their insulin production drops and the insulin-like growth factors that can propagate cancer also drop. Parasites present a problem in that they are in essence the taxis that deliver cancer forming pathogens such as bacteria, plasmids, fungi and viruses to different tissues and organs.

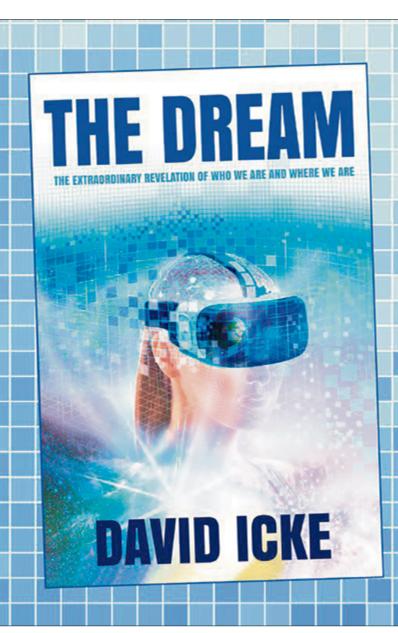
Parasites can find many ways to enter the body, in the food, breathed in, from being bitten by animals, insects, etc. but also from vaccines. Here are some links on this subject:

- Thomas Seyfried on metabolic therapy. https://www.youtube.com/ watch?v=Gulk3qR-ws8
- Bart Kay on proper human diet and the Randle effect https://www.youtube.com/ watch?v=iifuYkPjVWg

https://www.youtube.com/ watch?v=Gqrc7kInnCU

Glutamine blocking drugs. https://tinyurl.com/2vyy9ay4

M. Cleaves



# THE DREAM

"The Dream sees David Icke go deeper in the rabbit hole than ever before"

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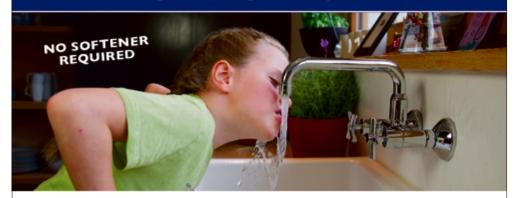




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# HIGH OUALITY IONIC COLLOIDAL SILVER ANTIBACTERIAL, ANTIVIRAL, ANTIFUNGAL AND IMMUNE SUPPORT

COLLOIDAL SILVER KILLS OVER 650 PATHOGENS INCLUDING THE FLU Although colloidal silver is discouraged by mainstream medicine, you will find hospitals lining Foley catheters, IV lines and breathing tubes with silver.

### Some of the benefits of eCS Colloidal silver:

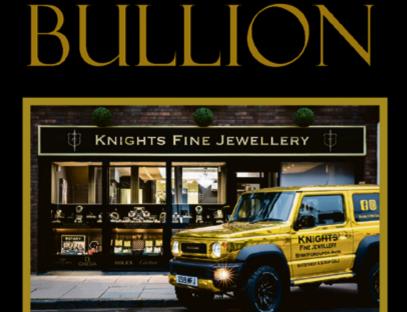
- 1. Natural anti-bacterial, anti-viral, anti-fungal and anti-microbial properties, supporting the immune system.
- 2. Safe to use for babies, small children, pregnant women, nursing mothers and even your animals.
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- 4. Can be used orally, topically, internally, atomized, nebulised, dropped into the eyes, ears and sprayed into the nose.











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## TOUR DATES 2023

Raising the spirits of the nation



MANCHESTER Interclubbers Bar, Oldham - Sept 9
IPSWICH Cross Keys Pub, Henley - Sept 16
LONDON Denmark Arms, East Ham - Sept 30
NEWPORT Fork n Tune, Cwmbran - Oct 7

LEEDS Daisy Pub, Bramley - Oct 14

**HORNCHURCH The Bank Bar and Grill - Oct 21** 

**BRIDPORT The Crown - Nov 4** 

GILLINGHAM Brasenose Club - Nov 11

**LEICESTER Syston Social Club - Nov 18** 

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